



# NEAR SOUTH SIDE

## MEETING MINUTES

**LOCATION:** Virtual - Zoom

**DATE:** 07/08/2025

**ATTENDEES:**

- Gloria Prowell (Near South Side Community Coordinator), Daniel Mendez (EDDR Foundation), Mimi Tsang (MAHA, McK-UDOS), Cristina Banda (Illinois Family Resource Center), Tiffany Webb (H.A.S.) Kenneth Bell (ROSC Region 1 TA)

**TIME:** 10:30am – 11:30am

## AGENDA ITEMS

- I. **Introductions: Name, Organization, how to stay in touch.**
- II. **ROSC Overview: What is the ROSC and why is it important to the community?**
- III. **Data:** ROSCs work to share information, create partnerships, and lower stigma in their communities. ROSCs do not provide direct service. The Near South Side ROSC: Provides education, Bring awareness, Engage community partners to work on identified needs, Create a coordinated network, Work with community to create system level change and supports. ROSCs cover 57 counties across all regions in Illinois; 43 Councils Total
- IV. **Presentation:** Near South Side ROSC – Addressing a ROSC, Recovery, and Multiple Pathways  
**What is Recovery?** Getting back to normal after a period of difficulty. Most people in recovery view their recovery as a process that affects all aspects of life and changes the way they live. Most people in recovery define it as a continuous process that never ends. **What are multiple pathways of Recovery?** A variety of treatment modalities and support personalized to align with

one's needs to achieve and maintain sobriety. **What can recovery look like with multiple pathways?** Structure psychosocial behavioral models designed for recovery. Addiction replacement, or addiction substitution or transfer addiction, replacing one addiction with another.

Discussion Questions:

***How can we address recovery better to be seen as a solution towards recovery rather than a barrier? What is your experience with agencies/staff being open to "multiple pathways"? What is your experience with community being open to "multiple pathways"?***

**V. ROSC in Action,**

- a. Open call to encourage participants to invite someone who may be interested in joining the ROSC.

**VI. Cook County Events and Trainings – JULY EVENTS**

Wednesday, July 16, 2025	Creating & Planning Inclusive Events in a Community Setting
7/16/2025 & 7/17/2025	SAMHSA's Office of Recovery: Older Adult Recovery Virtual Meeting
7/14/2025 & 7/28/2025	Mindfulness Monday - Practices to Promote Mental Well-Being and Resilience
Tuesday, July 29, 2025	New Tech, New Triggers: The Hidden Gambling Risks of Cryptocurrencies, NFTs, and DeFi

**VII. ROSC Council Member Updates/Discussion/Questions:**

- a. Discussion explored the challenges of staff attitudes and the need for increased non-judgmental and respectful open-minded approaches when engaging with the populations we serve.
- b. Participants expressed the importance of organizational feedback when dealing with negative circumstances and experiences that can and should be improved on.
- c. Adapting recovery methods to individual needs is critical in addressing the myriad of factors that exist of those in recovery.

**VIII. Adjournment**