

## Clinton County Area Recovery Meetings\*

AA – Alcoholics Anonymous NA – Narcotics Anonymous CR - Celebrate Recovery SR – SMART Recovery

**Sunday** 

CR 5:30 p.m. First Assembly of God Church, 303 S Hill St., Sorento

NA 6:00 p.m. City Hope Church, 1000 E 3rd St., Centralia

AA 7:00 p.m. Evangelical United Church, 2520 Poplar St. (use west door), Highland

AA 7:00 p.m. Lost & Found, 206 W. Oak, Greenville (Men's Group) AΑ 7:00 p.m. Mulberry Grove Firehouse, 1897 US-40, Mulberry Grove

NA 7:00 p.m. St. Paul United Church of Christ, 330 N Buhrman St. (north door), Nashville

<u>Monday</u>

AA 10:30 a.m. The Rock Church, 515 Airport Rd., Centralia CR 6:30 p.m. Nazarene Church, 1206 W 4th St, Centralia

NA 6:30 p.m. 455 S. Washington St. Nashville (enter front doors, first door on left) 7:00 p.m. Central Christian Church (Annex Bldg), 314 N. 12th St, Mt. Vernon AA AA 7:00 p.m. First Assembly of God Church, 1890 Franklin Street, Carlyle AA 7:00 p.m. Lost & Found, 206 W. Oak, Greenville (Women's Group) NA 7:00 p.m. Wesley United Methodist Church, 1601 Salem Rd, Mt. Vernon

Tuesday

AA 12:00 p.m. (noon) Central Christian Church (Annex Bldg), 314 N. 12<sup>th</sup> St, Mt. Vernon

SR 2:00 p.m. Clinton County Recovery Shop, 501 9th St. Carlyle 6:00 p.m. Prairie Counseling Center, 1520 S. 4th St., Greenville SR

AA 6:00 p.m. Westgate Baptist Church, 843 West Broadway (Old Route 50), Trenton

SR 7:00 p.m. 111 S. Lincoln Blvd., Centralia

7:00 p.m. Central Christian Church (Annex Bldg), 314 N. 12th St, Mt. Vernon AA

7:00 p.m. Centralia Community Center, 1224 E. Rexford, Centralia NA 7:00 p.m. First Presbyterian Church, 201 E. McMackin St, Salem NA

8:00 p.m. Evangelical United Church, 2520 Poplar St. (use west door), Highland AA

**Wednesday** 

6:00 p.m. City Hope Church, 1000 E 3rd St., Centralia NA CR 6:30 p.m. Apostolics of Salem, 1600 Mills Cart Rd., Salem

7:00 p.m. First United Methodist Church, 3324 Old US Hwy 50, Trenton NA 7:00 p.m. Grace Community Church, 14769 N. Illinois Hwy 37, Mt. Vernon NA

AA 7:00 p.m. Hoyleton Community Club, 368 North Park Street, Hoyleton

AA 7:00 p.m. St. Jacob United Church of Christ, 207 W Main St. (basement), St. Jacob

AA 8:00 p.m. Faith Lutheran Church, 1104 N 42<sup>nd</sup> St., Mt. Vernon

**Thursday** 

NA 6:30 a.m. St. Paul United church of Christ, 330 N Buhrman St., Nashville

AA 10:30 a.m. The Rock Church 515 Airport Rd., Centralia

AA 12:30 p.m. Bond County Senior Center, 1001 E. Harris Ave., Greenville

CR 5:30 p.m. FM Church, 1367 IL-40, Greenville SR

7:00 p.m. 111 S. Lincoln Blvd., Centralia

AA 7:00 p.m. Central Christian Church (Annex Bldg), 314 N. 12<sup>th</sup> St, Mt. Vernon

NA 7:00 p.m. Centralia Community Center, 1224 E. Rexford, Centralia

AA 7:00 p.m. Community Center, 419 S. Clinton Street, Breese

AA 7:00 p.m. Zion United Church of Christ, 414 W. Hanover Street, New Baden NA 7:30 p.m. St. Paul United church of Christ, 330 N Buhrman St., Nashville

AA 8:00 p.m. First Presbyterian Church, 201 E. McMackin St, Salem AA 8:00 p.m. First United Methodist Church, 103 S. Elm St, Centralia

**Friday** 

AA 12:00 p.m. (noon) The Knights of Columbus House, 1408 Harrison St., Mt. Vernon

CR 6:30 p.m. The Rock Church 515 Airport Rd., Centralia

AA 7:00 p.m. Central Christian Church (Annex Bldg), 314 N. 12<sup>th</sup> St, Mt. Vernon



NA	7:00 p.m. Grace Community Church, 14769 N. Illinois Hwy 37, Mt. Vernon
AA	8:00 p.m. Evangelical United Church, 2520 Poplar St. (use west door), Highland
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## AA 8:00 p.m. First Presbyterian Church, 201 E. McMackin St, Salem

## <u>Saturday</u>

NA	11:00 a.m.	City Hope	Church,	1000 E 3 <sup>rd</sup>	St., Centralia

NA 11:00 a.m. Richview Methodist Church, 374 W. Olive St., Richview AA 3:00 p.m. Carlyle Christian Church, 1025 Lake Road, Carlyle→□ → ↑
NA 7:00 p.m. Wesley United Methodist Church, 1601 Salem Rd, Mt. Vernon

Online meetings at www.intherooms.com

Sober Bar at Lost & Found, 206 W. Oak, Greenville (open Fridays 7-11pm)

## **Recovery Meetings for Families or Loved Ones:**

<u>Parents of Addicted Loved Ones (PAL):</u> PAL is a support group for parents and other family members who are trying to support a loved one in seeking recovery. PAL National Zoom meetings on Monday, Tuesday, Thursday and Friday. Go to <a href="https://www.palgroup.org">www.palgroup.org</a> for more info.

Nar-Anon Family Groups: A 12-Step Program for friends and families of addicts. www.nar-anon.org/find-a-meeting

Al-Anon: for friends and family of alcoholics. www.al-anon.org/newcomers/

<u>Alateen:</u> a support group for the children of parents with alcohol abuse problems; for younger family members and friends, is a part of Al-Anon Family Groups. <u>www.al-anon.org/al-anon-meetings/find-an-alateen-meeting/</u>

<u>Adult Children of Alcoholics and Dysfunctional Families</u>: a Twelve Step, Twelve Tradition program of people who grew up in dysfunctional homes. <u>www.adultchildren.org/meeting-search/</u>

<u>Co-Dependents Anonymous (CoDA)</u>: We find by working the Steps and Traditions, we find the strength to be that which God intended, Precious & Free, with healthy, loving relationships. We find the Promises coming true, one day at a time. <u>www.coda.org/find-a-meeting/</u>

**Emotions Anonymous**, 12-step program to help individuals improve their mental health and well-being. Mission is to support individuals with emotional difficulties in their efforts to live more manageable lives. <a href="www.emotionsanonymous.org">www.emotionsanonymous.org</a> (find a meeting near you)

**NAMI-Southwestern IL:** NAMI stands for National Alliance on Mental Illness. <a href="www.namiswi.org">www.namiswi.org</a>
Our Support Groups (Connection for individuals living with mental health challenges and Family Support Groups for family members, significant others, and/or friends of person with mental health condition) are offered weekly.

**GRASP (Grief Recovery After a Substance Passing):** Meetings and resources for people who have lost loved ones to drugs or alcohol. <a href="https://www.grasphelp.org/community/meetings/">www.grasphelp.org/community/meetings/</a>

Call the <u>Family Support Network</u> to talk to a person with experience supporting a loved one with an alcohol or substance addiction. Receive a folder of support information. <u>#618-567-6095</u>. Serving Bond, Clinton, Madison, and St. Clair Counties.

\*Note: If you find an error on this list, or have a meeting to add, reach out to Sheridan Johnston, smjordan@chestnut.org or call #618-789-3711

