



## BOUNCE BACK 2 LIFE RECOVERY NETWORK

### BB2L MAY 2025 ROSC MEETING

Call to Order by ~~A~~postle Carl White

Date: May 21, 2025

Time: 9:30 am – 11:00 am

Location: Valley Kingdom Ministries (5300 151st St, Oak Forest, IL 60452)

#### MEETING AGENDA

Introduction of Agencies/ Attendees- Araina Mickens

Why ROSC is important..... Araina Mickens

Speaker- Wendal Brown

Topic - Crisis Intervention and Family Engagement

Questions & Answer

Join the ROSC Movement..... Pastor Steve Jones

MOUs.....Pastor Steve Jones

Announcements & Upcoming Events

# RECOVERY NETWORK

## BOUNCE BACK 2 LIFE



### Meeting Minutes - BB2L ROSC Council

*Date: [May 21, 2025] Time: 9:30 am Location: Valley Kingdom Ministries*

#### **Call to Order:**

- The meeting was called to order by Apostle Carl White.

#### **Welcome and Introductions:**

- Araina Mickens welcomed all attendees, introducing the purpose of the discussion.
- Araina Mickens invited each attendee to provide a brief introduction, highlighting their roles within the BB2L ROSC Council.

#### **Summary of Key Speaker:**

Wendal Brown educated the attendees on crisis intervention. Here are some of the things we learned.

- Crisis intervention is a short-term technique used to address an immediate mental health emergency, stabilize the individual in crisis, and create and implement a safe, appropriate plan for next steps and future treatment.
- When a person experiences a highly-stressful or traumatic event, they can go into crisis afterward because they cannot process what happened independently. When addiction reaches a crisis point, timely and effective intervention is often the difference between life and death.
- Crisis intervention can help determine what they need to do to ensure their immediate safety, de-escalate their feelings, and make a plan for appropriate resources and ongoing treatment.
- In the context of addiction, a crisis manifests in various forms, such as a risk of overdose, severe withdrawal symptoms, extreme mental health distress, or harmful behaviors toward oneself or others. Crisis intervention aims to address these urgent issues promptly and effectively.

- Engaging and retaining families in mental health prevention and intervention programs is critically important to insure maximum public health impact. A crisis is a time for helping families discover and strengthen problem-solving skills. During a period of intense crisis, when usual methods of coping fail, families are often open to learning new problem-solving approaches.
- Once a crisis is resolved constructively, many families find themselves strengthened by the experience and better prepared for life's next challenge. On the other hand, some families, without the support and resources to resolve crises constructively, risk a downward spiral in their functioning and may never fully recover.

**Pastor Steve Jones:**

- Invited people to become members of BB2L, highlighting the benefits of networking within the Recovery Community.
- Introduced MOUs and underscored the importance of becoming a member.

**Meeting Adjourned:** The meeting was adjourned by Pastor William Jenkins at 11:00 am.