Recovery Oriented System of Care



Hardin/Pope ROSC Council Meeting Minutes

Date: July 10th, 2025 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC

In-Person at 125 N. Market St., Golconda, IL

ROSC Team

Cammy Duggins, Hardin/Pope ROSC Council Coordinator Emily Middleton, Senior Program Director – Prevention and Advocacy

Attendance:

- 1. Cammy Duggins, Arrowleaf
- 2. Emily Middleton, Arrowleaf
- 3. Bunny Lee, Community Resident
- Maggie McKenzie, Arrowleaf Director of Project Outcomes
- 5. Mandy Hagen, TAT
- 6. Tasha Taylor, Arrowleaf
- 7. Melissa Brown, Arrowleaf
- 8. Jennifer Worthen, S7HD Health Educator
- 9. Whitney Berman, Arrowleaf SUPR Co-Occurring Therapist
- 10. Amber Mulkins, Arrowleaf
- 11. Bev Holland, ROSC Region 5 TA
- 12. Jordan Strong, MCDAC ROSC Coordinator
- 13. G O'Cronin, CCBYS/RYSE Arrowleaf
- 14. Heather Rash, CASA Advocate Southeastern Illinois
- 15. Briana Spivey, SUPS Arrowleaf
- 16. Kim Thorwegen, PECaD Siteman Cancer Center
- 17. Brent Van Ham, SIU School of Medicine SUD Leadership Center
- 18. Hend Jadalla, SIU CRSS School of Medicine
- 19. Lisa Burns, Community Member/Business Owner
- 20. Quinn McBride, Programs Coordinator MHAT/SAFE
- 21. Marva Purchase, RYSE/Arrowleaf

Welcome and Introductions

- Meeting attendees shared introductions and reviewed the Arrowleaf ROSC Vision and Arrowleaf ROSC Mission.
 - Arrowleaf ROSC Vision: A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one
 - Arrowleaf ROSC Mission: Collaborating to build, foster, and empower communities of recovery

Old Business

- Oxford House
 - Last meeting, Michelle Buckley presented on the Oxford House, Inc., sharing her personal recovery journey and skills gained through the program. The Council took a field trip the the Oxford House in Marion, Williamson County, Illinois on Thursday, June 26th. Daniel Bell was able to attend and reported it was a valuable experience. Kim shared that the Oxford House was a positive experience for a close family member. The group hopes to be able to plan a field trip to another local Oxford House in the near future.
 - Contact: Michelle Buckley | michelle.buckley@oxfordhouse.org
 - www.oxfordhouse.org

New Business/Discussion Topic

- Hardin/Pope FY25 Impact Report
 - The Impact Report was reviewed by Emily Middleton. A link to view the report is here: ROSC Impact Report - Hardin-Pope.
- Creating Recovery Friendly Workplaces
 - Maggie McKenzie shared a presentation on Creating Recovery Friendly Workplaces including a toolkit for business leaders. This initiative is a way to create more supportive environments for people in recovery in the workplace. It aims to increase the likelihood of people in recovery being hired and employment as a tool to maintain recovery. Maggie reviewed the key campaign messages and the importance of flexibility and respect in recovery-friendly workplaces.
 - Maggie reviewed the Toolkit (<u>CCBHC Recovery Friendly Workplaces Toolkit</u>) which includes a commitment form for employers. The commitment form outlines the employer's commitment to equal opportunity and provides resources for mental health awareness training and other support services.
 - Council members discussed how recovery-friendly workplaces make a difference and impact the greater community.
 - Contact: Maggie McKenzie | maggie.mckenzie@myarrowleaf.org

Announcements

- SMART Recovery Open Door (link to flyer) beginning August 14th
 - Meeting Thursdays from 2-3PM
- Upcoming Events
 - Playing with Purpose Gala of Hope (link to flyer)
 - Saturday, September 6th at John A. Logan College to benefit Arrowleaf's emergency shelter capital campaign
- Upcoming Discussion Topics and Resources:
 - August Planning for Recovery Month / Increasing Recovery Friendly Workplaces
 - Bringing stories from the field individuals in recovery and their experience in the workplace
 - August 31st is National Overdose Awareness Day
 - September Healthy Aging Month
 - Hosting our first Recovery Roundtable discussion. Looking for 1-2 individuals to join our panel for a live, hybrid discussion about the many pathways to recovery. General questions will be predetermined and shared ahead of time for volunteers to prepare responses to.

Next Meeting

Thursday, August 14th, 2025 from 11:30 AM to 12:30 PM 125 N. Market St., Golconda, IL 62938 and www.bit.ly/HardinPopeROSC