

# Logan/Mason ROSC Meeting Notes

June 26<sup>th</sup>, 2025

## **Attendance:**

Austin Dambacher (Sangamon County ROSC)  
Whitney Devine (Sangamon County ROSC)  
Samantha Anderson (Trillium Place)  
Deb Beckmann (Statewide ROSC)  
Sandra Beecher (Gateway Foundation)  
Abby Behrens (Prevention Child Abuse Illinois)  
Jeanette Davis (Chestnut Health Systems-Logan/Mason ROSC)  
Kara Davis (Logan County Department of Public Health)  
Kristin Davis (Family Guidance Center-Regional Substance Use Prevention Integration Center)  
Kendra Day (Memorial Behavioral Health)  
Kami Garrison (Statewide ROSC)  
Grace Irvin (Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, BASE, & Impacted Youth Project)  
Lisa Latham (West-Central Illinois Area Health Education Center)  
Carmen Lanham (Family Guidance Center-Regional Substance Use Prevention Integration Center)  
Molly McCain (Lincoln Memorial Hospital)  
Brycen McFadden (Oxford House)  
Jeff Nelson (PLE-Volunteer)  
Marie Riley (Sangamon County Department of Public Health-Early Intervention)  
Shawn (PLE)  
Tia Schum (Piatt County ROSC)  
Kim Turner (Logan County Crime Stoppers, Drug Court, Veterans Court, Logan County Probation, & Hope on 5<sup>th</sup> Board Member)  
Natasha Viner (PLE)

## **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

### **New Business:**

- During the meeting, there was a discussion about the new fiscal year, new funding, and focused mission of the Logan/Mason ROSC.
- An FY25 End of the Year Report was created for the Logan/Mason ROSC. This went out to everyone on the ROSC email list.
- The priorities of the ROSC continue to be improved access to recovery supports and services, increase opportunities for people in recovery, increase awareness around recovery, and create a culture of advocacy for recovery.
- If you have any questions or find something that was missed in the End of the Year Report, please reach out to the ROSC team.
- The new fiscal year runs from July 1<sup>st</sup>, 2025 to June 30<sup>th</sup>, 2026.
- The Logan/Mason County ROSC will be funded for three more years.
- The strategic goals for the next three years are centered on four concepts: Access, opportunities, awareness, and advocacy.
- Goal 1: Improve ACCESS To Harm Reduction And Recovery Support Services.
- Objective 1: Support And Advocate For Increased Harm Reduction.
- Strategy 1: Increase harm reduction availability by adding eight additional locations providing NARCAN®/naloxone in Logan and Mason counties within the next three years.
- Strategy 2: Create a community awareness campaign to increase awareness of the harm reduction services being administered in Logan and Mason counties, while utilizing existing resources to promote harm reduction locations.
- Strategy 3: Increase the distribution of NARCAN®/naloxone materials by 30% within the next three years.
- Strategy 4: Conduct an annual process evaluation survey and marketing evaluation survey to measure the effectiveness of the distributed NARCAN®/naloxone.
- Strategy 5: Conduct 10 training sessions for community leaders and volunteers to equip them with the knowledge necessary to advocate for and assist individuals in accessing essential services within the next three years. Administer pre- and post-surveys before and after each training session to track attendance and measure the effectiveness of the training.
- Objective 2: Conduct Monthly ROSC Council Meetings Each Month And Expand Meeting Participation, Especially From People With Lived Experience (PLEs)
- Strategy 1: Host one ROSC hybrid council meeting on the third Thursday of each month within the next three years.
- Strategy 2: Schedule at least one guest speaker to present agency information or personal story at every other meeting to encourage continued meeting participation within the next three years.
- Strategy 3: Grow attendance and participation of the ROSC council by 5% within the next three years.
- Strategy 4: Increase two to four people with lived experience to the ROSC council in each of the three years.
- Goal 2: Increase OPPORTUNITIES For Medicated Assistance Recovery (MAR) And Other Evidence-Based Practices.

- Objective 1: Advocate For Improved Transportation Options To Facilitate Getting To And From Recovery Services.
- Strategy 1: Partner with the local Show Bus or rideshare to offer ROSC-supported transportation and provide reduced rates for people in recovery.
- Strategy 2: Advocate for improved and widespread transportation options by meeting with local community governments annually for each of the three years.
- Strategy 3: Find two additional funding streams to secure supplemental funding for transportation support within the next three years.
- Strategy 4: Partner with an additional two transportation providers to offer effective solutions to this ongoing barrier to treatment within the next three years.
- Objective 2: Support And Advocate For Increased MAR And Wraparound Services.
- Strategy 1: Increase access to MAR treatment options by at least one additional facility within three years.
- Strategy 2: Foster relationship with Hope on 5th by continuing to hold monthly Recovery in Action meetings and bi-monthly ROSC Council meetings at the facility each respectively.
- Objective 3: Work With Partner Organizations To Increase Access To Mental Health Services To Provide Whole-Person Care For People With Substance Use Disorder (SUD).
- Strategy 1: Continue to strengthen existing relationships with Trillium an affiliate of Carle Health Care and Memorial Behavioral Health in Lincoln.
- Strategy 2: Increase partnerships with at least two providers in Logan and Mason counties.
- Objective 4: Create And Support Opportunities For Multiple Pathways To Recovery, To Increase The Available Choices Within Logan And Mason Counties.
- Strategy 1: Raise awareness of existing meetings, supporting organizations, and dates/times of current options by increasing the amount of communication materials around the community by 10%.
- Strategy 2: Work to keep updated information available on a bi-monthly basis.
- Strategy 3: Conduct an annual community readiness survey to gauge the community's perception on additional paths towards recovery.
- Strategy 4: Promote recovery meeting options locally by distribute flyer/meeting cards to an additional 10% of the community.
- Objective 5: Encourage Participation In Existing Trainings And Educational Opportunities To Raise Awareness And Educate Members Of Our Community.
- Strategy 1: Promote Faces and Voices of Recovery training with ROSC Council members and the general community on an annual basis.
- Strategy 2: Hold bi-annual trainings for the Recovery in Action group and other PLE's in the community to educate the members on various topics in recovery.
- Objective 6: Promote CRSS Success Program To Local Ples For Peer Recovery Specialist Trainings And Certification Through Heartland Community College Or Other Credentialed Program.
- Strategy 1: Promote program through email distribution lists and social media accounts on a quarterly basis.
- Strategy 2: Offer or secure opportunities for required supervisory hours to successfully complete the program on a quarterly basis.

- Strategy 3: Offer networking opportunities to potential employers of PLE's and provide a toolkit for those potential employers in order to educate on the benefits of hiring a PLE on a semi-annual basis.
- Strategy 4: Collaborate with at least two organizations who provide trainings in order to encourage involvement with Logan and Mason counties.
- Objective 7: Increase The Number Of Peer Recovery Specialists In Logan And Mason County.
- Strategy 1: Advocate to increase the number of Peer Recovery Specialists in Logan and Mason County by one certified peer per year.
- Strategy 2: Create at least two volunteer opportunities for Peer Recovery Specialists to supervise their hours for their CPRS/CRSS certification annually.
- Strategy 3: Promote at least three different certifications in addition to CPRS, CRSS, and Recovery Coaches, etc. on a yearly basis.
- Strategy 4: Work with at least two treatment centers in Logan and Mason counties for employment/additional training opportunities going through the CPRS/CRSS program.
- Goal 3: Increase AWARENESS Around Recovery And Reduce Stigma.
- Objective 1: Work With Partner Organizations To Increase Access To Recovery Housing.
- Strategy 1: Evaluate readiness and investigate existing barriers for community safe housing options starting to operate in our area by having an annual survey, alongside with at least 6 key informant interviews from Logan and Mason County , and having at least 4 focus groups within three years.
- Strategy 2: Continue to support the local Oxford House in Lincoln, IL to encourage them to open up another house for women and their children in Logan County, and possibly open up a home in Mason County within three years.
- Strategy 3: Continue to support Hope on 5th by continuing to host the bi-monthly meetings for the ROSC, monthly meetings for RIA group, and host/support six events within three years.
- Objective 2: Work To Reduce Stigma Around Substance Use Disorder.
- Strategy 1: Utilizing the stigma reduction campaign "Reframing Recovery" to reduce stigma and enhance awareness of recovery through social media, public discussions, and educational outreach and increasing awareness of our materials by 60% in three years.
- Strategy 2: Conduct biannual process evaluations and marketing surveys to measure visibility of the "Reframing Recovery" campaign to have a 10% increase in material distribution within three years.
- Strategy 3: Partner with existing events within the community share recovery journeys and allowing for increased public awareness of the obstacles people in recovery face. Increase the number of events by three each year.
- Objective 3: Create Opportunities For PLE's To Share Their Stories, Connect With Community Recovery Actions, And Receive Training/Peer Support Certifications.
- Strategy 1: Host 1-3 events per quarter (in-person, hybrid, or virtually) with a focus on PLE having an increased voice in the direction of the recovery work in Logan/Mason counties.
- Strategy 2: Continue to host our annual "Speaker Jam" and "Walk 4 Recovery" events to give opportunities for local PLE's to tell their story with the community.
- Strategy 3: Continue outreach and encouragement of PLE to join ROSC efforts and attend Council meetings by increasing attendance of PLE's by two to four people in three years.

- Objective 4: Host And Promote Community Events, In-Person/Hybrid/Virtually, To Build And Strengthen The Logan/Mason Recovery Community.
- Strategy 1: Host an annual peer-lead panel discussion about what it looks like to live in recovery – utilizing social media platforms.
- Strategy 2: Encourage and assist recovery groups to coordinate game night/speaker jam/etc. to promote unity and have at least 3 of these types of events annually.
- Strategy 3: Use social media outlets to highlight/promote services available at resource agencies around Logan/Mason counties by posting information on a monthly basis.
- Objective 5: Increase Communication Around ROSC Philosophy And Goals Within Logan & Mason Counties.
- Strategy 1: Build a strong social media presence, with a combined follower count of at least 1,032 people during next year between the platforms of Facebook, Instagram, YouTube. Goal to increase this presence by 15-30% each subsequent year.
- Strategy 2: Look for at least 2 opportunities bi-monthly to discuss ROSC goals with community members, local governments, business owners and more.
- Goal 4: Create A Culture Of ADVOCACY For Recovery.
- Objective 1: Maintain up to date evaluations, strategic plans, and assessment data.
- Strategy 1: Conduct annual review of our Strategic Plan and update any progress made.
- Strategy 2: Review Needs Assessment data annually and adjust for any notable changes in community data.
- Strategy 3: Publish all updated documents to the GovSt website.
- Objective 2: Ensure continued growth of our ROSC Council with the goal of establishing a Recovery Community Organization (RCO).
- Strategy 1: Build towards establishing an advisory board made up of individuals with lived experience
- Strategy 2: Expand the diversity of stakeholders with different sectors represented (business sector, educators, etc.) by increasing stakeholder engagement 5% within the next three years.
- Strategy 3: Encourage ROSC members/board members to attend RCO boot camps/additional trainings on an annual basis.
- Objective 3: Promote, educate, and advocate about recovery in all areas of the community.
- Strategy 1: Talk to individuals in community-facing roles such as law enforcement, healthcare, government/municipality members, religious organizations, etc. to identify gaps and provide appropriate trainings to equip and ensure an increase of knowledge.
- Strategy 2: Promote self-advocacy and empowerment of individuals with lived experience by providing leadership opportunities and a minimum of three educational trainings annually.
- Strategy 3: Partner with at least three local Prevention initiatives to expand outreach and further their missions in Logan and Mason Counties.

#### **Reminders/Recovery Resources:**

- The Logan/Mason ROSC has updated meeting flyers. If you need new cards or 5" x 7" flyers of the meeting lists, please let Jeanette know. She can bring them to you or you can pick them up from her.

- Logancountyresources.org and Masoncountyresources.org are two very comprehensive websites that have been put together. Our goal is to have a one stop place to find information. If anyone needs physical Resource Directory cards, please let the ROSC team know.
- SMART Recovery meetings are held on Fridays from 12:00 p.m. – 1:30 p.m. at Hope on 5<sup>th</sup> in Lincoln. There have been conversations about having a second meeting through the week, but there is just one right now.
- On Sundays from 1:00 p.m. – 3:30 p.m. there is “A Woman’s Way Through the 12 Steps” meeting at Hope on 5<sup>th</sup> in Lincoln. There is a brand new support group that just started for women. The new Women’s Peer Support Group meets on Wednesdays at 9:00 a.m. at Trillium (Hope on 5<sup>th</sup>).
- In Havana, on Wednesday nights at 6:00 p.m., there is an Odds & Ends Peer Recovery Support Group that meets at Hardees. On Friday nights at 6:00 p.m. there is an AA meetings at the Havana Church of Christ. If anyone needs these meetings flyers, let Jeanette know.
- In Logan County, there are free harm reduction resources at the Family Custom Cleaners, Logan County Health Department, Mount Pulaski Library, Logan County Courthouse, Logan County Jail, and Hope on 5<sup>th</sup>.
- In Mason County, there are free harm reduction resources at the Havana Public Library, Mason County Health Department, Forman Valley Public Library (Manito), and Mason City Public Library.

#### **Upcoming Events:**

- The Build, Recovery, Inclusion, and Dignity for Growth and Improvement (BRIDGE) will be meeting on July 1<sup>st</sup> from 1:00 p.m. – 2:30 p.m. The location is TBD (hybrid meeting). If you want more information, please reach out to Jeanette.
- The Logan/Mason ROSC will be at the 2<sup>nd</sup> Friday on the Square in Mount Pulaski on July 11<sup>th</sup> from 6:00 p.m. – 9:00 p.m.
- The Logan/Mason ROSC will be at the 3<sup>rd</sup> Friday on July 18<sup>th</sup> at the Square in Lincoln from 5:30 p.m. – 8:30 p.m.
- There is an AA Speaker Meeting (July Anniversary Celebration) on July 19<sup>th</sup> at 5:00 p.m. at Hope on 5<sup>th</sup> in Lincoln. There will be food. The speaker will be at 6:00 p.m. All are welcome.
- A “Breaking Barriers” event will take place on Saturday, August 9<sup>th</sup> from 12:00 p.m. – 3:00 p.m. at Hope on 5<sup>th</sup> in Lincoln. The recovery community and Lincoln Police Department will be coming together and hosting this event. There will be food, music, games, and speakers.
- The Recovery in Action group meets the second Tuesday of every month from 4:30 p.m. – 6:00 p.m. at Hope on 5<sup>th</sup> in Lincoln. This is where we plan and share ideas. If this is your skill, we would like to have you at the meetings.

### **Additional Feedback/Updates:**

- Abby mentioned that there is a Save the Date out for a statewide conference that is coming up in October. The conference is called “Partners in Prevention” and it’s about building safe and bright futures for our children. The conference will be held on October 23<sup>rd</sup> and 24<sup>th</sup>. It’s open to everyone for a small fee. This will be held in Lisle. Several good speakers will be present. There will be several breakout rooms that will involve topics like substance use, children, ACES, etc. If you are not subscribed to PCA, you could check out the website. The full agenda will be sent out in August.
- Austin mentioned that Family Guidance Center was recently awarded a grant to help support the behavioral health workforce in Illinois. Expert clinicians at FGC will provide clinical supervision to individuals in Illinois seeking licensure or credentials in the behavioral health field (mental health and substance use). Through this program documented supervision hours will be offered at no cost. Agencies who have staff meeting clinical supervision can reach out via email.

### **Contact Info:**

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- Grace Irvin- Prevention Coordinator
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- Tristan McGrew- Recovery Corps. Project Coordinator
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- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

### **Next Meeting:**

- Thursday, July 17<sup>th</sup> at 2:00 p.m.
  - This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
  - Meeting ID: 935 6172 7220 / Passcode: 395255

**End of Meeting:** 3:05 p.m.