



# Resources

## **Trans Lifeline: 877- 565-8860**

The first national crisis hotline specifically for trans people with a volunteer staff of trans and nonbinary operators, Trans Lifeline is active Mondays through Fridays from 1-9 p.m. Eastern time.

## **The Trevor Project: 866-488-7386, or text 678678**

the Trevor Project's hotline for LGBTQ+ young people ages 13-24

## **LGBT National Hotline: (888) 843-4564**

The hotline is confidential, available 24 hours a day, and can help you no matter what language you speak.

## **LGBT National Youth Talkline: (800) 246-7743**

NAMI promotes community wellness, improve mental health care access, and support families, professionals, and individuals in Chicago and beyond.

## **LGBT National Senior Hotline: (888) 234-7243**

Free, 24/7, confidential service that provides support and connections to resources for those in distress.

## **LGBT National Coming Out Support Hotline: (888) 688-5428**

For people struggling with COVID-19-related stress who need emotional support.

## **Call Blackline: (800) 604-5841**

Blackline is a peer support line designed for Black, Black LGBTQI, Brown, Native and Muslim communities, per its [FAQ](#), and handles crises related to “negative consumer, police, and vigilante contact” across the U.S.

## **1. DeQH: (908) 367-3374**

DeQH is the first support line in the U.S. for South Asian LGBTQ+ people, serving callers who are “lesbian, gay, bisexual, queer, questioning, intersex, transgender, gender non-binary, genderqueer, pansexual, kothi, hijra, and beyond.” The line has a limited window of availability, however, accepting calls on Thursdays and Sundays from 7-9pm CST ; outside of those hours, would-be callers who aren't in immediate crisis are asked to get in touch through [www.deqh.org/contact-us.html](http://www.deqh.org/contact-us.html)

## **Springer Nature's Sex & Gender book is now available for immediate \*\*and free\*\* online access as a digital download:**

<https://lnkd.in/eKg9kDEz>

*This volume explores the entanglement of sex and gender, suggesting that they are co-constituted in ways that have not been fully understood, examined through multiple perspectives.*