



# NEAR SOUTH SIDE

## MEETING MINUTES

**LOCATION:** Virtual - Zoom

**DATE:** 10/14/2025

**ATTENDEES:**

- Daniel Mendez (EDDR Foundation), Halle Berghoff (EDDR Foundation), Leslie Givens (Alliance Care 360), Cristina Banda (Hour House Recovery), Mariah Foster (Life is Work), Nina Martinez (Chicago Coalition to End Homelessness), Tiffany Webb (Healthcare Alternative Systems), Kimberly Haywood (Breaking Barriers Collectively ROSC Council), Israel Hernandez (Learning Producers), Kenneth Bell (Statewide ROSC TA), Maria'h Foster (Life is Work), Krystle Everett (Bridging Opportunities Sustaining Success), Deb Beckmann (Statewide ROSC), Hong Liu (MAHA), Mimi Tsang (MAHA)

**TIME:** 10:30am – 11:30am

## AGENDA ITEMS

- I. **Introductions: Name, Organization, how to stay in touch.**
- II. **ROSC Overview: What is the ROSC and why is it important to the community?**
- III. **Data Highlights: Bullying, Domestic Violence, and LGBTQ History.** In honor of Bully Prevention Month, Substance Use and Misuse Prevention Month, Domestic Violence Awareness Month, and LGBTQ+ History Month data this month highlights topics associated with those causes.

**Bullying** Bullying is considered an Adverse Child Experience associated with mental and physical health issues later in life. Online victimization was independently associated with depression and substance use. Victimization from mental and physical bullying also predicted later substance use and mental illnesses. Nearly half of LGBTQ+ young people (ages 13-17) experienced bullying in the last year, and those who did reported significantly higher rates of suicide attempts.

**Domestic Violence** Batterers who are survivors of childhood abuse frequently say drugs and alcohol help block and numb memories. More than half of defendants accused of murdering their spouses had been drinking alcohol at the time of the incident.

**LGBTQ History** More than 1 in 10 LGBTQ young people attempted suicide in the last year. 50% of LGBTQ+ young people who wanted mental health care within the past year could not get it. 42% claimed they were afraid to talk to others about their mental health concerns and 24% cited fears of being outed. The overwhelming majority of LGBTQ+ young people said their well-being was negatively impacted by current politics.

IV. **Presentation: A Brief Overview on What Hospitalization May Look Like For a Suicidal Individual**

**Distance:** Many people stay away from care out of fear of being hospitalized and would rather stay quiet than face those consequences. You have very little control over what facility you may be placed in, and the distance away from where you may be located. There are also heavy restrictions on who you can contact as well as those who can contact you while you are hospitalized.

**Inventory:** Everything you have is taken and stored securely including shoes and clothes. If you have clients who may be getting hospitalized, you may want to provide them with extra clothing. There is a quick body check upon entrance, it is not very invasive but could make some uncomfortable.

**Discharge:** Upon discharge you are given something to ensure you have a crisis plan as well as multiple hotline and service recommendations. Once discharge you just leave and go back to reality, so it is up to the client to follow up on things.

**Follow Up:** Engage with your clients who have been hospitalized. Ask who they may need to call or follow up with, as well as what medication they may be on and what it is for.

Discussion Questions:

***While we have you here, have you identified gaps in the recovery community? What issues are not being addressed? What services are not being provided?***

V. **ROSC in Action,**

- a. Request for all those in attendance to fill out our community survey.
- b. Open call to encourage participants to invite someone who may be interested in joining the ROSC.

VI. **Cook County Events and Trainings – OCTOBER EVENTS**

Tuesday, October 7, 2025	Building the Future: Prevention Fellows Tell Their Story
Wednesday, October 15, 2025	Repeat: The Effects of Domestic Violence on Children
Friday, October 17, 2025	“A Second from Silence” – a play

Wednesday, October 22, 2025	States Telling Their Prevention Stories
Thursday, October 23, 2025	Walk With a Doc
Friday, October 24, 2025	Online Narcan Opioid Overdose Prevention & Response Training
Monday, October 27, 2025	Understanding Gender-Based Violence

VII. **ROSC Council Member Updates/Discussion/Questions:**

- a. Brief discussion on upcoming events that ROSC members are hosting.

VIII. **Adjournment**