

# DuPage ROSC Council Meeting Minutes

August 13<sup>th</sup>, 2025

**0:00-13:45**

**ROSC Coordinator Jarrett Burton** starts this month's meeting by welcoming everyone and introducing himself. Jarrett asks everyone to put their name and contact information in the chat.

Jarrett talked about the importance of everyone sharing their contact information, as it helps the ROSC report on attendance, but also so people can connect offline for referrals, collaborations, etc.

Jarrett started by mentioning that we are on-site this month at Gateway Foundation in Downers Grove, this is the latest stop on the community partner site tour, and Jarrett mentions the great turnout. Jarrett mentioned how gracious and awesome our partner sites have been, and this is no different!

Jarrett then thanked everyone who came out to the ROSC & Serenity House Overdose Awareness Day event, which is always a moving and special evening for all involved. Jarrett also mentioned that we were in the middle of recovery month, and asked everyone in attendance how they were going to be celebrating. Jarrett also wanted to briefly introduce the new ROSC intern Marcos, who comes to the ROSC as a CRSS from Elgin Community College.

Jarrett then went over the agenda for the meeting:

## DuPage ROSC Council Meeting 9/10/2025 Agenda

1. Meeting Open - Jarrett Burton
2. Agenda/Preview of upcoming meetings/trainings
3. Substance Trends September 2025
- 4. Service Spotlight: Gateway Foundation**
- 5. Mimi Doll, DuPage Federation: Recovery Ready Workplaces**
- 6. Annette Villareal, Kane County ROSC Coordinator**
7. ROSC Community Needs Assessments
8. Breakouts: Gaps in services (if time allows)
9. Organizational updates

**ROSC Coordinator Jarrett Burton** then promoted the September edition of the DuPage ROSC Presentation Series, which will be on Kava, a root that has been around for ages but most recently has become popular via the “Feel Free” shots that are sold at vape shops.

**ROSC Coordinator Jarrett Burton** then promoted the DuPage ROSC Facebook group, which is an easy way to keep track of all the things DuPage ROSC is working on, info on future meetings and more.

**ROSC Coordinator Jarrett Burton** then promoted a number of meetings happening in DuPage and surrounding counties: A NAMI DuPage group for families of loved ones with substance use and mental health challenges, a NAMI meeting for teens that need support, Live 4 Lali’s Grief and Loss Group.

**ROSC Coordinator Jarrett Burton** promoted the virtual SMART Recovery meeting held at Serenity House on Saturday mornings from 9-10am, and the virtual Refuge Recovery meeting held from 10:30a-11:30a

**ROSC Coordinator Jarrett Burton** then promoted Serenity House’s new Psychiatric program, which will provide free psychiatric services, including medications, crisis prevention, and more. You do not need to be insured to access services

**ROSC Coordinator Jarrett Burton** then promoted the ROSCs Narcan program, and asked anyone who was interested in hosting a ROSC Narcan wall-box to please reach out.

**ROSC Coordinator Jarrett Burton** then promoted the annual DuPage ROSC Recovery Picnic as well as the DuPage ROSC + Serenity House Pancake Breakfast

**ROSC Coordinator Jarrett Burton** then promoted the inaugural Kane County ROSC kickoff meeting happening at the Kane County Health Department on Wednesday, September 24<sup>th</sup> at 2pm. Jarrett says that Annette Villareal will be coordinating the Kane County ROSC and that he hopes he sees some familiar faces at the kickoff meeting.

### **13:25-15:32**

**ROSC Coordinator Jarrett Burton** then introduced the new segment that started a few meetings back called Substance Trends. This month, the substance being covered is medetomidine, a veterinary sedative similar to Xylazine that has been showing up in the US illicit drug supply. Some fast facts about medetomidine:

- 100x-200x the potency of xylazine
- Causes longer-lasting sedation, low heart rate, and more severe withdrawal symptoms.

- Medetomidine is NOT an opioid but is found in the street opioid supplies
- East Coast cities are seeing a rapid increase in ER visits for withdrawal and a rapid decrease in ER visits for substance use related skin and soft tissue infections (likely from Xylazine)
- Most patients going to ER for withdrawal need to be admitted to the ICU

### 15:32-33:00

**ROSC Coordinator Jarrett Burton** then introduced Annie Jaworska, MBA, LCPC, CADC. Director of Professional Relations at Gateway Foundation to discuss all of the great services available in northern Illinois with regards to substance use and mental health. Annie says that Gateway has been around for 55 years, and to date has serviced over 1 million clients suffering with substance use challenges. Annie tells us that Gateway has 16 sites throughout the Midwest—residential, PHP, IOP, Mental Health Counseling, Therapy, DUI assessments, etc.

Annie also talks about the robust alumni program and network that Gateway offers. She says that recovery does not begin and end at the treatment center, and so engaging the alumni is really important in providing healthy and fun sober activities

Gateway also has an app that can be used to stay connected and updated on upcoming events.

Annie listed some of the locations in the area that folks can access Gateway Foundation services: Downers Grove, Aurora, Lake Villa, Joliet, Chicago, Gurnee, Bloomingdale, Peoria, Springfield, Jacksonville, Swansea, Caseyville, and as far south as Carbondale. Jarrett mentions that it sounds like Illinois is pretty covered for Gateway.

Annie talks about the intensive outpatient programs offered at the Downers Grove location, as well as the upcoming recovery home location in Aurora.

Jarrett then spoke for a few minutes with Sonny Sorrentino, M.A., CADC, CODP 1, MAATP, CSA who was also a member of the ROSC program going back years. Sonny has a great story about becoming someone who works in this field after a career in politics, and now he's able to continue helping full-time at Gateway.

The last Gateway member that Jarrett spoke to was Tom Delgatto, the Senior Director of Outpatient Services at Gateway Foundation. Tom talked about his own transition from clinical work to program supervision over the years,

### 33:00—40:25

**ROSC Coordinator Jarrett Burton** then introduced Mimi Doll from The DuPage Federation, who joined the meeting to discuss some upcoming workforce development projects they've been working on

Mimi started by talking about the research they conducted last year, including a focus group at Serenity House. They were specifically looking to speak to folks who have faced barriers to employment in recovery—it felt like there were doors being shut in peoples faces so to speak. The DuPage Federation was looking to counter this by identifying existing recovery ready workplaces, and to educate those workplaces that wanted to learn more about it.

What is a Recovery Ready Workplace? Workplaces that:

- Expand employment opportunities to people in recovery from substance use and/or mental health challenges
- Put in place policies and practices that promote recovery and ensure access to needed resources
- Training and education to reduce workplace stigma
- Training and education to reduce workplace risk
- Informing employees of their rights to accommodations to maintain employment

Mimi and the DuPage Federation were looking to speak with more employers as well as local businesses that may have no idea how to go about instituting any of this stuff. Mimi posted a QR code that can be scanned to nominate recovery ready workplaces, or you can go to:

[https://www.surveymonkey.com/r/RRW\\_nominate](https://www.surveymonkey.com/r/RRW_nominate)

**40:45—46:15**

**ROSC Coordinator Jarrett Burton** then invited his colleague Annette Villareal up to the microphone to discuss becoming the Kane County ROSC Coordinator and all of the plans for the upcoming year.

Jarrett asked Annette how she thinks the Kane County ROSC might differ from the DuPage County counterpart, and Annette mentions that she hopes to see similar buy in from community members and organization, but the needs of Kane will probably end up being different than those in surrounding counties. Annette is looking forward to expanded outreach to different communities, including Spanish speaking communities.

Annette has been out and about in Kane doing outreach and meeting people to spread the word about the upcoming inaugural kickoff meeting at the Kane County Health Department on Wednesday, September 24<sup>th</sup> at 2pm.

Jarrett tells everyone that there will be a similar site rotation for meeting hosts, and that more information on the usual meeting times may change based on availability of community members.

**46:15—End**

With the remaining time left in the meeting, Jarrett asked if folks have any upcoming meetings, events, etc that they would like to promote:

- Family Shelter Service has multiple events coming up for Domestic Violence Awareness Month. They also have an upcoming maternal health presentation.
- Heartlife Ministries will be having Show Up Recovery for National Recovery Month and will be offering tours at their sites from 9:30-11:30am on Monday, Sept 15<sup>th</sup>
- Jarrett promoted the quarterly presentation in collaboration with Chicago Consciousness Café and Urban Apothecary; the next presentation will be on Ketamine Assisted Psychotherapy.
- College of DuPage will be hosting the next DuPage ROSC Council meeting on Wednesday, October 8<sup>th</sup> at 3pm

End.

Attendance:

Jarrett Burton	DuPage ROSC, PLE
Annette Villareal	DuPage ROSC, Kane ROSC, PLE
Marcos Hernandez	DuPage ROSC, PLE
Matt Ashley	The Way Back Inn, PLE
Scott Kaufmann	DuPage Health Dept
Mike Wood	Banyan Treatment Centers, PLE
Mark Matthews	Greater Family Health, PLE
Nicole Janssen	Recovery Centers of America
Bruce Sewick	College of DuPage, PLE
Roger Stefani	Hope For Healing, PLE
Winter Lane	DuPage Probation
Becky Sadler	Rosecrance Foundation
Melissa Murillo	Access Community Health
Mimi Doll	DuPage Federation
Brianna Haug	Oxford House Inc, PLE
Sharon Cabrera	Kane Co Health Dept

Judith Lukas	DuPage County Coroner
Angela Molloy	Relief Mental Health
Pamela Fort	New Day Employment Network, PLE
Ben Rudolph	Chestnut Health Systems
Barb Thurby	Catholic Charities
Corinne Broadus	Northern Illinois Recovery Community
Christina Banda	R&B Counseling
Khadija Khan	Wheaton Police Department
Celeste Fonseca	HLM Recovery
Magdalena Campos	HLM Recovery
Stephanie Snow	Endeavor Health/Linden Oaks Behavioral Health
Annie Jaworksa	Gateway Foundation
Tom Delgatto	Gateway Foundation
Sonny Sorrentino	Gateway Foundation
Erika Rivas	Family Shelter Service, PLE