

## **Moultrie Shelby County ROSC Council Meeting Minutes**

**When:** Tuesday, May 6<sup>th</sup>, 2025

**Time:** 3:30 PM to 4:30 PM

**Where:** Elizabeth Titus Memorial Library and Zoom

**Who:** Skylar Miller (Meeting facilitator and minutes)

### **Attendees**

Skylar Miller (Moultrie Shelby ROSC Coordinator), Bonnie Goodwin (Moultrie/Shelby Recovery Navigator), Tera Couve (PLE & CEFS), Justin Couve (PLE), Tommy McCabe (PLE), Josh Qualls (Sullivan PD), Moira (Student DuPage College), Mark Issacs (Moultrie County Probation), Liesl Wingert (SIU), Heather Myers (Supportive Services for Veteran Families), Kristina Drum (Clark/Cumberland ROSC Coordinator), Nathan Nichols (CIPT), Carrie McKinzie (Gateway Foundation), Brenda Hood (PLE) and Susie Kinsel (Dove Inc.).

### **Agency Updates**

#### **Heather Myers- SSVF**

The SSVF Program helps homeless or at-risk veterans by first securing stable housing for them, then providing wraparound services like case management, legal help, VA benefits support, and healthcare navigation.

#### **Eligibility:**

- Must be a veteran (not dishonorably discharged)
- Must have federal service (not just Guard without deployment)

#### **How to Get Help:**

- Call the prescreen line at 217-278-9897 to check eligibility
- Or contact me directly at 309-232-7097.

Even if they don't qualify, we'll try to connect them with other VA programs.

There is an event in November called Veteran Standout. Heather will share the flyer with Skylar when it is finished. Skylar will send it out to everyone on the email list.

#### **Carrie McKinzie: Gateway Foundation**

On May 20<sup>th</sup>, Gateway is hosting a Coffee and Connections from 8:00am to 9:30am. Skylar will send the flyer to the council again.

### **Spotlight Speaker**

#### **Nathan Nichols: Central Illinois Public Transit Mobility Manager**

Contact Information for Nathan-

Nnichols@cefseoc.org

Cell: 217-994-0723

Fax: 217-774-3829

[www.cefseoc.org](http://www.cefseoc.org)

Nathan Nichols discussed the demand response bus service provided by CEFS Central Public Transit, which operates in Shelby, Moultrie, Christian, Montgomery, Fayette, Clay, and Effingham counties. He explained the scheduling process, emphasizing the importance of providing 24-hour notice for ride requests, although same-day requests may be accommodated if availability allows. Additionally, he mentioned new agency guides that contain information about various programs offered by CEFS.

Nathan Nichols discussed the transportation fare system, detailing costs for regular riders and special rates for children, seniors, and individuals with disabilities. He introduced the reduced fare ID card, which can be obtained through an application process, and highlighted the benefits of a billing agreement for organizations. Additionally, he mentioned the role of a medical dispatcher, Paula, who assists with insurance inquiries for medical transportation.

Nathan Nichols responded to inquiries about car seats and pet carriers during the meeting. Bonnie proposed that donations could be collected for these items to assist those in need, but Nathan explained that their organization is unable to store or provide them. He indicated that dispatchers could refer individuals to outreach services for assistance with obtaining car seats.

Mark Issacs inquired about the process to obtain a billing agreement. Nathan explained that it is a one-page agreement and he could contact Nathan to get that set up.

### **Drug Overdose Prevention Program**

Skylar will be taking Narcan to all of the DOPP sites in Bethany this week because they will be expiring in June of this year. Bonnie and Skylar have checked all Narcan sites, and they are all up to date. Skylar mentions that if you find yourself with expired Narcan and that is all you have, use it anyway. Expired Narcan is better than no Narcan.

We are always looking for new DOPP sites and are available for Narcan trainings at your agency or personally. Heather asked if we have a condensed list of all Narcan locations within our

counties and Skylar said that she would send it out but it is also available on the Moultrie/Shelby Facebook page.

### **Review Responses**

Bonnie and Skylar are working to obtain new members for the council and are inviting inactive members to return to ROSC. Skylar expressed the need for everyone's voices. We would love to work toward accommodating everyone on the council. Therefore, the time and date of meetings were discussed and no one asked for there to be a change in time or date. Bonnie talked about having a PLE Committee and Skylar mentioned moving meetings around and making them more available as we see fit. We will have a separate meeting with a group of PLEs if this becomes prevalent.

Justin mentioned that there is a Mapping meeting every Wednesday in Lovington and he invited us. The committee there is trying to create a different environment in their community. Skylar asked for the information so that she could plan to attend at least one meeting. Justin also said that he has spoken to the Mayor there and she is open to ROSC. Justin and Tera both expressed the serious need for recovery and resources in their town and are eager to get started.

### **Communication Campaign Overview**

Skylar explained the communication campaign and went over an infographic from May. She will send the infographics to the email list so that they can share them. Skylar also asked the council members how they would prefer to see information in the future campaign. She explained that she likes to scroll Tik Tok or Facebook reels. Some people prefer watching Facebook lives or reading a post.

Brenda Hood mentioned that she is very interested in helping come up with campaign ideas for FY26.

### **Events**

Laundry day for Shelby will be on May 8<sup>th</sup> and Moultrie will be on May 22<sup>nd</sup>. Bonnie noted that Shelby County will always be on the 2<sup>nd</sup> Thursday of the month and Moultrie County will always be the 4<sup>th</sup> Thursday. While discussing Laundry Day, Tera and Justin expressed interest in having a Laundry Day in Lovington. They shared the need for resources like that in their small town. Skylar mentioned a new donor that we have for our laundry day and discussed asking him to sponsor one in Lovington. We can have multiple laundry days, they do not have to be in Sullivan. Everyone agreed that we need to continue this conversation outside of the council meeting! Very exciting.

Spring into Recovery is on May 10<sup>th</sup> and Summer Vibes and Community Tides will be on June 28<sup>th</sup>.

Skylar noted Sullivan First Christian Church has provided the funds for snacks/drinks for our Summer event.

Heather offered possibly opening the armory at the park that day and allowing children to explore the tank. Skylar will follow up with her.

### **Upcoming Speakers**

We will be reviewing our ROSC fiscal year during our normal speaker time.

### **Questions/Comments/Announcements**

#### **Contact emails:**

**Moultrie Shelby County ROSC Coordinator**

*Skylar Miller- [skylark@hourhouserecovery.org](mailto:skylark@hourhouserecovery.org)*

**Moultrie Shelby County ROSC Recovery Navigator**

*Bonnie Goodwin- [bonitag@hourhouserecovery.org](mailto:bonitag@hourhouserecovery.org)*

**ROSC Program Supervisor**

*Jenna Hays- [jennah@hourhouserecovery.org](mailto:jennah@hourhouserecovery.org)*

Where to find past meeting minutes: <https://www.govst.edu/ROSC-GSU/ROSCC>

**Moultrie Shelby County ROSC Facebook Page:**



#### **Next Moultrie Shelby County ROSC Council Meeting\*\***

**Date:** Tuesday, June 3<sup>rd</sup>, 2025

**Time:** 3:30 PM to 4:30 PM

**Where:** Shelbyville Outpatient and Zoom