Planning Meeting Minutes 1:00pm – 2:00pm

Carissa Van Den Berk Clark – SLU/St. Francis Way Clinic, Elyse Shoen - MCPHD, Lindsay Minor - MCPHD, Brittney Card - MCPHD, Carmen Lanham – Family Guidance Center, Mary Brooks – Embracing Inner Peace, Kevin Schott - Citizen

- Laundry days: Started in Mac. & Mont. Counties currently only in Mac County. Mont already has free laundry days. The goal is to be in a different laundry mat every Friday on the same Friday every month at the same laundry mat. Talked to businesses/orgs for donations (detergent, quarters, etc.). Mt Olive 2<sup>nd</sup> Friday of the Month, Staunton Rainbow Laundry 3<sup>rd</sup> Friday, Gillespie Laundry on the 4<sup>th</sup> Friday, the point is to provide resources for mental health and substance use and where to get help for all topics related to that. Sam and the 5<sup>th</sup> Street Renaissance went there every Friday to bring supplies. Amy Shephard popped in; they had granola bars and bottles of water for people. We are still working on Carlinville & Bunker Hill as well.
- Recovery Event: Received confirmation from Carlinville City Counsel approval to have recovery event on September 13<sup>th</sup> from 11:00am 3:00pm on the town square Carlinville. Meetings for that event are every other Thursday at the Locust St. Resource Center from 1:00pm 3:00pm. Next meeting will be on August 7<sup>th</sup>.
- Renaming: Moved planning committee to today there was some confusion about
  the change of the meeting. Sent email out to consortium, and majority voted to
  move the planning committee meeting back to directly prior to the ROSC monthly
  meeting. We have 3 separate planning meetings, so there has been discussion
  about merging them into one main planning meeting. BC will send an email to
  ROSC members about merging meetings to make it easier for members to attend.
  BC will send agendas for planning meetings so people will be able to schedule
  joining to topics relevant to them.

Main Meeting: Carissa Van Den Berk Clark – SLU/St. Francis Way Clinic, Elyse Schoen - MCPHD, Lindsay Minor - MCPHD, Brittney Card - MCPHD, Carmen Lanham – Family Guidance Center, Mary Brooks – Embracing Inner Peace, Kevin Schott - Citizen, Carrie McKinzie – Gateway Foundation, Keppen Clanton – Birth to 5, Savannah Holthouse - ROE, Whitney Evans MCPHD, Naomi Willis – Pavilion, Sheri Albright - Citizen, Ailee Taylor - Helping Hands Center/Celebrate Recovery, Brie Insurance Navigator MCPHD, Crystal Bryant - Royal Hope Mission, Nick Jarman – Citizen, Lori Jackson - SFW, Wendy Lambert – ROSC Coordinator Vermillion/Step Recovery Center, Becky Hatlee - MCPHD, Ingrid Lopez – Family Guidance Center, Whitney Steward – Next Network, Beverly Holland – Region 5 Tech Specialist, Samantha Brown – 5<sup>th</sup> St. Renaissance, Alexandria Lefaye – Centerstone.

- Samantha Brown 5<sup>th</sup> St Renaissance Lead Peer of CORS Program
  - Offer a variety of housing programs, including transitional housing (for people coming out of treatment transitioning into society), do recovery group on Tuesdays.
  - Housing Advocacy, youth services, and reintegration for folks coming out of incarceration and who have HIV. We have ISHOP rapid rehousing. If anyone needs housing help in Sangamon County, there is a number on the red sheet – it will put you in touch with housing. Hartland House handles all the intakes.
  - HIV Testing outreach program onsite HIV testing for individuals everywhere.
     It is RAPID testing. If someone has a positive test, we walk them through getting into care, hooked up with care connect to navigate health and wellness resources. We also have HEP C testing, gonorrhea testing, blood pressure, cholesterol, and wellness checks on a mobile van.
  - Work a lot with unhoused individuals.
  - We have a veteran's program that includes family housing and female housing units.
  - A life skills program
  - Community-based permanent housing program
  - Part of the continuum of care for Sangamon County. Focus on Sangamon and surrounding communities.
  - Cook Street Renaissance 19-unit complex focused on chronically homeless or chronically low-income individuals, especially for those with physical disabilities.
  - CORS focuses on recovery support this is self-defined everybody's
    recovery is different. We don't see abstinence or sobriety as a requirement –
    just wanting to be better than yesterday. We offer recovery and emotional
    support but also provide connections to care and transportation if someone
    needs to get into tx.
  - Offer warm handoffs and referrals, work closely with SFW
  - Do Narcan trainings back up for SFW, Next Network
  - Have never use alone bracelets, to pass out, for people to call when using to protect against overdose.

## ROSC Roles

- BC wants to revamp ROSC. Meetings seem repetitive we focus on needs, but we need to focus on being actionable.
- Secretary takes meeting minutes and forwards them to Brittney to edit and send them to the consortium

Treasurer – controls and keeps track of all ROSC funds for future events.
 ROSC coordinator via MCPHD policy cannot hold funds related to ROSC.

## ROSC Mission Statement

- BC made a request to change the ROSC mission statement, and she used
   Chat GPT to generate a new one.
- We discussed some of the problems with the current statement and some things they liked about it.
- o Further confirmation of any new statements will be done via a quorum.

## Updates

- Vermillion updates missed
- Whitney Overdose Awareness at Walton Park every year 5-9 PM Pavillion 2
- Pavilion Hospital in Champaign New Choice Substance Program up to 20 beds, small program with 10 per CM.
- TASC few updates these 5 counties, added to Madison, St. Claire and Monroe County. Went from 10 deflection specialist down to 5. Greg will be out until October. Had a law enforcement Summit in Carlinville, Fairview Heights.
- MCPHD Network Meeting Next Tuesday, 10:30-Noon, if not on the list, talk to LM
- Next Meeting (kickoff meeting FY26) will be focusing on Community Survey for MCPHD. We use this data to help us figure out how to fill gaps for health and wellness in Macoupin & Montgomery counties
- Hiring at Next Network Recovery navigators recovery core = hiring for 4 positions.