

# HLM Recovery R.O.S.C Will/Grundy Council Meeting Minutes

Date: June 24th

Time: 11:00 AM- 12:15 PM

Location: Virtual

The HLM Recovery R.O.S.C. Council Meeting in June 2024 focused on updates and introductions. Dr. Ruby E. Powell welcomed participants and emphasized the importance of sharing information in the chat. Jared Burton from DuPage ROSC shared his personal recovery journey and highlighted DuPage County's recovery efforts, including a 24/7 free Narcan vending machine and justice-involved recovery programs. Allison Thomas from Rosecrance announced the ROSC's approval for another year in Will, Grundy, and Kankakee Counties. Various participants shared updates on their organizations, including training opportunities and upcoming events. The meeting concluded with a call for increased community engagement and collaboration. Dr. Ruby E. Powell announced upcoming events for the HLM Recovery R.O.S.C council, including a show-up recovery holiday party in the fourth quarter and an event in August for Opioid Recovery Month. She emphasized the importance of collaboration and participation, promising to share details by the next day. Connie Dewall WCHD requested a meeting, and Jarrett Burton from DuPage ROSC congratulated the council on their expansion, highlighting their effective work in Will and Grundy counties. The meeting concluded with expressions of gratitude and anticipation for future collaborations.

# **Action Items**

- [] Neesha to speak at the Grundy County village coffee and company event about the ROSC.
- [] Neesha to highlight everyone's information and who they are in a slideshow.

## **Opening Remarks and Introductions**

- Dr. Ruby E. Powell welcomes everyone to the June 2024 meeting, emphasizing the importance of sharing information in the chat.
- Dr. Ruby E. Powell mentions the humid weather in Chicagoland and the need to call on participants as they join.

- Magdalena Heartlife Ministries Recovery 180 shares her screen but faces technical issues, which are resolved later.
- Dr. Ruby E. Powell leads the group in prayer, thanking for the meeting and expressing gratitude for the guest speaker.

## **Welcoming and Participant Updates**

- Dr. Ruby E. Powell welcomes everyone back after a month's absence and shares a personal story about missing the meeting.
- Paula Ekstrom shares her experience of resisting the urge to join the meeting and the importance of being part of the group.
- Reverend Dr. Eugene Edwards introduces himself and his role at the Dwayne Dean Behavioral Health Center.
- Dr. Ruby E. Powell and Connie Dewall WCHD discuss the humble beginnings of the Ross council meetings and the challenges of scheduling.

#### **Recognizing Long-Time Participants and Achievements**

- Dr. Ruby E. Powell acknowledges long-time participants like Renita, Dr. Ruby, Jen Elias, and others who were part of the initial meetings.
- Dr. Ruby E. Powell emphasizes the importance of resetting meeting times to accommodate different schedules and the need for intentional scheduling.
- Allison Thomas Rosecrance announces the approval of another year for the ROSC in Will County, Grundy County, and Kankakee County.
- Dr. Ruby E. Powell and Allison Thomas Rosecrance discuss the importance of hiring people to support the growing ROSC initiatives.

### **Introductions and Updates from Participants**

- Magdalena Heartlife Ministries Recovery 180 calls on participants to introduce themselves, starting with Tash, Maria, and Dr. Ruby E. Powell.
- Participants introduce themselves, sharing their roles and organizations, including Angela Solis, LCPC, CADC, CCTP, and Ben Rudolph.
- Jared Burton, DuPage ROSC, shares his personal recovery story and his role in the ROSC, highlighting the expansion of services in DuPage County.
- Participants share updates on their organizations, including Cristina Ramirez, Angela Solis, LCPC,
  CADC, CCTP, and Ginni Demko.

## **Community Engagement and Stigma Reduction**

- Dr. Ruby E. Powell and Jared Burton discuss the importance of community engagement and visibility in reducing stigma.
- Dr. Ruby E. Powell shares examples of stigma reduction campaigns, including fentanyl awareness and co-occurring mental health challenges.
- Jared Burton highlights the success of the Narcan vending machine and the importance of harm reduction services.
- Dr. Ruby E. Powell emphasizes the need for data-driven decision-making and the importance of lived experience in ROSC initiatives.

## **Announcements and Upcoming Events**

- Johanna Vargas Guardian Angel announces a 40-hour domestic violence training in August.
- Allison Thomas Rosecrance shares information about upcoming CEU opportunities and a tour of the Rockford residential campus.
- Paula Ekstrom announces a town hall meeting on underage drinking and a Share Fest event in Wilmington.
- Dr. Ruby E. Powell encourages participants to bring neighbors and friends to future meetings and highlights the importance of collaboration.

### **HLM Recovery R.O.S.C Council Meeting Introduction**

- Dr. Ruby E. Powell emphasizes the importance of connecting and collaborating, especially before the fourth quarter of the year.
- Announcement of a scheduled show-up recovery holiday party for all sectors and council members, with dates to be provided in July.
- Dr. Ruby E. Powell mentions an upcoming event in August, "Your Light Still Shines," related to Opioid Recovery Month.
- Encourages everyone to stay cool and thanks the participants, including Jared and Megan, for their contributions.

## **Event Planning and Coordination**

- Dr. Ruby E. Powell requests participants to stay on the call if they have any questions and to send in their information for sharing.
- Confirms that the information learned during the meeting will be distributed between today and tomorrow.
- Connie Dewall WCHD inquiries about availability for a discussion, and an unknown speaker agrees to email for scheduling.
- Dr. Ruby E. Powell mentions the need to get the "Will Find Hope" date on the calendar.

### **Expressions of Gratitude and Announcements**

- Various participants, including Jaron Nabors and Magdalena Heartlife Ministries Recovery 180, express their gratitude and appreciation.
- Jarrett Burton from DuPage ROSC congratulates the team on their expansion and expresses excitement about future collaborations.
- Magdalena Heartlife Ministries Recovery 180 shares a personal anecdote about forgetting to present announcements.
- Jarrett Burton reiterates his congratulations on the expansion and looks forward to supporting the efforts in Will and Grundy.