

Recovery Oriented Systems of Care (ROSC) Council Community Survey

PURPOSE: This survey is to gauge the level of awareness of all available resources in Effingham County and measure public opinion on issues related to recovery. The information collected will be used to identify areas for improvement in our community and will remain confidential.

DEFINITIONS: The terms listed below are used throughout the survey and are provided to ensure people provide the best educated answer.

Peer to peer support- People with lived experience with mental health or addiction to substances using their own experiences to help others on their wellness/recovery journey

Recovery- a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.

Substance Use Disorder- another phrase used for addiction to drugs or alcohol; a complex medical condition characterized by uncontrollable patterns of substances despite harmful consequences.

Harm Reduction- evidence based strategies that aim to minimize the negative consequences associated with substances use, prevent overdose & infectious disease transmission, improve over-all wellbeing, & provide low-barrier access to healthcare services.

Medication-Assisted Recovery (MAR)- A recovery pathway that includes the use of FDA-approved medications in combination with counseling & behavioral therapies to support individuals in achieving and maintaining recovery from substance use disorders.

1. Peer to peer support is important for individuals in recovery from addiction.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

2. Peer Support Specialists (individuals with lived experience with addiction or mental health struggles) should work alongside professional counselors.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

3. There are clear, definite resources for family members of individuals affected by addiction in Effingham County. (Examples: Grandparents raising grandchildren because the parent suffers from addiction, a mother who has a child using substances, a child whose parent is using substances, etc.)

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

If not, what type of resources do you wish to see?

4. I know someone who would benefit from being a part of a support group for family members affected by addiction.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

5. Transportation plays a critical role in accessing recovery services.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

6. Volunteer-based transportation is the best way to fill the transportation need for people accessing recovery services.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

If not, what do you think would be the best way?

7. I know where to go for mental health resources.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

8. I know where to go for substance use resources.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

9. I know where to go for recovery support resources. (e.g. 12 step meetings, Celebrate Recovery,

support groups, peer to peer support, ROSC, SMART Recovery, professional counseling, 24hr treatment)

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

10. I know where to go to access harm reduction materials. (e.g. Narcan, medicated assisted recovery clinics, fentanyl testing strips, sharps disposals, prescription medication disposal)

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

11. People who are in active addiction could stop if they really wanted to.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

12. What is the most important support for someone who is new in recovery? **CHOOSE 3 OPTIONS**

ONLY.

- ☐ Stable housing
- ☐ Peer or support group
- ☐ Food resources
- ☐ Employment
- ☐ Professional counseling
- ☐ Transportation
- ☐ I do not know
- Other: _____

13. What do you think stops someone from seeking help for addiction services or support? **CHOOSE 3**

OPTIONS ONLY.

- ☐ Not sure where to go for resources and/or services
- ☐ Stigma (afraid or ashamed of what others think)
- ☐ Transportation
- ☐ Finances
- ☐ Family responsibilities (one income household, can't make appointments because caring for kids or parents, etc.)
- ☐ Legal consequences
- ☐ I do not know
- Other: _____

14. People who use drugs deserve respect.

- 1-Strongly Disagree
- 2-Disagree

- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

15. People with a mental illness deserve respect.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

16. Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

17. It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

18. Harm reduction services like Narcan and syringe service programs reduce the risks of drug use.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

19. It is difficult to find harm reduction services like Narcan and syringe service programs in my community.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

20. It is difficult to find mental health and substance use treatment services in my community.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

21. We should increase government funding on treatment options for mental health and substance use disorders.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

22. Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

23. Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

Are you interested in becoming involved with *ROSC, Volunteer transportation, Peer to peer support, or Family needs of those affected by addiction*? If so, leave your **name & email address**. Please indicate what you'd like to have more information about.

Additional comments?

Demographic Information

Age:

- ☐ Under 18
- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65 and over

Income level:

- ☐ Prefer not to say
- ☐ Under \$24,999
- ☐ \$25,000-\$49,999
- ☐ \$50,000-\$99,999
- ☐ \$100,000-and over

Gender:

- ☐ Prefer not to self-identify
- ☐ Male
- ☐ Female
- ☐ Gender Fluid
- ☐ Nonbinary

Location:

- County:
- Zip Code:

Ethnicity:

- ☐ Hispanic or Latino
- ☐ Non-Hispanic

Race:

- ☐ African American/Black
- ☐ Asian
- ☐ Caucasian/White
- ☐ Native American
- ☐ Pacific Islander
- ☐ Two or more races

Primary Language:

- ☐ English
- ☐ Spanish
- ☐ Mandarin
- ☐ French
- ☐ Arabic
- ☐ Other (specify): _____