#### Resource List FY26

**Cumberland County ROSC Council** 

Region: ROSC Region 4
Agency: Hour House

**ROSC County:** Cumberland County

#### **Contacts:**

• **ROSC Coordinator**: Kristina Drum

ROSC Recovery Navigator: Kyle Houser
 ROSC Program Supervisor: Jenna Hays

**Purpose of the Community Resource Guide: To** identify and document the resources, strengths, and support systems within a community, such as organizations, services, and individuals, that can be leveraged to address community needs, promote well-being, and foster sustainable development.

# **Community Asset Directory**

Appendix A. Substance Use Disorder and Co-Occurring Disorders Resources

**Appendix B. Medication Assisted Recovery Services** 

**Appendix C. Healthcare** 

Appendix D. Licensed Substance Use Disorder and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources

**Appendix E. Recovery Support Services** 

**Appendix F. Peer Recovery Support Professionals** 

Appendix G. Mental Health & Substance Use

**Appendix H. Recovery Residences** 

**Appendix I. Housing Support** 

**Appendix J. Education Support** 

**Appendix K. Providers for Justice Support** 

**Appendix L. Harm Reduction** 

**Appendix M. Community Resources** 

# Appendix A: Substance Use Disorder and Co-Occurring Disorders Resources

# **Chestnut Health System**

1003 Martin Luther King Jr. Dr. Bloomington, IL 61704 888-924-3786

www.chestnut.org

Monday-Thursday 7am-9pm and Friday 7am-5pm

Residential, outpatient, psychiatric, behavioral, primary care, mental health, and MAT.

# **Compass Counseling**

204 S Meridian St. Toledo, IL 62428 217-259-5852 (no website available) Monday 24 hours Tuesday-Thursday 5pm-9pm Friday 8am-5pm Saturday-Sunday 9am-12pm

Assessments, outpatient substance abuse and mental health counseling, and DUI.

# **Comprehensive Connections**

16342 N IL HW 37, Mount Vernon, IL 62864 618-242-1510 X4

www.compconnect.org

Monday-Friday 8am-4pm

Detox, residential, intensive outpatient, outpatient mental health.

# **Diel Counseling**

903 W. Lincoln Ave Charleston, IL 61920 217-348-8384 www.dielcounseling.com

612 S Willow St. Effingham, IL 62401 217-347-7384

www.dielcounseling.com

Monday-Friday 9am-9pm

DUI evaluations and outpatient substance use counseling.

# **Elements at Crossing Healthcare**

420 E. Central Ave., Decatur, IL 62524

217-877-9117

www.crossinghealthcare.org

24 hours a day 7 days a week

Residential, outpatient, transitional housing, pregnant and parenting, primary care, mental health, psychiatric, recovery living, and MAT.

# **Gateway Foundation Springfield**

2200 LK Victoria Dr., Springfield, IL 62703 217-529-9266 X2670 www.gatewayfoundation.org 24 hours a day 7 days a week

Residential and substance abuse outpatient, behavioral, dual-diagnosis, and MAT.

# Heritage Behavior Health Center

151 N Main St., Decatur, IL 62523 217-362-6262 www.heritagenet.org

Monday-Friday 8am-5pm

Residential intensive substance use outpatient, mental health, gambling, and MAT.

#### **Hour House**

635 Division Street, Charleston, IL 61920 217-348-8108 www.hourhouserecovery.org 24 hours 7 day a week

Detox, residential, halfway, 3/4<sup>th</sup>, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

# **Human Resource Center (HRC)**

406 N 2<sup>nd</sup> St. Marshall, IL 62441 217-826-6212 www.hrcec.org

Monday-Thursday 8am-7pm 217-251-8478 (LRP phone number)

Outpatient mental health, substance use disorder, and disability.

#### Rosecrance Inc. Moreland

2302 Moreland Blvd. Champaign, IL 61822

815-391-1000

www.rosecrance.org

Sunday-Thursday 8am-9pm Friday- Saturday 8am-2pm

Detox, residential and outpatient substance abuse, dual-diagnosis, recovery living, adolescent, outpatient mental health.

#### The Pavilion

809 W Church St., Champaign, IL 61820 618-373-1700 <a href="https://www.pavilionhospital.com">www.pavilionhospital.com</a>

24 hours 7 days a week

Adult and adolescent residential and outpatient, psychiatric, and partial hospitalization.

# **Appendix B.: MAR (Medication Assisted Recovery Services**

# SIHF Healthcare-Arthur (Shawna Storm)

1710 State Route 133 Arthur, IL 61911 217-543-2446 www.sihf.org/health-center/arthur

Monday-Friday 8:30am-5pm

Primary care physician, psychiatry, and MAR accessibility.

#### **Toledo Clinic**

104 Courthouse Square Toledo, IL 62428 217-849-3151 www.sarahbush.org/toledoclinic Monday-Thursday 8am-4:30pm Friday 8am-4pm

Primary physician, specialized medical, and MAT accessibility.

# **Appendix C: Healthcare**

#### **Carle Clinic on Hurst**

2512 Hurst Dr., Mattoon, IL 61938 217-258-5900 www.carle.org Monday-Thursday 8am-8pm Friday 8am-5pm Convenient care 8am-8am daily (open on major holidays)

A medical facility with primary care, walk-in, and other various specialized care.

### **Cumberland County Health Department**

200 Street Indiana St. Toledo, IL 62428 217-849-3211

www.cumberlandhealth.org

Monday-Thursday 8am-5pm

WIC, immunizations, environmental health, harm reduction.

# **Dental: Lake Land College Dental Clinic**

Northwest Building Parking Lot B 217-234-5249

www.lakelandcollege.edu/

Monday-Friday 8am-5pm

Appointment only (must be made 24 hours in advance, cash only)

Dental hygiene services only such as cleanings (not intended to be a comprehensive diagnosis or dental care facility).

# Dental: Phillip Banghart Dentist/Oral Surgeon

102 Professional Plaza, Mattoon, IL 61938 217-345-7070 (Accepts Medicaid for emergencies) www.illinoisjawdocs.com Monday-Friday 7:30am-4pm

Oral and maxillofacial surgery

#### **Promise Healthcare**

821 South Neil Street Champaign, IL 61820 217-356-1558

www.promisehealth.org

Monday-Friday 7:45am-5pm

Psychiatry, adult and adolescent counseling, medication management, and 340B drug pricing program.

# Sarah Bush Lincoln Clinic Casey

934 North Rt. 49 Casey, IL 62420 217-932-4061

# www.sarahbush.org/caseyclinic

Monday-Friday 8am-4:30pm

A clinic that provides primary physician medical services.

#### Sarah Bush Lincoln Charleston Walk-In Clinic

2040 Lincoln Ave., Suite 100 Charleston, IL 217-345-2030

www.sarahbush.org/walkinclinics

Monday-Friday 7am-7pm Saturday-Sunday 8am-3pm

A walk-in clinic that provides medical services.

# SBL Effingham Walk-In

905 North Maple St., Suite B Effingham, IL 217-540-6123
<a href="https://www.sarahbush.org/walkinclinics">www.sarahbush.org/walkinclinics</a>
Monday-Friday 7am-7pm

Saturday-Sunday 8am-3pm

A walk-in clinic that provides medical services.

#### Sarah Bush Lincoln Health Center

1000 Health Center Drive Mattoon, IL 61938 217-258-2525

www.sarahbush.org

Emergency Medical: 24 hours 7 day a week

Other Departments: Monday-Friday 8am-4:30pm

A 24-hour health center with medical emergency services and multiple specialized health services.

# Sarah Bush Lincoln Neoga Clinic

650 Oak Ave. Neoga, IL 62447 217-895-2320

www.sarahbush.org/neogaclinic

Monday-Friday 8am-4:30pm

A clinic that provides primary physician medical services.

#### Sarah Bush Lincoln Toledo Clinic

104 Courthouse Square Toledo, IL 62468 217-849-3151

# Monday-Friday 8am-4:30pm

A clinic that provides primary physician medical services with MAT accessibility.

#### **SIHF Healthcare**

302 North Mill Street Greenup, IL 62428 217-923-3311

www.sihf.org/health-center/greenup

Monday-Friday 8am-8pm

A clinic that provides primary physician medical services.

# St. Anthony's Memorial Hospital

503 N Maple Effingham, IL 62401 217-342-2121 Veterans Care 1-877-483-8779

www.hshs.org

Emergency Medical: 24 hours a day 7 days a week

Other Departments: 8am-5pm

A 24-hour health center with medical emergency services and multiple specialized health services.

# **Appendix D: Licensed SUD Prevention and Treatment Resources**

# **Hour House (CEAD)**

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

24 hours 7 day a week

Detox, residential, halfway, 3/4<sup>th</sup>, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

# **Human Resource Center (HRC)**

406 N 2<sup>nd</sup> St. Marshall, IL 62441 217-826-6212

www.hrcec.org

Monday-Friday 8am-7pm Living room program (LRP) open 24 hours 7 days a week 217-251-8478 (LRP phone number)

Outpatient mental health, substance use disorder, disability, and Living room program services.

### **Appendix E: Recovery Support Services**

\*As of this writing, according to Illinois Alcohol and Professional Certification Association (IODAPCA) metrics, there are Credentialed Recovery Support Specialists, Certified Family Partnership Professional, Certified Prevention Specialist, National Certified Recovery Specialist (CRSS, CFPP, CPS, NCRS) in Cumberland County.

# Coles County Courthouse (Problem Solving Courts – Drug Court) Cumberland County Drug Court

651 Jackson Ave., Charleston, IL 61920

www.colesco.illinois.gov

217-348-0501

Monday-Friday 8:30am-4:30pm

An intensive and long-term judicial recovery program with access to treatment, peer support, and other resources to help the client succeed.

# Crisis and Referral Entry Services (CARES) Line

800-345-9049

(No website available) call hotline

24 Hours a day 7 days a week

Mental health crisis and connection to resources and supports.

# **Department of Human Services/Department of Mental Health** (DHS/DMH) Recovery Support Specialists

Nanette Larson-Director, Recovery Support Services 309-346-2094 ext.407 Or Tom Tro 309-346-2094 ext.409 www.dhs.state.il.us

Recovery supports with access to State Operated Psychiatric Hospitals (SOPH)

# Illinois Mental Health Collaborative (WRAP)

The Warm Line (Peer and Family Support by phone)

866-359-7953

www.illinoismentalhealthcollaborative.com

Monday-Friday 8am-5pm (except holidays)

Recovery support, mentoring, and advocacy with information about other state funded programs

#### **Appendix F. Peer Recovery Support Professionals**

**Hour House (CEAD)** 

635 Division Street, Charleston, IL 61920 217-348-8108

www.Hourhouserecovery.org

24 hours 7 day a week

Detox, residential and intensive outpatient substance abuse, halfway, 3/4th, adolescent outpatient, gambling, and stabilization unit.

# ROSC Recovery Navigator Clark/Cumberland (Community engagement, non-service)

Kyle Houser 217-508-2765

www.hourhouserecovery.org

Tuesday-Wednesday 7am-6pm (part time in this role)

Educational groups, community engagement, and connection to resources

# **Recovery Navigator Services (Cumberland County Opioid Settlement)**

Kyle Houser 217-508-2765

www.hourhouserecovery.org

Thursday-Friday 7am-6pm (Part time in this role)

Recovery support service, connection to resources, and mentoring and education

# Appendix G: Mental Health & Substance Use

Treatment programs and mental health services specializing in long-term Dual Diagnoses and treatment has-been identified as a gap in the community. The facilities below do treat clients with co-occurring disorders (i.e. clients who have mental health diagnoses are treated for substance use disorder), but typically not for residential treatment stays longer than 21-28 days.

#### **Chestnut Health Systems**

1003 Martin Luther King Dr. Bloomington, IL 61701 309-827-6026

www.chestnut.org

Monday-Thursday 7am-9pm and Friday 7am-5pm

Residential, outpatient, psychiatric, behavioral, primary care, mental health, and MAT.

# **Gateway Foundation Springfield**

2200 LK Victoria Dr., Springfield, IL 62703

217-529-9266 X2670

www.gatewayfoundation.org

24 hours a day 7 days a week

Residential, behavioral, dual-diagnosis, outpatient, and MAT.

#### **Heartland Human Services**

1200 N Fourth St. Effingham, IL 62401 217-347-7179

www.heartlandhs.org

Monday-Friday 8 am-5pm

Outpatient mental health, substance use disorder, Geriatric, Individual Placement Employment Services

# **Human Resource Center (HRC)**

406 N 2<sup>nd</sup> St. Marshall, IL 62441 217-826-6212

www.hrcec.org

Monday-Thursday 8am-7pm Living room program open 24 hours 7 days a week 217-251-8478 (LRP phone number)

Outpatient mental health, substance use disorder, disability, and Living room program services.

#### Lifelinks

750 Broadway East, Mattoon, IL 61938 217-238-5700 www.lifelinksinc.org

Monday-Friday 9am-5pm

Outpatient adult and Adolescent mental health, outpatient substance use treatment, crisis, and community support services

# Rosecrance Inc. Moreland

2302 Moreland Blvd. Champaign, IL 61822 815-391-1000

www.rosecrance.org

Sunday-Thursday 8am-9pm

Friday- Saturday 8am-2pm

Detox, residential, outpatient, dual-diagnosis, recovery living, adolescent, outpatient mental health.

# **SBL Psychiatry and Counseling**

1005 Health Center Drive #102 Mattoon, IL 61938 217-258-4042

www.sarahbush.org/psychiatry

Child Psych services: Monday-Thursday 7:15am-4pm

Friday 7:15am-3pm

Adult Psych services: Monday-Thursday 7:30am-5pm Friday 7:30am-4pm

Children and Adult Psychiatry, and Employee Assistance Programs

# **Appendix H. Recovery Residences**

# **Hour House (CEAD)**

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

24 hours 7 day a week

Detox, residential, halfway, 3/4<sup>th</sup>, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

# **Appendix I: Housing Support**

# **Cumberland County Housing Authority**

206 Washington St. Toledo, IL 62428 217-849-2071 (No website available) Monday-Friday 7am-4pm

Rental assistance programs, housing programs, subsidized housing programs

### **ERBA**

307 S Kentucky St. Greenup, IL 62428 217-921-5505 www.erbainc.org Monday-Friday 8am-4pm Energy assistance programs, FEMA emergency food and shelter, head start, homeless and homeless prevention, housing counseling, senior citizen centers, and weatherization.

## The Haven (Homeless Shelter)

1812 Western Ave., Mattoon, IL 61938 217-234-3877

www.mattoonhaven.org

24 hours 7 days a week

Provides shelter, case management, and advocacy for homeless individuals.

# **Hope of East Central Illinois (Domestic Violence)**

1927 18<sup>th</sup> St., Charleston, Il 61920 217-348-5931 (Call for appointment) 1-888-345-3990 (Crisis Line) www.hope-eci.org Monday-Friday 8am-4pm

Domestic Violence shelter, transitional housing, legal advocacy, counseling, referrals, crisis line, children's services, and public education.

# **Appendix J. Education Support**

# **GED/Adult Literacy Program**

Lake Land College
Workforce Development Center, Main Campus
5001 Lake Land Blvd. Mattoon, IL 61938
217-238-8292
adult.education@lakelandcollege.edu
www.lakelandcollege.edu

Local community college with a variety of degree programs and educational opportunities from high school dual credit, GED studies, certificate programs, and associate's programs.

# **GED/Adult Literacy Program**

Eastern Illinois University, Booth Library Room 4450 Charleston, IL 61938 217-238-8292 adult.education@lakelandcollege.edu

Local university with a variety of degree programs and educational opportunities.

# Kluthe Center for Higher Education and Technology

1204 Network Drive Effingham, IL 217-540-3555

www.lakelandcollege.edu

Monday-Friday 8am-5pm

Extension office of Lake Land College offering high school dual credit, GED studies, and certificate programs.

# Lake Land College

5001 Lake Land BLVD Mattoon, IL 61938 217-234-5253

www.lakelandcollege.edu

Monday-Friday 8am-5pm

Local community college with a variety of degree programs and educational opportunities from high school dual credit, GED studies, certificate programs, and associate's programs.

# **Regional Office of Education**

730 7<sup>th</sup> Street Charleston, IL 61920 217-348-0151 https://roe11.org/

Monday-Friday 8am-5pm

Acts as an advocate for education by providing leadership and disseminating information for educators, school districts and the public.

#### Appendix K. Providers for Justice Support

# **Charleston Police Department (Safe Passages Initiative)**

614 6<sup>th</sup> Street Charleston, IL 61920 217-348-5221 Non-Emergency Line

charlestonillinois.org

Office Hours: Monday-Friday 7:30am-4pm Service Hours: 24 hours 7 days a week

Safe passage is a program designed to help people struggling with Substance Use Disorder receive treatment via law enforcement agency

# **Coles/Cumberland County Probation Department (Cumberland Location)**

140 Courthouse Square Toledo, IL 62428 217-849-2488

www.colesco.illinois.gov

# Monday-Friday 8am-4pm

Supervise persons ordered to probation by the court to insure compliance with conditions, and ensure public safety with a goal of guiding and supporting the individuals to become lawabiding, productive citizens

# **Cumberland County Sheriff's Office**

166 Courthouse Square Toledo, IL 217-849-2571

www.cumberlandilsheriff.org

Office hours: Monday-Friday 8am-5pm Service hours: 24 hours a day 7 days a week

Protect and serve the community by enforcing the law, working with local courts, schools, and other community organizations

# Land of Lincoln Legal Aid

737 Windsor Rd. Charleston, IL 61920 217-883-4355 www.lincolnlegal.org

Monday-Friday 9am-5pm

www.mattoon.illinois.gov

Work to provide free legal aid in consumer law, family law, education law, elderly and disability rights, health and economic security and housing law

# **Mattoon Police Department (Safe Passages Initiative)**

1710 Wabash Ave., Mattoon, IL 61938 217-235-5451 Non-Emergency Line

Office Hours: Monday-Friday 7:30am-4pm

Service Hours: 24 hours 7 days a week

Safe passage is a program designed to help people struggling with Substance Use Disorder receive treatment via law enforcement agency

# **Public Defender Cumberland County (Park Law Office)**

201 E. Illinois St. Greenup, IL 62428 217-923-3800

www.shonaparklawoffice.com

Monday-Friday 8am-4:30pm

Criminal and civil law, legal representation, divorce and family law cases, will or estate, etc.

# **State's Attorney Office Cumberland County**

PO Box 387 Courthouse Square Toledo, IL 62428 217-849-2311

www.cumberlandcoil.gov

Monday-Friday 8am-4:30pm

Represents the state in criminal cases and upholding public safety

### Appendix L. Harm Reduction

NARCAN is a medication that can block or reverse the effects of an opioid overdose. Anyone can easily use NARCAN to save the life of someone overdosing on opioids, including heroin or prescription medicines like OxyContin® or Percocet®. If you or your agency would like to receive additional training on using NARCAN, please get in touch with the Cumberland County Health Department at 217-849-3211, HRC at 217-465-4118, or Clark and Cumberland County ROSC at kristinad@hourhouserecovery.org. If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops off someone experiencing a drug overdose will not receive charges for possession of paraphernalia. One limitation of this law is that the person who overdosed is not covered, and any other crime committed at the scene is not protected by law.

# Narcan: AV Tobacco & Liquor

400 S Haughton Highway, Greenup, IL 62428 217-923-5512

https://www.jigaming.com/location\_page/av-tobacco-liquor/

Monday-Saturday 7am-12am Sunday 7am-9pm

# Narcan: Life Center of Cumberland County

507 E Main St, Toledo, IL 62468 217-849-3965

https://www.sarahbush.org/cord/program/710/

# Monday-Friday 8am-4pm

Social Services & Welfare, Other Individual And Family Services, Other Social Advocacy Organizations, Individual And Family Social Services, Social Services, Human Services Organizations, Social Service Organizations, Social & Human Services Organizations and Social Service & Welfare Organizations; public aid, referrals to other agencies, assistance with forms that need to be filled out, homestead exemptions, Medicare savings programs

# Narcan: Lake Mattoon Marina

1282 3600 E., Neoga, IL 62447 217-254-6680

www.mattoon.illinois.gov

Seasonal: April-October 24 hours a day 7 days a week

Campground and Lakeside marina

# Narcan: Neoga District Library

551 Chestnut Avenue Neoga, IL 62447 217-895-3944 www.neoga.lib.il.us Tuesday-Friday 10am-5pm

Saturday 9am-12pm

Community Library open to the public during their business hours.

# Narcan: Neoga Municipal Building

533 Chestnut Avenue Neoga, IL 62447 217-895-3237

www.neoga.org

Monday-Friday 8am-5pm

The city administrative office where city officials and the city board meet.

# Narcan: Sav-Mor Pharmacy

596 Oak Avenue Neoga, IL 62447 217-895-2238

www.savmor.com

Monday-Friday 9am-6pm Saturday 9am-12pm

Pharmaceutical company

# Narcan: The Lucky Pig

207 East Main Street Toledo, IL 62468 217-849-0016 (No website available) Sunday 12pm-1am Monday 4pm-10pm

# Tuesday-Saturday 12pm-1am

Bar and gambling facility with Narcan accessibility

Narcan: Toledo Pharmacy

104 Courthouse Square Toledo, IL 62428 217-849-2666 www.toledoillinoispharmacy.com Monday-Friday 9am-5:30pm Saturday 9am-12pm

Pharmaceutical company

# **Appendix M. Community Resources/ Assets**

# **Alcoholics Anonymous**

Toledo Christian Church at 7pm on Mondays

12 Step recovery meeting

# **Alcoholics Anonymous**

Neoga Free Methodist Church at 7pm on Tuesdays

12 Step recovery meeting

#### All Kids

Springfield, IL 1-877-805-5312 www.hfs.illinois.gov Monday-Friday 8:30am-5pm

State health insurance for children 18 and under who qualify who do not have coverage elsewhere.

# **Celebrate Recovery**

Calvary Tabernacle at 7pm on Thursdays 209 West Washington St., Toledo II 62468 217-849-4033 (No website available) Celebrate Recovery is a Christ-centered 12-step recovery program.

#### Child Care & Resource Referral-EIU

EIU Charleston, IL 61920 217-581-7081

www.eiu.edu/ccrr

Monday-Friday 8am-4:30pm

Summer Hours:

Monday-Thursday 7:45am-4:30pm

Friday 7:30am-12pm

Provides resource and childcare services programs for reduced cost for childcare for those who qualify.

# Children's Advocacy Center-East central IL-Coles County

119 West State St. Charleston, IL 217-345-8250

www.caceci.org

Monday-Friday 8:30am-4:30pm

Coordinate the investigation, treatment, and prosecution of child abuse cases

# **Choices Pregnancy**

407 NW 3<sup>rd</sup> Street Casey, IL62420 217-932-5900

www.choices4.me

Tuesday-Thursday 10am-5pm

Provides pregnancy support services. Parenting education and assistance getting childcare items

# **Cord Online Resource Directory**

www.sarahbush.org/cordlink

Cord is an online resource directory that compiles all social service agencies and programs from Coles County and the surrounding areas in a compiled directory.

#### **DCFS-Local Office**

825 18<sup>th</sup> Street Charleston, IL 61920 217-348-7661 www.dcfs.illinois.gov

Monday-Friday 8am-5pm

Foster care, guardianship, child support cases or neglect, adoption, legal representation, and intact.

# **Department of Human Services**

1550 Douglas Street Charleston, IL 61920 217-345-2188 www.dhs.state.il.us/page

Monday-Friday 8:30am-5pm

Supplemental nutrition assistance program (SNAP), Temporary Assistance for Needy Families (TANF), Family Care, Moms and Babies, Community Youth Employment Program, Child Care Assistance Program (CCAP), Wide range of medical and health benefits programs

#### Food: Eastern Illinois Mobil Foodbank Route

www.eifoodbank.org/help/mobile.html (Must pre-register at this website) 1st Wednesday of every month

# **Illinois Family Resource Center**

513 N 13th Street Mattoon, IL 61938 217-258-6018 illinoisfamilyresources.org Monday-Friday 8am-5pm

A statewide project funded by DHS: Division of Substance Use Prevention and Recovery, for the purpose of ensuring family involvement and input in all aspects of family and community services within the Illinois substance use disorder's treatment system.

### Food: ERBA Food Panty

115 South Kentucky Street Greenup, IL 62428 217-923-3113 (No website available) Monday-Friday 9am-3pm Food pantry

# **Food: Neoga Community Food Pantry**

641 W 6<sup>th</sup> St., Neoga, IL 62447 217-273-1198 (No website available)

1<sup>st</sup> Thursday of every month 4pm-5pm (home deliveries for those who are homebound)

# Food Pantry

### **Food: Salvation Army**

1300 Richmond Avenue Mattoon, IL 61938 217-234-3915

www.centralusa.salvationarmy.org

Monday-Friday 8am-5pm

Food: Tuesday-Thursday 10am-3pm

Help disaster survivors, food pantry, cloths, veteran, and family services.

# Food: Toledo Christian Church (God's Closet)

501 South Maryland Toledo, IL 62428 217-849-3187 (no website available) 2<sup>nd</sup> Tues each month 9am.-12pm.

Food, clothing, backpacks, school supplies, and household items

# **Food: USDA National Hunger Hotline**

1-866-3-Hungry or 1-877-8-HAMBRE Text: 1-914-415-6617 24 hours 7 days a week

# **Greenup Fire and Ambulance Department**

115 W Cumberland St., Greenup, IL 62428217-923-5505 (non-emergency)(No website available)24 hours 7 days a week emergency services

Emergency medical, fire protection, and first responders.

# **Haughton Park**

300 Haughton Park Greenup, Il 62428 217-923-5175

https://villageofgreenup.com/parks-recreation

Sunday-Saturday from dawn until dusk

Local recreational facility that offers a variety of outdoor amenities for visitors

# **Jennings Park**

600 Park Ave, Neoga, IL 62447

### https://neoga.org/community-links/

Sunday-Saturday from dawn until dusk

Local recreational facility that offers a variety of outdoor amenities for visitors

# **Narcotics Anonymous (Cumberland)**

First Southern Baptist Church in Greenup Tuesdays at 6pm

A 12-step recovery program

#### **National Domestic Hotline**

1-800-799-7233 (SAFE) 24 hours 7 days a week

# **National Human Trafficking Hotline**

1-888-373-7888 24 hours 7 days a week

#### **National Suicide Hotline**

988

24 hours 7 days a week

#### **Neal Park**

706 East Madison St. Toledo, IL 62468 217-849-3336 (No website available) Sunday-Saturday from dawn until dusk

Local recreational facility that offers a variety of outdoor amenities for visitors

# **Neoga Fire and Ambulance Services**

757 Chestnut Avenue, Neoga, IL 217-895-3911 (non-emergency) (No website available) 24 hours 7 days a week emergency services

Emergency medical, fire protection, and first responders

# **Old City Park**

386 Grove Ave, Neoga, IL 62447 <a href="https://neoga.org/community-links/">https://neoga.org/community-links/</a> Sunday-Saturday from dawn until dusk

Local recreational facility that offers a variety of outdoor amenities for visitors

# **One Hope United**

701 Monroe Avenue Charleston, IL 61920 217-294-6727

www.onehopeunited.org

Monday-Friday 8am-5pm

Childcare, foster care, adoption, intact family services, comprehensive community-based youth services (CCBYS), and nurturing families.

# PREVAIL (formerly SACIS)

 $825\ 18^{\text{th}}$  St. Ste 409 Charleston, IL 61920 217-348-5033

www.prevailil.org

Monday-Friday 8am-4pm

Counseling, advocacy, case management, community education, and prevention services for individuals affected by sexual violence.

#### **Rides Mass Transit**

509 E Jasper St. Paris, IL 61944 (has fleet located in Cumberland) 1-866-389-7536 Monday-Saturday 8am-4pm

A federally funded transportation program. Must schedule appointments in advance.

# **Sav-Mor Pharmacy**

596 Oak Avenue Neoga, IL 62447 217-895-2238 www.savmor.com

Monday-Friday 9am-6pm

Saturday 9am-12pm

Pharmaceutical company

# Self-Management and Recovery Training (SMART) Recovery Support Group - Online www.smartrecovery.org

Evidence based substance use recovery program.

# **Social Security Administration**

1207 Network Center Drive Suite 2 Effingham, IL 62401 855-213-528

www.ssa.gov

Monday-Friday 9am-4pm

Retirement, disability, survivor, family, supplemental security income (SSI), and Medicare benefits. Social security cards and records

# **Toledo Pharmacy**

104 Courthouse Square Toledo, IL 62428 217-849-2666 www.toledoillinoispharmacy.com Monday-Friday 9am-5:30pm Saturday 9am-12pm

Pharmaceutical company

# **Toledo Fire Department**

160 Courthouse Square Toledo, IL 62428217-849-3666 (non-emergency)(No website available)24 hours 7 days a week emergency services

Emergency first responders and fire rescue.

# **YMCA (Neal Center)**

130 Courthouse Square Toledo, IL 62468 217-235-2500

https://mattoonymca.org/

Monday-Friday 5am-9pm Saturday 7am-5pm Sunday 12-4pm

Nonprofit community center with a gym, pool, and volleyball court, plus programs for all ages