August 26th 2025 5:00 p.m. Calvary Tabernacle Zoom

**Attendees:** Kristina Drum, Kyle Houser, Donald Tipsword, Shawn Strader, Sara Ruholl, Debra Beckman, Kristin Davis, Angie Hunt, Patrick Miller

## Minutes

**Agenda Item:** Introductions of attendees

**Spotlight speaker** – No spotlight speaker this month

**Meeting Summary:** The Cumberland County ROSC Council held its first official meeting. Council members discussed upcoming recovery initiatives and events. The group reviewed key priorities that will be this year's focus, including harm reduction, recovery housing exploration, and a new diversion program for non-violent drug offenders. The meeting covered plans for various community events, the formation of a recovery housing subcommittee, and the distribution of a survey to gather community input on substance use recovery related issues.

Cumberland County Priorities: The council reviewed 3 main priorities for Cumberland County: expanding harm reduction access and awareness, exploring recovery housing, and implementing a Diversion Program. Kyle reported that the Diversion Program is nearing completion. The team also discussed Cumberland County's 3 priorities, including harm reduction efforts such as expanding Narcan display sites, recovery housing exploration, and increasing community engagement. A subcommittee will be formed to further investigate recovery housing options, with plans to connect with local landlords and housing authorities in the coming quarters.

**Expansion of Narcan Access:** The quarter one goal to increase the number of Narcan display sites by two in Cumberland County has been completed. We obtained a site at the Life Center of Cumberland County and AV Tobacco & Liquor in Greenup.

**Recovery Housing Subcommittee:** Kristina discussed forming a recovery housing subcommittee and invited Sara to participate. They agreed to schedule the first meeting in September, with the goal of having the committee formed by the end of the first quarter.

**Diversion Program:** The discussion focused on a new adult-focused diversion program targeting low to mid-risk individuals without significant criminal records, primarily those with minor drug offenses. Kyle explained that the program would operate between arrest and court

date, offering treatment without formal court proceedings, allowing participants to avoid criminal records that could affect employment and housing opportunities. Kristin noted that this aligns with a broader trend toward expanding diversion programs, which she has been tracking for information sharing purposes.

**Recovery Month Planning:** The meeting focused on upcoming events and priorities for Cumberland County's recovery initiatives. Kristina outlined plans for a purple-themed event in Toledo and Neoga, a candlelight vigil, and library-based recovery literature distribution in September.

Paint the Town Purple: The group discussed plans for a community event involving the placement of pinwheels and ribbons in Greenup, Toledo and Neoga. Kristina and Sara coordinated logistics, with Kristina planning to meet Nicole in Neoga to ensure adequate representation and involvement. Sara and some other community members will meet in Greenup to tie purple ribbons to the posts on Main Street. Sara emphasized the need for a visible statement and photo opportunities for a press release.

Communication Campaign: In recognition of the growing mental health needs of students, the campaign offers practical tips and resources through a series of free informational flyers distributed through social media. These materials aim to equip families with strategies to manage anxiety, support daily routines, and encourage open conversations around emotions and mental health. Going back to school can be an exciting but also stressful time for children and parents alike. Our August campaign is about letting families know that they're not alone, and that recovery and resilience are possible when we focus on support, connection, and reducing stigma.

**Community Survey:** Kristina presented the survey designed to gather community input on substance use recovery, harm reduction, and justice system issues, which will be distributed to gather feedback on these priorities. The survey has been approved and will be sent out in the coming days, with participants being encouraged to complete it, though the target response rate has not yet been determined.

**Membership Protocols:** Kristina outlined the Cumberland County ROSC Council's mission, vision, values, and guiding principles, as well as protocols for member recruitment and orientation to roles. The protocols include information about community needs assessment and strategic planning, aiming to clarify how individuals can participate in the council's initiatives.

Faith Based Recovery Support Initiatives: Patrick explained his role at Chestnut Health Systems, where he works with faith communities and faith-based nonprofits through the Illinois Faith and Recovery Collaborative. He described their mission of providing free trainings, problem-solving, and networking to support people in recovery and navigate substance use disorders. Patrick also mentioned helping faith communities develop recovery programs, enhance existing initiatives, and connect with other recovery organizations in their area. Kristina expressed interest in Patrick's work, noting its potential alignment with their goals.

## Reminders/Tasks:

- Kristina to finalize and distribute the Cumberland County ROSC survey with QR code and link by tomorrow morning.
- Kristina to organize the recovery housing subcommittee meeting in September before the end of the first quarter.
- Kristina to reach out to Nicole Martin about helping with Painting the Town Purple
- Kyle to handle the Toledo purple ribbon/pinwheel installation around 2-3 PM tomorrow.
- Sara to provide Kyle with the purple ribbons/materials in the morning for the Toledo installation.
- Kristina and Sara to coordinate the Greenup installation and take photos for press release purposes.
- All members to help distribute the survey once it's finalized.
- Kristina to follow up with Linda regarding her interest in the recovery housing subcommittee.

Next Meeting: September 23<sup>rd</sup>, 2025 5:00 p.m. at Calvary Tabernacle & Zoom

**New Facebook Page:** Please go like and follow the Cumberland County ROSC Cumberland County ROSC Facebook Page