

## FY 2025 April LC ROSC Meeting Minutes

April 24, 2025

Dr. Mary Roberson opened the meeting.

She shared NIRCO's goals and visions.

Barbara Young shared that our presenters for this meeting would be from Zacharias House. The house has been operating for 42 years!

Zacharias House- #From here to healing

Tauna Clifton and Hanna Koo.

Tauna Clifton opened with the services that Zacharias House offers. They are:

Prevention, Outreach Services, Advocate services (Crisis/chat line).

They offer services for Pre-K through high school students.

Visa services are also available.

Zacharias House is currently working with Brushwood to create a sensory garden.

- served 472 clients in counseling services

- Peer support groups are both in person and virtual, and are run by survivors

- Teen nights are in process

- Mindfulness groups are in session

- They will attempt to create a Men's group in the Fall

Barbara opened the meeting for questions for Zacharia's House.

Q1. Robert Marshall asked for clarification if all genders were receiving services.

A1. Yes, both genders are receiving services.

Q2. Stephanie Hudson asked about registration for volunteers.

A2. Olivia Stuben is the contact person.

Q3. Marie Washington-Hall asked if Zacharias House had an available flyer to be shared.

A3. The flyer is located on their website.

Q4. Robert Marshall asked if they were looking for resources and if so what kind?

A4. Gift certificates for the upcoming raffle being hosted by Zacharias House.

Robert Marshall shared his interest in connecting with Zacharias House and sharing space with them. Friday nights they have space to offer constant support.

Q5. Krystal asked how the community could get involved with events at Zaharias House.

A5. Again, we were instructed to visit the website or contact Olivia Stuben.

Barbara asked if someone would share what their 'take away' from the meeting was.

Jhelisa Thompkins (First time attending)- the good intentions of the attendees, the awareness of the services offered in Lake County and collaboration opportunities. She stated she was grateful.

Ben Rudolph- The awareness and help being offered for sexual abuse trauma. While he was sorry for the need for services, he is grateful for them. He also expressed his condolences in the transition of Debra Lewis. "She was a wonderful person and very welcoming when he started his role."

Barbara then opened the meeting for attendees to share their upcoming events.

Robert Marshall-Event: Mental Health Reconciliation, Barber Shop Conversations June 24, 2025 @6:30 pm. Flyer included in chat.

Andrew Tshilda-Event: Collaboration and the new building in Lake Villa, this will include public meeting space.

Amanda Douglass- Event: Walk To Wellness May 22, 2025, LC ROSC virtual and in person meeting.

Debbie Rueber-Event: Video Gaming Night

Dr. Mary Roberson- Event: Family and Friends Picnic, July 19, 2025

The transition of NIRCO's own Debra Lewis was shared during the meeting. Debra played a critical part in building NIRCO's foundation. She will be missed by those who knew her personally and the Lake County Community as a whole. Rest well.