

# Recovery Oriented System of Care



## Union County ROSC Council Minutes 05/22/2025

### Attendance

Emily Middleton, Arrowleaf  
Haley Hopkins, Prevention First – Springfield  
Bev Holland, ROSC Region 5 TA  
Rochelle Morgan, CHESI Illinois Breast Cancer and Cervical Care Program  
Megan Edmondson, Prevention First – Edwardsville/Mt. Vernon  
Dan Martinez, Arrowleaf, STOP Program Manager/PLE  
Amber Mulkins, Arrowleaf/PLE Johnson County ROSC Council Coordinator  
Amy Tripp, DCFS Resource and Recruitment for 15 southern counties  
Rachel Chruzcyk, Prevent Child Abuse Illinois Southern Region Prevention Specialist  
Debra Beckmann, Statewide ROSC Team  
Quinn McBride, Arrowleaf MHAT Program Manager - SAFE  
Jayson Holland, Arrowleaf Veteran's Council/PLE

### Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
  - I. Staffing Changes
    - I. Emily Middleton as the point of contact for Union County ROSC:  
[emily.middleton@myarrowleaf.org](mailto:emily.middleton@myarrowleaf.org)
    - II. Prior invitations from Tor Neal have sent a cancelation. A new regular series invitation will be sent out by Emily Middleton. Each month, you can click this link to join:
      - I. [www.bit.ly/UnionCountyROSC](http://www.bit.ly/UnionCountyROSC)
  - II. Upcoming Initiatives
    - I. Mobile Engagement and Community Involvement
      - I. ROSC thrives through community partnerships! Focus on coordinating with existing services to bridge gaps in care and provide preventive screening and support.
    - II. Upcoming Events and Meetings
      - I. May 10<sup>th</sup> – Tri-County Baby Shower

- III. May 17<sup>th</sup> – BBQ Benefit for John Cantrell
- IV. May 23<sup>rd</sup> – Southern Illinois Recovery Network Regional Conference
  - I. 9AM – 4PM at John A Logan College

IV. **New Business**

- I. Community Needs Assessment

V. **Announcements**

- I. Collaboration with SIU School of Medicine
  - I. SMART Recovery for LGBTQ+ and Spanish Speaking populations.  
Interested in getting involved? Reach out to Dr. Angela Towne and Emily Middleton: [emily.middleton@myarrowleaf.org](mailto:emily.middleton@myarrowleaf.org) and [atowne98@siumed.edu](mailto:atowne98@siumed.edu)
- II. Arrowleaf Stakeholder Survey – [click this link](#)
  - I. As part of our Community Needs Assessment, we’re collecting feedback from our community partners, and need your assistance! This will help us better understand how stakeholders perceive the needs of our community, service gaps, and how Arrowleaf is regarded by those who work with us. The survey takes 3 minutes or less. We want to hear from: Mental Health Providers, Hospitals or Medical Providers, Probation/Police/Courts, School Staff, Faith-Based Partners, Anyone else!

III. **Events:**

- I. 5/27/25 – May Veterans Council Meeting at 3:30PM
- II. 5/30 – Arrowleaf Community Garden Day from 8AM – 12PM
- III. 6/4 – SUD Resilient Communities ECHO 10:30AM – 11:30AM
  - I. Virtual – see flyer
- IV. 6/10 – Prevention First Monthly Hard Reduction ECHO
  - I. [Click to sign up for invitations.](#)
- V. 6/14 – Miss Southern Hope Pageant
- VI. 6/25 – Prevention First upcoming webinar for pharmacists or those working with pharmacists.
- VII. 7/17 – Youth Advisory Council Impact Conference (see flyer)

V. June Meeting is Scheduled for Thursday, June 26<sup>th</sup> at 11:30AM – 12:30PM



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Growth. Community. Transformation.

# Complete our Stakeholder Survey!

Help shape the future of behavioral  
healthcare in our community



The project described was supported by Grant Number 6H79SM086637-01M001 from 09/30/2022 - 09/29/2026. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the SAMHSA.



Scan here to access the survey. If an  
Arrowleaf staff member referred  
you, let us know in Question 2!

Questions? Contact [allison.schuster@myarrowleaf.org](mailto:allison.schuster@myarrowleaf.org) or 618.652.7270

# MISS SOUTHERN HOPE PAGEANT

The Miss Southern Hope Pageant is more than a competition — it's an opportunity to grow as a leader, build confidence, and make a lasting impact. This pageant empowers young women to become ambassadors of kindness and action, using their voices and talents to inspire others. Our focus on community service and the fight against hunger allows each contestant to play a vital role in supporting families throughout Southern Illinois. We invite you to join us in representing hope, compassion, and meaningful change in our region.

**JUNE 14, 2025**

**LITTLE MISS & JUNIOR MISS @ 10 AM**

**TEEN MISS & MISS @ 1 PM**

**VIENNA HIGH SCHOOL - VIENNA, IL**

LITTLE MISS (AGES 5-8)  
JUNIOR MISS (AGES 9-12)  
TEEN MISS (AGES 13-15)  
MISS (AGES 16-19)



SCAN FOR  
LITTLE, JUNIOR  
& TEEN  
REGISTRATION

PROCEEDS TO BENEFIT

**Client Choice Food Pantry**

A PROGRAM OF  **arrowleaf**



SCAN FOR MISS  
REGISTRATION





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## VETERANS COUNCIL

UNITE. SERVE. SUPPORT.  
ADVANCING VETERAN WELLNESS  
ACROSS SOUTHERN ILLINOIS.

### WHO SHOULD JOIN?

- Veterans
- Family Members
- Community Members

We welcome all voices to help build a stronger, healthier future for our veterans.



JOIN OUR FB  
GROUP

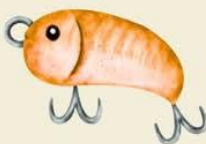
## CURRENT & UPCOMING PROJECTS



RIVER TO RIVER  
THRU-HIKE  
FUNDRAISER IN  
APRIL



RIVER TO  
RIVER TRAIL  
STEWARDSHIP  
PROJECT



FISHING DAYS  
AT THE ANNA  
VETERANS  
HOME



ANNA  
VETERANS  
HOME  
GARDEN CLUB



TUNNEL HILL  
100 MILER  
FUNDRAISER  
IN NOVEMBER

Questions? Call Jayson, Veterans Services Coordinator, at 618.652.7104  
or email [jayson.holland@myarrowleaf.org](mailto:jayson.holland@myarrowleaf.org)

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# SUD Resilient Communities

## ECHO

October 9, 2024 through June 25, 2025

2nd Wednesday of each month | 10:30 AM-11:30 AM | Virtual

\*Session occurs on the 4th or 5th Wednesday

The SUD Resilient and Responsive Communities ECHO will consist of interactive learning sessions to explore Substance Use Disorder (SUD) in the context of community strengths. We will discuss how different communities are learning to be more responsive and resilient around issues of addiction that our loved ones and neighbors may be facing with actual case presentations.

Project ECHO® (Extension for Community Healthcare Outcomes) is a movement to democratize knowledge and amplify the capacity to provide best-practice care for underserved people all over the world through three tenets:

MULTIPOINT VIDEOCONFERENCING  
BEST PRACTICES PROTOCOL  
CASE-BASED LEARNING

### Goals of the SUD Resilient Communities ECHO

- Present your cases to a multi-disciplinary panel of addiction specialists.
- Learn and interact with experts from your phone, computer or tablet. No need to travel!
- Discuss timely topics, including grassroots efforts, Trauma and Special, at-risk populations, drug-endangered children, Substance-use in pregnancy and more.

Funding provided in whole or in part by the State of Illinois, Department of Human Services



To register, scan the QR code or visit,  
[https://iecho.org/public/program/P\\_RGM172565940251745EJ8QL4A7](https://iecho.org/public/program/P_RGM172565940251745EJ8QL4A7)

For more information about the Asthma ECHO or other SIU Medicine ECHO Project topics, email [echo@siumed.edu](mailto:echo@siumed.edu) or visit [www.siu.edu/echo](http://www.siu.edu/echo)

### CURRICULUM OUTLINE 2024-2025

November 13, 2024  
SUD Resilient Communities Intro and the Landscape

December 11, 2024  
Community Organizations Fostering Recovery.

January 8, 2025  
Resilience Building for People With a History of Trauma

January 29, 2025\*  
Resilient Communities Preparedness for Overdose

February 19, 2025  
Recovery Support Groups; 12-Step and Alternatives.

March 12, 2025  
SUD Resilience Building for LGBTQ+ People and Allies

April 2, 2025  
Building Resilience in the Family

April 23, 2025\*  
Recovery and the Workplace; Re-entry and Retention

May 14, 2025  
Drug Endangered Children

June 4, 2025  
SUD and Pregnancy

June 25, 2025\*  
Harm Reduction for People Who Use Drugs

July 9, 2025  
SUD Prevention in Youth

