



## Livingston County ROSC Meeting Minutes

May 1<sup>st</sup>, 2025, 12-1 pm

Via Zoom

### **Attendees:**

- Kari Knapp- Chestnut/Liv ROSC
- John Schneider- Chestnut/Liv ROSC
- Autumn Olowo-Chestnut/Liv ROSC
- Caitlin Chagoya- IHR
- Alica Durango-Fall- DHS Rehabilitation Services (VR)
- Taylor Hartman- Liv. Co. Mental Health Board
- Becky Ballard- IHR
- Melissa Simmons- DHS Rehabilitation Services (VR)
- Kalyn Patterson- Center for Youth and Family Solutions
- Clare Spires- OSF Healthcare
- Johanna Gonzalez- IDHS/SUPR
- Kami Garrison- Statewide ROSC
- Kelly Sirk- MSW student/community member

\*Note: You can review Council meeting recordings at:

<https://www.youtube.com/@livingstoncountyrosc9004>

### **Strategic Plan:**

- The Strategic Plan for the ROSC Council was introduced, outlining goals for the fiscal years 2026 to 2028, which include reducing stigma around substance use, promoting medication-assisted recovery, and ensuring effective service delivery. Each goal is accompanied by specific, measurable objectives to track progress.
- Council members are encouraged to read through the Strategic Plan document on their own.
- Future council meetings will take a deep dive into each goal of the Strategic Plan.

### **Trends in Adolescent Cannabis Use and Its Implications**

- John Schneider discussed the findings from the Illinois Youth Survey, noting that 8th graders reported higher rates of synthetic marijuana use compared to older students. He highlighted the significant increase in THC potency over the years, which has implications for adolescent mental health, including risks of psychosis, depression, and anxiety.
- John stressed the need for early intervention as many adolescents with psychiatric disorders may turn to THC for relief, leading to addiction.

*Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery*



### **Discussion on Delta-8 THC Legislation in Illinois**

- John provided an overview of Delta-8 THC's legal status in Illinois, emphasizing that it is permitted under the Illinois Industrial Hemp Act of 2018, provided it contains less than 0.3% THC.
- The historical context of THC legislation, referencing the Marijuana Tax Act of 1937 and subsequent laws that have shaped the current legal landscape.
- Ongoing issues related to youth possession of these products despite the age restrictions

### **Discussion on Co-Branded Alcoholic Beverages and Youth Awareness**

- John discussed the issue of adolescents overusing co-branded alcoholic beverages, referencing new regulations from the Illinois Liquor Control Commission designed to limit youth access.
- Products are marketed to look like non-alcoholic drinks, unsure whether parents and cashiers are adequately informed about their alcohol content. The conversation underscored the importance of public education on the risks associated with these beverages.

### **Breakouts: Discussion on Substance Use Prevention Strategies**

- Caitlin Chagoya's group addressed the importance of Narcan training in schools and the need for better communication with parents regarding substance use prevention. She pointed out that students often disregard long-term consequences of substance use due to their immediate experiences.
- Taylor Hartman added that engaging parents in Livingston County is challenging, but initiatives like a parent and youth advisory board could help gather community perspectives.

### **Community Updates**

- Caitlin Chagoya shared details about an upcoming NARCAN training scheduled for May 21st, which will focus on recognizing opioid overdoses and the use of reversal medications. The training will feature a demonstration and will run from 5:30 to 6:30 p.m., with light snacks available.
- Melissa J from CLA LIFE CIL mentioned her return to the office after surgery.
- Kalyn Patterson asked for events to highlight in the monthly newsletter
- Clare Spires noted the start of a diabetes clinic at the U of I Extension Office.
- Taylor Hartman provided information about a PUNS workshop on May 14th, aimed at helping families access resources for youth with disabilities.

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- ***Autumn Olowo's last day with the Livingston ROSC will be May 30<sup>th</sup>. You can still email the Livingston ROSC Gmail to contact the team.***

**Next Meeting: Thursday, June 5<sup>th</sup> 12-1 PM via Zoom**

**Upcoming Trainings:**

- Visit <https://www.coalitionsupport.org/trainings> for upcoming trainings.

**Virtual Resource Guide/Social Media**

- Virtual Resource Guide: <https://www.jotform.com/app/231105805739152>
- Facebook: <https://www.facebook.com/LivingstonCountyRecovers>

**ROSC Contact Information**

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