## **DeWitt ROSC Meeting Minutes**

## **DeWitt Piatt Bi-County Health Department**

## October 20th at 1 pm

Join Zoom Meeting

https://us02web.zoom.us/j/89687542272?pwd=qqtW3ON51ZBVMhNb3NBJiR1tPe6Hwa.1

Meeting ID: 896 8754 2272

Passcode: 174201

- 1. Attendees Maggie Memmott (DeWitt County ROSC Coordinator); Tia Schum (PCMHC); Tony Kirkman (PCMHC); Cory Baxter (Heritage Behavioral Health); Sharon Mills (DeWitt County Mental Health Bord); Teagan Skull (Heritage Behavioral Health); Lisa Cook (DrPH, LCPC) David Cottrell (DART); Tristan McGrew (DART); Kami Garrison (Region 4); Katy Arnold (Clinton High School Counselor); Victoria Dahman (Medical Assisted Treatment); Jessica Smily (Heritage Behavioral Health); Jamie Porter (PCMHC); Brandon Vaner (Dart); Kelsie Hall (PLE); Sarah Reynolds (PLE); Edith Plummer (Family of PLE); Fred Plummer (Family of PLE); Jena Garrett (Business); Jordan Duran (PLE); Emily James (PLE); Brittany (Guest Speaker Supporters);
- A. We need CIAs signed Maggie is working on collecting the rest of the CIAs. We will continue to collect CIAs through FY26.
- B. Where else can you help spread awareness about Naloxone training/distribution?] (\*This is a great step in introducing ROSC into a community!) -

Tony Kirkman had completed a Naloxone training on October 10th. We will be doing a Naloxone training at Trinity Church, with a date to be announced soon. The DeWitt Piatt Bi-County Health Department had done a Naloxone training at the Weldon Library.

C. Train the Trainer-Train the trainer groups are going well. They are growing more and more people are coming. We have a few new faces. Just for October, we have celebrated 4 sobriety birthdays. Every day sober is a miracle!

- Vote on Artwork -What does recovery look like to you? We had six people who are in recovery themselves draw what recovery looks like to them. Everyone's artwork was amazing. David Delmonico was the winner. We will be doing yard signs that will be spread throughout DeWitt County.
- Recovery Thanksgiving Recovery Thanksgiving is November 21st at DeWitt Manner at 5 pm. We are so grateful for all the donations and the volunteers who are offering their time to help make this a successful event for our community.
- Outside Naloxone Boxes-2 Outside Naloxone Boxes, we will be going around the neighborhood and reaching out to businesses about displaying our Naloxone Boxes.
  Some ideas that were mentioned are the Campgrounds, YMCA, and the Country Side Apartments
- 3. Recovery Walk- Our guest speaker was our very own Jeanette Davis, our Logan/Mason ROSC. Her story was amazing; the community really took a liking to her and her story. We had around 40 people who came, even with the rain
- 4. Community Survey Community Surveys we have 78 online surveys completed we have several paper surveys that need to be put in the SurveyMonkey. We will be going to Heritage and the health department to pick up more
- 5. Guest Speaker- Kelsie Hall- She shared her story about the darkness she went through because of her drug addiction to meth and other substances. She felt lost and unable to get away from it. Her family was hurting because of it. She was overdosing when her mom felt compelled to go home on her lunch break, which she never did, and found her daughter overdosing, and administered Narcan. After that day, she chose to get sober and fight for herself and her sobriety. She has a beautiful little girl and a great husband. She attends meetings and also volunteers in our community. At this monthly ROSC meeting, there were family members and friends who came to hear her speak. What a beautiful testimony.

Adjournment – Next Meeting November 17<sup>th</sup> @ 1 PM