

Cumberland County

Recovery Oriented Systems of Care (ROSC) Community Survey

PURPOSE: This survey is to gauge the level of awareness of all available resources in Cumberland County and measure public opinion on issues related to recovery. The information collected will be used to identify areas for improvement in our community and will remain confidential.

DEFINITIONS: The terms listed below are used throughout the survey and are provided to ensure people provide the best educated answer.

CPRS- Certified Peer Recovery Specialist (CPRS) — a trained peer with lived experience of substance use disorder or mental health recovery who provides support, advocacy, mentoring, and resource navigation to others.

Diversion Program: A diversion program gives people who break the law—especially those struggling with drug or alcohol use—the chance to get help instead of going to jail or prison. If they follow the rules of the program, such as completing treatment, counseling, community service, and meeting with Certified Peer Recovery Specialist, they are not formally charged with a crime. The goal is to help people make positive changes, reduce repeat offenses, and keep communities safer.

Drug Overdose Prevention Program (DOPP) Site- designated location in the community—such as a business, library, or community center—that hosts a public Narcan display. These sites provide free access to Narcan (naloxone), a life-saving medication that reverses opioid overdoses. Community members can take Narcan from these sites at any time, with no questions asked and no requirements to provide personal information.

Harm Reduction- evidence based strategies that aim to minimize the negative consequences associated with substances use, prevent overdose & infectious disease transmission, improve over-all wellbeing, & provide low-barrier access to healthcare services.

Recovery- a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.

Recovery Housing/Transitional Housing- Recovery or transitional housing is a safe place to live for people who are working to overcome drug or alcohol problems. These homes are alcohol- and drug-free. People living there support each other, follow house rules, and may get help finding jobs, going to school, or moving into their own place. It's a stepping stone between treatment or crisis and living on their own.

Substance Use Disorder- another phrase used for addiction to drugs or alcohol; a complex medical condition characterized by uncontrollable patterns of substances despite harmful consequences.

1. In your opinion what makes it hard for people to recover from substance use in our community?

2. Are you aware of where to access support for the following?

Food Assistance- Yes or No

Affordable Housing- Yes or No

Family Support Services- Yes or No

Domestic Violence Services- Yes or No

Services for Survivors of Sexual Assault or Human Trafficking- Yes or No

Legal Assistance- Yes or No

Physical Health Services - Yes or No

Recovery Support Meetings- Yes or No

Substance Use Treatment- Yes or No

Mental Health Treatment- Yes or No

3. Increasing the number of ***Drug Overdose Prevention Program (DOPP Sites)*** which provide access to Narcan would be beneficial to Cumberland County.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

4. ***Recovery/Transitional Housing*** would be beneficial to individuals in recovery in my community.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

5. What challenges do people in recovery face when trying to find housing? (*Check all that apply*)

High cost of housing

Discrimination or stigma

Criminal record or past justice involvement

Transportation or location issues

Other: _____

6. I believe adding *diversion program* would be an asset to my community.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

7. Do you think people with substance use issues should be offered treatment instead of jail time for certain non-violent offenses?

Yes

No

Unsure

8. What do you think are the biggest barriers that prevent people from succeeding after being involved in the justice system? (*Check all that apply*)

Stigma or discrimination from the community

No access to housing

Limited job opportunities

Criminal record restrictions

Lack of recovery/treatment options

Other: _____

9. People who use drugs deserve respect.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

10. People with a mental illness deserve respect.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

11. Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

12. It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

13. Harm reduction services like Narcan and syringe service programs reduce the risks of drug use.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

14. It is difficult to find harm reduction services like Narcan and syringe service programs in my community.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

15. It is difficult to find mental health and substance use treatment services in my community.

1-Strongly Disagree

2-Disagree

3-Neither agree nor Disagree/Neutral

4-Agree

5-Strongly Agree

16. We should increase government funding on treatment options for mental health and substance use disorders.

1-Strongly Disagree

- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

17. Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

18. Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

- 1-Strongly Disagree
- 2-Disagree
- 3-Neither agree nor Disagree/Neutral
- 4-Agree
- 5-Strongly Agree

19. If you would like to get involved with the Cumberland County Recovery Oriented Systems of Care (ROSC) Council, please provide your contact information below. As a ROSC, our goal is to build a supportive community for individuals in recovery and their families, connecting them to the resources they need, while ensuring all voices are heard to create a healthier, more inclusive community.

Name _____
Phone _____
Email _____

20. How do you see yourself in the community?

Person in recovery

Family member

Service provider

Justice system

Community member

Other: _____

Demographic Information

Location:

- County:
- Zip Code:

Age:

- Under 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65 and over

Income level:

- Prefer not to say
- Under \$24,999
- \$25,000-\$49,999
- \$50,000-\$99,999
- \$100,000-and over

Gender:

- Prefer not to self-identify
- Male
- Female
- Gender Fluid
- Nonbinary

Ethnicity:

- Hispanic or Latino
- Non-Hispanic

Race:

- African American/Black
- Asian
- Caucasian/White
- Native American
- Pacific Islander
- Two or more races

Primary Language:

- English
- Spanish
- Mandarin
- French
- Arabic
- Other (specify)