

## McLean County Recovery-Oriented Systems of Care (ROSC) May 2025 Council Meeting Minutes

**Date:** Friday, May 20th, 2025 **Time:** 3:30 – 4:30 pm

Location: Virtual via Zoom, (https://zoom.us/j/96709486019)

#### Attendees:

- 1. Barb Brumleve- Chestnut Health Systems, McLean & Ford ROSC
- 2. Cat Hays- Chestnut Health Systems, McLean ROSC
- 3. Kari Knapp Chestnut Health Systems/Associate Director Community Health
- 4. Amanda Spencer A New Horizon
- 5. Melissa Simmons Department of Rehabilitation Services/Rehabilitation Counselor
- 6. Jeffrey Ehrmantraut CASA of McLean/Logan Counties
- 7. Selena Nolan Chestnut Health Systems/Project Coordinator for Integrated Behavioral Health
- 8. Nancy Bollegar Allies Against Trafficking/Executive Director
- 9. Wendy Klinkner Allies Against Trafficking
- 10. Caitlyn Clyne Bloomington Public Library-Outreach Engagement Coordinator/Bookmobile
- 11. Zach Schimelpfenig PATH
- 12. Kami Garrison Statewide ROSC Region 3 TA
- 13. Shayla Woodworth Recovery Support Specialist
- 14. Darren Jones Project Oz/Homeless Youth Specialist
- 15. Tara Trefzger-Blessent Chestnut Health Systems
- 16. Amy Stork McLean County Court Services
- 17. Melissa Simmons Department of Rehabilitation Services (DRS)
- 18. Leah Naraine OMNI Prevention Specialist IL Human Performance Project Grant
- 19. Amy Landolt Licensed Acupuncturist/IL 5 Needle Protocol Advocate
- 20. Carrie Anderson Mid Central Community Action/Outreach Coordinator Domestic Violence
- 21. Joshua Edwards Mayor's Manor
- 22. Deb Beckmann IL Statewide ROSC
- 23. Daniel Franklin Person with Lived Experience (PLE)
- 24. Emily Hartley Brightpoint Community Services Coordinator/McLean Co Human Services Council
- 25. Erika Hahn OMNI Youth Services
- 26. Randi Derrig Chestnut Health Systems/Narcan®



## Agenda Items:

### I. Welcome & Attendance

a. Cat Hays welcomed everyone and asked that attendees drop their name and agency affiliation in the chat for recording attendance

### II. May Meeting Recap Summary

a. The council focused on enhancing harm reduction support and services in McLean County, with plans to launch at least two new initiatives over the next three years. Cat Hays emphasized the importance of community partnerships, Narcan training, and public education to reduce stigma. Randi Derrig provided an update on Narcan distribution and overdose education, highlighting the introduction of Narcan vending machines funded by opioid settlement dollars, and shared concerning overdose death statistics, indicating a need for targeted outreach. She reported nearly 2,200 Narcan® boxes distributed in 2023, with a goal of over 3,300 in 2024, and outlined various free harm reduction resources available to the community. Randi also discussed strategies for promoting Narcan trainings, noting low attendance at public sessions and the necessity of reaching rural areas. The meeting concluded with a transition into breakout sessions to brainstorm further strategies for promoting Narcan trainings and addressing community harm reduction needs.

## III. Overview of Goal 2 of FY25 McLean County ROSC Strategic Plan

- a. Goal 2: Over the next three years, increase harm reduction support within the community through at least two new initiatives (Ongoingly, FY26+)
  - i. Objective A: Advocate for and support community partners in expanding harm reduction efforts throughout the county by promoting NARCAN® trainings and supporting increased access to harm reduction resources.
  - ii. Objective B: Enhance public and professional education on harm reduction to promote broader acceptance and implementation, while actively addressing stigma and encouraging greater community support.

# IV. Overview of Harm Reduction Support Services & Resources in McLean County

- a. Randi Derrig, a Prevention Coordinator with Chestnut Health Systems provided insights into current harm reduction efforts, including Narcan® distribution and the introduction of vending machines for easier access. Randi shared data from Dr. Kathy Yoder regarding overdose deaths in McLean County, noting an increase in total deaths over the past two years. The demographic most at risk is individuals in their mid-40s, predominantly male.
- b. There are several FREE resources available for distribution such as:
  - i. Narcan®
  - ii. Test strips for Fentanyl and Xylazine
  - iii. Deterra drug deactivation bags



- c. Strategies for promoting Narcan® Trainings and Resource Distribution
  - i. Randi highlighted the challenges in promoting Narcan® trainings and the need for community support in identifying organizations and events that could benefit from these resources.
  - ii. Assistance is needed in finding better times and locations for public trainings, especially in RURAL areas.
  - iii. Randi encouraged help with distributing Narcan® in areas where she might not be present. Please reach out to Randi with any questions or ideas with distributing and training (Randi Derrig, rwderrig@chestnut.org).
- V. Putting the Plan into Action: Promote Harm Reduction Services & Resources Cat shared that break-out sessions will begin and that each break-out room will have a facilitator to start answering the following questions:
  - a. "What are strategies that could be utilized to promote Narcan® trainings and distribution of Narcan®, especially within the rural communities of McLean County?"
    - i. BPL has the Bookmobile that delivers to rural communities
    - ii. Contact Village Boards in Ellsworth, Arrowsmith, Shirley, etc.
    - iii. All libraries
    - iv. First responders
    - v. Email blast local government, clerks, superintendents, teachers, etc
    - vi. Churches 2 ministries' have drive-thrus to give out Narcan® and information sheets
    - vii. Township supervisors in McLean County and Rural Mayors
    - viii. Gas stations "Toilet Talks"
    - ix. Fair Housing Event
    - x. Local schools
    - xi. Truckstop's/Rest Areas
    - xii. Lion's Club
  - b. "What upcoming community outreach events could our council have a resource table at to promote harm reduction and Narcan within the community? What events are happening in the rural communities we could have a table at?"
    - i. Fall Festivals
    - ii. Morton Pumpkin Festival draws area crowds
    - iii. Town gatherings
    - iv. September 15<sup>th</sup> is Save a Life Day
    - v. October Brightpoint
    - vi. Pride
    - vii. Juneteenth
    - viii. Fair Housing Event hosted by Mid-Illinois Realtors, Cory Tello sent this information and there will be 17 Housing organizations and Associations.



This year was at Western Ave. Contact information for Mid-Illinois Realtors Association is: 407 Detroit Drive, Bloomington, 309-664-5092.

- c. "What are other harm reduction needs within McLean County?"
  - i. Jolt supplies the following to Kim Massey:
    - 1. 3 different size needles
    - 2. Cotton balls
    - 3. Salines
    - 4. Alcohol pads
    - 5. Cookers
    - 6. Narcan®
    - 7. Test Strips
    - 8. They have a Save the Life Day showing what and how to use Narcan®

## VI. Updated McLean County ROSC FY25 Community Resource & Asset Map

- a. Available on Jotform app and GSU website
- b. Introducing rural community resource & asset map
  - i. <a href="https://tinyurl.com/RuralMcLeanResources">https://tinyurl.com/RuralMcLeanResources</a>

## VII. Agency & Community Updates

- a. Tara Trefzger-Blessent shared the 2<sup>nd</sup> Saturday in July Fellowship, Get out the Clean Slate
- b. Nancy Bollegar shared that the 501c3 for Human Trafficking is getting closer Allies Against Trafficking. More to come!!
- c. Caitlin Clyne from Bloomington Public Library shared that the Summer Reading Program begins May 27<sup>th</sup> and the prizes this year are AMAZING, plus so many programs this summer! Check it out ©
- d. Zach has been talking to his director about outreach what is needed? Kim is fully stocked with tents. Zach can share flyers and gently used clothes.

## VIII. McLean ROSC Updates & Successes

- a. New Volunteer Opportunities
  - i. Wayman AME Church Block Party
    - 1. Saturday, June 7<sup>th</sup>, 12-1 pm
    - 2. Wayman AME Church
  - ii. Juneteenth @ Bloomington Public Library
    - 1. Thursday, June 19th, 10 am 1 pm
    - 2. Bloomington Public Library
  - iii. Transgender Resource Fair
    - 1. Friday, June 27<sup>th</sup>, 4-7 pm
    - 2. Unitarian Universalist Church of Bloomington-Normal
- b. Planning Committee Update Starting back up in June 2025
  - i. If interested in joining, please contact Cat via email: cmhays@chestnut.org

### IX. Next Meeting

a. Tuesday, June 17th, 2025



b. 3:30-4:30 pm virtually via Zoom

i. Zoom Meeting Link: https://zoom.us/j/96709486019

### X. Contact Info

- a. Kari Knapp, Associate Director of Community Health <a href="mailto:kmknapp@chestnut.org">kmknapp@chestnut.org</a>
- b. Cat Hays, Community Health Specialist for Recovery Supports <a href="mailto:cmhays@chestnut.org">cmhays@chestnut.org</a>
- c. Barb Brumleve, Community Health Specialist <a href="mailto:bdbrumleve@chestnut.org">bdbrumleve@chestnut.org</a>
- d. McLean County ROSC Team McLeanCountyROSC@gmail.com