

# Recovery Oriented System of Care



## Union County ROSC Council Minutes 04/24/2025

### Attendance

Emily Middleton, Arrowleaf  
Amber Mulkins, Arrowleaf  
Cammy Duggins, Arrowleaf  
Brianna Wade, Aetna  
Christina Ancira, IDHS  
Brent Van Ham, SIU SOM  
Amy Tripp, DCFS  
Callie Buchanan, Comwell  
Balyie Denny, Southern Seven Health Department

### Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
  - I. Community Needs Assessment
    - I. The group reviewed the results of the Community Assessment Survey completed in February. Areas that stood out as concerns were regarding the belief that not everyone in the community can access mental health and substance use services despite their race, ethnicity, gender, sexuality, income, etc. It was noted that it was interesting that individuals reported a high rate of food insecurity when there are several resources available. The group acknowledged that part of the issue may be a lack of awareness of the resources available and how to overcome barriers.
- V. **New Business**
  - I. Community Engagement and Strategic Planning
    - I. Quarterly Recovery Roundtables
      - I. The idea of this project includes education on Medication Assisted Recovery, Peer Support Services and Support Groups, Transportation Services, etc. The group discussed different resources available in the community particularly with transportation including how CHESI is able to help with transportation to their appointments for those in need.

- II. Mobile Outreach
  - I. Working with community organizations to provide more on-the-ground outreach initiatives with activities like the PECaD mobile prostate screening bus and the S7HD Wellness on Wheels van.
- III. Discussions around gaps in services and needs as identified on the community needs assessment and SWOT analysis. How to incorporate more education around resources and aiding individuals in reducing barriers.
- II. Upcoming Events
  - I. 5/27/25 – May Veterans Council Meeting at 3:30PM
  - II. 6/10 – Prevention First Monthly Hard Reduction ECHO
    - I. [Click to sign up for invitations.](#)

## VI. **Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
  - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
  - II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: [info@myarrowleaf.org](mailto:info@myarrowleaf.org) and stay tuned for social media announcements on how to apply.
- II. Community Needs Assessment – [click this link](#)
  - I. Our Community Needs Assessment is live! We are seeking feedback from those who live and/or work in the southern seven counties. This brief survey regarding substance use and recovery services will assist our program in better understanding and meeting the needs of the community. Results are anonymous and the data will be used to share with our upcoming Council Meetings.
- III. May Meeting is Scheduled for Thursday, May 27<sup>th</sup> at 1PM



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## VETERANS COUNCIL

UNITE. SERVE. SUPPORT.  
ADVANCING VETERAN WELLNESS  
ACROSS SOUTHERN ILLINOIS.

### WHO SHOULD JOIN?

- Veterans
- Family Members
- Community Members

We welcome all voices to help build a stronger, healthier future for our veterans.



JOIN OUR FB GROUP

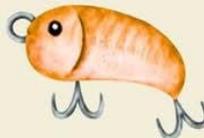
## CURRENT & UPCOMING PROJECTS



RIVER TO RIVER  
THRU-HIKE  
FUNDRAISER IN  
APRIL



RIVER TO  
RIVER TRAIL  
STEWARDSHIP  
PROJECT



FISHING DAYS  
AT THE ANNA  
VETERANS  
HOME



ANNA  
VETERANS  
HOME  
GARDEN CLUB



TUNNEL HILL  
100 MILER  
FUNDRAISER  
IN NOVEMBER

Questions? Call Jayson, Veterans Services Coordinator, at 618.652.7104  
or email [jayson.holland@myarrowleaf.org](mailto:jayson.holland@myarrowleaf.org)

The project described was supported by Grant Number 6H79SM086637-01M001 from 09/30/2022 - 09/29/2026. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the SAMHSA.