

ZOOM: <https://zoom.us/j/96744943725>
Meeting ID: 967 4494 3725



MEETING MINUTES

Tuesday August 19th 2025

11 a.m. – 12 p.m.

1. **Members present in person:** Sheridan Jordan -TAC, Dan Hutchison – Chestnut, Deb Beckmann - Statewide ROSC, Courtney Smith – council member, Jessica Palazollo – Lincoln Prairie
Members on Zoom: Stephanie Zimmermann – council member, Beverly Holland – Statewide ROSC, Angela Holloway – St. Clair County ROSC, Nay Muhammad – Hoyleton, Consuala Jones- St. Clair County ROSC, Heather Creasy – Hoyleton, Rachel Chruszczyk – PCA Illinois, Jeshua Pearson – Chestnut/BASE Program, Morgan Isaiah – CRC, Mark Knott – Madison Co ROSC, Tisha Lancaster – DCFS, Alex Schneider – HSHS, Kara Wardein – Chestnut/RCORP grant, Julie Herr – Chestnut/RSUPIC Grant.
2. **We need your ideas on how to engage the public and provide impactful messages while hosting or joining events that relate to these topics.**

<p>How do we increase awareness of how to access services and reduce stigma?</p>	<h1>AGENDA</h1>
<p>Priority 1: Increase awareness of how to access services To address the lack of awareness about how to access MAR, mental health, and substance abuse services, TAC will host or co-host an educational public awareness event once a month, totaling 36 events by June 30, 2028.</p> <p>Priority 2: Stigma reduction To reduce stigma connected to people who use substances, people experiencing mental health problems, and those seeking treatment or recovery support services TAC will host or co-host public awareness events once a quarter, totaling 12 events, by June 30, 2026.</p>	

Discussion included feedback that the local libraries do not get a lot of foot traffic, so may not be the best place to hold “stigma conversations” or other campaigns. The council suggested places such as school settings like parent teacher conferences, police departments, fire departments, local hospitality businesses, community centers, chamber of commerce, and piggy backing at events other entities are doing.

3. Sub Committee Reports:

A. Education & Prevention

- Red Ribbon Week (RRW)

- Schools have been emailed, with about 5-6 responses so far. Waiting on feedback, will reach out to schools that haven't signed up once more.
- Wristbands are ordered & delivered.
- We need help with distribution of resources, wrist bands and RRW announcements, we will also take tri-folds and resource lists to every school participating in RRW.

B. Treatment & Recovery

- Overdose Awareness Day (OAD)

- August 31st, 2025
- Media advisory sent out, Cara and Sheridan had an interview with Breese Journal 8/25/25
- Memorial: Table to commemorate the loved ones lost to overdose, as well as safe space to provide place to tell story/write story down and get emotions off chest/reflect. Nellie Paskavich spoke to Sheridan
- Banner was made and will be posted in park yard 8/26/25
- Speakers -Kristina Dellinger & Gary Racine and band – “Roaming Home”, food – sandwiches & wraps all confirmed by Cara.
- Organizations attending:
 1. BJC Detox Program
 2. Celebrate Recovery
 3. Community Resource Center
 4. Take Action Coalition
 5. Chestnut Health Systems
 6. Narcotics Anonymous
 7. SAFE
 8. Illinois Recovery Center

C. Family Support

- Facebook Page - "Family, Friends and Addicts Stronger Together".
- Family Support Network warmline #618-567-6095 (Craig's cell).
- Craig has been helping a family connected to him by the church through his Family Support Network warmline.

D. Spirituality

- Celebrate Life (CL)

- September 21st, 2025
- Facebook boost is advertised for the event from 8/24 – 9/21
- Banner orders placed and picked up 8/25/25 from AVH
- We still need to decide on what to do for the kid's “fun zone”
- More information to come from the Loddekes.
- **We have 10 organizations participating in CL so far, our goal is to have resources from over 25-30 tables!!**
- Organizations attending so far:

Amy Schulz Child Advocacy Center

Celebrate Recovery

Memorial Hospital - Medical Stabilization

Chestnut Health Systems

BCMW Community Action Agency
 IL Department of Children and Families
 Services
 Illinois Recovery Center
 ROE #13 Birth to Three
 ImpactLife
 IL Faith & Recovery Collaborative

E. Finance

- Spending on advertisements for events such as banners and ads in the paper and Facebook, as described above.

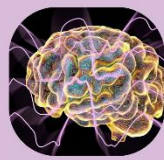
F. Marketing: Press releases were sent to local media outlets. Cara and Sheridan interviewed with Kelly at the Breese Journal for OAD. Media coverage is expected at OAD this year.

4. **Additional Information/Announcements:** CMWCC invites all to attend their meeting on 8/26/25 at 9 am via Zoom and on 9/23 at the Library in Carlyle. Free virtual training opportunity on 9/17 at 1pm: Chaos to Calm, email Jessica at Jessica.palazzolo@uhsinc.com for more info.

Alex Schneider w/ HSHS: Compiling an online database of community resources. Visit www.HSHS.org/connect or email alex.schneider@hshs.org for more information.

Deb Beckmann with Statewide ROSC: Reminding all ROSC councils to include progress and plans to address concerns related to their priority project areas (as outlined in the project description and strategic plan).

**Chaos to Calm:
Using Brain
Science to
Understand
Regulation**



Jessica Donaldson, LMFT
Professional Learning Specialist
Regional Office of Education #33

**Wednesday,
September 17th
1p-2p
via Zoom**

Register:
<https://lp.constantcontactpages.com/ev/reg/rmkv2au>

Objectives:
-Explain basic brain science
-Recognize signs of dysregulation in children
-Apply regulation strategies in real time
-Reflect on the adult role in co-regulating a child

LINCOLN PRAIRIE
BEHAVIORAL HEALTH CENTER

**Regional Office of
EDUCATION**
#33

The next meeting will be Tues. September 16th, 2025, from 11 a.m.-12 p.m., in person at 511 9th Street, Carlyle and at the same Zoom link.

www.facebook.com/Take-Action-Coalition-of-Canton-County-2267638083492125

www.takeactioncoalition.com

TAC Vision:

Our vision is to reduce the impact and stigma of substance use among residents of Clinton County.

TAC Mission:

Our mission is to be cohesive partners developing comprehensive strategies involving prevention, education, and recovery support in our rural community.