

Bond County Recovery Council Wednesday, October 8, 2025 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3<sup>rd</sup> Floor

# Meeting Minutes:

#### 1. Welcome and Introductions

#### In Person:

Toni Randall-Bond County Recovery Council Coordinator Monique Brunious-Bond County Recovery Council Coordinator Beverly Holland-Statewide Region 5 TA Mike Luther-Supervisor DOPP/OEND Dusty Hanner-DOPP/OEND Team

#### Via Zoom:

Dan Hutchinson-ROSC Supervisor Alex Schneider-Outreach HSHS Dawn Steward-Gateway Regional Jessica Palazzolo-Lincoln Prairie Patrick Small-HSHS

- 2. Presentation- Community Needs Assessment (starting a new one now)
  - -We will have both paper copies and a QR code that can be submitted online. If an individual doesn't care which one, please do QR code. Tracking is much easier.
  - -First 10 questions are decided by the state. Council chose the last 5 questions. Reduced from 21 questions last year to 15 this year.
  - -Do people need more education on MAR treatment? The last survey indicated that.
  - -MAR is provided at Prairie Counseling Center. They also have a partnership with Chestnut. No Methadone provided.
  - -Syringe Services will be available in the near future in Bond County.
  - -Please help us get the survey out. We have a HUGE goal to get 1000 filled out by November 30<sup>th</sup>. We can't do this without everyone's help.
  - -The data will be available to any organization who would like to use it. We will also have comparison data from the last survey done.

- 3. Strategic Plan Work Group Updates
  - **RCO Development**-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently working with the "Next Network" from Litchfield about sharing services in Bond County. Patrick Miller, Shane Pinnell, Jon Magnuson, Thomas Srygler, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Pastor Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. Next meeting will be October 14th. Would anyone like to be added to the group? Please email Toni
  - **Equity and Incusion in Rural Communities** (used to be transportation)-3-4pm, meet via Zoom on the 4<sup>th</sup> Wednesday of the month. Melissa Marti, Michelle Miller, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Monique Brunious & Toni Randall. We are looking for ways to improve Equity in Bond County. Monique was off work for a couple of months. This group will return to meetings on October 22nd. Would anyone like to be added to the group? Please email Monique
  - **Stigma**-8:30-9:30 am, meetings will be held at Vicki's Diner in Greenville on the 4th Thursday of each month. We have started a NEW Stigma Reduction campaign called "Beyond the Silence". This would be a great time to join us. Alice Fitzsimmons, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Rebecca Klitzke, Thomas Srygler, Samantha Hill, Monique Brunious & Toni Randall. Next meeting October 23rd. Would anyone like to be added to the group? Please email Toni
- 4. Review of Old Business
  - **Completed Resource List**-Currently working on updating by the end of October for fiscal year 26. We will be emailing and asking for help with any updates, changes, additions or deletions. We want this document to be as up to date as possible. Thank you for your help with this.
  - **-We continue to have Laundry Day**. The next one will be the first Saturday of the month llam to lpm on November 1st. We are currently have a partnership with the Prairie Counseling Center on this project. Could also be partnering in the future with the First Baptist Church. Averaging 10-15 loads each time. Possibility of doing twice a month in the future.
  - **-Unhoused bags-**we made 50 of these. We have maybe ½ of them left. We will be sharing them with Next Network when they start doing outreach in Bond County. They will have contact with those in need. Amanda Zinkgraf from Prairie Counseling Center has also been doing outreach on Fridays and getting these to those in need. Do we have anyone who has a need?
  - **-Punch Cards for Attending Meetings-**Bond County Recovery Council has partnered with Prairie Counseling Center for this project. Got clarification from Michelle. Any meetings in Bond County that are attended count towards a gift card when you get 10 punches. These are to encourage people to attend our local meetings.

#### 5. New Business

-A recording of last months meeting has been uploaded to our You Tube channel for anyone who was unable to attend to watch. We will be trying to do this each month.

- -Anti Stigma Work Group-we have started a new campaign. "Beyond the Silence"
- -Video Clips of PLE's & their experience with Stigma (filming is done for the 1<sup>st</sup> round) First video has been released on the Bond County Recovery Council's NEW You Tube Channel
- -QR code-leads to our NEW YouTube channel
- -Yard Signs-have arrived. We had them on our parade float this year. They were introduced and handed out at OD Awareness. We had 100 of them. Goal is to have all of them up in Bond County to share the Anti Stigma messaging. Take a look at end of agenda for samples. We are down to 10 or 15 left. Let Toni know if you would like one.
- -Buttons with Anti Stigma messages-these were released at Overdose Awareness. Same messaging as Yard Signs. Available for anyone who would like them. Just let Toni know. Samples at the end of agenda.
- -Table Tents to link to You Tube channel with videos-currently working on
- -Stickers, car clings with messages (same messaging as Yard Signs & Buttons) -currently working on
- -Store front windows
- Podcasts & Media Interviews
- -Community presentations

Many thanks to ALL of you who helped make our Recovery Month a HUGE success! Your support is appreciated.

-We have already started discussing plans for next year!

## September is Recovery Month (events hosted):

Saturday, September 6th-Recovery Walk

Wednesday, September 10<sup>th</sup> at 5:30pm-Prayer for all who struggle with Substance Use, Mental Health, their families, friends and loved ones.

Saturday, September 13th - "Senior Prom" Awesome event.

Sunday, September 14<sup>th</sup>- "Church Recovery Prayer Day" Letter's were mailed to all churches in Bond County. I hope your church shared.

Saturday, September 20th - "Rockin' For Recovery" in Bethalto. Took shuttle

Saturday, September 27th – "Recovery Picnic" 4<sup>th</sup> one. Biggest and best yet.

-Game Nights-will be returning on October 18<sup>th</sup> from 6-9pm with a Movie Night at "The Vine" in the basement of the First Baptist Church. We will be watching "Recovery Boys". Popcorn, snacks, and drinks provided for FREE. Please share and invite everyone.

6. Update from any Groups & Organizations

-The Annual Fall Give-Away is Saturday, October 11 from 11 am to 3 pm at the First Baptist Church Greenville. FREE children's haircuts will be from 11 am - 1 pm. Be sure to get in line early as it is first come, first serve!!!

#### 7. General Reminders

- -ADVISORY BOARD FOR PEOPLE WITH LIVED EXPERIENCE. In 2025 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior Center in Greenville. Free drinks & \$20 GC for attending & contributing. Next meeting is November 5th at 7pm-8:30pm.
- FAMILY GAME NIGHT. The Advisory Board will also be hosting on the 3<sup>rd</sup> Saturday night of the month from 6-9pm at the Senior Center. Lots of FUN things ahead with this. We will be hosting movie night, having a "gratitude" night, tie dying t-shirts, having a Christmas party and so much more.
- -SORENTO CELEBRATE RECOVERY-Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting.
- -GREENVILLE CELEBRATE RECOVERY-Free Methodist Church in Greenville. Thursday's 5:30pm-Dinner, 6:15pm-Large Group, 7:15pm-Men's & Women's Groups (Childcare Available)

## -SMART RECOVERY-Prairie Counseling Center, Tuesdays 6pm

#### -LOST & FOUND TIMES-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Tuesday-Women's Recovery Group 6:30pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

- -BOND COUNTY TRANSIT- Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. (Shopping time is llam-noon). It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work.
- -AMARE FAMILY SUPPORT-Lyndsey McCoy, Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at <a href="mailto:lmccoy@amarenfp.org">lmccoy@amarenfp.org</a>
- -REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.
- -HEALERS group will be updated soon. For more information contact Monique
- 8. FREE Virtual Narcan Training each month by Chestnut. For more information email <a href="mailto:SR-NARCAN@chestnut.org">SR-NARCAN@chestnut.org</a>. The next one is Thursday, October 16th. Please see flyer at the end of the minutes.

#### Future Meeting Dates for 2025:

November 12, 2025

December 9, 2025

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.













**YOU Are** Not ALONE!
In Bond County **Buttons** 



# OPEN TO THE PUBLIC Thursday, October 16, 2025

10-11 a.m. or 2-3 p.m. (CST)

- Learn how and when to administer NARCAN®
- Learn why to administer NARCAN®
- Learn why we have an opioid epidemic
- Learn how to obtain free NARCAN® and other useful resources

#### To register for the 10 a.m. meeting:

https://zoom.us/meeting/register/4PQgBClaQpeXXlsB8L5fxQ

#### To register for the 2 p.m. meeting:

https://zoom.us/meeting/register/WkbH3jDCRlSC-HUOD3xLgQ

After registering, you will receive a confirmation email containing information about joining the meeting.



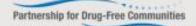
#### Can't Make This Date?

Future Trainings: November 20 December 18

#### For more information:

narcan@chestnut.org 618-512-1781





This training is sponsored by the Partnership for Drug-Free Communities and the St. Clair County Drug Prevention Alliance: Funding provided in whole or in part by the Illinois Department of Human Services/SUPR, SAMHSA, and the Madison County Mental Health Board.