

Bond County Recovery Council Wednesday, August 13, 2025 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3rd Floor

Meeting Minutes:

1. Welcome and Introductions

In Person:

Toni Randall-Coordinator Bond County Recovery Council Dusty Hanner-DOPP/OEND Mike Luther-Chestnut Supervisor Amanda Zinkgraf-Prairie Counseling Center

Via Zoom:

Beverly Holland-Region 5 TA
Patrick Small-HSHS Head of ER
Angella Holloway-St Clair County ROSC
Meagan McGlasson-Illinois Recovery Center
Sheridan Jordan-TAC
Dan Hutchison-Assoc Director Chestnut ROSC
Conswala Jones-St Clair County ROSC
Deb Beckman-State ROSC Team
Carrie McKinzie-Gateway Foundation
Alyssa Cline-Centerstone
Alex Schneider-HSHS Outreach
Sheena Langhauser-BJC Detox

2. Presentation- What is a ROSC? What is the Bond County Recovery Councils Strategic Plan?-Toni Randall

ROSC-stands for Recovery Oriented System of Care-Kick off meeting

Strategic Plan-See Power point slide at end of Minutes

We work off of a state funded Grant

ROSC-Recovery is a lifelong process

Personalized Supports

Build partnerships & networks

BCRC-now has a New YouTube channel. New Stigma videos will be released there No direct services provided, we are behind the scenes

3 Goals set in place

Address Stigma

RCO Development-enhance recovery supports

Prioritize equity in Rural Communities

Stigma

Videos of those with lived experience Stigma Yard Signs & buttons Local interviews with media Campaign is called "Beyond the Silence"

RCO Development

Working with Next Network

Would like physical space in Bond county within the next few years Create Funding streams

Please visit their website and see what they do

Equity in Rural Communities Work Group is now forming. It will be headed by Monique.

3. Strategic Plan Work Group Updates

-RCO Development-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently working with the "Next Network" from Litchfield about sharing services in Bond County. Patrick Miller, Shane Pinnell, Jon Magnuson, Thomas Srygler, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Pastor Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. Next meeting will be September 9th. Would anyone like to be added to the group? Please email Toni

-Equity in Rural Communities (used to be transportation)-2:30-3:30pm, meet via Zoom on the 3rd Tuesday of the month. Melissa Marti, Michelle Miller, Jennifer Noel, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Monique Brunious & Toni Randall. We are looking for ways to improve Equity in Bond County. Monique will be off work for a couple of months. This group will return to meetings on October 21st. Would anyone like to be added to the group? Please email Monique

-Stigma-8:30-9:30am, meet at Lost & Found in Greenville on the 4th Thursday of each month. We are starting a NEW Stigma Reduction campaign called "Beyond the Silence". This would be a great time to join us. Alice Fitzsimmons, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Rebecca Klitzke, Thomas Srygler, Samantha Hill, Monique Brunious & Toni Randall. Next meeting August 28th. Would anyone like to be added to the group? Please email Toni

4. Review Old Business

- *Completed Resource List-Continue to be a fluid document and will be emailed out every month for updates. Thanks for your help keeping these current.
 - **-We continue to have Laundry Day**. The next one will be the first Saturday of the month llam to lpm on September 6th. We are currently have a partnership with the Prairie Counseling Center on this project.
 - **-Unhoused bags** we made 50 of these. We have maybe ½ of them left. We will be sharing them with Next Network when they start doing outreach in Bond County. They will have contact with those in need. Do we have anyone who has a need?
 - *-New Celebrate Recovery-Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting
 - **-SMART Recovery**-Prairie Counseling Center, ONLY Tuesdays 6pm (no more Wednesday group)

-Lost & Found new times-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Tuesday-Women's Recovery Group 6:30pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

- Punch Cards for Attending Meetings-Bond County Recovery Council has partnered with Prairie Counseling Center for this project. We are very proud to be a part of this.
- **-Gas Cards**-for those who can not afford to get to meetings. Another partnership with Prairie Counseling Center.

Overdose Awarenss-2025

	OVEIGOSCAVI	<u> </u>	33-2023
Organization	Contact	Sent	Response
HSHS-Greenville	Teresa Cornelious/Patrick Small	Х	YES-chips
Lost & Found	Alice Fitzsimmons	X	YES-will provide bottled water
Lost & Found	Auto i itzsiiiiiioiis	, A	Talking to Amy about Pulled Pork-resent message 7/30
Celebrate Recovery	Shane Pinnell	Х	emailed to say she is checking
Eden's Glory	Annie- annie@edensglory.org	Х	Resent-7/30-Annie is checking if anyone is available
Law Enforcement	Josh Hill	Х	soda, we need coolers & ice (talking to Taylor)-follow u
MERS Goodwill	Tonya Roberts	X	Resent-7/30
TIENO OOOWIII	Tonya Noborto		TIGGITE 7700
NARCAN	Dusty Hanner/Marianne Drainer	Х	YES-Dusty
Churches			Ministerial Alliance invite
	Sandy Bellegante/Patrice White/Dee	.,	
Core Communities	Armes	Х	Dee said he would discuss at meeting
NAMI	Joelle Brown	X	Resent-7/30
TWALL	Joene Blown	, A	Tresent 7700
Birth to 5 Program	Amy Robinson	Х	Resent-7/30
-			
Women's Alliance	Joellen Vohlken	Х	Resent-7/30
Illinois Joining Forces	Amanda Depew	Х	Resent-7/30
Bright Point	Andrea Patterson	Х	Resent-7/30
21,6111 01111	7 marca r attorion	1 7	Noone 7750
Organization	Email Addy	Sent	Response
			She said No because too many people would want her
Gateway Treatment	Carrie McKinzie	Х	this event and can't show favortism.
Simple Room	Laura Sttine	X	Resent-7/30
Simple noom	Laura Stuffe	^	neselit-7730
Prairie Counseling Center	Michelle Miller	Х	Photo booth & Cookies? Resent 7/30
5			
Kaskaskia College	Sandi Laurent	Х	YES
BJC Stabilization Unit	Sheena Langhauser	Х	YES-will come straight from the event in Breese
AMADE	Lyndsov Mooy/Jaimio Armetrons	X	Resent-7/30 including Carson Conn-she will try to find someone available
AMARE	Lyndsey Mcoy/Jaimie Armstrong	^	SUFFICIE AVAILABLE
Next Network/Haven House	Jon Magnuson	Х	Resent-7/30 including Thomas Srygler
			0 70
Illinois Recovery Center	Jacob Dunavant/Meagan McGlasson	Х	YES-Meagan will be there

	'		
Greenville University			
Lincoln Prairie	Jessica Palazzolo	Χ	Maybe
Centerstone	Alyssa Cline Spencer	Χ	YES-Alyssa will be coming
Bond County Crisis Nursery	Tiffany Mendenhall	Χ	YES-Talked to in person and they said they would be at
			YES-Pastor will give blessing. Need to talk to ladies fro
First Baptist Church	David Bilyeu	Χ	clothing closet

OTHER

City of Greenville	Elaine McNamara	Х	Trash Cans-emcnamara@greenvilleillinois.com (plus t block to road off)
Singing	Patrice White & Tanesha (Niece)	Х	YES-Amazing Grace/Dancing in the Sky Patrice, Tanish Victor
Speaker	Patrick Small	Х	YES
·			
Speaker	Katie Anthony	X	YES
Speaker	Will DeBerry	Х	YES

5. New Business

- -Anti Stigma Work Group-we are starting a new campaign. "Beyond the Silence"
- -Video Clips of PLE's & their experience with Stigma (filming is done for the 1st round) Currently working on putting the video together
- -Bond County Recovery Council now has a YouTube channel
- -QR code-leads to our NEW Youtube channel
- -Yard Signs-these have arrived. We had them on our parade float this year. They will be introduced to the public at OD Awareness. Share them with everyone.
- -Podcast
- -Tents on tables to link video-working on
- -Stickers, car clings with messages-working on
- -Buttons with Anti Stigma messages-these will be available at Overdose Awareness
- -Store front windows
- -Community presentations

-Parades-looking for candy donations First parade is in a couple of days

Thank you to everyone who:

- -Worked at the Fourth Fest July 4th and 5th. Our Advisory Board did an amazing job.
- -Helped build our parade Float-Spent 2 evenings in Pocahontas putting this together.
- -A special THANK YOU to HSHS who donated all the candy for both parades. We are so grateful for all that they do.
- -Participated at the Pocahontas Fireman's Picnic Parade on July 12th
- -Bond County Fair Parade on August 6th, our float won 2nd place this year.
- -Took time to be interviewed for the Stigma campaign video

-Overdose Awareness Event-August 31st 6-8pm on Courthouse lawn:

We need as many organizations as possible to set up resource tables. We will have free food at booths as we have in the past.

-Formed committees to work on Recovery Month:

Saturday, September 6th-Recovery Walk (Amanda is taking the lead on this) Flyer available

Wednesday, September 10th at 5:30pm-"Prayer Vigil" on courthouse lawn (Shane taking the lead on this) Flyer Available

Saturday, September 13th - "Senior Prom" (Toni taking the lead on this) Flyer Available

Sunday, September 14th- "Church Recovery Prayer Day" Letter's being mailed

Saturday, September 20th - "Rockin' For Recovery" in Bethalto Taking shuttle

Saturday, September 27th – "Recovery Picnic" (Monique is taking the lead on this) Flyer Available

-Donations being accepted for Recovery Month Events

- -Huge thank you to the Milk House for the donation of the location for the Prom
- -Huge thank you to HSHS for participating in payment for the Prom Food
- -Huge thank you to Vicki's diner for providing a portion of payment for the Prom Food
- -Huge thank you to Wes Pourchot who is providing the meat for the Recovery Picnic
- -Huge thank you to Prairie Counseling Center who is sponsoring the Recovery Walk

-Game Night-No GAME nights in July, August, and September due to so many other events.

- 6. Update from any Groups & Organizations
 - -Illinois Recovery Center-Jersey County had 1st ROSC meeting
 - -Chestnut-St Clair County & Madison County now 2 separate ROSC's
 - -Gateway Swansea has open house on September 9th
 - -Centerstone-Opioid Crisis Training
 - -TAC-Overdose Awareness August 31st & Celebrate Life September 21st
 - -Memorial Hospital-Detox expanded to Shiloh
 - -Chestnut-Harm reduction
 - -HSHS Highland hosting NA meeting on Monday nights 7pm "We Found HOPE" and it is an open meeting

7. General Reminders

- -Advisory Board for People with Lived Experience. In 2025 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior Center in Greenville. Free drinks & \$20 GC for attending & contributing. Next meeting is September 3rd at 7pm-8:30pm.
- -The Advisory Board will also be hosting Family Game night on the 3rd Saturday night of the month from 6-9pm at the Senior Center. No GAME nights in July, August, and September due to so many other events. Our October Game Night will be a movie night.
- -Bond County Transit Program Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. (Shopping time is llam-noon). It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work.

- -AMARE Family Support, Lyndsey McCoy, Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at lmccoy@amarenfp.org
- -REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.
- -HEALERS group meets on the 2nd & 4th Saturday of the month at the Senior Center at llam. This is on pause until Monique returns from her leave of absence.
- 8. FREE Virtual Narcan Training each month by Chestnut. For more information email SR-NARCAN@chestnut.org. The next one is Thursday, August 21st. Please see attached flyer.

Future Meeting Dates for 2025:

September 10, 2025

October 8, 2025

November 12, 2025

December 9, 2025

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.



Thurs, August 21, 2025

10:00am - 11:00am or

2:00pm - 3:00pm (CST)

- Lean how and when to administer NARCAN®
- . Learn why to administer NARCAN®
- . Learn why we have an opioid epidemic
- . Learn how to obtain free NARCAN® and other useful resources

To register for the 10:00am meeting:

https://zoom.us/meeting/register/OJf2jHcfRT-nPiaDHePLJw

To register for the 2:00pm meeting:

https://zoom.us/meeting/register/jywovL5gRoe9rZtHOB2drQ

If you have trouble registering, please copy and paste link into your browser

After registering, you will receive a confirmation email containing information about joining the meeting.

THIS
TRAINING
IS OPEN
TO THE
PUBLIC

Can't Make This Date??

Future Trainings:

Sept. 18th Oct. 16th

or contact us to schedule a private training for yourself or your group

For more information:

SR-NARCAN@CHESTNUT.ORG

618-512-1781







This training is sponsored by the Partnership for Drug-Free Communities and the St. Clair County Drug Prevention Alliance. Funding provided in whole or in part by the Illinois Degartment of Human Services/SUPP, SAMHSA, and the



Bond County Recovery Council



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Strategic Plan

What is a ROSC?





We strongly believe:

- *Recovery is possible!
- *Individuals may have many paths to recovery and recovery can look different for everyone.
- *People in recovery and their families can and should determine the services they need.
- *Strong recovery communities translate to improved community health outcomes.
- *Addressing co-occurring mental health, economic, and social issues to create an integrated approach to recovery can improve outcomes for people struggling with Substance Use Disorder.
- *Words matter. Addressing stigma around recovery, Medicated Assisted Recovery (MAR), and substance use disorder (SUD) can help increase understanding and opportunities for life in long term recovery.

Bond County Recovery Council

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.

Core Role of a ROSC Council

- Fostering collaborations and maximizing combined strengths and resources of diverse stakeholders to achieve meaningful impact and positive change in your communities
- ROSC councils focus should be big picture, systemic changes, implementation of systems that will outlive the life of a ROSC council
- Trainings in Harm Reduction, Recovery 101, Addiction 101, and Health & Wellness are open to everyone and offer a great opportunity to build understanding and awareness.
- Coalition Outreach should be for coalition engagement not for recruiting clients for services
- Implementing organizational policy changes, advancing evidence-based practices such as harm reduction and medication-assisted recovery, increasing public awareness, and addressing broader societal and systemic challenges.

When ROSC Councils identify a need or gap in their community, it's not for the ROSC to do the work but for the ROSC to champion the need for it, to identify the relevant stakeholders, and to facilitate the development of a collaborative response.

The goals of each Illinois ROSC Council will include:

- 1. Reducing stigma
- 2. Promoting Medication Assistance Recovery and other ev
- 3. Promoting harm reduction
- 4. Ensuring effective service delivery
- 5. Prioritizing equity



Strategic Plan

Goal #1-Address STIGMA Surrounding Substance Use

Goal #2-Enhance Recovery Support Networks through RCO and ROSC Collaboration

Goal #3-Prioritizing Equity in Rural Communities

Goal #1-Address STIGMA Surrounding Substance Use

-Bond County Recovery Council to have stigma reduction messaging on 50-100 yard signs in multiple Bond County townships.

-The Bond County Recovery Council will develop a "Anti-Stigma" Campaign that will have several phases to it. The first step is creating a video of People with Lived Experience from Bond County sharing about their experiences with Stigma.

-The Bond County Recovery Council will continue with their Anti-Stigma Campaign by creating buttons people can wear with Anti-Stigma messages, have table tents in local businesses with a QR code that takes you to the video, have stickers and car clings with Anti-Stigma messages, and create Anti-Stigma posters to hang throughout the community.

-Increase the reach of the Anti-Stigma message by giving interviews to local media outlets and through social media.

YARD SIGNS













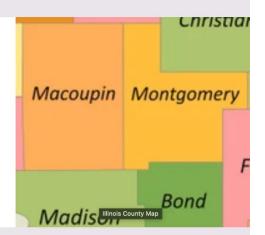
Goal #2-Enhance Recovery Support Networks through RCO and ROSC Collaboration

- -Continue meetings with the Next Network, an RCO serving Mongomery and Macoupin Counties to extend their services to Bond County.
- -Have conversations with local stakeholders as to why a Recovery Community Organization would be beneficial in Bond County and positive change that could be brought to Bond County.
- -Have a discussion with the Next Network about a physical space to be located in Bond County.
- -Partner with Next Network to understand where their funding comes from and how Bond County can create some funding streams to support the efforts of the RCO in Bond County.

Welcome to The Next Network!

We are a regional R.C.O. (Recovery Community Organization) that provides direct non-clinical peer recovery support services and support to three counties in South Central Illinois - Montgomery, Macoupin, and Bond.





Goal #3-Prioritizing Equity in Rural Communities

- -Ensure people with substance use disorder have reliable affordable and accessible transportation to essential services like healthcare, jobs, food and recovery meetings.
- -Enhance opportunities for healthy and nutritional food supplies to people with lived experience throughout Bond County.
- -Promote successful education materials and training to promote job equity for a recovery community.
- -Develop a ROSC Town Hall meeting to engage with community residents, stakeholders, and law enforcement for collaborative engagement.
- -Secure affordable housing for the PLE's in Bond County Community.

