

Inaugural Indigenous Recovery Oriented Systems of Care (ROSC) Council Meeting

August 20, 2025 | 4:00 - 5:00 PM CST



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Agenda

- Welcome
- Introductions
- Council’s Purpose and Deliverables
- Council Meeting Schedule
- Quarterly Community Events
- Assessment
- Resource Guide
- Next Steps

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Purpose of the Indigenous ROSC Council

- Build a coordinated network of Indigenous-centered recovery supports
- Promote Indigenous healing practices and pathways to recovery
- Reduce stigma surrounding traditional healing and recovery
- Strengthen community through collaboration and cultural knowledge




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Key Deliverables (FY26)

- Monthly Council Meetings
- Quarterly Community Events
- Community Survey on Recovery Needs
- Creation of a 3-Year Strategic Plan
- Development of a Community Resource Guide



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Council Meeting Schedule

Council meets every 3rd Wednesday of the month, 4–5 PM CST
Hybrid format: Zoom & In-Person

- August 20, 2025 –Inaugural Virtual Meeting
- September 17, 2025 –In-Person & Zoom
- October 15, 2025 –Zoom Only Meeting
- November 19, 2025 –In-Person & Zoom
- December 17, 2025 –Virtual
- January 21, 2026 – Zoom Only
- February 18, 2026 – Zoom Only
- March 18, 2026 - In-Person & Zoom
- April 22, 2026 – Zoom Only
- May 27, 2026 - In-Person & Zoom
- June 17, 2026 - In-Person & Zoom

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Quarterly Community Events



- Quarter 1: Back-to-School Event (recruitment) 8/16/25
Wellbriety and Red Road Resources 11/8/25
- Quarter 2: TBD (JAN/FEB/MAR)
- Quarter 3: Youth Summer Pow Wow 5/30/26
- Quarter 4: All My Relations Pride Celebration 6/13/26

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Community Assessment

Why? The survey information will provide critical insights for the community resource list and the strategic plan.

Who? Indigenous Recovery Service Providers, Community Partners, and People with Lived/Living Experience

When? Complete by September 30, 2025



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How?

- Take the survey!
- Share the survey!



TAKE OUR ONLINE SURVEY!



<https://bit.ly/3UzUdTA>

HELP US KEEP OUR EVENTS FREE!



Funding provided in whole or in part by the Illinois Department of Human Services. * 2 CFR 200.467

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Need: Resource Guide Information

We are asking Council members and community partners to help build an Indigenous Recovery Resource Guide. Please share:

- Indigenous Recovery Practitioners
- Healers and Medicine People
- Tribal Elders and Knowledge Keepers
- Ceremonies and Practices available to the community
- A resource guide that can be shared with the community to increase access and reduce stigma.



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Next Steps & Closing

- Identify interested Indigenous recovery practitioners, healers, and elders
- Participate in monthly meetings
- Help plan and participate in quarterly events
- Support creation of the Indigenous Recovery Resource Guide
- Stay connected through Trickster Cultural Center
- Together we walk the Red Road of healing and recovery.

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N8V GOOD LIFE

Gina Roxas

ginar@tricksterculturalcenter.org



Funding provided in whole or in part by the Illinois Department of Human Services. 2 CFR 200.46

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Meeting Minutes

N8V Good Life Indigenous Recovery Council Inaugural Meeting

Date: Wednesday, August 20, 2025

Time: 4:00–5:00 PM (via Zoom)

Attendees:

Members Name	Sector	Organization
Serina Kjh Gloan Deyol, Executive Director	Native Recovery Support Service Provider	Daily Red Road Traditional Teaching Circle Learning Health
Yasi Delgado,	School	Schaumburg High School
Krupa Patel	PLE	resident
Angel Pierre	Parent	resident
Charlie Peterson, Director, Community Engagement	Medical	Neelyx
Ximena Arroyo, Drug Free Communities Coalition Coordinator	Prevention	Communities for Positive Youth Development Coalition
ROSC GRANT STAFF AND GUESTS		
Jane Roxas– Project Coordinator	ROSC Staff	Trickster
Gabriel Ayala – Cultural Advisor	ROSC Consultant	Consultant
Gina Roxas – Executive Director	ROSC Staff	Trickster
Melissa Shoemaker– Media & Communications	ROSC Staff	Trickster

Sherrine Peyton – Grant Management & Reporting Coordinator	ROSC Consultant	Peyton Consulting, LLC
Kenneth Bell – ROSC Region 1 TTA	ROSC TA Provider	Chestnut Health Systems

Welcome and Purpose

The meeting was opened by Gabriel Ayala, Cultural Advisor with a prayer and welcome. Participants introduced themselves and their connection to recovery.

Gina Roxas, Trickster Executive Director introduced the **N8V Good Life Indigenous Recovery Council** serving Cook and Collar Counties. Reviewed the Purpose and Goals of the grant:

Purpose: Lead a coordinated network of Indigenous-centered recovery supports.

Goals:

1. Increase access to traditional healing in recovery support.
2. Reduce stigma through culturally relevant education.
3. Strengthen Indigenous-led recovery community infrastructure.

Gabriel emphasized on doing this work “in a good way” to create a good life.

Key Discussion Points

Roxas facilitated a discussion reviewing the following topics:

- Indigenous healing practices: valuable for recovery, though sometimes misunderstood in a Western perspective.
- Some ceremonial practices may not be publicly shared unless fully understood and learned.
- Council’s role: promote healing, reduce stigma, and connect community members with Indigenous practitioners, healers, ceremonies, and cultural supports.

- Council is inclusive — open to the broader community, not limited to Native and Indigenous peoples.

Deliverables for FY26

Sherrine Peyton, Grant Manager, presented the grant's deliverables for FY26:

- **Monthly Council Meetings** (facilitated moving forward by Sarina and Gabriel).
- **Quarterly Community Events:** Gina explained how each quarters' events will coincide with the Medicine Wheel:
 - Q1: Back to School Event (recruitment, survey launched).
 - Q2: Wellbriety and Red Road Resources.
 - Q3: TBD by the Council
 - Q4: Youth Summer Powwow & All My Relations Pride Celebration.

Gabriel explained the goal and purpose of Quarter 2's Wellbriety and Red Road Resources event. He proposed a Round Dance, which coincides with the Medicine Wheel.

Sarina offered to teach about Talking Circles and Sweats stating that she is a Native Recovery provider.

Gina introduced the Community Survey which is comprised of ten questions from the state.

Survey's Purpose: Assess needs, barriers, and existing Indigenous recovery services.

- **3-Year Strategic Plan:** Identify what is needed to sustain the Council and remove barriers.
- **Resource Guide Development:** Build a directory of Indigenous recovery practitioners, healers, medicine people, tribal elders, and knowledge keepers to increase access and reduce stigma.

Melissa converted the questions and options to Google Form and staff piloted the survey at the Back to School Social event (8/16/25). Twenty-one people completed the survey on-line and Jane has a few paper surveys to upload. Additional questions must be reviewed and approved by the state. Jane is going to submit the questions once Gabriel and Sarina review the options.

The council discussed the types of recovery practices that might be included in the resource guide: smudging, prayers, and additional cultural teachings. Gabriel emphasized the importance of cultural competence in sharing providers by name. The council will further discuss this once the surveys are completed.

The council was provided a copy of the DRAFT flyer to share with their networks and asked to complete the survey as well.

Grant Roles & Communication

Gina reviewed the roles and responsibilities of the ROSC Team:

- Jane: Main point of contact for communications, meeting scheduling, and community outreach.

- Drafts and updates to be reviewed by Sherrine, Gabriel, and Sarina.
- Melissa: Social media, website, and newsletter promotion.
- Sherrine & Jane: To draft interview questions for community input.

Sarina volunteered to work with Gabriel on cultural practices. The two will share the responsibility of facilitating the meetings going forward.

Yassi and Krupa both asked how would they fit as non-Native Americans (but Indigenous) people. Gabriel expressed that we are all relatives, and therefore all have something to contribute.

Next Steps

- Jane: submit the Membership roster to the state as soon as possible.
- Sherrine will invite other Cook County councils to upcoming meetings and the Quarterly Event.
- Council Members: Continue survey distribution until the end date is clarified.
- Council Members: Begin drafting Indigenous Recovery Resource Guide.
- Council Members: Identify organizations aligned with Council goals for partnership and collaboration.

Adjournment

- Meeting concluded at 5:00 PM.
- Next monthly Council meeting: **September 17, 2025**