

Recovery Oriented System of Care



Johnson County ROSC Council Minutes 06/24/2025

Attendance

Emily Middleton, Arrowleaf

Cammy Duggins, Arrowleaf Hardin/Pope ROSC Council Coordinator

Amber Mulkins, Arrowleaf Johnson ROSC Council Coordinator

Jennifer Worthen, S7HD Health Educator

Kimberly Thorwegen, PECaD

Rachel Chruszczyk, Prevention Child Abuse illinois

Bev Holland, Region 5 ROSC TA

Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
 - I. Arrowleaf's Substance Use Prevention Services program providing Youth Prevention Education to 4th through High School students, Color Run, and National Prevention Week.
 - II. Vienna High School Youth Advisory Council Park Improvements and Installation Project.
 - III. Arrowleaf's new SAFE (Supplies, Access, Facilitation, and Education) Grant.
 - IV. Camp Ondessonk hosting 3,000 to 4,000 kids over the next 9 weeks for summer camp. Other programming includes Family Camp Weekend in September and Mother/Daughter Weekend in October – evan.coulson@ondessonk.com
- IV. **New Business**
 - a. Highlights of Johnson County ROSC Council's Impact
 - a. Council Engagement Growth
 - a. First Council Meeting = 5
 - b. May Council Meeting = 16
 - c. Membership includes local resources and individuals with lived experience as well as support from Springfield, St. Louis, and more.
 - b. Addressing Stigma through Education and Collaboration

- a. Recovery Friendly Workplaces
 - a. Southern Seven Health Department
 - b. RISE Community Market
 - b. Community Education
 - a. # Individuals Reached = Over 2000!
 - b. Over 300 doses of Narcan provided
 - c. Expansion of Recovery Friendly Resources
 - a. SIU School of Medicine, Rainbow Community Health and Wellness, Southern Illinois Resources and Advocacy Center, Southern Illinois Culture and Arts in Bilingual Education - SMART Recovery Groups starting in August
- b. Looking Ahead – Sustaining Our Momentum
- a. Even when funding shifts, the values and goals that brought us together remain. The group discussed what parts of our work can continue with limited or no direct funding? The group discussed options to attach on to the Community Youth Services program as a broadened Community Committee and focus on captivating parents within the schools and engage school leaders for continued growth.

Announcements

- 6/25 – Prevention First upcoming webinar for pharmacists or those working with pharmacists.
- 7/1/25 – Dixon Springs Opening
- 7/17/25 – YAC Impact Conference



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Growth. Community. Transformation.

VETERANS COUNCIL

UNITE. SERVE. SUPPORT.
ADVANCING VETERAN WELLNESS
ACROSS SOUTHERN ILLINOIS.

WHO SHOULD JOIN?

- Veterans
- Family Members
- Community Members

We welcome all voices to help build a stronger, healthier future for our veterans.



JOIN OUR FB GROUP

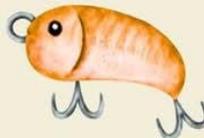
CURRENT & UPCOMING PROJECTS



RIVER TO RIVER
THRU-HIKE
FUNDRAISER IN
APRIL



RIVER TO
RIVER TRAIL
STEWARDSHIP
PROJECT



FISHING DAYS
AT THE ANNA
VETERANS
HOME



ANNA
VETERANS
HOME
GARDEN CLUB



TUNNEL HILL
100 MILER
FUNDRAISER
IN NOVEMBER

Questions? Call Jayson, Veterans Services Coordinator, at 618.652.7104
or email jayson.holland@myarrowleaf.org

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Save the Date

Y.A.C. IMPACT Conference

Who: Incoming 6th - 8th Grade Students
within the Southern Seven Counties

Where: Shawnee Community College

When: Thursday, July 17, 2025
9 AM - 4 PM

Youth Advisory Committee (YAC) is a youth-led, school-based group raising awareness around prevention efforts, specifically substance use and violence. YACs empower youth to drive out positive change in their schools, communities, and homes. Our goal is to establish more YACs across the southern seven counties by helping youth recognize the skills they already have as leaders.

At the conference, they'll grow, be inspired, and learn what making a difference is all about!

Supported By:



Scan and Complete the Form to Register Your Child:



**Registration Closes
Friday June 13 at 4:30 PM**

**Questions or Concerns? Contact:
TJay Purchase or Morgan Nickles at 618.658.3079**

SUD Resilient Communities

ECHO

October 9, 2024 through June 25, 2025

2nd Wednesday of each month | 10:30 AM-11:30 AM | Virtual

*Session occurs on the 4th or 5th Wednesday

The SUD Resilient and Responsive Communities ECHO will consist of interactive learning sessions to explore Substance Use Disorder (SUD) in the context of community strengths. We will discuss how different communities are learning to be more responsive and resilient around issues of addiction that our loved ones and neighbors may be facing with actual case presentations.

Project ECHO® (Extension for Community Healthcare Outcomes) is a movement to democratize knowledge and amplify the capacity to provide best-practice care for underserved people all over the world through three tenets:

MULTIPOINT VIDEOCONFERENCING
BEST PRACTICES PROTOCOL
CASE-BASED LEARNING

Goals of the SUD Resilient Communities ECHO

- Present your cases to a multi-disciplinary panel of addiction specialists.
- Learn and interact with experts from your phone, computer or tablet. No need to travel!
- Discuss timely topics, including grassroots efforts, Trauma and Special, at-risk populations, drug-endangered children, Substance-use in pregnancy and more.

Funding provided in whole or in part by the State of Illinois, Department of Human Services



To register, scan the QR code or visit,
https://iecho.org/public/program/P_RGM172565940251745EJ8QL4A7

CURRICULUM OUTLINE 2024-2025

- November 13, 2024
SUD Resilient Communities Intro and the Landscape
- December 11, 2024
Community Organizations Fostering Recovery.
- January 8, 2025
Resilience Building for People With a History of Trauma
- January 29, 2025*
Resilient Communities Preparedness for Overdose
- February 19, 2025
Recovery Support Groups; 12-Step and Alternatives.
- March 12, 2025
SUD Resilience Building for LGBTQ+ People and Allies
- April 2, 2025
Building Resilience in the Family
- April 23, 2025*
Recovery and the Workplace; Re-entry and Retention
- May 14, 2025
Drug Endangered Children
- June 4, 2025
SUD and Pregnancy
- June 25, 2025*
Harm Reduction for People Who Use Drugs
- July 9, 2025
SUD Prevention in Youth

For more information about the Asthma ECHO or other SIU Medicine ECHO Project topics, email echo@siumed.edu or visit www.siu.edu/echo

