# Logan/Mason ROSC Meeting Notes

August 21st, 2025

#### Attendance:

- Deb Beckmann
  - Statewide ROSC
- Abby Behrens
  - o Prevention Child Abuse Illinois
- Jeanette Davis
  - Chestnut Health Systems-Logan/Mason ROSC
- Kara Davis
  - o Logan County Department of Public Health
- Kristin Davis
  - o Family Guidance Center-Regional Substance Use Prevention Integration Center
- Kendra Day
  - Memorial Behavioral Health
- Kami Garrison
  - Statewide ROSC
- Dani Hernan
  - o SIU Center for Family Medicine
- Jody Howerter
  - All In Wellness Professional Counseling Services
- Grace Irvin
  - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, BASE, & Impacted Youth Project
- Carmen Lanham
  - Family Guidance Center-Regional Substance Use Prevention Integration Center
- Lisa Latham
  - o West-Central Illinois Area Health Education Center
- Samantha Martini
  - o Family Guidance Center
- Molly McCain
  - o Lincoln Memorial Hospital
- Brycen McFadden
  - Oxford House
- Jeff Nelson
  - o PLE-Volunteer
- Silas Tockey
  - o Community Action Partnership of Central Illinois
- Dominic Valenti
  - Chestnut Health Systems
- Tyler Wenger
  - Chestnut Health Systems

- Naomi Willis
  - o The Pavilion

#### **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is
  person-centered and builds on the strengths and resilience is of individuals, families, and
  communities to experience recovery and improved health, wellness, and quality of life for those
  with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is
  to create an infrastructure, or "systems of care", with the resources to effectively address the
  full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

#### **New Business:**

- An agency highlight of "The Pavilion" took place during the meeting. Naomi Willis was the presenter.
- The Pavilion is an organization that provides in-patient services for adults and adolescents who are dealing with mental health and substance use disorders.
- The Pavilion offers secure psychiatric services, which means that when an individual crosses the threshold to needing more support to guarantee their own safety. They make sure that your person has support while they're dealing with one of the most difficult experiences of their life.
- There is also a 28-day program, which is residential for substance use.
- The Pavilion offers detox, however, there are a couple of substances that are not offered detox for, one being meth.
- However, if someone is detoxing from meth, but is experiencing psychiatric symptoms that do put them over that threshold (misperceiving reality or need support to make sure they're safe), that constitutes an admission. There isn't methamphetamine detox as a service on its own.
- If you need any clarifying information, please give Naomi a call.
- The Pavilion has 24/7 walk-in admissions. However, for admissions for the 28-day residential substance use program, you should call ahead and let them know what you are looking for. You may be scheduled for impatient or for a direct admission.
- If you are scheduled for a direct admission, that assessment taking place on that day will be the determinant of whether or not you're able to get into the program.
- If you're not sure if there's a medical issue going on and someone is sent to the emergency department, you can ask The Pavilion to keep an eye out and make sure everything goes well.
- You can send Naomi a message to become a referral partner.
- Please invite Naomi to events for resource tables.
- The detox services at The Pavilion are medicated-assisted.
- The Pavilion does not do phone screenings for the 28-day program to directly admit.

- Five to seven days is the average stay for adults at the Pavilion, but that will depend on people meeting the criteria.
- The Pavilion does take hospital-to-hospital transfers.
- People can say which facility they have a preference for in regards to treatment.
- The average number of discharges and admissions per day is somewhere between seven and twelve.

# **Reminders/Recovery Resources:**

- The Logan/Mason ROSC has updated meeting flyers and cards. If you need any, please let Jeanette know.
- There are community resource cards available for Logan and Mason County.
- The SMART Recovery meetings are on Fridays from 12:00 p.m. 1:30 p.m. at Hope on 5<sup>th</sup> in Lincoln (2<sup>nd</sup> floor).
- There are a couple of women's groups that take place. There is the "Women's Peer Support Group" happening at Hope on 5<sup>th</sup> on Wednesdays at 9:00 a.m. Also, there is "A Women's Way Through the 12 Steps" meeting at Hope on 5<sup>th</sup> on Sundays from 1:00 p.m. 3:30 p.m.
- There are two Mason County recovery meetings. The "Odds and Ends Peer Recovery Support Group" takes place at Havana Hardee's on Wednesdays at 6:00 p.m. That meeting may happen outdoors at Riverfront Park if the weather is nice. If you have questions about this meeting, you can contact the number on the flyer. There is also a "Recover Out Loud" meeting at the Havana Church of Christ on Fridays at 6:00 p.m. This meeting started in March.
- Harm reduction resources in Logan County are located at the Family Custom Cleaners (Lincoln), Logan County Health Department (Lincoln), Mt. Pulaski Library District, Logan County Courthouse (Lincoln), Hope on 5<sup>th</sup> (Lincoln), Logan County Jail Lobby (Lincoln). All the libraries in the state must have harm reduction resources available. The Lincoln Library will be added to the list of harm reduction resource sites. Elkhart Library will also have harm reduction resources soon.
- There are harm reduction resources in Mason County at Havana Public Library, Mason County Health Department (Havana), Forman Valley Public Library (Manito), and Mason City Public Library.
- On January 1<sup>st</sup>, it will be state law that every library is to carry naloxone. They are to be trained on how to administer it as well.

# **Upcoming Events:**

The ROSC Anti-Stigma Campaign has been launched this past year. Soon, the ROSC will be
creating boxes that will include campaign materials, which will be placed in the community. The
ROSC is partnering with Guest House in Lincoln and will put up materials at that location. When
the ROSC posts materials on social media and distributes posters, please help spread the word
about the campaign. The community survey last year showed that a lot of people weren't seeing
the campaign materials.

- The next Deflection Program Implementation Planning meeting is on August 26<sup>th</sup> from 1:00 p.m. 2:30 p.m. at the Logan County Health Department. If you haven't heard about the deflection initiative and would like more information, please reach out. The deflection initiative covers Logan, Mason, and Menard County. The ROSC is looking for more people to represent Mason and Menard County.
- The Naloxone Saves Lives: Panel Discussion will be on Overdose Awareness Day, which is on Sunday, August 31<sup>st</sup> from 3:00 p.m. 4:00 p.m. This will be on Facebook Live, but there will also be done live and in person at Hope on 5<sup>th</sup>. It will be on Facebook and YouTube if you aren't able to watch it live. If you have any questions, please reach out to Jeanette.
- The Mason County Walk for Recovery will be in Havana on Saturday, September 20<sup>th</sup> at the Riverfront Park from 12:00 p.m. 3:00 p.m.
- The Logan County Walk for Recovery will be in Lincoln on Saturday, September 27<sup>th</sup> at Scully Park from 12:00 p.m. 3:00 p.m. The ROSC is looking for agencies to have tables at these walks. There will also be speakers, food, and celebration of recovery.
- The Recovery in Action group meets the second Tuesday of every month from 4:30 p.m. 6:00 p.m. at Hope on 5<sup>th</sup> (second floor). The next meeting will be on Tuesday, September 9<sup>th</sup>. The ROSC is always looking for people to join the group and help with event planning.

#### Additional Feedback/Updates:

• On August 9<sup>th</sup>, the Logan-Mason ROSC had a "Breaking Barriers" event. Samantha mentioned that the event was a good turnout. The speakers were phenomenal. Tables were set up and there was food. There were three speakers at the event.

# **Contact Info:**

- Jeanette Davis- Recovery Specialist
  - o jedavis@chestnut.org; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - o gcirvin@chestnut.org; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - tjmcgrew@chestnut.org; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - nfklekamp@chestnut.org; 309-824-3765

### **Next Meeting:**

- Thursday, September 18<sup>th</sup> at 2:00 p.m.
  - This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:
     <a href="https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09">https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09</a>
  - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:01 p.m.