Shelby County ROSC Council Meeting Minutes

When: Tuesday, August 12th, 2025

Time: 3:30pm to 4:30pm

Where: Shelbyville ROSC Office – 155 S Morgan St. Shelbyville, IL and Zoom

Meeting Facilitator: Skylar Miller

<u>Attendees</u>

Skylar Miller (Moultrie County ROSC Coordinator)

Landriah Hardiek (Shelby County ROSC Coordinator)

Nathan Nichols (CIPT)

Susie Kensil (DOVE)

Felicia Depoister (Effingham/Shelby County ROSC Navigator)

Kristin Davis (Family Guidance Center)

Teagan Shull (Heritage Behavioral Health)

Dawn Adrian (Family Life Center)

Angie Durbin (Shelby County Probation)

Agency Updates

Nathan Nichols- introduced self and agency

Susie Kensil- Announced on October 2nd, 2025, at 7pm there will be an event, details to come.

Kristin Davis- introduced self and agency

Teagan Shull- introduced self and agency

Angie Durbin- 3 new individuals planned to be on drug court

Dawn Adrian- introduced self and agency

Priority Projects

Skylar reviewed the three priority projects that the Shelby County ROSC Council will work on over the next three years. She reviewed goals for quarter one of FY26.

Project 1: Increase the accessibility and availability of recovery support within Shelby County, ensuring that individuals in need are aware of, and able to access recovery resources and services.

Quarter One goals:

- Create an accessible, updated, user-friendly guide that lists recovery events, support groups, other recovery resources and services within Shelby County.
- Distribute the availability of the guide through social media, news releases, and community placement of the printed guides.

There are currently 3 different brochures that are shared in Shelby County. ROSC has a "Find Treatment Quick Guide", a resource guide and a local meeting list. **Landriah** will combine all three of these to create an updated, user-friendly guide for the community. **Landriah** will need the council's help in distributing and sharing this guide.

As a council we spoke about events coming up in Shelby County and surrounding areas that would be good for ROSC to be available to supply the community with resources and word of mouth to gain more accessibility to the county. **Nathan Nichols** mentioned the Pana Labor Day Parade. Scarecrow Daze on October 11th in Shelbyville was also mentioned.

Project 2: Establish DOPP sites in most rural communities of Shelby County for distribution of harm reduction materials.

Quarter One goals:

- Establish at least one harm reduction site for Narcan distribution in each small town within one year.
- Hold at least two community educational opportunities in each of the towns outside of the county seat.
- Distribute educational event flyers and resource guides to businesses in smaller towns.

Skylar updated that she has checked on current DOPP site locations to verify they are doing well and are stocked and that her and **Landriah** will be going out this month again to restock. Laundromat behind CVS has been a popular pick-up location for Narcan. Someone mentioned that the Barney in the ER needs to be more accessible and seen, that it has been tucked behind wheelchairs recently. **Landriah** asked if anyone had information or connections with people or businesses in the smaller towns in Shelby County. **Susie Kensil, Nathan Nichols, Kristin Davis, Dawn Adrian**, as well as others had multiple contacts and

information on places to reach out to in Moweaqua, Tower Hill, Findlay, Cowden, Strasburg and more.

Project 3: Assist in establishment of a Safe Passage in Shelby County to assist those seeking support and transportation to treatment.

Quarter One goals:

- Research and gather information from area Safe Passage programs in rural Illinois.
- Share information with local police, support groups, and treatment programs in stakeholder's meetings.

Susie Kensil shared a contact of a woman who started up a Safe Passages program in Pana, IL, she suggested to get with her to learn how she's built theirs to find ideas and suggests.

Drug Overdose Prevention Program

Skylar discussed the Strategic Plan created in FY25 and how it aligns with the three priority projects that will be the focus over the next 3 years. She also made note that the strategic plan is a living document and meant to be used as a guide for our work. She reviewed objectives and activities for the expansion of DOPP sites and Education/Training on Narcan. Please note that these are listed exactly how they were in the document prior to separation of the counties.

Objective 4: Education and training on Narcan.

Activity 1: Recovery Navigator will host an education group regarding Narcan. (Quarterly)

Activity 2: ROSC will host community Narcan trainings in Shelbyville. (Quarterly)

<u>Activity 3:</u> ROSC will host community Narcan training in towns outside of Shelbyville. (Quarterly)

Activity 4: Share Narcan specific information on the Shelby County ROSC Facebook page. (Bi-weekly)

Objective 6: Expand DOPP site locations in Shelby County.

Activity 1: Over the next 3 years, ROSC will increase the number of DOPP sites from 10 to 20.

<u>Activity 2:</u> Within one year, Shelby County ROSC will add 5 DOPP sites within outlier towns in Shelby County. (Outside of Shelbyville)

Activity 3: Within three years, ROSC will add 5 more DOPP sites in Shelbyville. *In all of Shelby County we will distribute 300 boxes of Narcan. (Annually)

Community Campaign

Skylar reviewed the materials available for our back-to-school theme for August. **Skylar/Landriah** will make those available via email and social media.

Recovery Month

Skylar shared ideas that she had for recovery month. She mentioned that Iced in Downtown Shelbyville will be having a recovery month drink that is purple, and berry flavored for the month of September in support of Substance Use Disorder Recovery.

Skylar also shared that we could have a PLE as a speaker at our next council meeting, if anyone knows anyone who has Past Lived Experience that would like to come share their story and any suggestions, they may have for us as a council to better our community to support recovery.

Events

Laundry Days:

September 11, 2025 (9am-noon)- Shelbyville Wash and Fold – 202 N Cedar St. Shelbyville, IL October 9, 2025 (9am-noon)- Shelbyville Wash and Fold – 202 N Cedar St. Shelbyville, IL November 13, 2025 (9am-noon)- Shelbyville Wash and Fold – 202 N Cedar St. Shelbyville, IL December 11, 2025 (9am-noon)- Shelbyville Wash and Fold – 202 N Cedar St. Shelbyville, IL

Candlelight Vigil, Thursday, August 28th from 7pm to 8pm

<u>Please email photos and names of people</u> who have <u>passed away due to Substance Abuse</u> <u>Disorder</u>, to <u>landriahh@hourhouserecvoery.org</u> or bring them to the memorial if you would like.

Questions/Comments/Announcements

The Shelby County ROSC Facebook page is separate from Moultrie County.

Skylar introduced the new Shelby County ROSC Coordinator, Landriah Hardiek.

Contact emails:

Shelby County ROSC Coordinator

Landriah Hardiek – landriahh@hourhouserecovery.org

Moultrie County ROSC Coordinator

Skylar Miller - skylarm@hourhouserecovery.org

ROSC Program Supervisor

Jenna Hays - jennah@hourhouserecovery.org

Where to find past meeting minutes: http://www.govst.edu/ROSC-GSU?ROSCC

Shelby County ROSC Facebook Page:



Next Shelby County ROSC Council Meeting**

Date: Tuesday, September 9th, 2025

Time: 3:30pm to 4:30pm

Where: Shelbyville ROSC Office – 155 S Morgan St. Shelbyville, IL and Zoom