

Douglas County ROSC Council Meeting Notes

Date: September 24, 2025

Time: 10:00 AM

Location: Virtual via Zoom and In-Person at the Douglas County Annex, 209 East Van Allen, Tuscola, IL

1. Douglas County ROSC Council Meeting Attendees:

Johanna Gonzalez-Illinois Department of Human Services ROSC Coordinator, **Deb Beckmann**-ROSC Statewide Leadership Team **Lyndsey Reedy**- Douglas County ROSC Coordinator, **Kandis Mills**- Douglas County ROSC Recovery Navigator, **Jamie Miller**-Southern Illinois Healthcare Foundation, **Shawana Storm**-Southern Illinois Healthcare Foundation, **Jeffery D.**-Community Member, **Rob Wentz** – Firefighter/Community Member/PLE Guru, **Leanna Morgan**-B.A.S.E Program Coordinator with Hour House, **Megan Janes**-B.A.S.E. Program with Hour House, **Nick Spidle**- B.A.S.E. Program with the Hour House, **Jennifer West**-Hour House, **Heather Meyers**-Salvation Army Supportive Services for Veterans and families, **Marcia**-Dial A Ride, **Brycen McFadden**-Oxford House, **Abby Behrens**-Prevent Child Abuse Illinois, **Summer Phillips**- Douglas County Health Department, **Samantha Hicks**-Effingham ROSC Coordinator, **Christine P.**- Carle Outreach, **Matthew Hales**-Newman Regional Library, **Tony Hooker**- Parkland College, **Linda Scribner**-Founder Be BRAVE/PJ's Place, **Nina Pankau**- Be BRAVE/PJ's Place/Community Member, **Misty Robinson**-Douglas County Navigator with , **Katie Dorsett**-Douglas County Probation, **Brody Good**-Douglas County Probation, **Megan Ballard**-Coles/Moultrie ROSC Navigator, **Kaitlin Rund**-Douglas County Jail Administrator, **Sheriff Nate Chaplin**

3. Organizational Spotlight / Guest Presentation

Presenter: Shawna Storm FNP-C and Jamie Miller from Southern Illinois Healthcare Foundation in Arthur

Topic: Overview of MAR (Medication Assisted Recovery)

Southern Illinois Health Care in Arthur is seeing people for a variety of reasons including pain management and addiction recovery. They do offer Sublocade and Vivitrol injections and oral Buprenorphine. Shawana has taken the 40 hours of training and passed the exam to be able to practice with confidence and fidelity even though this is not required now. She would encourage any provider to take the 40 hours of training to be able to dose and monitor their patients properly and safely.

The patients they see are self-referrals they are not mandated to seek any kind of treatment they have simply heard from someone about the clinic. There is a contact when starting treatment that helps with having a healthy boundary and expectations. Patients will come in every 26 days to complete a drug screen and follow up to then get their next injection. Shawana said they key to success is the follow up and if patients miss their appointment they can experience cravings and that can lead to relapse. Honesty also plays a big role in patient success. She needs patients to be honest so that she can help.

Usually patents will participate in the appropriate treatment for about six months at a time and then reevaluate how things are going and if it is best to continue. The hope is in that time the patient finds additional resources such as counseling, a sponsor, self-reflection, employment, etc. She does not want

to abruptly stop the treatment but to make a plan to lower the dose of medication and then again reevaluate. It is ultimately up to the patient. Shawana sees it as she is the vehicle to sobriety and the patient is driving. She just needs to know the route to go.

She strives to build a good rapport with the patients and make sure they know the office is a judgement free zone and that they are there to help.

The office has not experienced any major issues getting treatments covered by insurance they do accept Medicaid at their office.

SIHF is located at 1710 State Route 133 Arthur, IL 61911

Phone Number is 217-543-2446

4. Transitional Housing Updates (PJ's Place)

- Awarded opioid settlement funds that Linda applied for, waiting on result of T-Mobile grant.
 - A contractor (with a more reasonable quote) has been selected for renovations.
 - Working on intake form, house rules, and regulations.
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5. STYLE Group (Strength Through Your Lived Experience)

- The group is open to others for support, encouragement, and to help plan community activities. People may be or have been impacted by different lived experiences so please feel free to come to this group and learn more. Next meeting is on October 21th at 6 pm in person at 209 E Van Allen in Tuscola.
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6. Navigator Updates

- Community in person education group is happening once a week in October. **Thursdays at Home Town Grounds in Tuscola from Noon-1:00 pm.**
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7. Upcoming Douglas County ROSC hosted or partnered events

- ROSC will be at the Atwood Food Pantry on September 27th sharing information and resources. We will also be collecting survey responses.
 - ROSC will be at the **Sensory Friendly Trick or Treat** in Tuscola on October
 - **Trunk or Treat** on October 27th from -pm at the Pizza Hut in Tuscola.
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8. Next Meeting: October 22nd, 2025 starting at 10am located in the Douglas County Annex and on zoom.