

Recovery Oriented System of Care



Johnson County ROSC Council Minutes 05/27/2025

Attendance

Emily Middleton, Arrowleaf
Cammy Duggins, Arrowleaf Hardin/Pope ROSC Council Coordinator
Amber Mulkins, Arrowleaf Johnson ROSC Council Coordinator
Dan Martinez, Arrowleaf STOP Program Manager
Morgan Nickles, Arrowleaf Prevention Services Coordinator - SUPS
Evan Coulson, Camp Ondessonk
Brent VanHam, SIU Center for Rural Health and Social Service Development
Mandy Hagen, Take Action Today
Chrystal Cantrell, Take Action Today
Haley Hopkins, Prevention First
Rochelle Morgan, CHESI
Jessica Bradshaw, The Network – Southern Illinois Services Coordinator
Amy Tripp, DCFS
Jennifer Worthen, S7HD Health Educator
Deb Beckmann, Community Recovery Systems Specialist – Chesnut Health Systems
Bev Holland, Region 5 ROSC TA

Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
 - a. Last month, council members participated in Child Abuse Prevention Programming and Drug Take Back Day.
- IV. **New Business**
 - a. Staffing Updates
 - a. Amber Mulkins has moved into the role of the Johnson County ROSC Council Coordinator – amber.mulkins@myarrowleaf.org
 - b. Sector Updates and Upcoming Events
 - a. Arrowleaf's Substance Use Prevention Services program provides Youth Prevention Education to 4th through high school aged students in Johnson County. This year, the program hosted their second "Color Fun Day" at the Vienna City Park to celebrate with the 6th grade classes in the service area for

their successful engagement in the YPE program. Over 100 students attended the run with several Beta Club members from Vienna High School volunteering their time to throw the powder at the younger students. The program has provided other prevention activities within Johnson County such as Zumba during Red Ribbon Week.

- b. Camp Ondessonk is preparing to host 3,000 to 4,000 kids over 9 weeks of summer camp in the next few days! They're looking forward to partnering with ROSC and other organizations to help bring more kids from the neighborhood to camp. Camp Ondessonk offers environmental education and afterschool programs. Additionally, there are weekend programs like Family Camp Weekend in September and Mother/Daughter weekend in October.
- c. The SUPS program along with the Community Youth Services Youth Advisory Council at Vienna High School has made a great impact in the community by inspiring youth voice!
- d. Events:
 - a. 5/27/25 – May Veterans Council Meeting at 3:30PM
 - b. 5/30 – Arrowleaf Community Garden Day from 8AM – 12PM
 - c. 6/4 – SUD Resilient Communities ECHO 10:30AM – 11:30AM
 - a. Virtual – see flyer
 - d. 6/10 – Prevention First Monthly Hard Reduction ECHO
 - a. [Click to sign up for invitations.](#)
 - e. 6/14 – Miss Southern Hope Pageant
 - f. 6/25 – Prevention First upcoming webinar for pharmacists or those working with pharmacists.
 - g. 7/17 – Youth Advisory Council Impact Conference (see flyer)

V. **Announcements**

- I. Arrowleaf's Stakeholder Survey – [click to take the survey](#)
 - I. As part of our Community Needs Assessment, we're collecting feedback from our community partners, and need your assistance! This will help us better understand how stakeholders perceive the needs of our community, service gaps, and how Arrowleaf is regarded by those who work with us. The survey takes 3 minutes or less. We want to hear from: Mental Health Providers, Hospitals or Medical Providers, Probation/Police/Courts, School Staff, Faith-Based Partners, Anyone else!
- II. June Meeting is Scheduled for Tuesday June 24th from 11:30AM to 12:30PM

Questions? Contact allison.schuster@myarrowleaf.org or 618.652.7270

MISS SOUTHERN HOPE PAGEANT

The Miss Southern Hope Pageant is more than a competition — it's an opportunity to grow as a leader, build confidence, and make a lasting impact. This pageant empowers young women to become ambassadors of kindness and action, using their voices and talents to inspire others. Our focus on community service and the fight against hunger allows each contestant to play a vital role in supporting families throughout Southern Illinois. We invite you to join us in representing hope, compassion, and meaningful change in our region.

JUNE 14, 2025

LITTLE MISS & JUNIOR MISS @ 10 AM

TEEN MISS & MISS @ 1 PM

VIENNA HIGH SCHOOL - VIENNA, IL

LITTLE MISS (AGES 5-8)
JUNIOR MISS (AGES 9-12)
TEEN MISS (AGES 13-15)
MISS (AGES 16-19)



SCAN FOR
LITTLE, JUNIOR
& TEEN
REGISTRATION

PROCEEDS TO BENEFIT

Client Choice Food Pantry

A PROGRAM OF  **arrowleaf**



SCAN FOR MISS
REGISTRATION



arrowleaf®

Growth. Community. Transformation.

VETERANS COUNCIL

UNITE. SERVE. SUPPORT.
ADVANCING VETERAN WELLNESS
ACROSS SOUTHERN ILLINOIS.

WHO SHOULD JOIN?

- Veterans
- Family Members
- Community Members

We welcome all voices to help build a stronger, healthier future for our veterans.



JOIN OUR FB
GROUP

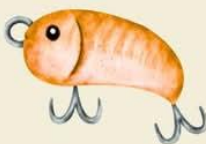
CURRENT & UPCOMING PROJECTS



RIVER TO RIVER
THRU-HIKE
FUNDRAISER IN
APRIL



RIVER TO
RIVER TRAIL
STEWARDSHIP
PROJECT



FISHING DAYS
AT THE ANNA
VETERANS
HOME



ANNA
VETERANS
HOME
GARDEN CLUB



TUNNEL HILL
100 MILER
FUNDRAISER
IN NOVEMBER

Questions? Call Jayson, Veterans Services Coordinator, at 618.652.7104
or email jayson.holland@myarrowleaf.org

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Save the Date

Y.A.C. IMPACT Conference

Who: Incoming 6th - 8th Grade Students
within the Southern Seven Counties

Where: Shawnee Community College

When: Thursday, July 17, 2025
9 AM - 4 PM

Youth Advisory Committee (YAC) is a youth-led, school-based group raising awareness around prevention efforts, specifically substance use and violence. YACs empower youth to drive out positive change in their schools, communities, and homes. Our goal is to establish more YACs across the southern seven counties by helping youth recognize the skills they already have as leaders.

At the conference, they'll grow, be inspired, and learn what making a difference is all about!

Supported By:

**Scan and Complete the Form to
Register Your Child:**



**Registration Closes
Friday June 13 at 4:30 PM**

**Questions or Concerns? Contact:
TJay Purchase or Morgan Nickles at 618.658.3079**

SUD Resilient Communities

ECHO

October 9, 2024 through June 25, 2025

2nd Wednesday of each month | 10:30 AM-11:30 AM | Virtual

*Session occurs on the 4th or 5th Wednesday

The SUD Resilient and Responsive Communities ECHO will consist of interactive learning sessions to explore Substance Use Disorder (SUD) in the context of community strengths. We will discuss how different communities are learning to be more responsive and resilient around issues of addiction that our loved ones and neighbors may be facing with actual case presentations.

Project ECHO® (Extension for Community Healthcare Outcomes) is a movement to democratize knowledge and amplify the capacity to provide best-practice care for underserved people all over the world through three tenets:

MULTIPOINT VIDEOCONFERENCING
BEST PRACTICES PROTOCOL
CASE-BASED LEARNING

Goals of the SUD Resilient Communities ECHO

- Present your cases to a multi-disciplinary panel of addiction specialists.
- Learn and interact with experts from your phone, computer or tablet. No need to travel!
- Discuss timely topics, including grassroots efforts, Trauma and Special, at-risk populations, drug-endangered children, Substance-use in pregnancy and more.

Funding provided in whole or in part by the State of Illinois, Department of Human Services



To register, scan the QR code or visit,
<https://iecho.org/public/program/PROGRAM172565940251745EJ8QL4A7>

CURRICULUM OUTLINE 2024-2025

- November 13, 2024
SUD Resilient Communities Intro and the Landscape
- December 11, 2024
Community Organizations Fostering Recovery.
- January 8, 2025
Resilience Building for People With a History of Trauma
- January 29, 2025*
Resilient Communities Preparedness for Overdose
- February 19, 2025
Recovery Support Groups; 12-Step and Alternatives.
- March 12, 2025
SUD Resilience Building for LGBTQ+ People and Allies
- April 2, 2025
Building Resilience in the Family
- April 23, 2025*
Recovery and the Workplace; Re-entry and Retention
- May 14, 2025
Drug Endangered Children
- June 4, 2025
SUD and Pregnancy
- June 25, 2025*
Harm Reduction for People Who Use Drugs
- July 9, 2025
SUD Prevention in Youth

For more information about the Asthma ECHO or other SIU Medicine ECHO Project topics, email echo@siumed.edu or visit www.siu.edu/echo

