

CLINTON COUNTY RESOURCE LIST*

Note: if you want hours of operation for places in this list, you will need to call the number listed or visit their website.



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***If you notice an error in any information, or know a resource we need to add to this list, please email smjordan@chestnut.org.**

Updated 10/23/25

Adult Literacy

Illinois Adult Learning Hotline

Phone Number: 1-800-321-9511

Information: provides referral services for students, volunteers, and employers wishing to access adult education and literacy and programs throughout Illinois.

<https://finishyourdiploma.org/> Use this website to take the first step to receiving your high school diploma and helping you and your family's future.

Kaskaskia College

Phone Number: 618-545-3115

Information: The Reading Link Program provides free literacy and pre-GED tutorial services to adult learners who want to improve their reading skills. Our tutors are trained volunteers who will assist you with the tools necessary to build pathways that can lead to education, employment, and career goals. The ABE/ASE (Adult Basic education/Adult Secondary Education) program can help you improve your reading, writing, and math skills. We serve all levels of skills based on reading scores from the TABE (The Test of Adult Basic Education). We have classes in the day and the evening at various locations throughout Marion, Clinton, Bond, Fayette, and Washington Counties. Testing is offered at the Kaskaskia College main Campus. ABE/ASE classes start several times throughout the year and meet twice weekly for 3 hours per class. Day and evening classes are offered in several locations throughout the District where classes take place.

<https://www.kaskaskia.edu/about-kc/directory/office/greenville-center/>

Public Libraries serving Clinton County:

Breese - 530 N. 3rd Street, Breese, IL 62230, Ph#618-526-7361, <https://breeselibrary.org/>

Carlyle - 550 6th St, Carlyle, IL 62231, Ph#618-594-5210, <https://casehalstead.org/>

Centralia – 515 E. Broadway, Centralia, IL 62801, Ph#618-532-5222, <https://www.centralialibrary.org/>

Germantown – 403 Munster St., Germantown, IL 62245, Ph#618-523-4820, <http://www.gtownlibrary.org/>

New Baden – 210 N. 1st Street, New Baden, IL 62265, Ph#618-588-4554, <https://newbadenlibrary.org>

Trenton – 118 E. Indiana, Trenton, IL 62293, Ph#618-224-7662, <http://trentonil.org/library/>

Kaskaskia College Library, 1st floor Health & Business Bldg., 27210 College Road, Centralia, IL, Ph#618-545-3160

Childcare

Clinton County Licensed Daycares

All Smiles Daycare, 348 Railroad St., Aviston, IL Ph#618-228-7000

<https://www.facebook.com/allsmiles.daycare01/>

Brightside Daycare, 100 E. Main, Damiansville, IL Ph#618-781-4534

www.brightsidedaycarecenter.com

Building Blocks Daycare LLC, 13016 Commercial St., Aviston, IL Ph#618-574-7007

<https://www.facebook.com/bbdaviston>

D's Daycare, 479 Memorial Drive, Breese, IL Ph#618-526-4062

Jodi's Daycare, 5940 Red Bud Dr., Damiansville, IL Ph#618-248-3857

<https://www.facebook.com/p/Jodies-Daycare-100063533803879/>

Siblings & Co., 1301 Church St., Germantown, IL Ph#618-523-4843 www.siblingsandcompany.com

Siblings & Co., 182 S. 4th S., Breese, IL Ph#618-526-2757 www.siblingsandcompany.com

Siblings & Co., 8021 IL Rt. 160, New Baden, IL Ph#618-588-4703 www.siblingsandcompany.com

Smart Start Learning Center, 517 W. Hanover, New Baden, IL Ph#618-588-2273

<https://www.mysmartstart.net/>

The Tot Spot, 17600 St. Rose Rd., St. Rose, IL Ph#618-526-8000

<https://www.facebook.com/mtotspot67>

Willow Walk Learning Center, 417 E. Broadway, Trenton, IL Ph#618-224-2300

<https://www.facebook.com/willowwalklearningcenter/>

Brightpoint Child Care Resource and Referral

Phone Number: 800.467.9200 ext. 390

Granite City, IL

www.brightpoint.org

Information: Info: Child Care Resources & Referral Program (CCR&R). Serving Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties. Email: Child Care Referrals

childcare referrals@brightpoint.org or ccrr@brightpoint.org

<https://www.brightpoint.org/thriving-children/early-childhood-care-education/child-care-resource-referral/for-families/>

Illinois Child Care Assistance Program (CCAP):

Phone Number: 800-362-7257

www.projectchild.net

The program pays for child care costs. You can choose from a childcare option that works best for you: child care center, family child care home, in-home child care. Must qualify to receive help. Contact them to see if you qualify or to start an application.

Provider lookup: <https://sunshine.dcf.illinois.gov/Content/Licensing/Daycare/ProviderLookup.aspx>

Clothing Closets/Pantries-All Free!:

Carlyle Christian Church Outreach Center

1025 Lake Road, Carlyle, IL

Information: free clothing, shoes, infant items, household items (no furniture); you can message them your needs on their Facebook page or call the church office and someone will get back to you. They also accept donations.

Phone Number: 618-594-3489 (Church Office)

Saturdays 9am-12pm

Centralia First United Methodist Church, 103 Elm Street, Tuesdays 9:30-11:00am (clothing)

New Baden Zion United Church of Christ, 414 W. Hanover Street, Monday from 11am-2 pm (clothing/household)

Community Services: (agencies that help with different needs)

2-1-1 Community Helpline: free, confidential information and referral service; available 24 hours a days, 7 days a week; connects you to a broad range of services including counseling, food pantries, health services, housing, support groups, and more; search the online database at UWSCl.org. United Way of South Central Illinois.

4-H (at Clinton County Extension Office)

Phone Number: 618-526-4551

1163 N. 4th Street, Breese, IL Hours: Monday - Thursday 7 am to 5 pm (Closed 12 - 1pm), Friday by appointment
<https://extension.illinois.edu/bcjmw/explore-clinton-county-4-h> (search for a club near you)

Information: Illinois 4-H is the flagship youth development program of University of Illinois Extension and administered through the College of Agriculture, Consumer, and Environmental Sciences. 4-H grows true leaders, youth who are empowered for life today and prepared for a career tomorrow. Illinois 4-H members range in age from 8 to 18. Youth who are 5 to 7 years of age may join 4-H as a Cloverbud member. In 4-H, youth are brought together in clubs, led by caring adults, who welcome them as a part of the larger 4-H family. Members learn about topics that interest them through projects. That could be anything from learning how to cook, build a robot, or care for the environment. Members can explore these topics through 4-H experiences such as community clubs, special interest clubs, workshops, and more.

American Red Cross

Phone Number: 217-787-7602

1045 Outer Park Drive, Springfield, IL

www.redcross.org

Services: Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

Angels Out Loud

www.facebook.com/groups/2219324131625880/

Private Facebook group you can join to ask for help or if you are a person that can help or knows where people can get help, be a member and support others. If times are up for you, maybe you can extend a hand to someone who is down. And if you are down, understand it is ok to reach out for that hand. Whether it is food, clothing, shelter, employment or household items or anything that can relieve stress from our neighbor is welcome here. Keeps a small food pantry on site and always accepts donations. Can take frozen or refrigerated items.

BCMw Office

909 E. Rexford, Centralia, IL

Phone Number: 618-532-7388

Mon.-Thurs., 8am-4pm

<http://www.bcmwcommunityservices.org/>

Provided Services: LIHEAP (Low Income Home Energy Assistance Program), Transitional Housing, Rental Housing Support, Weatherization Program, Housing Rehabilitation Program, Home Modification Program, Community Services Block Grant (CSBG) Emergency Services, Head Start. Ask for assistance regarding deadlines and what is necessary to bring to the appointment (usually must bring 30 days' proof of income, current Medicaid card, and Social Security cards for all you want covered). Check website. You now need to apply online before getting an appointment in an office.

Big Brothers Big Sisters of Southwestern IL

Phone Number: 618-239-4085

2900 Frank Scott Parkway West, #956

Belleville, IL 62223

www.bbbsil.org

Information: Provides children ages 6-14 with a positive adult role model to help them ignite their own potential. Serving St. Clair, Madison, Clinton, and Monroe counties. Also seeking adults to serve as a "Big" and mentor one-to-one children.

Birth to Five Illinois

<https://www.birthtofiveil.com/region13>

Information: Working to create a statewide regional infrastructure that will amplify input from communities in the development of Policies and funding priorities. Supports the mobilization of communities to build and sustain equitable access to inclusive, high-quality early childhood services for all children and families.

Bond County Crisis Nursery

Phone Numbers: 24 Hour crisis line: 618-447-3647 Administrative line: 618-699-0532

www.bondcountycrisisnursery.org

<https://www.facebook.com/bondcocrisisnursery>

Bond County Crisis Nursery provides protection from and prevention of childhood trauma, abuse and neglect through 24 hour emergency shelter care to children birth through six. Services include:

24 hour access to emergency care for children ages birth through six

- Planned respite care offered to families as ongoing support as needed
- All services are free; there are no income guidelines or residency requirements
- Fully equipped with child care items such as diapers, formula, meals, clothing and more
- Staff and volunteers are trained to provide safe, nurturing care for children
- Our care spaces include developmentally appropriate areas for children to maintain daily routines and foster their sense of safety and confidence

Boy Scouts of America (Greater St. Louis Area)

Phone Number: 314-361-0600

4568 W. Pine Blvd., St. Louis, MO

<https://beascout.scouting.org>

Information: Cub Scouts is for boys and girls, kindergarten to 5th grade. It is a program where youth develop the foundations for leadership, citizenship, and personal fitness through fun activities involving parents and legal guardians. Scouts BSA, for youth ages 11-17, is where youth develop outdoor survival skills, self-confidence, and ethics through youth planned activities with increased attention to service, community engagement, and leadership. Created for boys and girls ages 14-20, Venturing is a youth-led program where Scouts experience positive mentorship and develop leadership skills in a fun, supportive environment. The Exploring program connects boys and girls ages 10-20 with mentors, businesses, and agencies within their communities to help them discover future career paths.

Brightpoint (formerly Children's Home and Aid Society)

Phone Number: 618-526-8348,

357 N. Main Street, Breese, IL

<https://www.brightpoint.org/>

Information: Services provided—parent support, child welfare, mental health & wellness, early childhood care and referrals, youth services.

Caritas Family Solutions

Phone Number: 618-213-8700

8601 W Main St Belleville, IL

<https://caritasfamilysolutions.org/>

Services Provided: Foster care, Intact Family Services, St. John Bosco Children's Center, Adoption Services, Pregnancy Options Counseling, Fontebella Maternity Home, Community Integrated Living Arrangements, Fox River Assisted Living Apartments, Senior Community Services Employment Program, Counseling, Parenting Classes, Anger Management.

Carlyle Christian Church Outreach Center

www.facebook.com/CARLYLEOUTREACH

1025 Lake Road, Carlyle, IL (building behind church with two garage doors) Saturdays 9am-12pm

Free clothing, shoes, household, infant items. Accepts donations in small brown bin outside center. If bin is full, don't leave items outside bin where they could get wet. Best to drop off items on Saturday mornings. Does not accept furniture or large items as they don't have room. If you are looking for something and can't make it on a Saturday morning, call church office and ask if a volunteer could check in the free store for you by calling #618-594-3489. Church also hosts a free Thanksgiving dinner each year. Watch church Facebook page for info on events like that: www.facebook.com/carlylechristian

Clinton County Resource Network

Phone Number: 618-920-2693

8011 VonBokel Drive, Breese, IL

www.facebook.com/profile.php?id=61566382936170

A non-profit helping with the needs of people in Clinton and surrounding counties. They take in clothing, household, furniture and more. Often hosts "free" garage sales of the items they collect for anyone in need. If you need something, reach out to them. They just might have it.

Consumer Financial Protection Bureau

Phone Number: 1-855-411-2372

www.consumerfinance.gov

(TTY: 1-855-729-2372)

For assistance with mortgage, credit card, and student loans or other consumer financial products.

Credit Reporting Agencies: To get your free annual credit reports, call 1-877-322-8228,

www.annualcreditreport.com

To place a security freeze on your credit, contact:

-Equifax, 1-800-525-6285, www.equifax.com, PO Box 105069, Atlanta, GA 30348

-Experian, 1-888-397-3742, www.experian.com, PO Box 9554, Allen, TX 75013

-TransUnion, 1-800-680-7289, www.transunion.com, Fraud Victim Assistance Division, PO Box 2000, Chester, PA 19016

Department of Children & Family Services

1809 W. McCord, Centralia, IL 62801

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission. The Illinois Department of Children and Family Services (DCFS) provides different early care and education programs as part of the child welfare service system. DCFS helps families with substantiated findings of child abuse or neglect through the Intact Family Services program. The program works with families to address issues of safety and enable families to stay together in their own home. DCFS provides additional support for children ages 0-5 through three main programs: The Early Childhood project, the School Readiness Unit, and the Teen Parenting Service Network. The actual services of these programs are delivered through social service agencies in local communities.

Phone Number: 618-352-6101

<https://dcfs.illinois.gov/>

Department of Human Services

800 S Locust St., Centralia, IL

Can help you meet basic needs, cope with illness, emergencies, or other challenges. Can help you get [Illinois Link Card](#), [Cash, Medical Programs](#), [Supplemental Nutrition Assistance Program \(SNAP\)](#), [Temporary Assistance for Needy Families \(TANF\)](#), Women, Infants and Children (WIC). Emergency services like housing assistance and food.

Phone Number: 618-532-1966

<https://www.dhs.state.il.us/page.aspx?>

Equipping the Called

850 Vandalia Street, Ste. 310 & 320, Collinsville, IL

Services: foster & crisis closet provides new/gently used, current styled clothing, undies, diapers and toiletries for foster families in Southern Illinois. Email: info@equippingthecalled.org

Phone Number: 618-529-5888

<https://equippingthecalled.org>

Girl Scouts of Southern Illinois

4 Gingercreek Pkwy., Glen Carbon, IL 62034

From kindergarten through high school, Girl Scouts is where she'll explore her interests, build real-life skills, and grow her confidence alongside friends who cheer her on every step of the way. Different levels for different ages:

www.gssofsi.org/en/discover/about/what-girl-scouts-do.html

Phone Number: 800-345-6858

www.gssofsi.org

Heartlinks Grief Center

5110 West Main, Belleville IL

Information: Monthly grief support for kids, teens, and adults. Meetings are typically held at 6:30 p.m. on the first Monday of every month (subject to change based on holidays - check our newsletter and the Heartlinks Facebook website for confirmed dates) at the Heartlinks Grief Center in Belleville.

Phone Number: 618-277-1800

www.myheartlinks.com

Illinois Attorney General Identity Theft Hotline: 1-866-999-5630 (TTY: 1-877-844-5461)

If you have been the victim of identity theft or believe your personal or financial information may have been compromised, call this number.

Illinois Better Business Bureaus: www.bbb.org/en/us/il

Central Region: 309-688-3741

Chicago: 312-832-0500

Rockford: 815-963-2222

Mail Preference Service

PO Box 643, Carmel, NY 10512

To reduce unwanted junk mail, contact Direct Marketing Association.

Phone Number: 212-768-7277

www.dmchoice.org

National Do Not Call

To avoid telemarketing or solicitor calls, register for the Do Not Call Registry. www.donotcall.gov

Phone Number: 1-888-382-1222 (TTY: 1-866-290-4236)

Opt Out

To opt out of receiving pre-screened credit card offers, call # or go to www.optoutprescreen.com

Phone Number: 1-888-567-8688

PC's for People

100 Florida Avenue, Belleville, IL

Services: a non-profit working to get low cost quality computers and internet into homes of

Phone Number: 618-215-3787

<https://www.pcsforpeople.org/eligibility>

individuals, families and non-profits with low income.

Safelink Phone

Phone Number: 1-800-723-3546

Information: The Safelink/Lifeline program is available to eligible consumers in selected states and territories. Actual requirements vary by state, but in general to qualify for Lifeline, subscribers must either have an income that is at or below 135% of the federal Poverty Guidelines or participate in one of the following assistance programs: Medicaid, Supplemental Nutrition Assistance Program (SNAP) Food Stamps, Supplemental Security Income (SSI), Federal Public Housing Assistance (Section 8), Veterans and Survivors Pension Benefit. Can apply online at: <https://www.safelinkwireless.com/en/#/newHome>

Salvation Army

Phone Number: 618-997-9355

906 B Tower Square, Marion, IL

www.salvationarmyusa.org

Information: Provides food, shelter, clothing, and financial assistance resources for children, adults, and their families. Services include food distribution, disaster relief, rehabilitation centers, anti-human trafficking efforts, and a wealth of children's programs.

Sexual Assault & Family Emergencies (SAFE)

Phone Number: 618-283-1414

Satellite Office: 276 N. Main Street, Breese, IL, Referrals go through their main office in Vandalia.

<https://safecrisiscenter.org/>

Therapy and prevention education; provides services related to sexual assault or abuse; prevention programs cover internet safety, bullying, dating relationships.

Sleep in Heavenly Peace

Phone Number: 618-581-4275

PO Box 641, Salem, IL

kevin.rakers@shpbeds.org

Information: dedicated to building, assembling and delivering top-notch bunk beds to children and families in need.

Application process online at: www.shpbeds.org

<https://shpbeds.org/chapter/il-salem/>

<https://www.facebook.com/SHPSalem>

Social Security Administration

Phone Number: 855-285-6006

Room 103 Federal Building

Phone Number: 618-463-6568

501 Belle, Alton IL 62002

<https://www.ssa.gov>

The Restore Network

Phone Number: 1-618-258-7244

3993 Fosterburg Road, Alton, IL 62002

<https://therestorenetwork.org/>

Information: faith-based group helping families and foster kids with what they need to heal from trauma. As a foster family, you will receive trauma-informed training and practical, ongoing support as you open your door to a child. We can help with meals, clothes, beds, car seats, ongoing advocacy, prayers and support that continue as long as the child is there.

Counseling & Mental Health Services:

988 – Dial this number for free and confidential support for anyone with mental health worries or dealing with a mental health crisis. Resources can be provided to local supports. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org.

BEACON (Behavioral Health Care and Ongoing Navigation): <https://public-uat.beacon.illinois.gov/>

Information: a centralized resource for Illinois youth and families seeking mental health services and care, including state agency support and community-based programs. In the portal, parents and caregivers can learn which community-based resources are available nearby and which state-funded programs youth may be eligible for. These programs might include outpatient counseling, school-based services, wraparound services to help support families caring for youth with complex needs, or residential treatment services. BEACON also provides assistance organizing information about a child's care and connecting families with services, including communication with state agencies.

Branch of Hope Ministry

Phone Number: 618-226-3326

951 Fairfax, Carlyle, IL

<https://branchofhopeministry.com/>

Offers affordable rates in marriage, family, youth, individual and addiction recovery along with anger management and intervention assistance.

CARES Line

Phone Number: 800-345-9049

Information: If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Champion Consulting (Counseling & Mediation)

Phone Number: 618-792-5200

211 East Hanover Street, New Baden, IL 62265

www.championconsult.org

Services offered: individual counseling for kids, teens, & adults; divorce mediation; co-parenting support,

movement and lifestyle coaching.

Chestnut Health Systems

50 Northgate Industrial Drive
Granite City, IL 62040

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Chestnut Primary Phone: 618-877-4420

Crisis After Hours: 618-877-0316

www.chestnut.org

Community Resource Center

580 8th Street Carlyle, IL

24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living, Offices in: Centralia (Main Office): 904 E. MLK Drive, Ph#618-533-1391; Salem: 315 Westgate Avenue, Ph#618-548-2181; Carlyle: 580 Eighth Street, Ph#618-594-4581; Vandalia: 421 W. Main, Ph#618-283-4229

Phone Number: 618-594-4581

www.crconline.info

Comprehensive Behavioral Health Center

www.cbhc1.org

Services include: Therapy & Transitional Services, Parenting Classes, Linkage & Hospitalization Aftercare, Residential Services, Specialized Children Services, Consultation/Education to Community, Crisis Intervention, Substance Abuse Treatment Services, Project for Assistance in Transition from Homelessness (PATH), Case Management Services, Opiate Treatment Services, Adult Re-Deploy.

Phone Number: 618-482-7330

Coping 4 Kids, Coping 4 Life, 900 N. Walnut Street, Breese, IL, **Phone Number:** 618-830-5312,

www.coping4life.com

Individual and family counseling. Fees are based on income. Outreach services include workshops/trainings, basic life needs (food, clothing, school supplies, and household donations) and community services (prom clothing, Thanksgiving baskets, Christmas gifts).

Creative Solutions Counseling

9515 Holy Cross Lane, Suite 105, Breese, IL

Phone Number: 618-980-5028

Contact: Lucy Schrage, LCPC, ATR-BC

Gateway Regional Medical Center

2100 Madison Ave. Granite City, IL 62040

<https://gatewayregional.net/>

Provided Services: Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

24/7 Intake Hotline Phone: 618-798-3888

IOP (Intensive Outpatient Program): 618-798-8155

IOP Open: Monday – Friday 9am-5pm

Heartlinks Grief Center

5110 West Main, Belleville, IL

A program of Family Hospice, assists grieving children, individuals, families, and groups through individual and family counseling, peer support groups, and other supportive community programs regardless of ability to pay.

Phone Number: 618-277-1800

www.myheartlinks.com

HSJS St. Joseph's Senior Renewal

HealthPlex, 14160 Jamestown Rd., Breese

Information: gives you the flexibility of receiving care for emotional issues, including depression, anxiety, and "nerves", while living at home. An individualized plan of care is developed to treat your unique needs.

Phone Number: 618-526-5699

Lincoln Prairie Behavioral Health

5230 S. Sixth Street Rd., Springfield, IL

Information: Inpatient and outpatient counseling options for children aged 3 to 17.

Phone Number: 217-585-1180

<https://lincolnpairiebhc.com/>

Mindful Therapy & Wellness

book@southernillinois counseling.com Adam Jackson, LPC adam@mindfultherapywellness.com

Information: Online therapy (not in person), **takes Medicaid**, specialties include anxiety, depression, trauma/PTSD, stress/burnout, family conflicts, communication, boundary setting.

Phone Number: 618-434-1328

National Alliance on Mental Illness Southwestern Illinois (NAMI)

2100 Madison Ave., 4th Floor, Granite City, IL

<https://namiswi.org/about-nami-southwestern-illinois/contact/>

Information: Providing Recovery Support Groups & Family Support meetings for family member, significant others, and/or friends. Serving Bond, Clinton, Macoupin, Madison, Randolph, and St Clair Counties.

Phone Number: 618-798-9788

National Suicide Prevention Lifeline

Provides 24/7, free, and confidential support for people in distress and prevention and crisis resources for you or your loved ones.

Phone Number: 1-800-273-8255**Shine Conscious Consulting & Counseling**

1A Woodcrest Professional Park, Highland, IL

Phone Number: 618-420-8771

Cassie Korte, LCPC

Solutions for Wellness

110 N. Main Street, Breese, IL

Phone Number: 618-322-6424

Chris Diesen www.solutions4wellness.com

Domestic Violence/Sexual Violence**Amy Schulz Child Advocacy Center**

500 Fairfield Road, Mt. Vernon, IL

Information: Child sexual abuse advocacy.

Phone Number: 618-244-2100

www.amycenter.mvn.net

Eden's Glory/Foster Kairos

PO BOX 164 Maryville, IL 62062

214 N. 3rd Street, Greenville, IL 62246

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

Phone Number: 314-312-3539

Email: healing@edensglory.org

Group Interventions

Private Street Address St. Jacob, IL 62281

Batterer Intervention Resources, Partner Abuse Intervention, Individual Counseling, Prevention. Serves: Bond, Clinton, Jersey, Madison, and St. Clair Counties

Phone Number: 618.644.4103**Illinois Coalition Against Domestic Violence**

We are the network of providers that together make up the statewide voice for survivors of domestic violence and their children in our state. www.ilcadv.org

Phone Number: 877-863-6338**Illinois Crime Victims Compensation Act:**

Through this program victims or survivors of crime (domestic violence, sexual assault & abuse, murder, involuntary manslaughter/reckless homicide, kidnapping, exploitation of a child, assault/battery, arson, driving under the influence, stalking) are able to receive compensation for hospital and doctor bills, rehabilitation, loss of wages and tuition, and funeral/burial expenses when other sources of funding have been exhausted. For more information, contact the Office of the Secretary of State, #217-782-7101 or #312-814-5010, www.cyberdriveillinois.com or the Office of the Attorney General, #800-228-3368, www.IllinoisAttorneyGeneral.gov.

Metro East Every Survivor Counts

www.metroeasteversurvivorcounts.org

Phone Number: (618) 397-0975

IT IS OUR MISSION to address multifaceted forms of oppression and end sexual violence by empowering survivors through person-first services and community engagement. Services include medical advocacy, legal advocacy, counseling, community and professional education trainings, prevent education and they maintain a confidential sexual assault crisis line (above #).

National Domestic Violence Hotline

Information: Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.

Phone Number: 1-800-799-SAFE (7233)**National Domestic Violence Hotline (RAINN)**

The nation's largest organization fighting sexual violence. Also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice. Available 24/7 for survivors who need support. www.rainn.org

Phone Number: 1-800-656-4673**National Teen Dating Violence Hotline/loveisrespect**

Text "loveis" to 22522 Secure online chat: loveisrespect.org www.loveisrespect.org

Information: Love is more than the way you feel. Have questions about your relationship? We're here to help. Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the U.S.

Phone Number: 1-866-331-9474**Oasis Women's Center**

111 Market St., Alton, IL 62002

Phone Number: 618-465-1978

www.oasisshelter.org

Information: Our mission is to provide emergency shelter and supportive services to victims of domestic violence.

Phoenix Crisis Center

Granite City, IL

Information: If you need shelter, referrals, safety planning or simply want to talk to one of their trained domestic violence Counselors please call.

Phone Number: 618-451-1008

Prevent Child Abuse Illinois

www.preventchildabuseillinois.org

Information: PCA Illinois provides key leadership for child abuse prevention in Illinois. PAC Illinois is actively involved in prevention education and public awareness, community outreach, public policy advocacy, and promotion of effective prevention programs.

Phone Number: 217-522-1129

Sexual Assault and Family Emergencies (SAFE)

1410 Sunset Drive, Suite G, Vandalia, IL 62471

Information: SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

Phone Number: 800-625-1414

<https://www.safecrisiscenter.org/>

Stopping Woman Abuse Now (SWAN)

Phone Number: 618-283-9179 Vandalia/618-879-2214 Olney

Multiple locations: 200 West Johnson Street, Vandalia, IL 62471; Olney, IL; **Hotline:** 888-715-6260

Information: survivor resources; batterer intervention resources, DV Advocacy Services, elder abuse, homeless, partner abuse Intervention, program services, children's services, financial assistance (rent, utilities, security deposit), individual counseling, legal advocacy-OP, medical advocacy, on-site shelter, support groups, transitional housing. Serves Clay, Clinton, Crawford, Edwards, Effingham, Fayette, Gallatin, Hamilton, Jasper, Jefferson, Lawrence, Marion, Richland, Wabash, Washington, Wayne, and White counties.

TigerLili

www.tigerliliresources.org

The House of Rahab is an emergency placement safe home for adult females who have been sexually exploited or trafficked. 100% free to participants. Based in Illinois near St. Louis.

Phone Number: 636-219-9545

Violence Prevention Center Southwestern Illinois

PO Box 831, Belleville, IL 62222

Information: Provides counseling and advocacy services; has a Shelter Shop selling pre-owned clothing, furniture and household items in good condition; shelter for women and their dependent children fleeing abusive relationships; prevention and education services; Peace Place offering individual and group counseling services to children 5-17 years of age.

Phone Number: 618-236-2531

www.vpcswi.org

Education & Training

Autism Society of Southern Illinois

PO Box 2621, Carbondale, IL

Services: we create connections, empowering everyone in the Autism community with the resources needed to live fully.

Phone Number: 314-690-3855

<https://autismsocietyssi.org>

BlueSprig (Autism Service)

343 Fountains Pkwy., Ste.201, Fairview Hts., IL 62208

Services: provides compassionate, individualized care in the environment that is best suited to your child's needs. Provides Applied Behavior Analysis (ABA) therapy services for children of different ages and levels, in various settings and at convenient hours.

Phone Number: 618-515-1441

<https://www.bluesprigautism.com>

Brightpoint-Formally Children's Home and Aid

Phone Number: 618.463.6880

120 East A Street, Belleville, IL (Granite City office: 618.452.8900; Alton office: 618.462.2714)

Information: Serves Macoupin, Greene, Jersey, Calhoun, Montgomery, Bond, Madison, St. Clair Counties. Serves youth aged 11-23 and their families throughout the Metro East Area. Provides: Individual and family counseling, solutions to parent/child conflict, referrals and connections to additional resources, advocacy in school, court, community, employment and educational services, life-skills training to support independence, assistance with basic needs.

Center for Autism and Related Disorders

634 N. Main St., Ste. 4, O'Fallon, IL

Services: ABA therapy, offers clinic, home, community and telehealth based services, based around the individualized recommendation.

Phone Number: 618-726-5870

<https://www.beaminghealth.com>

Center for Autism Spectrum Disorders-SIU

625 Wham Drive, Carbondale, IL

Services: a multi-disciplinary research and training center that provides high quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services

Phone Number: 618-453-7130

www.casd.siu.edu

Child & Family Connections

660 W. Noleman St., Centralia, IL

Information: program that provides supports and services for families with infants and toddlers from birth to 36 months with developmental delays or disabilities or who are at risk for developmental delays. The primary goal of EI is to support families in promoting their child's optimal development and to facilitate the child's participation in family and community activities. EI is voluntary and it is up to the family to decide whether they want to participate in the program. Early intervention services are designed to meet needs in the following areas of development: Physical (how your baby moves and explores), Cognitive (how your baby learns), Communication (how your baby lets you know what he needs), Social and emotional (how your baby engages with you and shows feelings), Adaptive (how your baby uses new skills). To learn more about getting your child evaluated, call their office.

Phone Number: 618-532-4919

<https://providerconnections.org/cfc/>

Division of Specialized Services UIC

1734 Corporate Crossing, O'Fallon, IL

Provides FREE care coordination for families of children with special healthcare needs. www.facebook.com/dscc.uic.edu

Phone Number: 800-322-3722

www.dscc.uic.edu

Early CHOICES:

2900 Ogden Avenue, Lisle, IL 60532

Information: The Early CHOICES inclusion initiative promotes increasing high quality inclusive early care and education for each and every child birth to age 5. Our goal is to increase the number of children with disabilities receiving specialized services in regular early care and education settings. Early CHOICES will accomplish this through: providing technical assistance and facilitating professional learning for teams that support children and families; engaging and empowering families to access resources and information; collaborating with other Illinois early care and education entities.

Phone Number: 630-889-7390

Inclusion@eclre.org

www.eclre.org

FAFSA

Information: Any student, regardless of income, who wants to be considered for federal, state, and school financial aid programs. Colleges and career schools use the FAFSA form to determine how much financial aid you're eligible to receive, which could include grants, scholarships, work-study funds, and loans. You must apply for aid every year. It takes most people less than one hour to fill out the FAFSA form, including gathering any personal documents and financial information needed to complete it.

<https://studentaid.gov/h/apply-for-aid/fafsa>

Family Matters Parent Training & Information Center

1901 S. 4th St., Ste. 209, Effingham, IL 62401

Information: If your child receives special education services or an accommodation plan or is in need of such services, Family Matters Parent Training and Information Center (FMPTIC) can help. We assist parents of children with disabilities to be Informed participants in the special education process. We assist students with disabilities to understand their rights and responsibilities. We supply information to teachers and other professionals who provide special education and related services to children with disabilities. School Year Hours: 8:00 am to 4:30 pm - Tuesday, Thursday and Friday; 8:00 am to 6:30 pm - Monday and Wednesday; Summer Hours: 8:00 am to 4:30 pm - Monday, Wednesday, Thursday, and Friday.

Phone Number: 1-866-436-7842

<https://www.fmptic.org/>

Illinois Center for Autism

548 South Ruby Lane, Fairview Hts., IL 62208

Information: The Illinois Center for Autism (ICA) is a not-for-profit, community-based, mental health treatment, and educational agency dedicated to serving people with autism spectrum disorder (ASD). Referrals are made through local school districts, hospitals, doctors, and the Department of Human Services. Our goal is to educate and serve children and adults with autism to help them achieve their highest level of independence in their home, school, and community. We offer a variety of programs designed to help individuals from 3 years old to adulthood. If you have questions or are in need of resources, we would love to speak with you.

Phone Number: 618-398-7500

<https://illinoiscenterforautism.org/>

Kaleidoscope Center for Autism & Neurodevelopment

630 Pierce Blvd., Suite 300, O'Fallon, IL 62269

Services: individual and family therapy for Autism, ADHD, Development Delays, Anxiety, Learning Disorders, and Behavior Concerns; Parent-Child Interaction Therapy (3-7 year olds); Parent-Child Care (1-10 years old); free consultation.

Phone Number: 618-221-9677

www.kaleidoscopecenter.org

Kaskaskia College Disability Support Services

Contact: Sanra Beabuhr, sneabuhr@kaskaskia.edu

Provides adaptive support for students with disabilities.

Phone Number: 618-545-3157

Kaskaskia Special Education Services

224 S. Locust St., Centralia, IL

Information: provides Occupational/Physical/Speech therapies, social workers, and itinerant services to schools in districts; School psychologists provide Individual Education Plans (IEP's) and Section 504 plans for students. Request an evaluation through your local school district.

Phone Number: 618-532-4721

<https://www.ksed801.com/>

Opportunities for Access

4206 Williamson Place, Suite 3, Mt. Vernon, IL

Information: help for those with developmental disabilities.

Phone Number: 618-244-9212 x108

www.ofacil.org

Regional Office of Education #13

930 B. Fairfax, Carlyle, IL

Phone Number: 618-594-2432

<https://roe13.org/>

Information: provides regulatory services as outlined in the Illinois School Code. Services include, but aren't limited to: inspect and approve the recognition of public schools annually; provide alternative education for at-risk students; provide professional growth opportunities; enforce truancy laws; ensure proper licensure of teachers and administrators; issue GED transcripts and diplomas.

Schools in Clinton County:

Albers: Albers Elementary SD #63, 206 N. Broadway <http://alberscougars.com/>

Aviston: Aviston Elementary SD #21, 350 Hull Street <https://www.avistonk-8.org/>

Bartelso: Bartelso Elementary SD #57, 306 S. Washington <https://www.bartelsobrades.com/>

Beckemeyer: see Breese SD #12 <https://www.d12bobcats.org/>

Breese: All Saints Academy, 295 N. Clinton Street <https://www.asasaints.com/>

Breese Elementary SD #12, 777 Memorial Drive <https://www.d12bobcats.org/>

Central Community High School, 7740 Old US Hwy 50 <https://www.centralcougars.org/>

Mater Dei High School 900 N. Mater Dei Drive <https://www.materdeiknights.org/>

Carlyle: <https://www.carlyle.k12.il.us/>

Carlyle Elementary School, 951 6th Street

Carlyle Junior High School 1631 12th Street

Carlyle High School, 1461 12th Street

Centralia:

Christ our Rock Lutheran High School, 9545 Shattuc Road <https://www.corstallions.org/>

Kaskaskia College, 27210 College Road <https://www.kaskaskia.edu/>

North Wamac Elementary School, 1500 Case Street <https://northwamac.com/>

Willow Grove Elementary SD #46, 815 W. 7th Street www.willowgroveschool.com

Damiansville: Damiansville Elementary SD #62, 101 E. Main Street <https://dville62.com/>

Germantown: Germantown Elementary SD #60, <https://www.ges60.org/>

Hoffman: Trinity Lutheran Grade School, 8701 Huey Rd.

<https://sites.google.com/trinityhoffman.org/trinitylutheran/school>

New Baden: New Baden Elementary, 700 E. Marilyn Drive

<https://www.wesclin.org/vnews/display.v/SEC/New%20Baden%20Elem>

St. Rose: St. Rose Elementary SD 14-15, 18004 St. Rose Road <https://www.strosedistrict14-15.com/>

Trenton: www.wesclin.org

Trenton Elementary School, 308 N. Washington

<https://www.wesclin.org/vnews/display.v/SEC/Trenton%20Elem?template=m>

Wesclin Junior High School, 10003 State Rt. 160

<https://www.wesclin.org/vnews/display.v/SEC/Middle%20School>

Wesclin High School, 699 Wesclin Road <https://www.wesclin.org/vnews/display.v/SEC/High%20School>

Southern Illinois Case Coordination Services

325 S. Poplar, Centralia, IL

Phone Number: 800-828-7422

<http://www.siccs.org/>

Information: is a not-for-profit, independent service coordination agency providing pre-admission screening and service coordination to all eligible individuals who have a developmental disability. Provide information, assessment & referral regarding developmental disabilities; apply to be on the PUNS list; if pulled, can get Personal Support Workers to help with your child and other services. More info on PUNS: <https://www.dhs.state.il.us/page.aspx?item=41131>

StarNet Region IV

% St. Clair County Regional Office of Education

1000 South Main Street, Belleville, IL 62220

Phone Number: 618-825-3969

Sherri Kraus, Family Resource Specialist

www.starnet.org

Information: STAR NET's mission is to promote evidence-based, inclusive practices for young children with disabilities; Professional development to support educators and families; meaningful child outcomes through innovative and engaging learning experiences.

The Arc of Illinois

9980 190th Street, Suite C

Mokena, IL 60448

Phone Number: 815-464-1832

<https://www.thearcofil.org/what-we-do/>

Information: Advocates for people with intellectual and developmental disabilities, families and community organizations to ensure that people with disabilities can live, work, learn, and play in communities across the state. The Arc offers resources and information, supports families in their individual advocacy efforts and trains and educates people with disabilities, families and professionals among other things.

The Archwell Foundation/The Parent's Network

<https://archwell.org/theparentsnetwork/about/>

Info: a support network for other parents and caregivers whose children and families have been gravely impacted by social media harms. You can: Connect with fellow parents navigating similar experiences in small, peer-led groups; Attend monthly learning spaces, led by experts and peers in relevant fields; Connect to a virtual community, where stories, resources, and ideas are shared with fellow parents; Learn about ongoing resources and advocacy opportunities.

The Autism Program of Illinois (TAP)

5220 S. 6th Street, Suite 2300B, Springfield IL 62703

Information: Supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best practices.

Phone Number: 217-953-0894 ext. 30477

www.tap-illinois.org

Emergency Assistance/Disaster Services: Call 9-1-1 for fire or police emergencies**American Red Cross Services**

1045 Outer Park Dr., Springfield, IL 62704

Information: Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

Phone Number: 217-787-7602

www.redcross.org

Clinton County Emergency Management

431 21st St., PO Box 403, Carlyle, IL 62331

Information: WHERE TO TUNE DURING AN EMERGENCY, FM Radio:

WCXO 96.7 FM Carlyle

WDLJ 97.5 FM Carlyle

WRXX 95.3 FM Centralia

WGEL 101.7 FM Greenville

WNSV 104.7 FM Nashville

Phone Number: 618-594-4455

<https://clintonco.illinois.gov/county-offices/emergency-management-ema/>

Fire Departments (if an emergency, call 9-1-1)

Aviston Fire Protection District, 498 W Railroad St., Aviston, IL (618) 228-7187

Beckemeyer Wade Twp. Fire Protection District, 610 Louis St., Beckemeyer, IL (618) 227-8500

Breese Fire Protection District, 50 N Germantown Rd., Breese, IL (618) 526-4721

Carlyle Fire Protection District, 470 11th St., Carlyle, IL (618) 594-2451

Centralia Fire Department, 1150 W Broadway, Centralia, IL (618) 533-7662 (Clinton County Side)

Clin Clair Fire Protection District, 406 W State Rt. 161, Albers, IL (618) 248-5442

Germantown Rural Fire Protection District, 300 Prairie St., Germantown, IL (618) 523-4317

Hoffman Fire Protection District, 105 S Oak St., Hoffman, IL (618) 495-2630

Huey Ferrin Boulder Fire Prot District, 250 N Railroad St., Huey, IL (618) 594-8556

Keyesport Fire Protection District, 901 Mulberry St., Keyesport, IL (618) 749-5591

Sante Fe Fire Protection District, 801 Carlyle Road, Bartelso, IL (618) 765-2311

St Rose Fire Prot District, 179019 St. Rose Rd., St. Rose, IL (618) 526-4221

Sugar Creek Fire Protection District, 1001 W Broadway, Trenton, IL (618) 224-9009

Wheatfield Fire Department, 19011 Stollertown Rd., Carlyle, IL (618) 594-4555

Clinton County Community Organizations Active in Disaster (COAD): If your faith organization, business or community group (Rotary, Lions, Optimists, etc.) would like to help in a disaster or other emergency, please join our local COAD to get involved. Call Pastor Mike with the First United Methodist Church in Trenton at (618) 224-7364. For training, information, contact 618-594-2723, ext. 330.

KNOW HOW TO PREPARE NOW, BEFORE A DISASTER STRIKES. More information here:

-Federal Emergency Management Agency (FEMA): For more information visit <http://fema.gov> and click on the "Are You Prepared" information section

-Illinois Emergency Management Agency (IEMA): For more information visit <http://iema.illinois.gov> and visit the Disaster Preparedness, Response and Recovery page

-Ready America: For more information visit: <http://www.ready.gov>

-Weather Information: National Weather Service and All Hazards NOAA Weather Radio Alerts sponsored by the National Oceanic and Atmospheric Administration: <http://www.weather.gov/nwr>

Employment Opportunity Links/Services:

<https://illinoisjoblink.illinois.gov/>
<https://www.illinoisworknet.com/>
<https://www.facebook.com/MCETD>
<https://work4.illinois.gov>

Illinois Department of Employment Services (IDES), <http://www.ides.illinois.gov> Is your background holding you back? Ask for help with the Re-Entry Employment Service Program, #800-244-5631.

IL DRS Employment Services

601 South High St Belleville, IL 62220

Phone Number: 618-235-5300

<https://www.dhs.state.il.us/page.aspx?item=52224>

Information: provides businesses with sustainable, no-cost and low cost strategies to recruit, train, and retain the skilled workforce needed to thrive. Your partnership with DRS gives you access to qualified vocational rehabilitation professionals. They can provide job analysis, job coaches, training, and job accommodations/technical assistance.

Job Corps

www.jobcorps.gov

Information: Whether you're searching for a new career, finishing your high school diploma or exploring your options, Job Corps can provide you with FREE training to jump-start your future. For 16 through 24 years old, low-income individuals.

MERS Goodwill/Employment Services

5720 N. Belt West, Suite 44, Belleville, IL 62226

Phone Number: 618-257-1080

www.mersgoodwill.org

Information: Provides employment services to persons with barriers to employment. Services include job readiness training, career assessments, job development, placement, and retention services.

Faith-Based Supports

Churches in Clinton County:

Albers: St. Bernard Catholic Church, 202 N. Broadway <https://www.stbernardandstdamian.org/>

Auston: St. Francis of Assisi Catholic Church, 251 S. Clinton Street <https://www.stfrancisav.org/>

Bartelso: St. Cecilia Catholic Church, 304 S. Washington Street
<https://www.facebook.com/profile.php?id=100076116622767>

Beaver Prairie: St. Felicitas Catholic Church, 13322 Church Rd, Carlyle <https://www.facebook.com/stfelicitasbeaverprairie/>

Beckemeyer: St. Anthony Catholic Church, 451 W. 3rd Street <https://stanthonybeckemeyer.org/>

Breese:

Breese Community Church, 8804 Old US Hwy 50 <https://www.breesecommunitychurch.com/>

Faith Baptist Church, 9724 Holy Cross Lane <https://www.facebook.com/faithbreese/>

St. Augustine Catholic Church, 525 S. 3rd Street <https://saintaugustinebreese.org/>

St. Dominic Catholic Church, 493 N. 2nd Street <https://saintdominicbreese.org/>

St. John's United Church of Christ, 200 N. Main Street <https://www.facebook.com/stjohnsucc.breese/>

Carlyle:

Carlyle Christian Church, 1025 Lake Road <https://carlylechristian.org/>

First Assembly of God, 1890 Franklin Street <http://www.carlyle1ag.org/>

First Baptist Church, 650 Franklin Street <https://www.facebook.com/firstbaptistchurchofcarlyle/>

First United Methodist Church, 751 Franklin Street <https://www.carlylefumc.org/>

Holy Garden of Prayer, 430 21st Street <https://www.facebook.com/HolyGardenOfPrayer/>

Immanuel United Church of Christ, 1970 Clinton Street <https://www.facebook.com/carlyleucc/>

Jehovah's Witnesses, 12808 Slant Road

Project Hope, Life Church, 16580 Old State Road <https://www.lifechurchcarlyle.com/>

Messiah Lutheran Church, 1091 13th Street <https://www.facebook.com/profile.php?id=100066665154470>

St. Mary Catholic Church, 1171 Jefferson Street <https://stmarycarlyle.org/>

Damiansville: St. Damian Catholic Church, 1 West Main Street <https://www.stbernardandstdamian.org/>

Ferrin: Bethlehem Lutheran Church & Preschool, 12903 Clara Street <https://www.bethlehemlutheranferrin.org/>

Germantown: St. Boniface Catholic Church, 306 Munster Street <https://www.stbonifacechurch.net/>

Hoffman: Trinity Lutheran Church, 8700 Huey Road <https://www.facebook.com/profile.php?id=100064456249156>

Marydale: St. Teresa of Avila Catholic Church, 18021 Marydale Road <https://www.facebook.com/MarydaleSTTeresa/>

New Baden:

First Baptist Church, 8307 State Rt. 160 <https://firstbaptistofnewbaden.org/welcome>

St. George Catholic Church, 200 N. 3rd Street <https://www.stgeorgenewbaden.org/>

United Methodist Church, 107 W. Hanover Street <https://www.newbadenumc.org/>

Zion United Church of Christ, 414 W. Hanover Street <https://www.zionuccnb.net/>

New Memphis: St. Peter Lutheran Church, 153 E. Church Street (not sure if this church is still active)

St. Rose: St. Rose Catholic Church, 18010 Saint Rose Road <https://www.strosechurchil.com/>

Trenton:

First United Methodist Church, 3324 Old US Hwy. 50 <https://trentonfumc.com/>

Grace Community Baptist Church, 1 W. 4th Street <https://www.facebook.com/Official.Grace.Community.Baptist.Church/>

New Life Christian Church, 555 N. Monroe <https://www.facebook.com/NewLifeChristCenter/>

St. John's United Church of Christ, 21 N. Walnut Street <https://stjohnuccntrenton.org/>

Financial Assistance/Income Supports (call and see if they can help you with \$\$)

Carlyle Ministerial Alliance (Reach out to the Pastor at one of these churches with your ask)

Life Church, Jason McIntosh, #(618) 594-2200
St. Mary's Catholic Church, Father George Mauck, #(618) 594-2225
Carlyle Christian Church, Josh Wolford, #(618) 594-3489
First Baptist Church, Scott Broughton, #(618) 594-3223

The Low Income Home Energy Assistance Program (LIHEAP):

Helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to manage home energy bills, energy crises, weatherization, and energy-related minor home repairs. The program helps you keep warm in the winter and cool in the summer reducing the risks to health and safety that arise from poor heating and cooling practices. Apply at your local BCMW office.

TANF (Temporary Assistance for Needy Families):

<https://www.dhs.state.il.us/page.aspx?item=30358>

Apply at local DHS office or online at above email address. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

Township Supervisors

www.clintonco.illinois.gov/community/townships/

General Assistance (GA) is a state funded program for families and individuals who do not qualify for benefits under the rules of the federal cash and medical benefit programs; i.e., [AABD](#) and [TANF](#). The eligibility requirements for GA are not as restrictive as those for AABD and TANF. You must live in the township area to apply and there is paperwork requirements. Funds are limited and first come, first serve. You can ask for funds to cover things like utility shutoff prevention, rent or emergency housing, food & hygiene items, medical travel, and emergency burial (in limited cases). CALL FIRST!! Many offices only take appointments. Bring ID, proof of income/address/bills, etc. You must get a written decision-denial or approval. If denied, you have a right to appeal. Reach out to your Township Supervisor for more information:

Breese: Ralph Kuhl, #618-526-7825, 879 S. 3rd Street
Brookside (Centralia): Michael Chambers, #618-322-4245, 1506 W. McCord Street
Carlyle/Beckemeyer: 618-334-9998, 13702 Highline Road, Carlyle or Matt Dannaman, #618-973-3759,
Clement*: Donald Lueking, #618-495-2238
East Fork*: Timothy Hanke, #618-367-2345
Germantown: Warren Strieker, #618-971-7695
Irishtown: Carl Vonder Haar, #618-567-9187
Lake: Jennifer Johnson, no ph# listed
Lookingglass: Gail Peters, #618-670-0578
Meridian*: Rodney Koelmel, #618-322-4627
Sante Fe (Bartelso): Tim Fuehne, #618-223-3681, 111 N. Beckemeyer Road
St. Rose: Karl Winkeler, #618-210-1040
Sugar Creek (Trenton): Tim "Rusty" Venhaus, #618-779-3636, 4121 Otter Road
Wade: Ronald J. Becker, #618-334-9998
Wheatfield: William Wade, no ph# listed
Shattuc + above with *: could also be contacted under #618-322-4627, 26535 US Hwy. 50, Shattuc, IL

Food Pantries/Blessing Boxes/Nutrition Resources

Blessing Boxes (small outdoor boxes containing some dry goods/canned food items):

Breese Activity Center (NW corner of building), 419 S. Clinton, Breese, IL

Centralia Mobile Market

Fairview Park, 1035 W. McCord, Centralia, IL,
First come, first served. Distribution begins at 1pm.

1pm, Second Thursday of each month.

Faith Baptist Church

9724 Holy Cross Ln, Breese, IL 62230

We desire God to glorify Himself in this church by fulfilling His purpose which is revealed in His written word and in the continuing work of God (John 5:17) through the Holy Spirit.

Sunday School 9 am. Worship Service 10:15 am

Phone Number: 618-444-1868

first Thursday of every month 10:00-11:00am

www.faithbaptistbreese.com

First Baptist Church

8307 IL-160, New Baden, IL 62265
food

Phone Number: 618) 588-4833

First Wednesday of every month. Starts at 11am till we run out of

Our mission is to see you CONNECT, GROW, SERVE AND SEND & CONNECT with God through evangelism and Sunday services. To GROW in Christ through Sunday's His word thru, messages and Small groups; & possibly to SERVE God and others through the local church and its ministries. In Matthew 28:16-20 God instructs us to go out and Spread His Word, by doing His Great Commission. We should say -- "Lord Here I am, Send me."

At First Baptist, we believe that Acts 1:8 compels us to practice this process on three geographical levels: Locally, Regionally and Globally.

If you are able to visit First Baptist, we invite you to attend one of our Small groups, beginning at 9:00 each Sunday morning and Worship service at 10:10. If you need assistance locating or selecting a class, be sure to ask one of our members as they greet you, being involved in a small group study provides an opportunity to ask the questions you have always wanted to ask; to be encouraged by others who face the same challenges that you might be facing; and to be part of a care group committed to helping you through life's struggles.

Feeding America

U.S. Hunger Relief Organization www.feedingamerica.org

Phone Number: 1-800-771-2303**House of Manna Food Pantry**

480 South Fourth Street Breese, IL

Phone Number: 618-526-7123

Mondays 6-6:30pm

Information: Must be first approved by BCMW (618) 526-7123. Food pantry serves Beckemeyer, Breese, St. Rose and Breese School Districts. Nonperishables only. Blessing Box outside facility for emergency food needs. Take what you need; leave what you can.

Matthew 25 Ecumenical Food Pantry

Hwy. 127/Clinton St. in St. Mary Church School parking lot

Phone Number: 618-594-3223

Wednesdays from 9am-11am

Information: Anyone who resides in Clinton County and meets requirements may obtain food one time per month. Also provides a drive thru distribution, usually on the 3rd Monday of every month at the Emmanuel United Church of Christ at 19th and Clinton Streets. Arrive by 9am and line-up in car.

St. Vincent DePaul Food Pantry

602 Church Street, Germantown, IL

(Shirley Eversgerd) or 618-363-6588 (John Feldmann) if you need help

Serves residents of Damiansville, Albers, Aviston, Germantown, and Bartelso.

Phone Number: 618-523-4260

Mondays from 10:30am-1pm.

Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps)

Helps low-income individuals and families buy the food they need for good health. Participants are provided with an electronic card that is accepted at most grocery stores. The Department of Human Services (IDHS) administers the program in Illinois. Most households with low income can get SNAP benefits. Eligibility is based on income and expenses as well as the number of people living and eating together. The rules are complex, so visit IDHS Supplemental Nutrition Assistance Program (SNAP) for more information on eligibility and enrollment in the program. <https://www.dhs.state.il.us/page.aspx?item=30357>

Westgate Baptist Church, Greenbean Food Pantry

843 West Broadway, Trenton, IL

Phone Number: Ph# 618-224-7581

Information: Wednesdays from 6-7pm, for Trenton residents. Once a month the pantry hosts a food truck from Feeding America that is available for all on the second Tuesday of every month. <https://www.westgatebc.com/green-bean-food-pantry>

WIC (Women, Infants, Children)

% Clinton County Health Department

991 Franklin St., Carlyle, IL

Phone Number: 618-594-2723

Mon-Fri, 8:30am-4:00pm

Information: WIC is a food assistance program for Women, Infants, and Children. The program provides information about Nutrition, health, and breastfeeding. It helps in finding health care and other services in your area. WIC also provides families in need with assistance purchasing healthy foods. Program for pregnant, breastfeeding or postpartum women, their infants, children up to age 5, and their families.

Zion United Church of Christ

414 West Hanover Street, New Baden, IL

Phone Number: 618-588-4135

<https://www.zionuccnb.net/new-page-2>

Information: As a collaborative effort to provide for those in need, in conjunction with New Baden United Methodist Church and St. George Catholic Church, Zion United Church of Christ is home to the New Baden Food Pantry. The New Baden Food Pantry serves both residents of New Baden as well as New Memphis. Non-residents may be given permission to use the pantry under special circumstances. The application process is simple and the only requirements are identification and proof of residency. Acceptable forms of proof of residency include utility bills (such as water/sewer and electric) or a lease agreement. The New Baden Food Pantry is accessible Monday through Friday from 9am until 3pm. If you have any questions please contact the church.

U.S. Department of Agriculture, USDA MyPlate

www.myplate.gov

Dietary guidelines, portion recommendations, budget-friendly food ideas, recipes and more.

Funeral Homes

Moss Funeral Home

535 N. 5th Street, Breese, IL
630 Railroad St., Germantown, IL
105 S. Main, Trenton, IL

www.mossfuneralhome.com

Phone Number: 618-526-7144

Phone Number: 618-523-7144

Phone Number: 618-224-9255

Nordike Funeral Home

15 E. Hanover St., New Baden, IL
150 N. Clinton, Breese, IL
301 S. Clinton, Aviston, IL
106 N. Broadway, Albers, IL
740 Fairfax, Carlyle, IL

www.nordikefuneralhome.com

Phone Number: 618-588-3533

Phone Number: 618-526-7633

Phone Number: 618-228-7253

Phone Number: 618-248-5408

Phone Number: 618-594-2231

Zieren Funeral Home

1111 Clinton St., Carlyle, IL

www.zierenfuneralhome.com

Phone Number: 618-594-3151

Health & Wellness:

Chestnut Health Systems

50 Northgate Industrial Drive
Granite City, IL 62040

Phone Number: 618-877-4420

Crisis After Hours: 618-877-0316

www.chestnut.org

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Chiropractors:

Alternative Solutions, 4989 Old. US Hwy. 50, Aviston, IL, Ph#618-228-7722, <https://alternativesolutions.janeapp.com/>

Integrated Medical Group, 2111 W. Lake Dr., Carlyle, IL, Ph#618-594-4500, www.drthayer.com

Med-Plus Physical Medicine, 18209 Eula May Pkwy, Carlyle, IL, Ph#618-594-3671, www.medplusplus.com

New Baden Chiropractic Center, 701 E. Hanover, New Baden, IL, Ph#618-588-9355,

<https://www.facebook.com/people/New-Baden-Chiropractic-Center/100063842019200>

Smith Chiropractic Clinic, 14015 Jamestown Rd., Breese, IL, Ph#618-526-7732, www.doctormarc.com

Revermann Chiropractic, 397 N. Plum St., Breese, IL, Ph#618-526-4700, www.revermannchiropractic.com

Trenton Chiropractic, 206 W. Broadway, Trenton, IL, Ph#618-224-9118, www.getmepainfree.com

Well Adjusted Chiropractic, 111 E. Hanover St., New Baden, IL, Ph#618-588-9355

Clinton County Health Department

991 Franklin St., Carlyle, IL

Phone Number: 618-594-2723

<https://clintoncountyhealth.com/>

Information: Immunizations; lab services; Women's, Infants & Children's (WIC) Program. WIC is a supplemental food program for women, infants and children who are eligible. The program serves pregnant women, new mothers, infants and children up to the age of five (5). WIC provides nutritious foods.

Dentists

Bethel Buerk/Jeneana Deaiber, 20 S. Main Street, Trenton, IL Ph#618-224-9423

Azar Orthodontics, 14011 Jamestown Rd., Breese, IL, Ph#618-235-3337, <https://azarorthodontics.com/>

Breese Dental Care, 111 N. Main St., Breese, IL, Ph#618-526-2020, <https://breesehighlanddental.com/>

Breese Dental Group, 9437 Holy Cross Lane, Breese, IL, Ph#618-526-4233, <https://www.breesedentalgroup.com/>

First Arrow Dental, 9 N. 1st Street, New Baden, IL, Ph#618-588-3592, <https://www.firstarrowdental.com/>

Franklin Whips, Orthodontist, 702 Church St., Germantown, IL, Ph#618-523-4204

Hyten Dental, 651 9th Street, Carlyle, IL, Ph#618-594-4288, <https://www.hytendental.com/contact-us>

Ronald Kellough, 702 Church St., Germantown, IL, Ph#618-523-4251, <https://www.ronkelloughdmd.com/>

SIU School of Dental Medicine, 2800 College Ave., Alton, IL, Ph#618-474-7000,

<https://www.siu.edu/dental/patient-clinics/index.shtml>

Wessol Dentistry, 550 8th St., Carlyle, IL, Ph#618-594-3361, <https://www.wessoldental.com/>

Doctors:

AST Primary Care, 12977 Franklin St., Carlyle, IL, Ph#618-227-7229,

<https://www.advancedsurgicaltechnology.com/about/locations/>

Deanna DuComb Dermatology, 1210 Jefferson St., Carlyle, Ph#618-594-2454, <http://drducomb.com/>

HSBS Medical Group (many doctors at many locations--General, Surgery, Podiatry, and more),

<https://www.hshs.org/medical-group/locations>

Right From the Start Pediatrics, 9423 Holy Cross Ln., Breese, IL, Ph#618-526-8850, www.drморra.com

Southern Ob/Gyn & Assoc., 9447 Holy Cross Ln., Breese, IL, Ph#618-526-2209. www.sogamds.com

Eye Doctors/Services

Breese Family Vision, 289 N. Main, Breese, IL, Ph#618-526-7765, <https://lebanonoptometriccenter.com/>

Clarkson Eyecare, 103 Clintonian Plaza, Breese, IL, Ph#618-526-7447, <https://www.clarksoneyecare.com/locations>

Lions Club-Assistance for eye exams, glasses or hearing aids should be requested through your local Lions Club

Marion Eye Centers, 1950 Franklin, Carlyle, IL, Ph#618-594-2220, <https://www.marioneye.com/>

Free or Reduced Healthcare Facilities:

Phone Number: 800-638-0742

The U.S. Department of Health and Human Services maintains a list of healthcare facilities nationwide that provide free or reduced care. Find out about local facilities by calling or visiting website

www.hrsa.gov/gethealthcare/affordable/hillburton

Gateway Regional Medical Center

2100 Madison Ave., Granite City, IL 62020

<https://gatewayregional.net/>

24/7 Intake Hotline Phone: 618-798-3888

IOP (Intensive Outpatient Program) Phone: 618-798-8155

IOP Open: Monday – Friday 9am-5pm

Provided Services: Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is “all-inclusive program” The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

Health Benefits for Workers with Disabilities

Phone Number: 800-226-0768

www.hbwdisillinois.com

Working individuals with a disability pay a low monthly premium and receive full medical benefits.

HSBS St. Joseph's Hospital

9515 Holy Cross Lane, Breese, IL

Information: Inpatient and outpatient services; emergent and crisis services; lab/x-ray services; can apply for financial assistance with bills; Wellness Lab Day on Tuesdays, 6:30am-4pm; physical therapy; Senior Renewal program; audiology/speech therapy; dietician; free Narcan Rescue Kits available at ER front desk, no questions asked.

Phone Number: 618-526-4511

<https://www.hshs.org/st-josephs-breese>

Illinois Breast & Cervical Cancer Program

% St. Clair County Health Department

19 Public Square, Suite 150, Belleville, IL

Information: 40-64 years of age (breast cancer screening services); 21-64 years of age for cervical screening services); no income requirements; no insurance, have a deductible, underinsured; inquire to see if you are eligible for FREE office visits, mammograms, Pap smears, HPV testing, and Life Time Risk Assessments.

Phone Number: 618-825-4408

www.health@co.st-clair.il.us

www.cancerscreening.illinois.gov

Illinois Dept. of Healthcare and Family Services

<https://hfs.illinois.gov/>

Information: manage your healthcare benefits, Medicaid renewals, explore child support services, get help to establish paternity.

Illinois Healthy Women

www.illinoishealthywomen.com

Phone Number: 800-226-0768

Covers family planning/birth control for Illinois women ages 19-44.

Lions of Illinois Foundation

700 N. Peace Rd., Suite B., DeKalb, IL

Information: Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments. Has a mobile screening unit; can sometimes help with visual and hearing aids/devices costs.

Phone Number: 815-756-5633

www.lionsofillinoisfoundation.org

Meridian Insurance Find a Provider:

<https://www.ilmeridian.com>

<https://findaprovider.ilmeridian.com/location>

Molina Healthcare Find a Provider:

<https://www.molinahealthcare.com/members/il/en-us/Pages/home.aspx>

Poison Control Center

Provides trusted information and treatment advice on potentially harmful substances. IPC medical experts include physicians, nurses and pharmacists.

Phone Number: 1-800-222-1222

1 In Case of Emergency Call 911 if someone is unconscious or is having difficulty breathing.	2 Remain Calm Most poison emergencies can be resolved quickly over the phone.	3 Call the Helpline Call 1-800-222-1222 if you are concerned that you or someone else has been exposed to a potentially harmful substance.
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Women's Health Helpline

Phone Number: 888-522-1282

Information: Free and confidential resource available to all Illinois women with health related questions.

Health Insurance Help:

<https://www.chestnut.org/chestnut-family-health-center/services/outreach-and-enrollment/>

Chestnut staff have been certified and licensed as Certified Applications Counselors (CAC). The CAC is intended to assist Chestnut Health Systems clients, **as well as non-clients** in applying for insurance coverage at the Health Insurance Marketplace; i.e. Medicaid, etc. CACs will assist the applicants quickly and efficiently in applying for insurance coverage, walking them through the process with care, patience, and compassion, and providing follow up as needed. CACs can be contacted for assistance by calling them at 618-512-1864, and/or emailing them at SR-CAC@chestnut.org. CACs can help either in person, by telephone, or telephonically via Zoom or Teams. Effective 3/20/23, we will have a CAC onsite Monday thru Friday from 7:30 a.m. to 3:30 p.m. at the Northgate location ready and available to help.

When requesting help from a CAC, it is important that you provide the CAC with:

1. Applicants full name
2. Applicants date of birth
3. Applicants contact information

Applicants should be prepared for a meeting with a CAC by having the following available and ready:

1. Social Security Number
 - a. If applying for family coverage, they will need the family members Social Security Numbers.
2. Last 3 paystubs, if available, or proof of income (if employed)
 - a. If applying for family coverage, they will need the family members income as well.
3. Driver's License or State Photo ID

All Kids Insurance

Phone Number: 866-255-5437

<https://hfs.illinois.gov/medicalprograms/allkids.html> www.allkids.com

Information: a health insurance program for children living in Illinois who need insurance. Children must be 18 or younger.

FamilyCare

Phone Number: 1-866-255-5437

<https://hfs.illinois.gov/medicalprograms/allkids/familycare.html> www.familycareillinois.com

Information: coverage to parents living with their children 18 years old or younger. FamilyCare also covers relatives who are caring for children in place of their parents. Income limits apply.

Get Covered Illinois www.getcovered.illinois.gov Here to help you navigate the sometimes confusing world of health insurance.

www.Healthcare.gov marketplace for private insurance plans for you or your family.

Illinois Healthcare Portal

www.health.illinois.gov

One stop source for your healthcare needs. The Healthcare Portal can help families sign-up for affordable health insurance programs and help women find free breast and cervical cancer screenings.

Medicaid Illinois

Phone Number: 877-843-0154

Apply for benefits at <https://abe.illinois.gov>

Information: applying for and managing Medical, SNAP and Cash benefits.

Medicare

Phone Number: 800-633-4227

www.medicare.gov

Information: medical insurance for persons age 65 and older.

Moms and Babies

Phone Number: 866-255-5437

Information: has two programs—Medicaid Presumptive Eligibility (MPE) which offers immediate, temporary coverage for outpatient healthcare for pregnant women. <https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#MPE> Moms and Babies covers healthcare for women while they are pregnant for up to 12 months after the baby is born.

<https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#momsbabies>

Vaccines: <https://www.vaccines.gov/en/> Locates places you can get vaccines in your area.

Hispanic/Latino Helps:

Puentes de Esperanza

8 Executive Dr., Ste. 200, Fairview Heights, IL 62208

<https://hoyleton.org/programs/hispanic-community-support/>

Information: helps Spanish-speaking residents in Southern Illinois find community resources that can help them establish citizenship, build a family, find employment, and more.

Phone Number: (618) 398-0557

Illinois Attorney General (helpline in Spanish) #1-866-310-8398

Illinois Coalition for Immigrant and Refugee Rights

228 S. Wabash, Suite 800, Chicago, Illinois 60604

Information: dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society. Know Your Rights resources; services; events.

Phone Number: (855) 435-7693

www.icirr.org/riseup

Illinois Eyes on ICE: www.icirr.quorum.us/campaign/ileyesonice/ The Illinois "Eyes on ICE" Text Network is ICIRR's text alert system around verified ICE activity. Network participants will receive:

- Verified reports of local ICE activity near your area as soon as possible*
- Tips and reminders to keep yourself and your neighbors safe
- Ongoing updates related to Know-Your-Rights information
- Opportunities to organize, advocate and take action

National Immigrant Justice Center (NIJC): www.immigrantjustice.org

Our advocacy and legal services teams keep families together, free people from the dangers of immigrant detention, and prevent asylum seekers and long-time community members from being deported based on unjust laws and illegal government Actions.

The Immigration Project

P.O. Box 1503, Bloomington, IL 61702-1503

info@immigrationproject.org

<https://www.immigrationproject.org/contact-us/>

Information: The Immigration Project utilizes a rural-regional service model to provide affordable, accessible, and high-quality immigration legal services to the immigrants living in our 86 county service area. Provides: attorney consultations on immigration issues; citizenship application workshops; social services like help with translation and interpretation, preventing eviction, accessing healthcare and more.

Phone Number: 309-829-8703

X102 and leave a message.

Home Buying Helps (reach out to a local bank; check out these resources below)

<https://gov.illinois.gov/news/press-release.30183.html>

<https://www.ihdamortgage.org/homebuyers>

<https://www.ihda.org/my-home/getting-an-ihda-loan/>

<https://www.fha.com/first-time-home-buyers-state/illinois>

<https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-direct-home-loans/il>

Hotlines:

211 – Helpline that can connect individuals and families with local community services, 24/7.

988 – Suicide and Crisis Lifeline to connect to the closest crisis center in area, 24/7.

Child Abuse Helpline, #1-800-252-2873 (helps kids/adults who are worried about kids they suspect are being abused)

Disaster Distress Helpline, #1-800-985-5990 (counseling/support to people experiencing emotional distress related to natural or human-caused disasters)

Eating Disorders Hotline, #1-888-375-7767 (Peer-led support and referrals for those experiencing an eating disorder)

Elder Abuse Hotline, #1-866-800-1409 (for reporting suspected abuse, neglect or exploitation of people with disabilities ages 18-59 and seniors living in Illinois)

Friends for Survival Suicide Loss Helpline: Ph#800-646-7322, www.friendsforsurvival.org

HIV/AIDS & STD Hotline, #800-243-2437

IL Dept. of Veterans Affairs, #1-800-437-9824

Illinois Helpline, #1-833-234-6343 (connects people with opioid and other substance use disorders with providers, resources, and support)

Illinois Poison Control, #1-800-222-1222 (24/7 access to info and treatment advice on potentially harmful substances)

Illinois Warm Line, #1-866-359-7943 (receive support for you or family with mental health/substance use challenges)

LGBT National Hotlines: Ph#888-843-4564 www.lgbthotline.org Youth (under 25): Ph#800-246-7743; Seniors (50+): Ph#800-246-7243

National Coming Out Support Line: Ph#888-688-5428 www.lgbthotline.org

National Council on Problem Gambling: Ph#800-522-4700

National Domestic Violence Helpline, #1-800-799-7233 (help for those being emotionally/physically abused by a partner)

National Human Trafficking Hotline, #1-888-373-7888 (provides support to victims of trafficking)

National Parent Helpline: Ph#855-427-2736, www.nationalparentyouthhelpline.org

National Runaway Safeline, #1-800-786-2929 (call for help if you or a friend are thinking of or have runaway and need help)

National Sexual Assault Hotline, #1-800-656-4673 (for help with rape, sexual abuse & incest)

Overeaters Anonymous: Ph#505-891-2664, www.oa.org

Poison Control, #1-800-222-1222 (for help with poison information or ingestion advice)

Problem Gambling Helpline, #1-800-426-2537 (help for your problem situation with gambling)

Safe2Help, #1-844-472-3345 (offers students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence or other threats to school safety.)

SAMHSA, #1-800-622-4357 (for help finding mental health or substance use treatment)

The Trevor Project, #1-866-488-7386 (LGBTQ crisis line)

USDA Hunger Hotline, #1-866-348-6479 (helps find food resources like food banks, meal sites, & other social services near you)

Veterans Crisis Line, dial 988 then press 1

Housing/Financial Assistance/Homeless Shelters:

BCMw Community Services

625 N. Second Street, Breese, IL

Information: The Transitional Housing Program is a supportive housing program for homeless families. Participants are provided a subsidized transitional housing unit to live in while they actively work on goals that will make them self-sufficient. Target areas include income, employment, education, transportation, child care, health and housing. The ultimate goal of the program is for families to be able to obtain and remain in affordable permanent housing. The Rental Housing Support Program is a rent subsidy program, similar to the HUD voucher program, that targets extremely low-income renters. www.bcmw.org

Phone Number: 618-526-7123

Mondays-Thursdays, 8am-4pm

Carlyle Ministerial Alliance

Provides funds to help ones in the Carlyle Unit School District One in meeting financial needs (rent..).

Phone Number: 618-594-205

Charity Home Ministries

Belleville, IL

Services: providing safe, stable, and appropriate transitional housing, education, mentoring, and resource connections to pregnant or parenting teens.

Phone Number: 618-300-0771

<https://charityhome.org>

Eviction Help Illinois

Services: free legal aid, mediation services, and connections to other resources such as rental assistance to increase housing stability. www.evictionhelpillinois.org

Phone Number: 855-631-0811

Family Life Shelter

12580 N. Sparrow Lane, Mt. Vernon, IL

Services: shelter to help people get on their feet. Can help with ID's, jobs, vehicles, and homes. Open 24 hours.

Phone Number: 618-242-2002

<https://familylifemtv.com/family-life-shelter>

Germantown General Assistance

705 Prairie Street, Germantown, IL

Germantown Residents only. Basic needs assistance for adults with no children, rent and mortgage. Call for an application to be filled out and taken to a case worker.

Phone Number: 618-971-7695

Good Samaritan House

1825 Delmar Ave., Granite City, IL

Services: provides unhoused mothers and their children with guidance, shelter, and hope.

Phone Number: 618-876-0607

<https://www.goodsamhouse.org/>

Good Samaritan Ministries

701 S. Marion St., Carbondale, IL

Services: provides emergency shelter, transitional living program, soup kitchen, food pantry and emergency assistance.

Phone Number: 618-457-5794<https://goodsamcarbondale.com/>**Illinois Attorney General Homeowner Helpline: 1-866-544-7151****Landlords of Rental Properties** (not a complete list; contact local Village Halls for their lists)**Income Based:**

Lakeside Villas (only seniors age 55+), Carlyle	#217-717-9476
Maplewood Estates, Centralia	#618-545-0219
Centralia Meadows, Centralia	#618-335-8912
Village Apartments, Centralia	#618-532-8971
North Cherry Court Apartments, Breese	#618-406-6129
McKay Manor, Breese	#844-373-7814
Diamond Senior Apts. (seniors age 55+), Breese	#217-717-9476
Shawnee Enterprises	#618-997-5365

Other: (landlords—call to see what/where they might have property available or coming soon)

Coachlight Apartments, Beckemeyer, #813-633-3740
Gary Grapperhaus, #618-227-8281
Wilken Development, #618-830-4985 (Cedarpoint in Carlyle;)
Paul Watkins, #618-972-0618
Clyde Dorries, #618-920-5550
Kues Bros. Realty, #618-228-7395
Bernie Johnson, Goldman Properties, Breese, #618-918-3731
Westgate Apartments, Carlyle, #618-469-0469 (MACO Management)
Poos Drive Apartments, New Baden, #618-257-7675
Thrive Properties, Carlyle/Beckemeyer/Breese... #618-795-6335

Lifeboat Alliance

1717 Jefferson Avenue, Mt. Vernon, IL

Information: offers a home for the homeless providing a temporary refuge from life's storms, be it shelter from the elements, basic necessities, safety, tools of self rescue, and to share the love of Christ to those in need.

Phone Number: 618-244-4088www.lifeboatalliance.org**Low Income Home Energy Assistance Program (LIHEAP):**

Helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to manage home energy bills, energy crises, weatherization, and energy-related minor home repairs. The program helps you keep warm in the winter and cool in the summer reducing the risks to health and safety that arise from poor heating and cooling practices. Apply at your local BCMW office or online at [Energy Bill Help](#).

Looking Glass General Assistance

3113 Leisure Street, New Baden, IL

New Baden Residents only. Basic needs assistance for adults with no children.

Phone Number: 618-588-4888 or
618-588-7148**McKinney-Vento Act**

% Regional Office of Education #3

1500 W. Jefferson Street, Vandalia, IL

Information: If you are staying temporarily with someone else because you lost your housing, or staying in a motel, campground, shelter, or in an outside or inadequate place, you and your children have special rights at school. If you need assistance getting services for our child from your school, please reach out for help.

Phone Number: 618-283-5011**St. Rose General Assistance**

14446 Baumann Road, St. Rose, IL

St. Rose Residents only. Basic Needs Assistance for Adults with no children.

Phone Number: 618-654-2236**Recovery Housing (None in Clinton County):****Nearest Oxford Houses:** www.oxfordvacancies.com

Collinsville (men/women), Belleville (men), Granite City (men/women), Fairview Hts. (men), Mt. Vernon (women), O'Fallon (women), Maryville (men)

Chestnut Health Systems Supportive Housing:

Sober House Directory: www.soberhousedirectory.com/homes/?query=Illinois

Salvation Army Homelessness Services (Midwest Central Region) **Phone Number:** 800-725-2769

The Salvation Army USA MidWest offers safe shelter to homeless and near-homeless individuals. This program provides: Shelter / Emergency housing- Transitional housing...

Stop Foreclosure

Phone Number: 888-770-7312

Do you need to stop foreclosure? Are you behind on mortgage payments? Are you looking for a loan modification that will lower your house payments? The Mortgage Relief Hotline can offer help and free advice.

TANF (Temporary Assistance for Needy Families): apply at local DHS office or online at

<https://www.dhs.state.il.us/page.aspx?item=30358>. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

USDA Rural Development-Single Family Housing Programs

<https://www.rd.usda.gov/programs-services/single-family-housing-programs>

Gives families and individuals the opportunity to buy, build, or repair affordable homes located in rural America. Eligibility for these loans, loan guarantees, and grants is based on income and varies according to the average median income for each area.

Human Trafficking

Eden's Glory/Foster Kairos

PO BOX 164 Maryville, IL 62062
214 N. 3rd Street, Greenville, IL 62246

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

Phone Number: 314-312-3539

Email: healing@edensglory.org

National Human Trafficking Hotline

Phone Number: 888-373-7888

www.humantraffickinghotline.org/en/statistics/illinois Human trafficking is a form of modern slavery that occurs in every state, including Illinois. The NHTH works closely with service providers, law enforcement, and other professionals in Illinois to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources.

Restoration 61

www.restoration61.org

Phone Number: 618.841.6427

1001 N. Main, Harrisburg, IL, 62946

We are dedicated to restoring lives affected by human trafficking and exploitation and to impacting communities to take action. *Our services are FREE and fully confidential:* Crisis Intervention, Advocacy, Case Management, Groups, Clinical Services, Outreach, and community presentations.

TigerLili

Phone Number: 636-219-9545

www.tigerliliresources.org

The House of Rahab is an emergency placement safe home for adult females who have been sexually exploited or trafficked. 100% free to participants. Based in Illinois near St. Louis.

Judicial/Legal/Law Enforcement:

C.A.S.A. (Court Appointed Special Advocates) of Southern Illinois **Phone Number:** 618-998-2291

407 N. Monroe St., 3rd Floor, PO Box 972, Marion, IL 62959

1-800-25ABUSE

Information: CASA of Southern Illinois, a non-profit organization, and member of the National and Illinois CASA Associates, advocates for the best interest of children who have been abused and neglected. Based on the belief that children are entitled to a safe and permanent home, CASA works in collaboration with legal counsel and community resources to serve as the child's advocate and represent the child in juvenile court. Court Appointed Special Advocates of Southern Illinois is comprised of dedicated volunteers, trained to assist our children in need. As a result of our volunteers, extremely vulnerable children and youth are supported by our caring and committed advocates, providing reassurance and stability through the sea of case workers, attorneys, therapists and care givers. Volunteers must be 21 years of age or older and complete a training.

<https://www.casawilliamsoncounty.com/our-mission.html>

Clinton County Courthouse

8850 Fairfax St., Carlyle, IL

Circuit Clerk: Rod Kloeckner, Ph#618-594-6615

State's Attorney: J.D. Brandmeyer Ph#618-594-6645

<https://clintonco.illinois.gov/>

County Clerk & Recorder: Vicky Albers, Ph#618-594-6620
Probation Dept./Drug Court: Ph#618-594-6635

Clinton County Sheriff's Department
810 Franklin Street, Carlyle, IL

Phone Number: 618-594-4555
<https://clintonco.illinois.gov/county-offices/sheriff/>

Land of Lincoln Legal Aid

8787 State Street, Suite 201
East St. Louis, IL 62203

<https://www.illinoislegalaid.org/>

Phone Number: 877-342-7891

Hours: Mon – Thurs: 9 am to 4 pm
Friday: 9 am to 1:30 pm

Information: provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs. Areas services provided: Consumer Law, Family Law, Education Law, Elder Law and Disability Rights, Health & Economic Security, Housing Law, and Expungement & Sealing of Criminal Records. To apply for services, call Legal Advice and Referral Center (LARC) #(877) 342-7891, Hours: Mon – Thurs: 9 am to 4 pm, Friday: 9 am to 1:30 pm. Advice/referral center for housing Issues (utility shut-offs, trouble getting landlords to make repairs), family issues (orders of Protection, custody cases), Consumer issues (debt collection, repossession), public benefits/health issues (TANF, SSI, General assistance, food stamps, Medicaid, Medicare). EVICTION & FRESH START PROJECT HOTLINE, Hours: Mon – Fri: 9 am to 4 pm, Toll Free: (855) 601-9474.

Local Police Departments: (for emergencies, dial 9-1-1)

Albers Police, 206 West Dwight Street, Albers, #618-248-5156, Chief Brian Vielweber
Aviston Police, 149 Page Street, Aviston, # 618-594-4555, Chief Tony Falconio
Beckemeyer Police, 191 East First Street, Beckemeyer, # 618-594-4555, Chief Jonathon LeCroy
Breese Police, 500 North 1st Street, Breese, # 618-526-7226, Chief Mark Berndsen
Carlyle Police, 2111 West Lake Drive, Carlyle, #618-594-2488, Chief Mark Pingsterhaus
Centralia Police, 141 N. Harrison Street, Centralia, #618-532-4779, Chief Christopher Locke
Germantown Police, 306 Prairie Street, Germantown, #618-523-4226, Chief Dean Darnall
New Baden Police, 100 East Hanover Street, New Baden, #618-588-7741, Chief Chuck Mackin
Trenton Police, 25 West Indiana Street, Trenton, #618-224-9226, Chief Chris Joellenbeck

Office of the State Appellate Defender Expungement Unit

Phone Number: 866-787-1776

400 W. Monroe, Suite 202, Springfield, IL 62704

Information: People with qualifying arrests and convictions may petition the court of their sentencing county to expunge or seal their records. The office of State Appellate Defender can answer your questions regarding eligibility for expungement and sealing. Contained in this site is an overview explaining the process and worksheets to determine if you qualify to expunge or seal your record. The Office of the State Appellate Defender cannot represent you on a petition to expunge or seal your records. To contact them with questions, or to request a copy of the overview, worksheets and/or forms you may email, call or write. Be sure to include your mailing address if requesting materials to be mailed to you. All forms and information may also be downloaded. <https://www2.illinois.gov/osad/Expungement/Pages/default.aspx> Email: Expungement@osad.state.il.us

LGBTQIA+ Resources

Community Wellness Project

906 Olive St., Ste. 200, St. Louis, MO 63101

Phone Number: 314.421.9603

www.cwpstl.org

Information: Committed to promoting and increasing health equity. serving the nations' disadvantaged, under-represented, and under-served racial/ethnic minority populations through the development of multi-faceted programming designed to address health disparities, prevention services and wellness education.

Edwardsville Pride Inclusivity Center

<https://www.edwardsvillepride.org/resources-and-links>

Information: EPICenter for short, was started from the desire to provide resources, information, and support to the LGBTQIA+ community, and to educate and speak out for the community to the Edwardsville area at large, from the perspective and under the guidance of the LGBTQIA+ community itself.

Epworth Children & Family Services

110 N. Elm Ave. in Webster Groves, Missouri

Phone Number: (314) 918-3454

<https://www.epworth.org/services/lgbtqi/>

Information: provides support and resources to LGBTQI+ youth through education and experience sharing.

GLAAD

<https://glaad.org/resourcelist/>

HIV Care Connect

<https://hivcareconnect.com/>

Illinois HIV Care Connect is a program of the Illinois Department of Public Health (IDPH), which is responsible for administering Part B of the Ryan White HIV/AIDS Program. Illinois HIV Care Connect is a comprehensive network of health care and support services for HIV+ individuals that is coordinated by eight regional administrative offices covering all of Illinois' 102 counties.

Hoyleton Youth & Family Services
<https://hoyleton.org/dei/sexual-orientation/>

<https://hoyleton.org/lgbtq-youth-resource-guide/>

IL Pride Connect Resource Hub <http://www.ilprideconnect.org/>

IL Pride Connect will inform individuals of their rights and connect them to health and social services support; Provides two key tools: a digital resource hub and a free legal hotline. Legal Hotline: 855-805-9200, Hours: Monday–Thursday, 9 a.m.– 4 p.m.

Metro East Pride

PO Box 794, Belleville, IL 62222

<https://www.metroeastpride.org/>

Information: purpose of Metro East Pride is to advance unity, visibility and wellness among persons with diverse sexual and gender identities through cultural and educational programs, sharing of information and resources, and social activities in the Metro East area including the annual Metro East Pride Fest —celebrating the present, envisioning the future and honoring the past.

Modern Military Association of America

<https://modernmilitary.org/>

Information: a united voice for LGBTQ+ military and veteran communities. Modern Military works to uphold and expand the civil rights progress made on behalf of LGBTQ+ service members, veterans, and their families through education, advocacy, support networks, and discrimination tracking.

OutCare Health

<https://www.outcarehealth.org/>

Information: resource to find LGBTQ+ friendly and affirming doctors or healthcare providers

The Trevor Project

<https://www.thetrevorproject.org/resources/>

Information: LGBTQ+ Mental Health Resources. You matter. Let's keep you thriving. The Trevor Project offers several resources supporting the mental health of LGBTQ+ young people, including self-care guides and articles regarding mental wellness.

Narcan (places to find FREE Narcan within Clinton County)

- The Recovery Shop, 511 9th Street, Carlyle, IL (9am-5pm)
- Call Sheridan Johnston with Take Action Coalition of Clinton County and she can get some to you, ph#618-789-3711.

Nursing Homes/Assisted Living/Senior Services

Nursing Homes/Housing for Elderly/Disabled:

Breese Nursing Home, 1155 N 1st St., Breese, IL, Ph#618-526-4521, www.breesenursinghome.com

Carlyle Healthcare, 501 Clinton St., Carlyle, IL, Ph#618-594-3112, <https://carlylehcc.com/>

Cedarhurst Senior Living, 13887 Progress Dr., Breese, IL, #618-526-9600, <https://www.cedarhurstliving.com/>

Centralia Manor, 190 E. McCord St., Centralia, IL Ph#618-533-1200 www.libertyvillageofcentralia.com

Clinton County Senior Services, Carlyle, IL, Ph#618-594-2321 (Meals on Wheels, congregate meals, activities, veteran affairs)

Clinton Manor Living Center, 111 E. Illinois, New Baden, IL, Ph#618-588-4924, <https://clintonmanorlivingcenter.com/>

Countryside Manor, 450 W. 1st St., Aviston, IL, #618-228-7615, <http://www.palladianmgt.com/aviston-countryside-manor/>

Liberty Village/Liberty Estates, 1910 E. McCord St., Centralia, IL Ph#618-533-1200, www.libertyvillageofcentralia.com

Plaza Verde Apartments, 1200 W. 4th St., Centralia Ph#618-532-6721

The Villas at St. James, 14335 Jamestown Rd., Breese, IL, Ph#618-613-4316,

<https://www.meridiansenior.com/senior-living/il/breese/villas-at-st-james/>

Trenton Village, 980 E. Broadway, Trenton, IL, Ph#618-224-9465, <https://trentonvillageretirement.com/>

Villa Catherine, 491 Clinton St., Carlyle, IL, Ph#618-594-8363, <https://carlylehcc.com/villa-catherine/>

Other Senior helps:

Western Clinton County Senior Services, Trenton, IL, Ph#618-224-9913 (Meals on Wheels, carry-outs, activities)

Meals on Wheels-Clinton County Senior Services, 630 8th St., Carlyle, IL, Ph#618-594-2321(meals, activities, speakers, benefit access, SHIP counseling, Medicar/Medicaid/Part D Prescription help, telephone reassurance, options counseling, and more)

AgeSmart: <https://www.agesmart.org/>

Alzheimer's Association: www.alz.org/illinois

Alzheimer's.gov: www.alzheimers.gov

Cemetery or Funeral Oversight: IL Dept. of Financial and Professional Regulation; To request information or make a complaint about a cemetery, call #1-888-756-8331 or visit www.idfpr.com.

Compare Providers Near You: www.medicare.gov/care-compare/ (see each's 5 star rating)

Eldercare Locator: Ph#800-677-1116

Help at Home, 626 Wesley Drive, Unit 626, Wood River, Ph#618-258-1155 www.helpathome.com

Hospice of Southern Illinois, 333 S. Illinois, Belleville, Ph#618-222-5905, www.hospice.org

HSHS Home Care/Hospice Services, #800-551-6566, www.hshshomecare.org

Illinois Department on Aging: <https://ilaging.illinois.gov/>

Illinois Attorney General Senior Consumer Fraud Hotline: #1-800-243-5377

Illinois Department on Aging Senior Helpline: 1-800-252-8966 www.state.il.us/aging

Illinois Department on Aging Protective Services Hotline (formerly the Elder Abuse Hotline):

Call the 24 hour hotline at 1-866-800-1409 (TTY: 1-888-206-1327)

Nursing Home Hotline: 1-800-252-4343 (To file a complaint against a nursing home)

Senior Helpline, #1-800-252-8966

Parks & Recreation (free/public use)

Albers: Lehrter/Jaycee Park, 500 Park Avenue

Aviston: Village Park, 149 S. Page

Bartelso: Village Park, North Street/N. B Street

Beckemeyer: Community Development Club Park, Murray Street

Breese: Jaycee Park, 63 Mater Dei Drive/Germantown Road
Northside Park/Hannah's Playground, Walnut/10th Streets (**inclusive!**)

Southside Park, 960 S. Broadway

Carlyle: Eldon Hazlet State Park, 20100 Hazlet Park Rd

Carlyle Lake (Dam East/Dam West Beach/Rec areas), Lake Road

City Park (home of Christmas Lights) 1096 Lake Road

Fish Hatchery Park, 850 Franklin Street

General Dean Suspension Bridge, 501 1st St., Carlyle, IL

McNair Beach, Old US Hwy. East out of town

South Shore State Park, Saddle Dam 2 Road

Spillway Recreation Area, Old US Hwy. 50 out of town

Germantown: Lake Park, Munster Street/Rt. 161

Schoendienst Park, East Street/Sycamore Street (east end of street)

Hoffman: Village Park, Huey Road

New Baden: Village Park, 1 E Hanover St (**inclusive!**)

St. Rose: Village Park, St. Rose Road

Trenton: Village Park, 14 West Broadway

Northland Nature Preserve, 611 N. Tyler Street

Note: also check out school playgrounds in each town.

Pregnancy Supports

Pregnancy Care Clinic

319 E. 17th St., Centralia, IL

302 N. Walnut, Salem, IL

Information: offers confidential services related to pregnancy and sexual health. Services: abortion pill reversal, adoption and adoption information, after abortion services, clothing and food assistance, counseling, healthcare, maternity clothes and baby items, parenting classes, peer-to-peer support, pregnancy options, pregnancy testing, STD/STI testing, STD/STI treatment, support for men, limited ultrasound.

Phone Number: 618-532-3111 (Centralia)

618-548-3111 (Salem)

<https://pregnancycc.com/>

Pregnancy Support Center

116 S. Second Street, Greenville, IL

Information: The Pregnancy Support Center exists to aid the woman who may be unaware of the alternatives to abortion. The Pregnancy Support Center provides counsel for her family and, upon request, the father of the child. Services: Peer counseling and friendship, free pregnancy tests, education on pregnancy, abortion and alternatives, housing for homeless clients with

Phone Number: 618-664-3799

<https://bcpregnancy.weebly.com/contact.html>

Christian families, clothing and furnishings for both mother and baby, information on breastfeeding, referrals for adoption and foster care, referrals for medical care/legal assistance, childbirth classes, continuing education and social services, informational speaking engagements, abstinence education and counseling, resource library: videos, books and brochures.

Relevant Pregnancy Options Center

2654 Plaza Dr., Highland, IL

Information: offers services that will assist you in making an informed decision regarding your unplanned pregnancy. Free, Lab-Quality Pregnancy Testing, Parenting Resources and Classes, Abortion Education, Adoption Information, Post-Abortion Support, Fatherhood Support, and Maternal Support.

Phone Number: 618-654-3732

<https://relevantoptions.org/services/>

St. Anne Cradle of Hope

2015 W. Main Street, Suite B

Carbondale, IL 62901

Information: provides materials and emotional support to pregnant mothers, young mothers, and families in need throughout Southern Illinois. www.stannecradleofhope.org

Phone Number: 618-722-5022

Mondays & Wednesdays, 10am-2pm

Prescription Drug Take Back Locations in Clinton County: Drop-off your unused or unwanted prescription medications like tablets, capsules, patches, and other solid forms of prescription drugs.

New Baden Police Department: does not accept liquids; drop box in lobby.

Trenton Police Department: drop box in lobby 24/7; does not take needles/sharps, liquids, or pressurized canisters.

Breese Police Department: does not take needles/sharps, liquids, or inhalers;

Wamac Police Department: will accept everything, including needles/sharps. Open 24/7.

Centralia Police Department: will accept everything, including needles/sharps. Open 24/7

Clinton County Sheriff's Department-Carlyle: will accept everything except needles/sharps, liquids, and aerosols. Press the HELP button in the lobby for assistance.

Family Care Pharmacy-Breese, IL

Support Groups: (see our separate local Recovery Meeting list)

Adult Children of Alcoholics (ACA), www.adultchildren.org

Al-Anon & Alateen Family Groups, www.al-anon.org

Alcoholics Anonymous, www.aa.org (find a meeting near you or look at TAC's Recovery Meeting List)

Celebrate Recovery, www.celebraterecovery.com (find a meeting near you)

Information: Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life. Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction or any kind - - worry, anxiety, anger, finances, eating issues, control issues, denial, people pleasing, workaholism, codependency, alcoholism, perfectionism, fear, drugs, low self-esteem, grief, pornography - any hurt, habit, or hang up. Child care provided. 5:30pm Free Meal, 6:15pm large group, 7:15pm small groups.

www.compassionatefriends.org Grief support group.

Co-Occurring Disorders Group (NAMI)

Hybrid meeting (in person and virtual); led by peers (persons with mental illness); for ages 18 & up; meets weekly on Wednesdays at 6:30pm (begins 11/5); email ifarley@namiswi.org for link or location.

Depression and Bipolar Support Alliance

Support Meetings Mondays at 7pm at the Blessed Saviors Lutheran Church,
1205 N. Lincoln, O'Fallon, IL 62269 (enter through brick side double doors to basement)

Information: provides an opportunity to hear and talk to others about mood disorders, to begin new friendships, and be updated on the latest research information and new therapy treatments. Meetings focus on the daily coping skills necessary to manage the disability and to live a full, productive, and quality life.

Phone Number: 618-795-2120 (Sierra) or
618-792-6967 (Ellen)

www.dbsalliance.org

Emotions Anonymous of Clinton County

<https://www.facebook.com/profile.php?id=61554230392575>

Information: 12-step program to help individuals improve their mental health and well-being. Mission is to support individuals with emotional difficulties in their efforts to live more manageable lives. Will meet at 6pm the 1st, 2nd, and 3rd Mondays via Zoom and in person at 511 9th Street, Carlyle, IL. The 4th Monday it meets via Zoom and in person at 419 S. Clinton Street, Breese, IL.

www.emotionsanonymous.org

Family Support Warmline

Serving Clinton County

Information: A warm call line where experienced volunteers help families with resources as they support a loved one with a substance or alcohol problem.

Phone Number: 618-567-6095

<https://www.facebook.com/profile.php?id=100066781765346>

Grief Recovery After A Substance Passing (GRASP): no local groups here but if interested in starting one,

Contact: administrator@grasphelp.org <http://grasphelp.org/>

Griefshare: a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Find a GriefShare support group or event near you.

www.griefshare.org

Heartlinks Grief Center

5110 West Main, Belleville IL

Information: Monthly grief support for kids, teens, and adults. Meetings are typically held at 6:30 p.m. on the first Monday of every month (subject to change based on holidays – check our newsletter and the Heartlinks Facebook website for confirmed dates) at the Heartlinks Grief Center in Belleville.

Phone Number: 618-277-1800

www.myheartlinks.com

Illinois Helpline for Opioids and Other Substances

www.helplineil.org

Phone Number: 833-234-6343

Illinois Warm Line

Information: If you or one of your family members has mental health and/or substance use challenges and would like to receive support by phone, call the Illinois Warm Line at 866-359-7953. Wellness support specialists are professionals who have experienced mental health and/or substance use recovery in their own lives.

Phone Number: 866-359-7953

In The Rooms (ITR) Online Communities and Meetings:

Information: ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://www.intherooms.com/home/>

Life Ring Secular Recovery www.lifering.org

Their 3-S Philosophy: Sobriety-means abstinence from alcohol and other addictive drugs, unless medically indicated and taken as prescribed. LifeRing views medically-assisted recovery as a decision made between patients and their treatment Providers; Secularity-Out of respect for people of all faiths and none, LifeRing conducts meetings in a secular way, meaning LifeRing does not use prayer or religion; Self-Empowerment-Recovery is based on self-empowerment, motivation, and individual efforts. Each person decides what works and builds their sobriety upon that foundation.

Living FREE 12 Step Recovery

(house across from Tamalco Church)
1798 Tamalco Avenue, Keyesport, IL

Information: This is an open inclusive meeting discussing the 12 steps of Recovery.

Phone Number: 618-381-0831

Contact: Monique Brunious
Tuesdays, 6pm

Nar-Anon: <https://nar-anon.org> + **NaraTeen**

Primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you; a 12 step program for families of addicted loved ones.

Narcotics Anonymous, www.na.org (find a meeting near you or look at TAC's Recovery Meeting list)

Overeaters Anonymous: www.oa.org, #505-891-2664, A community of people who support each other in order to recover from compulsive eating and food behaviors.

PAL (Parents of Addicted Loved Ones) Group

A nonprofit that provides hope through education and support to parents or friends of adults or loved ones dealing with substance use disorder. The free weekly meetings follow evidence-based practices, and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry. Lots of options for virtual online meetings.

Website: www.palgroup.org

Project Hope

16580 Old State Road
Carlyle, IL

Information: Night begins with prayer and worship. The Project Hope program is based on God's word to assist in daily healing and adjusting to life's problems. After prayer and worship, there is open group discussion on the evening's topic, followed by

Phone Number: 618-594-2200

Wednesdays, 7:00pm

<https://www.lifechurchcarlyle.com/project-hope.html>

snacks and fellowship.

Recovery 360

<http://www.recovery360.org/>

Referral guidance, intervention recovery, aftercare; Family support group 3rd Thursday of the month, 6pm, hosted at Our Lord's Lutheran Church, 150 Wilma Dr., Collinsville, IL, call 618-234-7312

Phone Number: 314-435-1101

Safe2Help Illinois

offers students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence or other threats to school safety. Available 24/7, Call 844-4-SAFEIL (723345); Text SAFE2 (72332), www.Safe2helpil.com

SMART Recovery, www.smartrecovery.org, (find a meeting near you or look at TAC's Recovery Meeting list) *Information:* The goal of SMART Recovery is for you to achieve a health, positive and balanced lifestyle and to "move on" when you feel confident your addictive behavior is behind you, rather than remaining a permanent participant in the program.

Take Action Coalition of Clinton County

<https://www.facebook.com/TakeActionCoalitionOfClintonCounty>

Information: working to build substance misuse and mental health recovery supports in the community; can inform you of area resources; has free Narcan/Rescue Kits; can do trainings for employees, staff, groups. www.takeactioncoalition.com

Phone Number: 618-789-3711

Contact: Sheridan Johnston

The Living Room ...A Peaceful Escape

505 South 8th Street, East St. Louis, IL

This is a safe space for guests to calmly process a crisis event, learn and apply wellness strategies, and receive peer support that will help them avoid and prevent future crisis situations. Services available regardless of ability to pay.

Phone Number: 618-261-7050

www.cbhc.org

Three Amigos

Helping the Loved Ones of Addicts

Phone Number: 618-792-2242/618-304-4696

We Know the Feeling (Problem Gambling)

Information: If you or someone you know is suffering from gambling disorder, call text GAMBLER TO 833234.

<https://www.findhelp.org/illinois-department-of-human-services--chicago-il--we-know-the-feeling--gambling-addiction-support/5092916706672640?postal=61101>

Phone Number: 1-800-426-2537

Women for Sobriety www.womenforsobriety.org

Women for Sobriety (WFS) is the first peer-support program tailored specifically for women overcoming substance use disorders (SUDs). With online, location-centered and Click 'n Go meetings, the New Life Program provides supportive, empowering, secular, and life-affirming principles that address the unique needs and challenges of women in recovery.

Women's Group (NAMI)

Weekly via Zoom on Thursdays at 7pm; in-person the 4th Saturday of the month at 3pm; email hkapp@namiswi.org for link or location.

Transportation:

South Central Transit

12778 Drive-In Road Breese, IL

Public transportation. Wheelchair accessible. Daily shuttle services are available as well as scheduled ride services.

Phone Number: 618-526-7431 or 800-660-7433 for scheduling

www.southcentraltransit.org

First Transit - Med Car

Information: transportation coverage for standard Medicaid appointments (not Illini, Molina, etc.).

Phone Number: 877-725-0569

Friends Van-HSHS Hospital in Breese and Highland

Call #618-526-8254, for scheduling.

Program provides free transportation for medical, dental, and personal appointments. Medical appointments take priority, which include visits to physicians, dentists, chiropractors, pharmacies, and St. Joseph's Hospitals. The Friends Van service area includes the following towns: Alhambra, Albers, Aviston, Bartelso, Beckemeyer, Breese, Carlyle, Centralia, Damiansville, Germantown, Highland, Grantfork, Keyesport, Marine, New Baden, Pierron, Pocahontas, St. Jacob, St. Rose, Trenton, Troy.

Treatment Centers for Substance & Alcohol Use (call to see if they take your insurance and have any beds open) (**Places offering Medication Assisted Recovery/Treatment listed in red**)

Alcoholic Rehabilitation Community Home (ARCH)

1313 21st St., Granite City, IL

Information: a Level III.1 extended care residential treatment center providing individualized care for men struggling with substance use disorders.

Phone Number: 618-877-4987

www.archhouse.org

Alton Memorial Hospital

1 Memorial Drive, Alton, IL

Offers a **Warm Handoff Program** out of the **Center for Behavioral Health and Addiction Medicine**. The program offers help to adults who present to their Emergency Department and are in active withdrawal from opiate or alcohol addiction.

Call patient navigator at (618) 463-7780

www.altonmemorialhospital.org

BJC Memorial Hospital Medical Stabilization Program

4500 Memorial Drive, Belleville, IL

Information: offering medical detox and peer recovery specialist support, **MAR**—can also initiate Vivitrol for alcohol or Suboxone for opiates during detox.

https://memhosp.org/medical-stabilization/?fbclid=IwAR20gBXLd0PF6eqz6dEkII_K8_wg-GdcAnjakm1M9iHbAv9wnINSWsmUrlw

Phone Number: 618-257-5341

CenterPointe Hospital

4801 Weldon Spring Parkway, St. Charles, MO

Provider of acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental, behavioral health, substance or alcohol addiction challenges. <https://www.centerpointehospital.com/>

Phone Number: 888-508-2813

Centerstone Mental Health & Addiction Services

2615 Edwards Street, Alton, IL 62002

Information: mental health counseling and substance use disorder treatments to residential and inpatient care, we provide you and your loved ones with the care and services needed to live a happy and healthy life. Centerstone's Treatment, Recovery, education, Awareness and Training (TREAT) is a substance use program for individuals age 10-25 who live in Illinois. The program offers four types of intervention: Early Intervention, Dimensions for tobacco/nicotine use, Matrix for alcohol and other substances, and **Medication-Assisted Treatment (MAT)** when appropriate (Methadone, Suboxone, Vivitrol). These interventions provide the tools, skills and support to aid clients in making positive changes. Those enrolled in TREAT also have access to Recovery Specialists—professionals who are there to support clients in their recovery journeys. TREAT assists youth and young adults to avoid, reduce, or eliminate substance and nicotine use while also working to help with mental health disorders, decrease criminal and juvenile justice system involvement, access care and support, and provide individual and family education and support.

Phone Number: 1-877-467-3123

<https://centerstone.org/locations/illinois/#nav-illinois>

Chestnut Health Systems

50 Northgate Industrial Drive, Granite City, IL

www.chestnut.org

Has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services. **Vivitrol & Suboxone therapies**. Ambulatory Withdrawal Management at their Maryville location, Referral #618-877-4420.

Phone Number: 618-877-4420

Crisis After Hours: 618-877-0316

Comprehensive Behavioral Health Center

505 South 8th Street, E. St. Louis, IL 62201

Opiate & substance treatment services; **Methadone clinic**.

Phone Number: 618-482-7330

www.cbhc1.org

Comprehensive Connections

16338 N. IL Hwy. 37, Mt. Vernon, IL

Information: Detox, Residential, and outpatient treatment.

Phone Number: 618-242-1510

Crisis Line: 618-242-1512

Comwell (Medication Assisted Treatment)

109 W. Elm, Okawville, IL

Suboxone treatment managed via telehealth at their Okawville office.

Phone Number: 888-855-0034

Gateway Foundation

600 W. Lincoln Avenue, Caseyville, IL

Offers a full continuum of care across a wide range of clinical settings, so no matter where a patient is in life or recovery, a program can be personalized for them. **Methadone, Buprenorphine, and Naltrexone therapies**.

Phone Number: 312-663-1130

<https://www.gatewayfoundation.org/>

Gateway Regional Medical Center-Behavioral Health Services

2100 Madison Avenue, Granite City, IL

Offers treatment for mental and emotional health problems, substance use disorders (drugs or alcohol), and addiction.

Phone Number: 618-798-3888

<https://gatewayregional.net/>

HSHS St. Joseph's Hospital Warm Handoff Program

Emergency Room, 9501 Holy Cross Lane, Breese, IL

<https://www.hshs.org/st-josephs-breese>

Phone Number: 618-526-4511

Access to Recovery Resources as well as Emergent and Crisis Care. **Anyone can come at any time for help, wanting help is enough. Come get a free "Rescue Bag" with resources and 2 boxes of Narcan, the opioid overdose reversal medication.

Illinois Recovery Center

1450 Caseyville Ave. Swansea, IL 62226

Substance use treatment, medical detox, residential treatment, partial hospitalization program, intensive outpatient treatment, outpatient treatment programs, relapse prevention program, rehabs for women, sober living, stimulants detox programs, Telehealth.

Phone Number: 888- 492-3281

<https://www.illinoisrecoverycenter.com/>

MAR NOW Helpline #833-234-6343

The Illinois Helpline now offers medication on demand to IL residents seeking treatment for opioid use disorder (OUD) and alcohol use disorder (AUD). **Medication-assisted recovery (MAR)** involves the use of FDA-approved medications for treatment of OUD and AUD. Now an individual can speak directly with a provider over the phone, immediately receive a prescription or expedited, in-person appointment, and get transportation assistance to the pharmacy or clinic – all initiated through one phone call.

Never Use Alone Hotline

<https://neverusealone.com/> A program to prevent overdose deaths where people can speak to an operator while they are using drugs so that someone can call for help if they experience an overdose. Toll-free national overdose prevention, detection, life-saving crisis response and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year. No stigma. No judgment. Just love!♥

Phone Number: 800-484-3731

New Vision

c/o OSF St. Anthony's Hospital
1 St. Anthony's Way, Alton, IL

Information: It is a medical detox program. They accept most all insurances including Medicaid. New Vision is a medically supervised, hospital-based service for adults experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. New Vision provides safe, confidential, compassionate and reliable care with a typical stay of 72 hours for people who qualify.

Phone Number: 618-358-0200 Intake Coordinator

<https://specialcarecorp.com/locations/alton-illinois/>

New Life Midwest

991 Franklin St, Carlyle (Health Dept.)

Provides **medication-assisted treatment** and psychiatry services. Also offers virtual appointments throughout the week to cater to the needs of our patients in the area. www.newlifemidwest.com

Phone Number: (618) 610-1028

Mondays & Thursdays, 9am-5pm

S.A.F.E. Alternatives

800 Bonhomme Avenue, St. Louis, MO

Information: Self Abuse Finally Ends (S.A.F.E.) provides counseling and treatment for self injurious behavior consisting of outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop.

Phone Number: 1-800-366-8288

<https://selfinjury.com/>

SAMHSA Treatment Facility Locator: www.findtreatment.samhsa.gov

Sana Lake Recovery

Locations in Missouri: Maryland Hts., Creve Coeur & more

Medical Detox, Residential, Outpatient, Partial Hospitalization, Recovery Housing.

Phone Number: 636-205-4090

<https://sanalake.com/>

The Aviary Recovery Center

22933 Hwy. 61, Eolia, MO

Specializes in the treatment of alcohol and drug addiction, medical detox, residential, outpatient services including Intense Outpatient Program (IOP) and Partial Hospitalization Program (PHP), Family Wellness, Men's Sober Living. Does not take Medicaid. <https://aviaryrecoverycenter.com/>

Phone Number: 888-900-1293

The WISH (Women & Infants Substance Help) Center

1035 Bellevue Avenue, Suite #205, St. Louis, MO

<https://www.ssmhealth.com/locations/location-details/wish-center>

Information: provides comprehensive, high-risk maternity care for people who are affected by opioid dependency, pregnant women with substance use disorder.

Phone Number: 314-768-8230

Veteran Services

Veteran's Care

www.illinoisveteranscare.com

Health insurance for uninsured veterans who have the least access to reliable healthcare.

Phone Number: 800-226-0768

Helping a Hero (HAH) Wounded Hero Home Program www.helpingahero.org/application-for-home/

The mission of Helping A Hero.org (HAH) is to empower America's severely wounded veterans, injured in the War on Terror, by partnering with selected wounded veterans to provide homes specially adapted for each veterans' needs.

Illinois Attorney General Military & Veterans Rights Hotline: 1-800-382-3000 (TTY: 1-800-964-3013)

Illinois Joining Forces

100 S. State St., Chicago, IL

Email: callcenter@illinoisjoiningforces.org

Information: high-touch, holistic resource navigation for military, veterans and their families; all branches, all eras, all manner of discharge. IJF can present on IL Veteran Resource Navigation and the IJF Care Coordination Center statewide assistance and referral process.

Phone Number: 833-463-6453

www.illinoisjoiningforces.org

Mon.-Fri., 8am-5pm

Illinois Warrior Assistance Program

www.illinoiswarrior.com

country.

Assistance for Illinois veterans as they transition back to civilian life after serving their

Phone Number: 866-554-4927

Military Family Assistance Center

600 Shiloh Drive, Mt. Vernon, IL

www.il.ngh.army.mil/family/fac/facmain.aspx

Phone Number: 217-622-9530

Information and referral help.

National Alliance to End Veteran Suicide

www.na2evs.org

A Veteran Community Organization (VCO) where you need not be a Veteran to make a difference. We are not, focused on preventing suicide so that Veterans *just survive*, instead we expect them *to THRIVE!*

Operation Finally Home

www.operationfinallyhome.org/apply

Provides mortgage-free homes, home modifications and transitional housing to wounded, ill and injured military veterans, first responders and their families in honor of their service and sacrifice to their country and community.

Operation Protect Veterans

AARP and the US Postal Inspection Services have joined forces fighting back against fraudulent scan artists targeting Veterans.

www.AARP.org/fraudwatchnetwork

Phone Number: 877-908-3360

SAFE Project

<https://www.safeproject.us/vetrans/recovery-meetings/>

Virtual group meetings for Veterans in recovery on Tuesdays at 6pm EST (5pm Central) moderated by a licensed clinician.

Veteran's Crisis Line

Information: connects Veterans in crisis and their families and friends with qualified, caring, U.S. Department of Veteran's Affairs responders.

Phone Number: 800-273-8255

Veteran's Legal Assistance Program (VLAP) (SIU)

115 Douglas Dr., Carbondale, IL

Services: providing legal assistance to veterans in Southern Illinois who cannot afford or do not have access to legal Representation in the apples of claims for compensation of service connected disabilities, pension, survivor benefits and education benefits.

Phone Number: 855-452-3526

<https://law.siu.edu/academics/clinics>

Veteran's Hybrid Support Group, Thursdays, 6:30-7:30pm via Zoom: Meeting ID 828 6537 5281,

Passcode: 079147 Sponsored by Serenity House Counseling Services with DuPage County ROSC. For more

information contact Jim Murphy, #630-660-2656, email jim.murphy@dupagerosc.org.

Veteran 2 Veteran of Bond County:

www.facebook.com/veterantoveteranbondcounty/about

Unofficial organization in Greenville, IL, for local veterans. Group meets monthly and provides comradery, food, and information.

Wounded Warrior Project

www.woundedwarriorproject.org

Phone Number: 888-997-2586

We offer a wide range of programs, services, and resources that work together to help improve well-being, from meaningful connections to mental, physical, and financial wellness. Post-9/11 wounded, ill, or injured veterans and their families are eligible to join and never pay a penny for our services and support. If you are currently on active duty, transitioning, or served on or after September 11, 2001, you may be eligible. A disability rating is not required.