

# Logan/Mason ROSC Meeting Notes

September 18th, 2025

#### Attendance:

- Deb Beckmann
  - o Statewide ROSC
- Sandra Beecher
  - o Gateway Foundation
- Abby Behrens
  - o Prevention Child Abuse Illinois
- Rodd Boyd
  - o Logan County Jail
- Jeanette Davis
  - o Chestnut Health Systems-Logan/Mason ROSC
- Kristin Davis
  - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- Kami Garrison
  - o Statewide ROSC
- Johanna Gonzalez
  - o IDHS DBHR
- Jeff Gray- Speaker
  - o Carle Health
- Dani Hernan
  - o SIU Center for Family Medicine
- Kalin Cooper
  - o Mason District Hospital
- Grace Irvin
  - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- Lori Jackson
  - o SIU Center for Family Medicine
- Carmen Lanham
  - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- Lisa Latham
  - o West-Central Illinois Area Health Education Center
- Molly McCain
  - o Lincoln Memorial Hospital



- Tristan McGrew
  - o TASC (Treatment Alternatives for Safe Communities)
- Marie Riley
  - o Sangamon County Department of Public Health-Early Intervention
- Samantha Martini
  - o Family Guidance Center
- Tia Schum
  - o Piatt County Mental Health Center
- Kim Turner
  - Logan County Crime Stoppers, Drug Court, Veterans Court, Logan County Probation, & Hope on 5<sup>th</sup> Board Member
- Tyler Wenger
  - o Chestnut Health Systems
- Naomi Willis
  - o The Pavilion Behavioral Health System

## **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and
  holistic recovery options for people who are at risk of, or suffering from, substance use
  disorders while educating and connecting Logan and Mason counties to reduce stigma
  and improve recovery outcomes.
- The Naloxone Saves Lives panel discussion was on Overdose Awareness Day (August 31<sup>st</sup>). The recording is on the Logan County Recovers Together or Mason County Recovers Together Facebook pages. Hope on 5<sup>th</sup> allowed an in-person audience along with the Facebook audience.

#### **New Business:**

- Jeff Gray was the highlighted speaker during the meeting. He shared his story of recovery and hope.
- Jeff is currently a substance use disorder counselor with Carle Health at the Addiction Recovery Center.



- Jeff started an alumni meeting in Peoria and people have been sent to Hope on 5<sup>th</sup> for meetings as well.
- Jeff has lined up the speakers for the Mason County Recovery Walk in Havana on Saturday, September 20<sup>th</sup>.

# **Reminders/Recovery Resources:**

- The Logan/Mason ROSC has updated meeting flyers and cards. There are multiple meetings to add to the cards. Be expecting some new cards to be distributed soon. If you haven't received cards and need some, please reach out to Jeanette.
- A community resource available is logancountyresources.org and masoncountyresources.org. These are comprehensive websites that have been put together. If you see errors or something needs to be added or removed, please reach out. These cards are also available.
- Harm reduction resources in Logan County are located at the Family Custom Cleaners (Lincoln), Logan County Health Department (Lincoln), Mt. Pulaski Library District, Logan County Courthouse (Lincoln), Hope on 5<sup>th</sup> (Lincoln), Logan County Jail Lobby (Lincoln). There are other places that the ROSC would like to include for harm reduction resources (Walgreens and other distributors).
- Dani mentioned that Kara at the health department has plenty of naloxone if anyone needs any.
- There are harm reduction resources in Mason County at Havana Public Library, Mason County Health Department (Havana), Forman Valley Public Library (Manito), and Mason City Public Library.

# **Upcoming Events:**

- The Deflection Program is coming to Logan, Mason, and Menard counties. This program has been named BRIDGE (Building Recovery Inclusion in Dignity for Growth and Empowerment). We have the support of the Chief of Police in Lincoln. This may help people who have not yet gotten into the legal system. Deflection Specialists will be on hand to walk alongside and check in with people. If someone goes through the deflection process successfully, the charge may be dropped off. If you would like to know more about this program, please reach out. The next meeting is on Tuesday, September 23<sup>rd</sup> from 1:00 p.m. 2:30 p.m. and will be Zoom only.
- On Saturday, September 20<sup>th</sup>, a Walk for Recovery event will be held in Havana from 12:00 p.m. 3:00 p.m. at the Riverfront Park. There will be speakers, food, and fellowship. We would love for you to come along and share resources. A link has been



- sent out if you are interested in attending. If you are unable to attend, the ROSC is willing to display your resources at the event.
- On Saturday, September 27<sup>th</sup>, a Walk for Recovery event will be held in Lincoln from 12:00 p.m. 3:00 p.m. at Scully Park. There will be speakers, food, and fellowship. If you plan to attend, please fill out your information on the link that was sent.
- The Recovery in Action subcommittee continues to meet on the second Tuesday of every month. The people in these meetings help plan events and share information in the community. If you know of someone who would like to contribute to the group, please send them our way. The next meeting is on Tuesday, October 14<sup>th</sup> from 4:30 p.m. 6:00 p.m. at Hope on 5<sup>th</sup> in Lincoln (2<sup>nd</sup> floor). The group will be creating more resources bags for the Logan County Jail. They are given to people who leave the jail. The bags include naloxone, testing strips, meeting cards/flyers, health department information, etc.

## **Additional Feedback/Updates:**

- Naomi mentioned that Saturday night (September 20<sup>th</sup>) in Peoria, there will be a Stand Up for Recovery event. A lot of people from the northwest central Illinois and Peoria area will be sharing recovery stories.
- Abby mentioned Jeanette helped facilitate an event for Prevent Child Abuse Illinois, which was a success. Their last Lunch and Learn will be next week on the topic of Exploring Kinship of Care. This is a great event for grandparents raising grandchildren or anyone raising someone that is not biologically their child. A flyer has been sent regarding their Domestic Violence Trainings. October is Domestic Violence Awareness Month. A Domestic Violence Program Coordinator will be hosting two trainings on exposure to domestic violence on children in October, which is a free webinar. If anyone has training opportunities or anything you'd like sent out to the central region, Abby sends out email blasts. She would be happy to add your trainings in as well.
- Jeanette mentioned that the Logan County Jail is hiring. If you know anyone who may be a great candidate, please send them to Sheriff Boyd.
- Molly mentioned that there is a Walking Challenge being hosted by Lincoln Memorial Hospital from October 1<sup>st</sup> through October 31<sup>st</sup>. It's called The Harvest 100 (100 miles). There is an app to go along with the walking challenge. The app tracks all your steps. If you are able to walk 100 miles, you will get a long-sleeved T-shirt for free.
- Kim mentioned that there is a huge waiting list for Hope on 5<sup>th</sup>. There are 22 people at Hope on 5<sup>th</sup>. If you would like to help, you can go to the Hope on 5<sup>th</sup> Amazon Wish List and send your money along. Everyone that is a part of Hope on 5<sup>th</sup> are volunteers. If you would like more information about Hope on 5<sup>th</sup>, please reach out.



## **Contact Info:**

- Jeanette Davis- Recovery Specialist
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- Grace Irvin- Prevention Coordinator
  - o gcirvin@chestnut.org; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - o timcgrew@chestnut.org; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - o nfklekamp@chestnut.org; 309-824-3765

# **Next Meeting:**

- Thursday, October 16th at 2:00 p.m.
  - $\circ$  This meeting will take place at Hope on  $5^{th}$  (Lincoln). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:
     https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT0
     9
  - o Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:00 p.m.