#### **Sangamon County ROSC Meeting**

5/27/25 9 a.m.

Location: zoom

#### **Attendees:**

- Sarah Richardson, FGC
- Austin Dambacher, FGC
- Whitney Devine, FGC
- Beverly Holland, Statewide ROSC
- Marie Riley, CFC #18 Early Intervention
- Sandra England, SIU START Program
- Sam Brown, Fifth Street Renaissance
- Katie Coniglio\*
- Galia Cossyleon, Memorial
- Donna Reeves, Central Counties Health Center
- Ashley Earles, Birth to Five Illinois Region 51
- Amanda DeFord, Birth to Five Illinois Region 51
- Trenda Hedges, Peer Power
- Jamie Reidle, Heartland Housed
- Johanna Gonzalez, IDHS SUPR
- Joan Stevens-Thome, Sangamon Co. Dept. of Public Health

#### Agenda:

- Introductions
- Membership Update
- Community and organizational Events
- ROSC Event Updates
- Sober living supply drive
- Open floor to ROSC members to share news, ideas, needs, etc.
- Organizational speaker: Sam Brown [Fifth Street Renaissance]

#### **Meeting Notes:**

**Introductions**- name, organization/affiliation, how long they've been with ROSC, ice breaker

**Membership Update**: 0 new members for the month of May.

• New membership / Membership representation (sectors); opportunity for growth in media and judicial (both having 0 members), and law enforcement (1 member)

#### **Community Event Updates:**

- Jamie Reidle- <u>Heartland Housed Welcome Home Basket Initiative</u>- ongoing donation drive for folks who are being moved into housing, housing and hygiene items, can drop off baskets at office
- <u>Free Dental Day</u> hosted by Advanced Dental Care of Springfield- 5/30- free dental care for those in need, by appointment only
- Sarah Richardson- Family Guidance Centers and Prevention First present <u>Implementing Mobile MAR Programs</u> training on 5/29 at 9am- contact Cindy Rivera at <u>crivera@fgcinc.org</u> to register
- Sarah Richardson- Family Guidance Centers- <u>Clinical Supervision available</u>- opioid training and technical assistance center (OTTAC)- clinical supervision w/ documentation for individuals seeking licensure or certification in Illinois; free and on-going; email Cindy Rivera at <u>crivera@fgcinc.org</u> for more information

#### **Community Resource Guides**

- Digital list and interactive map available online
- Physical booklets available- contact Whitney or Austin if you'd like some

#### **ROSC Event Updates**

- Recap: Retro Game Night
  - Held at Phoenix Center Out on Second; included recovery speaker, retro games, charades, and a potluck
- Recap: Let's Taco 'Bout Recovery
  - Held at Pasfield House, included 3 speakers who shared their recovery journeys, full taco bar from Mas Sabores that was sponsored by Bel Viso Medical Aesthetics
- Recap: Springfield PrideFest
  - Distributed ~40 Narcan, ~55 resource guides, had harm reduction supplies available (fentanyl and xylazine test strips, condoms, hand sanitizer), received a lot of positive feedback from the community
- Upcoming: Tie Dye Takeover, 5/30 @ 6pm-8pm (Family Guidance Centers, 2924 Stanton St., Springfield, IL)
  - Instructor-led tie-dye activities for adults and children, food and drinks provided, outdoor games, FREE, registration required (visit "Events" tab on website)
- Upcoming: Hiking, 6/7 @ 9:30am (Lincoln Memorial Gardens)
  - No registration required, anyone and everyone welcome- including children with supervision
- Upcoming: The Great Water Balloon Picnic, 6/21 @ 11:30am-2:30pm (Family Guidance Centers, 2924 Stanton St., Springfield, IL)
  - Water balloon games, lawn games, recovery speaker(s), food and beverages provided- can bring a side dish if you wish (label common allergens), BYO lawn chairs, registration required (visit "Events" tab on website)

#### **Sober Living Supply Drive**

 Ongoing donation drive at ROSC events collecting hygiene essentials and home goods for those entering sober living. Currently have excess dental items. Contact Whitney or Austin to donate or request supplies.

#### Organization Speaker - Sam Brown, Fifth Street Renaissance

- Transitional housing program for male / females, focuses on gaining independence (up to 18 months)
- Provides case management (substance use, life skills, budgeting, mental / physical health, education, employment, etc.)
- Housing Advocacy Program- through DCFS. Works with families who are at risk of losing custody of their children due to homelessness or near homelessness.
- Illinois Statewide Housing (ISHOP) Support and ensure housing stability
- Project Based Permanent Supportive Housing Program and Community Based
   Permanant Housing Program (PSH)
- Cook Street Renaissance- 19-unit apartment complex offering affordable housing for low/extremely low income, disabled individuals; provides life skills groups
- Reintegration program- for those who have been released from corrections, on probation / parole., etc. Who are HIV+
- Rapid re-housing- reduce duration of homelessness
- HIV/AIDS testing, outreach, and education (at office or by appointment, and Sangamon, Moultrie, and Shelby County Jails)
- Wellness on Wheels (WOW)- Statewide program that delivers health services and education; prevention outreach (Narcan, fentanyl / xylazine test strips,), STD testing; reaches underserviced communities
- CORS Program- Community Outreach and Recovery Support Program- assists individuals experiencing Opioid use / addiction and focuses on providing support to prevent OD and to promote recovery and long-term stability. Offers case management, behavioral health support, peer support and mentorship, community-based resources and services
  - Provides peer recovery support case management
  - Warm hand-offs and referrals
  - Narcan training
  - Fentanyl / xylazine test strips
  - o HIV, HEP C, STI testing
  - Harm reduction supplies
- Contact info provided in slide deck
- Housing Help Line- 217-803-5235 (housing, rental, or utility assistance)

#### **Open Floor:**

- Galia Cossyleon- Memorial will be offering a free trauma-informed care training on 6/11 from 4-6pm @ The Lincoln Library
- Sam Brown- approved for September event; in need of musicians

# Sangamon County ROSC Council

GENERAL MEETING

5.27.25



# Agenda

- Introductions
- Membership Update
- Collaborating Organizations: Updates, Events, & Needs
- Community Resource Guide, Map, & Booklets
- ROSC Event Updates
- Sober Living supply drive
- Organizational speaker: Sam Brown [Fifth Street Renaissance]
- Open Floor

## Introductions

- Name
- Agency/organization/affiliation
- How long have you been with ROSC?

# ROSC Program Manager

Whitney Devine

wdevine@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: 217.891.7627

## ROSC Coordinator

Austin Dambacher

adambacher@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

# Membership Update

#### Organizations Represented:

- The Phoenix Center
- Salvation Army / Express Employment
- Sangamon County Sheriff's Office
- Sangamon County Health Department
- Fifth Street Renaissance
- Helping Hands of Springfield
- Peer Power
- Gateway Foundation
- Statewide ROSC
- Central Counties Health Centers
- Heartland HOUSED
- Illinois Human Performance Project
- Oxford House
- Family Guidance Centers
- BYO Church Springfield
- SIU School of Medicine
- Washington Street Mission/ Celebrate Recovery
- Springfield Memorial Hospital
- Meridian Health Plan of Illinois
- Westminster Presbyterian Church
- Springfield MedMark treatment center

#### +0 new member since last month

April: 34 registered members

May: 34 Registered members

Of registered members:

21 unique organizations

1 individual (not org-affiliated)

19 renewals; 15 new members

## New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <a href="https://forms.office.com/r/V1Fr6F3eeN">https://forms.office.com/r/V1Fr6F3eeN</a>

Next new member orientation is June 20th, 2025 at 12pm

Join the Zoom Meeting at:

https://us06web.zoom.us/j/81264605484?pwd=nFlSnubNwS8w2CjbMHL7ONNmn6d07n.1

Meeting ID: 812 6460 5484

Passcode: 879238

## Membership Representation: Sectors

ROSC Sectors (n = 34 people, can choose more than one sector)				
Person with lived experience  13	Recovery supports  17	Faith-based groups <b>7</b>	Family <b>11</b>	Service providers 18
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 2	Media <b>0</b>	Business <b>8</b>
State/local/tribal government  4	Substance use treatment organizations 7	Healthcare 5	Law enforcement 1	Judicial <b>0</b>

## Collaborating Community Organizations









































# Collaborating Community Organizations: Updates



**UPCOMING EVENTS** 



COORDINATION NEEDS



GENERAL ORGANIZATIONAL UPDATES



NEWS FOR THE GROUP

# The Welcome Home Basket Initiative

Each month, 20 to 30 households transition from homelessness into stable housing. Many move in without the basic essentials needed to manage a home.

You can help by donating essential household items!



Heartland HOUSED can provide the laundry basket! Whether you contribute a single item, a partially filled basket, or a fully stocked one, every donation makes a difference! Our team will ensure that each basket is complete to greet our newly housed neighbors! Please only include items in good condition.

#### WHAT ITEMS ARE NEEDED?

- · Pots and Pans Set
- · Dishes (2 plates, 2 bowls)
- Cups (2 coffee mugs, 2 cups)
- Silverware / Knife Set
- Cooking Utensils
- Can Opener
- Oven Mitts
- Dish Towels
- · Dish Soap and Sponge

- Food Storage Containers
- · Comforter, Sheets, Pillow (Twin)
- · Bath Towels and Washcloths
- · Shower Curtain and Plastic Liner
- · Hygiene (Hand Soap, Shower Gel)
- Toilet Paper
- · Handheld Broom and Dustpan
- Trash Bags
- Cleaning Chemicals

Contact us at (217) 801-9033 or staff@heartlandhoused.org



### FREE DENTAL DAY

### FRIDAY MAY 30th

#### HOSTED BY:

#### ADVANCED DENTAL CARE OF SPRINGFIELD

LOCATION: 4701 WABASH AVE, SPRINGFIELD IL. 62711

THIS IS THE DAY WHEN WE GIVE BACK TO A COMMUNITY THAT HAS BEEN SO WONDERFUL TO US.

PROVIDED FOR THOSE 18 YEARS AND OLDER WHO CAN'T GET DENTAL CARE ELSEWHERE. PATIENTS CANNOT BE PREGNANT.

#### TREATMENT BY APPOINTMENT ONLY

Registration is May 16th, 2025, Call (217)207-0632 to schedule your appointment for the event. Limited appointment times available.



## Upcoming Training | May 29 9:00 AM

## Implementing Mobile MAR Programs

Regulatory, clinical, and community involvement considerations

- Training for organizations interested in establishing a mobile medication assisted recovery (MAR) program
- Includes a video walk-through of a DEA-licensed mobile unit that has provided medications to over 1,500 residents of Chicago with OUD

#### **Contact Cindy Rivera to register:**







## Clinical Supervision Available

## Opioid Training and Technical Assistance Center (OTTAC)

- Clinical supervision with documentation from expert, licensed staff for individuals seeking licensure or certification in Illinois
- Provided at no cost to clinicians needing support on their path to becoming a certified/licensed behavioral health professional

**Contact Cindy Rivera to schedule:** 







# COMMUNITY RESOURCE GUIDE, MAP, & BOOKLETS

### Resource Guide Booklets

- Reminder: Paper version of our Sangamon County resource guide available
- Have distributed 1200 across 35 organizations in the community so far.
- Reach out if you would like some at your organization!
- QR cards that will direct users to the online resource guide and interactive resource map
- Accessible via 'Resources' tab at our website: https://www.sangamoncorosc.org/
- Contact ROSC Program Manager at <u>wdevine@fgcinc.org</u> for any edits or additions
- ◆ <u>Community Resource Map:</u> Google map listing different resources in Sangamon County
- ◆ <a href="https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQG">https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQG</a>
  <a href="mainto:juriiXCkaAQA&usp=sharing">juriiXCkaAQA&usp=sharing</a>
- ◆ Map can also be accessed on ROSC website www.sangamoncorosc.org under resource tab





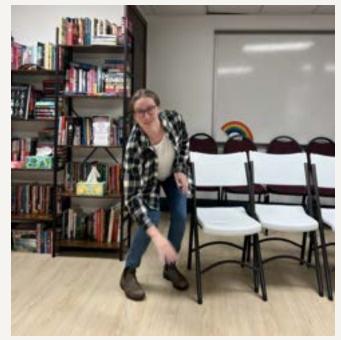
# EVENT UPDATES





## Rewind & Recover -Retro Game Night

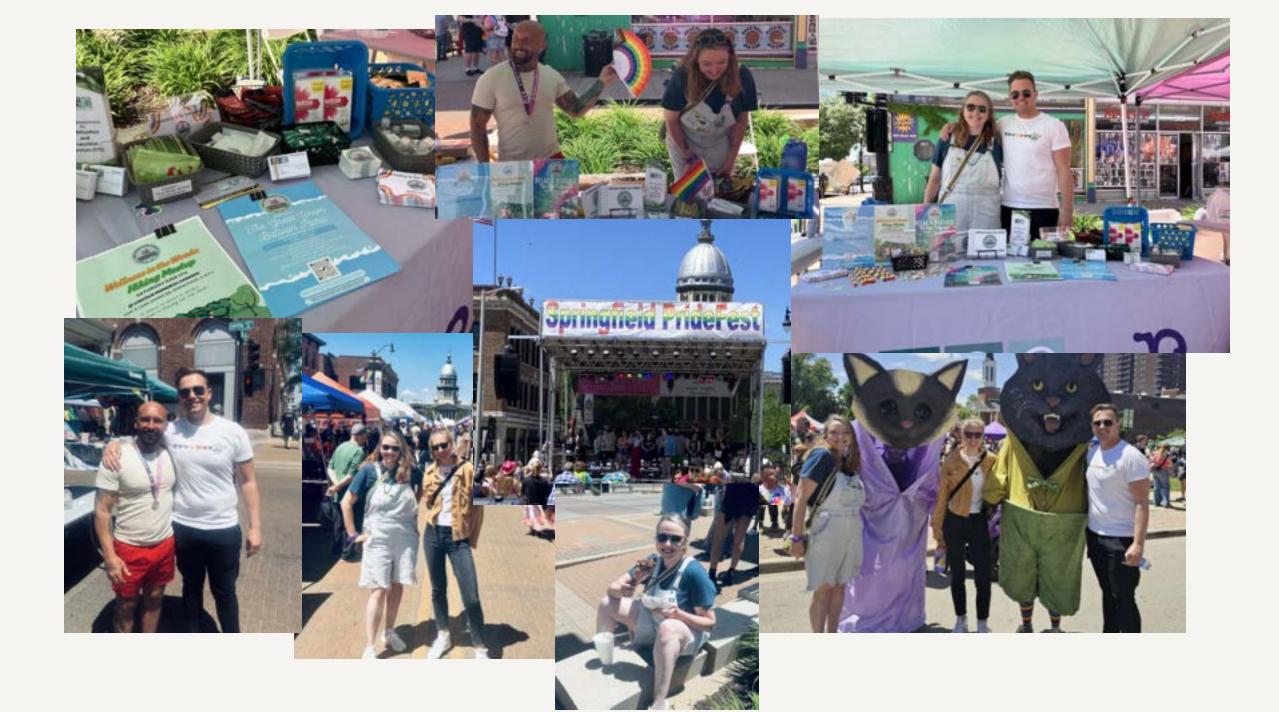












# Upcoming Event: Relax & Recover - Tie Dye Takeover

- Instructor-led tie dye activity & kid's activities
- T-Shirts provided
- Food & Beverages provided- feel free to bring a side to share!
- Outdoor games (like bags)
- Fellowship, food, and of course, fun!
- Outdoor event @ FGC Stanton Location (BYO lawn chairs and plan accordingly)



### Tie Dye Takeover: Shout outs!

- Freestyle Apparel for donating shirts
- Magro's for donating hot dogs
- County Market for donating hot dog buns
- Sam Brown (Fifth Street Renaissance) for leading the tie-dye activity!
- FGC Prevention Team for leading the kid's activities
- RSVP Required! please visit <a href="https://www.sangamoncorosc.org/event-calendar">https://www.sangamoncorosc.org/event-calendar</a> and select the "Relax and Recover: Tie Dye Takeover" event for the registration link, OR scan the QR code on the flyer

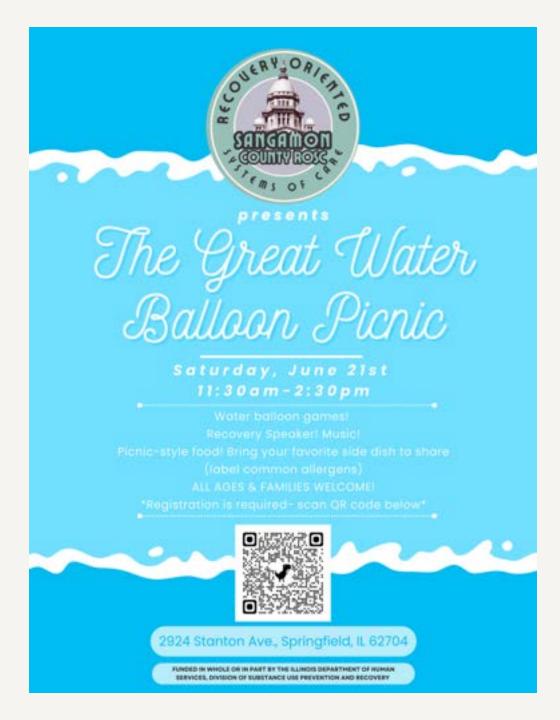
# Upcoming Event: Hiking

- Join others in recovery and their families for an opportunity to connect and enjoy the outdoors together.
- All Ages welcome. Children can attend with parental supervision
- Registration is not required.
- Be sure to bring sunscreen, bug spray, and water!



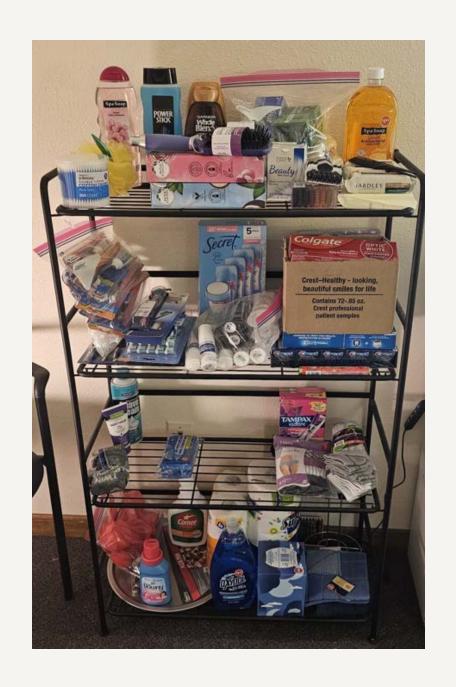
## Upcoming Event: The Great Water Balloon Picnic

- Water balloons, lawn games, fellowship, and sunshine!
- Recovery Speaker
- Food & Beverages provided- feel free to bring a side to share!
  - o Be mindful with labeling common allergens
- BYO lawn chairs
- Outdoor event @ FGC Stanton Location (plan accordingly)
- RSVP will be required, scan QR code or go to website at https://www.sangamoncorosc.org/event-calendar



## **Sober Living Supply Drive**

- Collecting basic household items for individuals starting out in sober living homes
- A donation box is included at every event.
- ROSC is connected with various sober living homes in the area to help identify when there are needs.
- Examples of items accepted:
  - Hygiene essentials (Shampoo, conditioner, toothbrush, toothpaste, feminine care products, deodorant, razors, brushes, Q-tips
  - New bedding (sheets, pillows, comforters)
  - o Towels (new\*\*)
  - Underwear & socks (new\*\*)
  - Kitchen essentials



# Sangamon County ROSC Meeting

Tuesday, May 27th, 2025

9AM

Samantha Brown

Fifth Street Renaissance CORS Lead Peer Recovery Specialist





# \*\* Fifth Street Renaissance

Dedicated to offering safe housing, essential resources, and personalized support to individuals and families in Springfield, empowering them to regain stability, independence, and a brighter future.







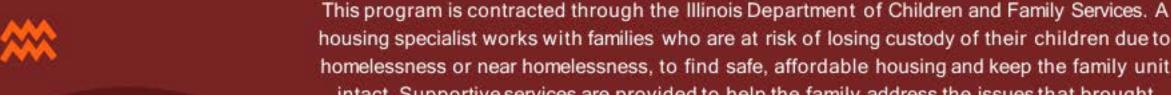
Fifth Street Renaissance, founded in 1979, began by weatherproofing homes for low-income and elderly residents. It expanded to provide housing and support for the homeless, and in 2006 merged with the SARA Center to offer care and advocacy for those affected by HIV/AIDS. Today, the organization continues to support Springfield's most vulnerable through compassionate care and housing services.



## Transitional Housing Program

In existence since 1986, our transitional housing program provides male and female individuals with single room living quarters and comprehensive services to enable them to become independent, productive members of society. Clients are required to work with the case manager to identify and address barriers to independent living. Issues addressed include, but are not limited to, substance abuse, violence, life skills, budgeting and financial responsibility, mental and physical health, employment, education, and developing a healthy support network. Residents may participate in transitional housing for up to 18 months before moving to permanent housing.





housing specialist works with families who are at risk of losing custody of their children due to homelessness or near homelessness, to find safe, affordable housing and keep the family unit intact. Supportive services are provided to help the family address the issues that brought them to this crisis and to help to stabilize them before, during and after housing placement.

## Illinois Statewide Housing (ISHOP)

This program is provided in the lower 55 counties of Illinois and offers crucial support to ensure housing stability and overall well-being for persons living with HIV. This comprehensive program provides a wide range of assistance, including housing referrals, help with rent, security deposits, mortgage payments, and utility assistance, tailored to meet the unique needs of each participant. ISHOP is designed to offer both short-term and long-term support, recognizing that stability and security are key to managing health and quality of life.





## Project Based Permanent Supportive Housing Program

This program offers permanent housing units to individuals and families living with a disabling condition (primarily HIV). Tenants are approved through the SHA and rent is calculated based on income as the units have Section 8 vouchers attached to them. Individuals living in permanent housing are afforded a multitude of services including case management, advocacy and other supportive services.

## Community Based Permanent Housing Program (PSH)

The same services as our project based permanent housing except apartments are located throughout the community and serve those who are homeless or chronically homeless and HIV+ individuals or disabled individuals and families.





## Cook Street Renaissance

A 19-unit apartment complex providing affordable housing to low and extremely low-income, often disabled individuals. The program also offers other support services to foster stability including case management, life skills groups, HIV awareness education, free safe sex kits, food and household pantry, transportation and access to other community services through the referral process.

# Reintegration Project

The Reintegration Project assists individuals who have been released from the Illinois Department of Corrections, Federal Bureau of Prisons facilities or County/City Jails and are HIV+. The program works to identify and secure housing as well as health and social services for the individual and their drug or sex sharing partners to prevent the spread of HIV, enable them to lead more productive lives, reduce recidivism to incarceration and develop a "continuity of care" service and referral system for the clients.

## Rapid Re-Housing

The primary goal of the RRH program is to reduce the duration of homelessness and help participants achieve long-term housing stability through the provision of financial assistance and case management. The program is designed to be a short- to medium-term intervention, with a focus on empowering participants to maintain housing independently after the assistance ends

## HIV/AIDS Testing, Outreach, and Education

On-site HIV/AIDS education, counseling and testing is offered from 9am-3pm, Monday through Friday or by appointment at the administrative offices and weekly at the Sangamon County Jail, Moultrie County Jail and Shelby County Jail. These services are also offered at various other outreach events and satellite locations, and upon request.

## Wellness on Wheels (WOW)

This statewide program delivers comprehensive health services and education, focusing on HIV, Hepatitis C, Gonorrhea, and Chlamydia counseling and testing, alongside overdose prevention with Nasal Narcan, and the distribution and training for Fentanyl and Xylazine test strips. WOW also offers blood pressure, glucose, and cholesterol screenings, Risk Reduction Counseling with safer sex supplies, and Harm Reduction Counseling with safer use supplies. Additionally, the program provides Covid home test kits, face masks, hand sanitizer, hygiene kits, and referrals to improve quality of life and curb the spread of HIV and other communicable diseases. Operating seven days a week, including weekends, evenings, and late-night hours, WOW reaches underserved areas and communities where high-risk behaviors, such as drug use and sexual activity, are prevalent. Often mobilized by the Illinois Department of Public Health's Center for Minority Health Services, this program also plays a crucial role during public health crises like Covid-19 and other health outbreaks.

## CORS Program

The Community Outreach Recovery Support (CORS) Program is designed to assist individuals experiencing Opioid use or addiction and focuses on providing comprehensive support to prevent overdose and promote recovery and long-term stability. The program offers Personalized Case Management, Behavioral Health Support, Peer Support and Mentorship, Community-Based Resources and Services; all with a focus on sustainable recovery

## OUR CORS TEAM CAN DELIVER ON SITE:

#### Peer Recovery Support Case Management

We work with each client to identify their housing and basic needs to make recovery possible.

#### Warm Hand-offs and Referrals

By providing linkages, transportation, and advocacy with other social service agencies, we aim to provide clients

with wrap around services to provide stability, and the chance to focus on growth and success.

#### Narcan and Training

By providing Narcan and education on overdose recognition, prevention, and how to use nasal Narcan in case of emergencies, we aim to reduce the risk of overdose.

Fentanyl and Xylanzine Test Strip HIV, HEP C, STI Testing Harm Reduction Supplies

By offering test strips, safe using supplies, and testing, we aim to help those struggling from Opioid and Substance Use Disorder to reduce their risk of overdose and other serious health complications associated with active substance use.

## Contact Us

Penny Powell - Director penpowell@fsr-sara.org

Ralph Shank-Assistant to Director ralphshank@fsr-sara.org

Teresa Pickrel-Community Outreach Administrator terpickrel@fsr-sara.org

5<sup>th</sup> Street Office

1315 N 5th St Springfield, IL 217-544-5040 Phone info@fsr-sara.org

## CORS Team

Samantha Brown
Sangamon, Christian, Montgomery, Macoupin,
Effingham, Fayette, Clay
217-610-3587
sambrown@fsr-sara.org

Amy Shepard
Morgan, Scott, Pike, Calhoun, Jersey, Green
217-610-0389
amyshepard@fsr-sara.org

PD Van Klaveren
Belleville/Metro East Area
314-240-2618
pdvank@fsr-sara.org



Housing, rental, or utility assistance please call the Housing Help Line at:

217-803-5235

