

# Recovery Oriented System of Care



## Hardin/Pope County ROSC Council Minutes 04/10/2025

### Attendance

Cammy Duggins  
Amber Mulkins  
Bev Holland  
Ken Bell  
Brent Van Ham  
Rochelle Morgan  
Dave Griswold  
Lisa Burns  
Melissa Brown

### Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
  - a. Last month, reviewed upcoming Child Abuse Prevention Month activities with Rachel Chruszczyk, Southern Region Prevention Specialist with Prevent Child Abuse Illinois, and the review of the Community Needs with Emily Middleton. The group discussed the CAP activities from the last month – highlighting the Proclamation events in Hardin and Pope counties
- IV. **New Business**
  - a. “The Power of Addiction” – Ted Talk presented by Gabor Mate’
    - a. The group watched the Ted Talk and discussed ideas, comments, and questions. The group discussed how it isn’t unusual for individuals to experience co-occurring needs – coupling mental health and substance use needs. Discussed how often people may use self-medication as a means to feel “normal.” The group discussed the impact that therapy can have on addressing the underlying root causes that lead to mental health and substance use needs. It was emphasized that there is an importance in considering other factors like genetics and present trauma when supporting someone through their addiction. The group discussed the importance of community support and collaboration in addressing addiction and mental health issues.

- b. Continued discussions regarding the Community Survey were held. There was a highlight on the housing instability and how the group could work on addressing this need.

**V. Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
  - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
  - II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: [info@myarrowleaf.org](mailto:info@myarrowleaf.org) and stay tuned for social media announcements on how to apply.
- II. Together for Youth Summit – April 15th
- III. May Meeting is Scheduled for Tuesday April 22nd from 11:30AM to 12:30PM