

Ford County ROSC Council Meeting Minutes

Tuesday, September 23, 2025, at 8:30 AM (Hybrid)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

1. Frankie Ward (Chestnut Health Systems, Recovery Specialist)
2. Kari Knapp (Chestnut Health Systems - Associate of Community Health)
3. Barbara Brumleve (Ford County ROSC - McLean County ROSC, Chestnut)
4. Heather Angus (Peer Recovery)
5. Dave King (Carle Addiction Recovery Center – Community Outreach)
6. Melissa Johnson (LifeCil – Community Living Advocate)
7. Glenn Miller (Ford County Health Department - Administrator)
8. Del Saam (Veteran’s Treatment Court)
9. Betty Kay Bennington (Ford County Health Department)
10. Mark Ecker (Ford County Health Department)
11. Deb Beckmann (Statewide ROSC)
12. Abby Behrens (Prevent Child Abuse Illinois)
13. Steve Bridges (Central Illinois Joining Forces)
14. Helen Haynes (ECICAA)
15. Jill Duden (Birth to Five)
16. Liam Wheeler (Central IL Continuum of Care)
17. Christine P (Carle Health)
18. Jennifer Harrison (Ford County Health Department)

Agenda:

- **Welcome & Introductions**
- **Main Topic: September is National Recovery Month**
 - **Recover Out Loud: Heather Angus**
- **Recovery Month Plans**
 - Paint the Town Purple
 - Local events
 - Reframing Recovery
- **Community Survey**

- Review Survey
- Distribution Efforts

- **Agency Updates**

The Ford County ROSC Council recently held a virtual meeting via Zoom, with 18 participants in attendance. We would like to extend our sincere gratitude to Heather Angus for courageously sharing her personal journey in recovery.

Heather's openness and authenticity serve as a powerful reminder that recovery is not only possible—it is probable. Her willingness to **"recover out loud"** inspires hope and strength within our community.

Thank you, Heather, for your honesty, vulnerability, and the positive impact of your story.

Main Topic:

National Recovery Month – Frankie created (I think) one of her BEST Powerpoints...



Paint the Town Purple:



Reframe Recovery:



Survey Overview and Community Engagement Strategy

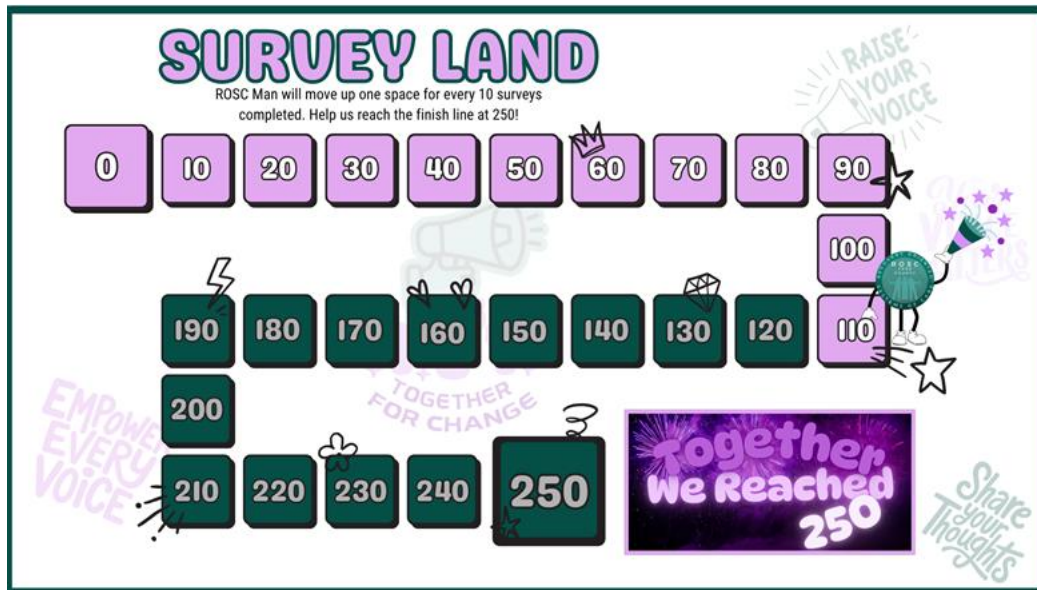
Frankie Ward provided an overview of the community survey that Ford County plans to distribute, emphasizing the importance of local data in guiding their work. The first ten questions are state-mandated and will not change, while some questions from the previous year have been removed to shorten the survey. The survey was launched on September 1st to avoid the holiday season.

Frankie Ward emphasized the importance of having a specific goal for survey participation, proposing a target of at least **250 responses**.

We need your help distributing the survey. We have created a **sign-up genius** for you to review and sign up to distribute surveys if you're available:

Here is the link: [Volunteers: Ford County ROSC Community Survey Distribution Sign Up](#)

ROSC Man is on the GOooooooo!!!



Agency Updates:

Betty Kay discussed all the initiatives underway at the Public Health Dept. regarding Harm reduction. Specifics to come! Vending machines, sharps disposal boxes included, educational materials, etc.

Abby Behrens- Prevent Child Abuse IL – Registration for next DEC webinar

Tim Nuss extended an invitation to anybody and everybody to the Ford County Board Meetings. They meet on the 2nd Monday of every month at 7pm in the basement of the Sheriff's office. You'll always have a platform!!

CONNECTION IS KEY!!!

We look forward to seeing you at the next ROSC council meeting, via Zoom, on **Thursday, October 30th at 8:30 am.**

As always, please reach out if you have any questions, ideas for collaborations, etc.



MISSION CONTROL: CONTACT HEADQUARTERS

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