

# Meeting Minutes

**Take Action Coalition of Clinton County**

**June 17, 2025 | 11:00 AM - 12:00 PM**

**Location: 501 9th Street, Carlyle, IL & via Zoom**

**1. Members present in-person:** Sheridan Jordan, Billi Bunch, Stephanie Brooks

**Members present on Zoom:** Phyllis Babrove, Beverly Holland, Julie Herr, Jessica Palazzolo, Morgan Isaiah, Toni Randall, Monique Brunious, Andrea Davis, Craig Loddeke, Deb Loddeke, Mark Knott, Jeshua Pearson, Deb Beckmann, Rachel Chruszyk, Cara Loddeke, Nay Muhammad

**2. Presentation:**

Sheridan presented the FY25 Year Review

Over the past year, TAC has made meaningful strides in reducing stigma around mental health and substance use disorder in Clinton County. Through hosting community recovery events, distributing Narcan, and sharing resources, we've created space for connection, education, and visibility.

We've seen growth and engagement across key sectors, especially in faith-based subcommittee

A major part of our work involved:

- Engaging people with lived experience
- Supporting other organizations
- Distributing Narcan
- Providing startup materials for new groups or meetings

Survey Highlights (721 responses)

- 79.48% believe *people who use drugs deserve respect*
- 95.42% believe *people with mental illness deserve respect*
- 61.86% support *Medication-Assisted Recovery (MAR)*

These numbers show growing compassion and understanding in the community

Focus Areas

- Equity for rural communities
- Stigma reduction
- Raising awareness around addiction and recovery

**3. Sub-Committee Reports:**

**Education & Prevention:** Nay Muhammad/Holden Renfrow – Co-Chairpersons

Julie Herr mentioned that there were Ed & Prev subcommittee meetings in the past and would be happy to assist in starting those back up. Committee needs to start planning on Red Ribbon Week

so we can hand out materials at start of school. Theme this year is "'Life is a Puzzle, Solve It Drug Free.™". Nay agreed to work on this as well.

Holden-Not present

**Treatment & Recovery:** Cara Loddeke/Stephanie Brooks – Co-Chairpersons

Cara let us know about a new program at Chestnut-Maryville, IL location called Ambulatory Withdrawal Management. AWM is a structured, outpatient alternative to inpatient detox. It provides clinical oversight, medication support, and behavioral health services, allowing patients to safely begin withdrawal stabilization while remaining in their own environment.

Stephanie shared with us the meetings that are being held by her and other members of the Recovery Shop. SMART Recovery with Nellie on Tuesdays at 2pm, Grief Groups on Wednesdays, and Friends and Family SMART Recovery on Fridays at 6pm. Craig mentioned the office at Clinton County HD doing MAT (New Life Midwest)

**Family Support:** Craig Loddeke/Nellie Paskavich – Co-Chairpersons

Craig gets a few calls here and there and is happy to continue this warmline but is not interested in running PAL meetings any longer for family support. There are plenty PAL options available via Zoom. He also suggested not telling people the warmline # is his personal cell as that may discourage people from reaching out. He said he has a passion to talk with people when they call, anytime.

- Facebook Page - "Family, Friends and Addicts Stronger Together".
- Family Support Network warmline #618-567-6095

Nellie- Not present

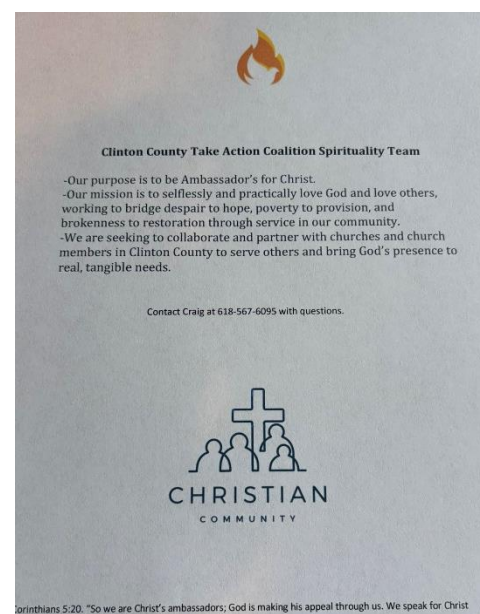
**Spirituality:** Craig & Deb Loddeke – Co-Chairpersons

Craig & Deb had a Spirituality Team meeting and there are 11 participants. We are starting to meet with more churches, and we have a handout for the pastor/priest/deacon (attached on the right). We will also provide them the Resource List and a TAC trifold. Craig & Deb are planning a "beach walk" at the Carlyle Lake main area.

Craig inquired if there was room in the budget for T-shirts.

Craig asked about the online signup and tracking for Celebrate Life tables for organizations that Nellie mentioned to him, and that we need to begin marketing the event.

**Finance:** Spending down the ROSC Grant for FY25 is done. That fiscal year ends 6/30. Awaiting word on FY26 funding.



The total amount in our account currently is \$8,411.51.

\$5,971.51 is for the Celebrate Life Event (this amount includes money we received from Sponsors & Local Businesses in 2023 and \$3,000 recently received from the 708 Board) and \$2,440 is for Red Ribbon Week (\$440 which was left over from last year and \$2,000 received this year from the 708 Board).

**Marketing:** TAC flyers, a trifold, and resource list were printed by Trenton Sun. An ad was run in the previous week of the Breese Journal, this advertisement listed our annual events, the services we provide, and Sheridan's contact information.

#### **4. Additional Information & Announcements**

RCORP Announcements

Mental Health First Aid Workshop

Saturday, June 28, 2025 from 10 a.m. to 6 p.m.

Centralia Regional Library

To register and receive a free handbook when you attend, email Alicia Moesner at [aamoesner@chestnut.org](mailto:aamoesner@chestnut.org)

Stigma Reduction Workshop

Monday, July 21, 2025 from 10 a.m. to 12 p.m.

Bryan Bennett Library (315 S Maple St, Salem, IL 62881)

To register, email Alicia Moesner at [aamoesner@chestnut.org](mailto:aamoesner@chestnut.org)

**Meeting Adjourned.**

### **MORE ABOUT CHESTNUT'S AWM PROGRAM**

We are excited to announce the successful opening of our Ambulatory Withdrawal Management Program located at our Maryville facility on Monday, June 16. This program is a vital new service that will expand our continuum of care for individuals experiencing mild to moderate substance withdrawal.

The transition to an ambulatory withdrawal program from 24-hour detox aligns with our commitment to accessible, person-centered care, offering flexibility for individuals during their recovery journey.

#### **What is Ambulatory Withdrawal Management?**

Ambulatory Withdrawal Management is a structured, outpatient alternative to inpatient withdrawal management, previously referred to as detox. It provides clinical oversight, medication support, and behavioral health services, allowing patients to safely begin withdrawal stabilization at the level medically needed while remaining in an environment that supports their needs. This need is determined by a collaboration between medical staff and client input.

**About Ambulatory Withdrawal Management:**

Services are for adults with mild to moderate withdrawal symptoms who meet clinical and safety criteria for outpatient care. Services include:

- Clinical assessment
- Medication management
- Case management and behavioral health support
- Referrals to ongoing treatment services
- Care tailored to client needs, including self-directed admittance to residential treatment

Hours: Monday through Friday, 8:00 a.m.-4:00 p.m.

- New client medical appointments are scheduled during regular hours through our Central Access team. This appointment includes assessment and treatment plan determination.
- Clients have the option to stay and be medically monitored until 4 p.m., if recommended.

Location: 2148 Vadalabene Dr., Maryville, IL 62062

**Referral Process**

Clients can self-refer. New clients are encouraged to call Central Access at (618) 877-4420. Central Access staff will collect demographic information and screen for needed services. If appropriate, the call will be transferred to the Medication Assisted Recovery extension where Medical Assistants will complete the intake screening and schedule an appointment.

**Next Meeting:**

**Date:** Tuesday, July 15, 2025, at 11:00 AM

**Location:** 501 9th Street, Carlyle, IL & via Zoom <https://zoom.us/j/96744943725>

**Meeting ID:** 967 4494 3725