

Sangamon County ROSC Meeting

7/22/25

9 a.m.

Location: zoom

Attendees:

- Sarah Richardson, FGC / Sangamon Co. ROSC Council
- Austin Dambacher, FGC / Sangamon Co. ROSC Council
- Whitney Devine, FGC / Sangamon Co. ROSC Council
- Beverly Holland, ROSC Region 4 & 5 Technical Assistant
- Ashley Earles, Birth to Five Illinois
- Donna Reeves, Central Counties Health Center
- Jeshua Pearson, Chestnut Health Systems (BASE Project)
- Recie Wilson, Chestnut Health Systems (BASE Project)
- Derrick Brewer, CRCC
- Sharon Helms-Commer, Envision Unlimited (Hope Springs Apartments)
- Mercedes Kent, Gateway Foundation
- Jamie Riedle, Heartland Housed
- Ralph Parrish, MedMark
- Galia Cossyleon, Memorial Hospital
- Trenda Hedges, Peer Power
- Brycen McFadden, Oxford House Inc.
- Katie Coniglio, Sangamon Co. Dept. Of Public Health
- Archie Ford, Supportive Services for Veterans and Families
- Nicholas Banning, SIU School of Medicine (CRSS Program)
- Elizabeth Raleigh, SIU School of Medicine (CRSS Program)
- Krishna Taneja, SIU Psychiatry (THRIVE Program)

Agenda:

- Introductions
- Membership Update
- Community and organizational Events
- ROSC Event Updates
- Sober living supply drive
- Open floor to ROSC members to share news, ideas, needs, etc.
- Strategic Plan: Addressing gaps found in Community Needs Assessment

Meeting Notes:

Introductions:

- See attendee list

Membership Update:

Sober Living Supply Drive

- Ongoing donation drive at ROSC events collecting hygiene essentials and home goods for those entering sober living. Currently have excess dental items. Contact Whitney or Austin to donate or request supplies.

FY25 Recap

- 11 events with 385 attendees
- Community needs survey identified 3 major gaps
 - SUD/MH resources for youth
 - Resources for family members of those effected by SUD/MH
 - Resources for individuals re-entering society

FY26 Plan

- Goal 1- Facilitate improvements to youth SUD services in Sangamon County
- Goal 2- Strengthen partnerships that produce a greater diversity of BH support groups and events for families
 - Sharon Helms-Conner (Hope Springs Apartments, Envision Unlimited)- met w/ director of new community mental health center, possibility of having new groups there for families, space for recovery-oriented events and groups; will reach out to ROSC regarding opening date of building and future needs
 - Jamie Reidel (Heartland Housed)- Heartland Housed leads a youth homelessness task group, will be conducting youth assessment with technical assistance from Homebase. Contact Jamie if interested in the task group by email: jamie@heartlandhoused.org
 - Recie Wilson- further developing new program called **BASE** – *Build, Amplify, Support, and Empower* through Chesnut Health Systems- focused on SUD MH recovery, wellness, and education for youth; possible youth-oriented / recovery-oriented holistic event; discussed possibility of collaborating on a youth yoga event
 - Ashley Earles (Birth to Five)- more preventative, education-based; i.e. navigators in schools; mentioned benefit of having educational materials available in schools- Recie Wilson with Base mentioned their project is currently developing these materials

Next Steps: Continue Discussion of Strategic Plan at next meeting on August 26, 2025
(Upcoming event flyers to be sent out)

Sangamon County ROSC Council

General Meeting

7.22.25



Agenda

- Introductions
- Membership Update
- Collaborating Organizations: Updates, Events, & Needs
- Community Resource Guide, Map, & Booklets
- ROSC Event Updates
- Sober Living supply drive
- FY25 Recap
- FY26 Goals
- Open Floor



Introductions

- Name
- Agency/organization/affiliation
- How long have you been with ROSC?



ROSC Program Manager

Whitney Devine

wdevine@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: 217.891.7627

ROSC Coordinator

Austin Dambacher

adambacher@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

Membership Update

+7 new members since our last meeting

Membership as of July: 41 Members

Of registered members:

26 unique organizations

1 individual (not org-affiliated)

Collaborating Community Organizations



Sangamon County
Department of Public Health





New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

Next new member orientation is August 15th, 2025 at 12pm

Join the Zoom Meeting at:

<https://us06web.zoom.us/j/81264605484?pwd=nFISnubNwS8w2CjbMHL7ONNm6d07n.1>

Meeting ID: 812 6460 5484

Passcode: 879238

Membership Representation: Sectors

ROSC Sectors (n = 34 people, can choose more than one sector)				
Person with lived experience 16	Recovery supports 19	Faith-based groups 8	Family 13	Service providers 21
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 3	Media 0	Business 9
State/local/tribal government 4	Substance use treatment organizations 7	Healthcare 5	Law enforcement 1	Judicial 0

Collaborating Community Organizations: Updates



UPCOMING EVENTS



COORDINATION
NEEDS



GENERAL
ORGANIZATIONAL
UPDATES



NEWS FOR THE
GROUP

Upcoming Training | August 12 11:00 AM

Introducing Flexibility in OTP Care: Implementing Federal Regulation Changes

- Training for Opioid Treatment Programs (OTPs) on the changes to 42 CFR Part 8 and implications for program policies and procedures
- Discussion of how to anticipate and manage barriers to successful implementation of the changes

Contact Cindy Rivera to register:



crivera@fgcinc.org

PREVENTION FIRST 



Funding provided in whole or in part by the Illinois Department of Human Services Division of Behavioral Health & Recovery through the Opioid Remediation Trust Fund.

Clinical Supervision Available

Opioid Training and Technical Assistance Center (OTTAC)

- Clinical supervision with documentation from expert, licensed staff for individuals seeking licensure or certification in Illinois
- Provided at no cost to clinicians needing support on their path to becoming a certified/licensed behavioral health professional

Contact Cindy Rivera to schedule:



crivera@fgcinc.org



PREVENTION FIRST 



The Welcome Home Basket Initiative

Each month, 20 to 30 households transition from homelessness into stable housing. Many move in without the basic essentials needed to manage a home.

You can help by donating essential household items!



Heartland HOUSED can provide the laundry basket! Whether you contribute a single item, a partially filled basket, or a fully stocked one, every donation makes a difference! Our team will ensure that each basket is complete to greet our newly housed neighbors! Please only include items in good condition.

WHAT ITEMS ARE NEEDED?

- Pots and Pans Set
- Dishes (2 plates, 2 bowls)
- Cups (2 coffee mugs, 2 cups)
- Silverware / Knife Set
- Cooking Utensils
- Can Opener
- Oven Mitts
- Dish Towels
- Dish Soap and Sponge
- Food Storage Containers
- Comforter, Sheets, Pillow (Twin)
- Bath Towels and Washcloths
- Shower Curtain and Plastic Liner
- Hygiene (Hand Soap, Shower Gel)
- Toilet Paper
- Handheld Broom and Dustpan
- Trash Bags
- Cleaning Chemicals

Contact us at (217) 801-9033 or staff@heartlandhoused.org



CELEBRATION IN THE PARK



COMER COX PARK

Friday, August 1, 2025
11:00 A.M. – 2:00 P.M.

FOOD • MUSIC • GAMES • GIVEAWAYS

301 Martin Luther King Jr. Drive-at the pavilion near splash pad

(In the case of rain, event will be held at The Salvation Army 1600 E. Clear Lake Ave.)

**Services for vision, hearing,
health, haircuts, & MORE!**

The Salvation Army of Springfield
Cherry Hills Church
St. Aloysius Church
Washington Street Mission



Gateway Foundation | **Alumni Event**

FLOAT AND FLOURISH

Join fellow Alumni for a private pool party. There is no limit on guests. Check in with staff to get your admission bracelets, at the picnic table in front of the batting cages at 5:30pm. Event starts at 6pm, and ends at 8pm. We will be floating in the wave pool or cruising down the tower of slides.

SATURDAY, JULY 26
5:30 PM - 8 PM

WHERE:

Knights Action Park
1700 Knights Recreation Dr,
Springfield, IL 62711



COST: FREE

CONTACT TAYLOR WITH QUESTIONS:
(217) 836-6712
twilliams@gatewayfoundation.org



Community Resource Guide, Map, & booklets

Resource Guide Booklets

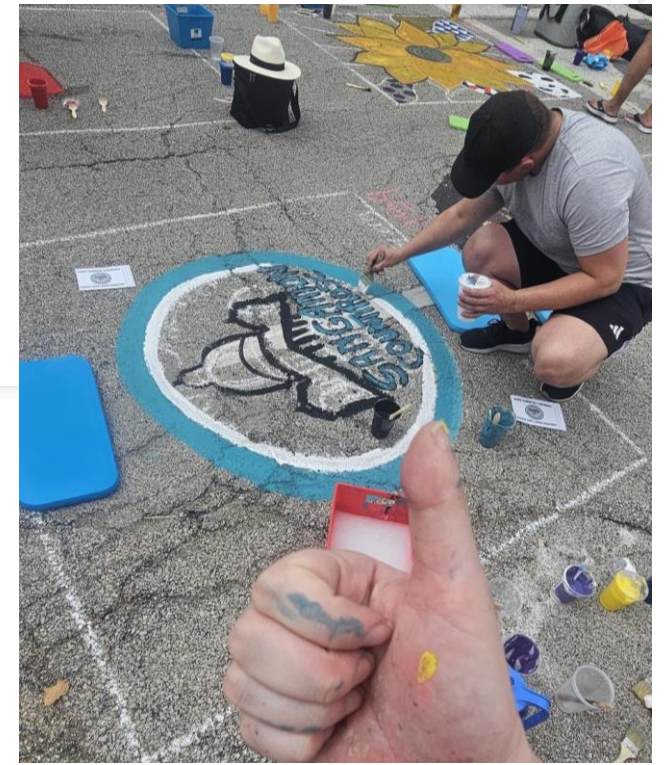
- Reminder: Paper version of our Sangamon County resource guide available
 - Have distributed **2100** across **40** organizations in the community so far.
 - Reach out if you would like some at your organization!
 - QR cards that will direct users to the online resource guide and interactive resource map
- ⑩ Accessible via 'Resources' tab at our website:
<https://www.sangamoncorosc.org/>
 - ⑩ Contact ROSC Program Manager at wdevine@fgcinc.org for any edits or additions
 - ⑩ **Community Resource Map:** Google map listing different resources in Sangamon County
<https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQGjuriiXCkaAQA&usp=sharing>
 - ⑩ Map can also be accessed on ROSC website www.sangamoncorosc.org under resource tab



Event Updates



Paint the Street



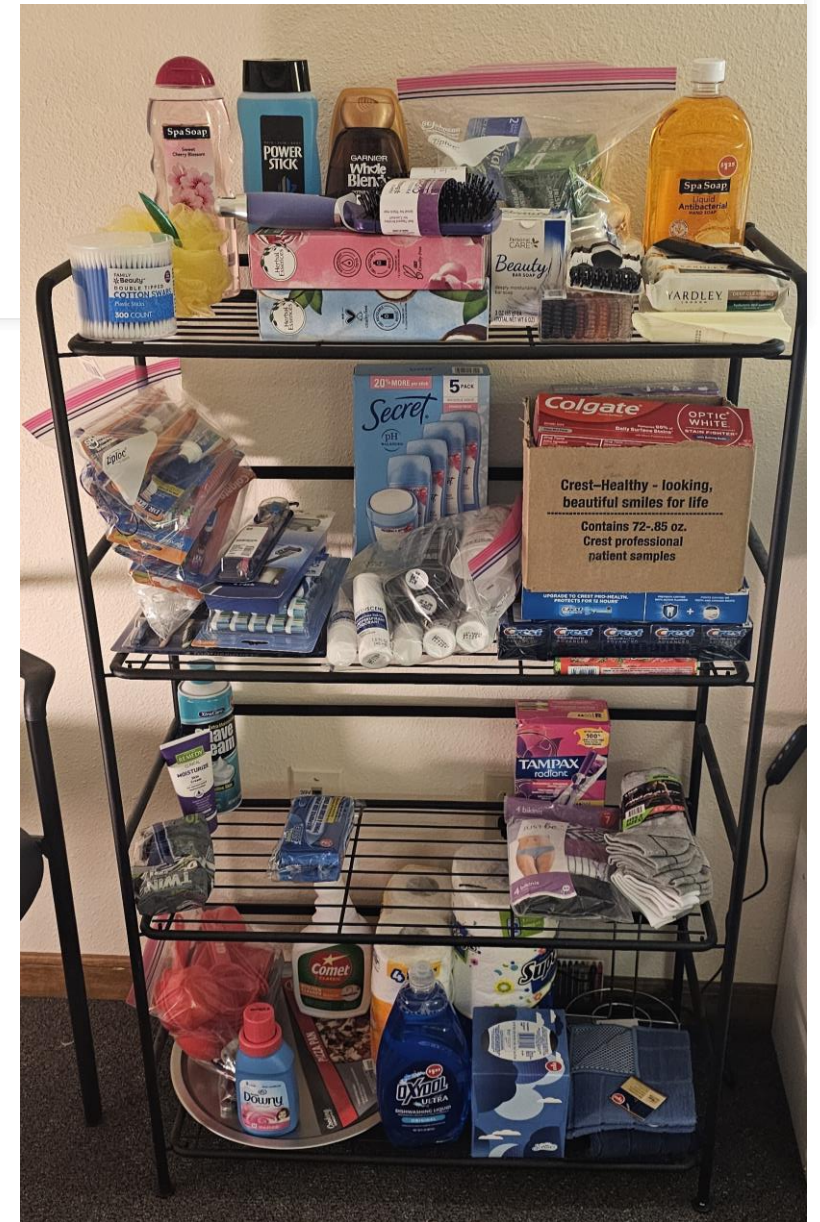
Rain Didn't Stop Us: BBQ & Bags Turns Into Epic Indoor Game Day!



- 30 awesome people gathered for laughs and good vibes.
- An inspiring recovery speaker shared a powerful message.
- Board games and charades kept the good energy going all day.
- Charades champs took home trophies, but everyone left feeling like a winner!

Sober Living Supply Drive

- Collecting basic household items for individuals starting out in sober living homes
- A donation box is included at every event.
- ROSC is connected with various sober living homes in the area to help identify when there are needs.
- Examples of items accepted:
 - Hygiene essentials (Shampoo, conditioner, toothbrush, toothpaste, feminine care products, deodorant, razors, brushes, Q-tips)
 - New bedding (sheets, pillows, comforters)
 - Towels (new**)
 - Underwear & socks (new**)
 - Kitchen essentials



FY25 Recap



- 11 recovery-focused events with 385 attendees
- Engagement from 41 local businesses that donated event space, resources, and goods for events
- Community Needs Assessment- identified major gaps with SUD/MH resources for youth, resources for families affected by SUD/MH, and resources for individuals leaving incarceration
- Physical resource guide developed (2000+ distributed)
- Community Needs Assessment (findings) presentations at Sangamon Co. Mental Health Commission (708 Board) and The Massey Commission

FY26 – New year, new goals

According to the data collected in the FY25 ROSC community survey released between December 2024 – February 2025, three of the largest gaps in the community related to recovery and behavioral health are: 1) services for youth with SUD, 2) recovery supports and support groups for family members and people with mental health conditions, and 3) recovery supports for the re-entry population.

Goal	Plan
1: Facilitate improvements to youth substance use disorder services in Sangamon County	1: Collaborate with key youth-serving agencies to promote available services, assess provider barriers to youth SUD treatment and recovery supports, and establish a local host for a youth recovery support group.
2: Strengthen partnerships that produce a greater diversity of behavioral health support groups and events for families	2: Hold at least 5 annual ROSC events for families of individuals with SUDs and form a working group with major behavioral health providers to explore creating an ongoing family support group for mental health.
3: Enhance access to behavioral health resources for people in the criminal-legal system	3: Develop a reentry resource bundle with harm reduction tools in partnership with local ROSC groups and collaborate with community partners to recruit volunteers for AA/NA groups in Sangamon County Jail.



What's in store?

- Fall/Winter community needs survey
- More events
- Increased partnerships
- More resource guides