



Livingston County ROSC Meeting Minutes

Thursday August 7, 2025, 9-10 am

Hybrid (Zoom and In Person)

Futures Unlimited 210 E Torrance Ave, Pontiac, IL

Attendees In-Person:

- John Schneider- Chestnut/Liv ROSC
- Caitlin Chagoya- Institute for Human Resources
- Teresa Diemer - Institute for Human Resources
- Chrystal Little- Livingston County Health Department
- Diane Hodgson-Futures Unlimited
- Melissa Johnson-Life Cil
- Rhonda Looney-IHR
- Natalie-Futures Unlimited
- Clare Spires-OSF St. James
- Madalyn Lane-Livingston County Probation
- Tim Jenkins-Futures Unlimited
- Holly Ketchum-Futures Unlimited
- Ryan Beier-Futures Unlimited

Attendees Online:

- Kari Knapp- Chestnut/Liv ROSC
- Grace Irvin-Chestnut/Liv ROSC
- Deb Beckmann-Chestnut/Statewide ROSC
- Jodi Martin- Boys and Girls Club
- Jessica McConnell-Synergy
- Lauren Michalski-Safe Journeys
- Melissa Simmons-DRS
- Abby Behrens-Prevent Child Abuse
- Alisa Ndorongo-Fall (DRS)

NARCAN Training

- Crystal Little from the County Health Department and Teresa Diemer from the Institute for Human Resources provided a demonstration.
- Signs of an opioid overdose, trouble breathing, unresponsive, and other signs of trouble breathing, slow, shallow breaths, snoring sounds, gasping for air, choking or gurgling, unresponsive, We get most of that in our CPR training, but no response to loud sounds or touch. Asking if you're OK and no response. Firmly rub knuckles on sternum. So if you've taken a CPR class, you know about the knuckle rub and you know that it can be painful when you receive it when you're awake and it should be painful for those who are unresponsive as well. And then other signs, blue lips or fingernails, pale or gray skin that feels cool or clammy pinpoint pupils, and pulse is slow. If most people are unresponsive,

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it's hard to get a good key on the pinpoint pupils because usually their eyes will be closed, but not always.

- County Health Department and IHR have Narcan.
- Narcan is used reverse an opioid overdose. So that's any pain medication and or heroin or other type of substances like that. We try to just make sure that people understand that this is a tool to add to a first aid kit. It really truly is just a tool to help in an emergency situation regardless of the situation.
 - The other thing is if somebody is actually an opiate abuser and they have a really good high and they are, they're buying from it, they're going to be mad. They're going to be mad as heck when you take them out of that. So that's the other thing too, is keep yourself at a safe distance because you don't know how they're going to react when they come out.
 - What are the other things to remember in that case? So you've called 911. You've administered the doses, it is possible that you go through the box and that you have to use another box. Depending on the substance, depending on how much has been taken, it is possible. When we did one of our presentations, there was a police officer that said in one case he had to administer eight different doses.
 - That also depends on the response time with EMS and those types of things. So just know that's a possibility. Once someone seems to maybe coming out of it, they can get sick. They might vomit. It is important kind of to get them to their side, you know, that fetal position, hands on their head, that type of thing is possible. If they are not upset and maybe it's a little bit like seizure-like activity, it might mimic that a little bit, but try to get them to their side should they vomit so that they don't choke on it.
 - If you have expired Narcan you can still use it, but you might have to just use more
- They have gotten questions about how they work in their cars mostly and they suggested to have two doses in your car.
- When you administer Narcan if you can fill out the document they handed out and turn it back into the health department. Fill out as much information as you can. It helps with data collection and funding. If you don't have a sheet you can call the health department and do it over the phone.
- Lots of times if somebody is coming into an ER, even unresponsive and they're not sure why, and they haven't, you know, in the ambulance trip or whatever, they will administer Narcan when they get there, just in case that it has been a, some sort of drug overdose.
- Narcan is in the majority of Livingston County. We are educating and sharing with people in the community on where you can get Narcan.
- You don't have to have permission to carry Narcan. I think we're trying to get, people are just not sure yet what it is and we're just trying to get that messaging out there. You can throw this in your first aid kit, it's in your first aid kit as just another tool.

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- Also, if you ever think you might have had any contact with fentanyl, do not use hand sanitizer. That enhances the fentanyl. Do not do that. Always use soap and water for touching an unfamiliar substance.

Recovery Month Overview

- September 6, 2025 10am-1pm at the Rec Center.
 - Food is provided by **Dinky Diner**
 - We are looking for speakers
 - Some have signed up for a resource table, but we are still looking for people to sign up to have a resource table at the event.
- We have initiated getting recovery stories to put on our social media, but we have struggled to get participants for that. If you may know of anyone who would like to share their story, please reach out to John or scan the QR that was handed out.
 - It's a brave step for a lot of people, but it's a great step for a lot of people. John talked about when he came into his early recovery, he was filled with shame and embarrassment and all those other things from his past. When he got into a certain point fairly early into his recovery he felt someone else needs to hear his story so they don't end up where he did.

Commented [G11]: Hard to hear. Is this right?

Recovery Month Event: Community Resource Table Sign Up

- If you or your agency are interested in setting up a resource table at the September 6th event, follow this link: [2025 Livingston County ROSC Recovery Table Sign Up](#)

Commented [G12]: link

Commented [JS3R2]: Kari replied & corrected

Upcoming Events

- Boys and Girls Club Duck Race Event
 - August 9, 2025
 - 1pm-4pm
 - Humiston Riverside Park
- Community Day Block 59
 - August 16, 2025
 - 11am
 - Pontiac, IL
- Flannagan Fest
 - August 22-24, 2025
 - 11am
 - Flanagan, IL
- Recovery Month Event-September 6, 2025

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- 10am-1pm
- Pontiac Recreation Center

Community Updates

- **Chrystal**- The health department just finished up our summer food It program. We served over 65,000 meals and was a great served success, had a lot of fun, and great volunteers.
 - Our Backpack with Salvation Army, 281 backpacks That was a great event also, very successful.
 - Working still with smoking cessation, going to do some vaping education in the schools.
 - We'll get back to STI and pregnancy prevention here soon.
 - We've talked about our feminine hygiene product drive and program through the health department and kind of getting back on track had to take a pause for the summer food program
 - Flu clinics starting to come up that will be big mid September 29th we're going to have our kickoff event through the drive-thru using our beautiful drive-thru facility and we are offering flu shots through the health department in the drive-thru on Tuesdays and Thursdays in October from 7 a.m.-8 a.m.
 - We are not going to the communities with flu clinics because it didn't have a huge draw. So we are going to utilize our new drive thru facility.
 - We are finishing up school physicals. If somebody mentions that they need to get a school physical, have them call the health department. We do still have some availability for that.
- **Ryan**- I work for clinic services and BHC here at Futures doing both case management, class instruction, and counseling. As of right now we've helped seven or eight people get jobs and a lot of them are near closures. Have their jobs for a decent amount of time. But always looking for more clients. Anything else employment related? So if you know BHC, we are getting a new staff, so we'll be taking in some more clients here in the near future. So once again, if know anybody who's interested in taste management or counseling, also refer them to our DHC department. We're working on getting that in community more to various towns. We have our Denim and Diamonds fundraiser in a few weeks, August 21, 2025.
- **Tim**- We've been developing over the past two years, a mental health clinic that allows us to provide suicide services to folks here on premises, as well as in the community. Of course, HQ is right in the middle here at Pontiac, but we are in each of these And our excellent marketing person has developed a really cool map of where we're located in the community.
 - I'm from up around the Chicago area, so I'm just learning from back roads and paths to these. But we're boots on the ground to provide counseling, case management resources. And we have also a transportation pilot program that is a non-emergency

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medical transportation program. So we provide services for transportation to and from doctor's offices to individuals that don't have access. Also that case management community support picture We can also provide in-person help in the community with folks that have difficulty achieving resources for getting what we're getting for our grocery store, difficulty getting to a food can break, or things like that.

- That's why we want to be out there in the community. I'm going to ask for an email list to share this graphic and a couple of other graphics that have just been developed for us. So we're pretty excited about being out there. Yes, as Ryan said, we're onboarding with Futures employees, Gabriella, who's going to be our issue for here on site. So we're very excited about the development.
- **Melissa-** Not any events to update, but both of our offices will be closed on the 20th, 21st and the 22nd for our staffing and you'll agree and then also I love that you all are sending me all the people um but please make sure you're having a call because I am the only person in the office so sometimes I get a few people that are a little upset I had probably 10 voicemails and I don't know who all may have tried to stop by the office just to me just because I was out of the senior expo.
- **Rhonda-** I just want to remind everyone that there is the family group at IHR that we meet on Thursday evenings from 5pm-6pm and Saturday mornings 9am-10am, alternating for families who have someone that struggles with mental health disorder and/or substance use disorder. If you're an agency and you would like to have a copy of our schedule, I have a group that I send out, so if you'd like to be on that, just to let me know, and I can get you on that.
- **Madalyn-** We have graduation today. Some of probation and then IHR staffs are on the drug court team. So we're excited about that. But otherwise, no updates.
- **Clare-** We have a diabetes educator full-time in-house now, and she is seeing outpatients and patients. We're looking for people for that, so if you know anyone that would be interested or could use that, we'd appreciate it.
 - Our Diabetes Prevention Program, which is a full year-round program to help those people who are kind of on the border, is scheduled at four o'clock on Mondays I think and so the first six months it's in every week program and then the second six months is monthly.
- **Jodi-** Our 32nd annual duck race is this Saturday. It's a back to school bash. We're going to have the dunk tank there, some bounce houses for the kids if you can set up I think I sent it out but then when I was at national night out some people hadn't heard so I just wanted to make sure that everybody knew if you can be there you can hand out things flyers things like that we are dumping the ducks at one I'm not sure where since mill street bridge is closed but we'll let the city worry about that because they're taking care of it for us but at one o'clock we will dump the ducks. Also, I also wanted to let you know that if you have flyers or



something, send them to me because we can hand them out to the families, like, especially the ones that you want them to get involved in your program.

- We see about 120 to 30 kids in Pontiac, and then we see about 85 Fairbury, and then we also have Chatsworth, Chenoa, Dwight, Flanagan, and Streeter. So anything you would like to share for Livingston County families, be sure and let me know. But again, deck race is coming up this Saturday.
- **Grace-** No updates, just excited to be here.
- **Abby-** PCA Illinois Conferences registration is open. As she mentioned last meeting, they have a Drug Endangered Children training happening in August and September. So if you need registration information, send her an email and she threw her email in the chat. And she also will have some great lunch and learn set up with Illinois DEC Alliance for Recovery Month and she will share the schedule and links when they have those.
- **Lauren-** All of our services continue to be free and confidential ranging from legal advocacy to case management to counseling and we do have our shelter. I do know right now for any individual experiencing domestic violence, if they are in need of a camera or a ring doorbell, we do have them available free of charge. I would just ask that you have the survivor reach out to me so I can help get them set up with that.

Next Meeting: Thursday, September 4th, 2025

- Hybrid Meeting at TBD and via Zoom Time TBD
- Subcommittees 4th Wednesday of the month at Livingston County Health Department

Upcoming Trainings:

- Visit <https://www.coalitionsupport.org/trainings> for upcoming trainings.

Virtual Resource Guide/Social Media

- Virtual Resource Guide: <https://www.jotform.com/app/231105805739152>
- Facebook: <https://www.facebook.com/LivingstonCountyRecovers>

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ROSC Contact Information

- John Schneider, Community Health Specialist jjschneider@chestnut.org
- Kari Knapp, Associate Director of Community Health kmknapp@chestnut.org
- Grace Irvin, Prevention Coordinator gcirvin@chestnut.org
- Livingston County ROSC Team LivingstonCountyROSC@gmail.com

Meeting adjourned at 9:56 am

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