



Perry/ Jackson ROSC Council
(Hybrid) Meeting 5/21/2025 @ 1:00 PM

Attendees

Mandy Hagen – ROSC Coordinator mandyh@takeactiontoday.net

Kelsey Driskell - ROSC Support Specialist, TAT kelseydriskell@takeactiontoday.net

Sherry Smedshammer- Crisis Resource Developer Centerstone
sherry.smedshammer@centerstone.org

Shara Robinson- Community Development Coordinator, TAT
sharar@takeactiontoday.net

Kara Doan – Founder Timber View Wellness
kara.doan@timberviewwellness.org

Tina Simpson – Timber View Wellness Center

Torie Patton – Harm Reduction Coordinator PRS CHW TAT
toriep@takeactiontoday.net

Mandi Sprague – Director of Community Engagement Timber View Wellness
tina@timberviewwellness.org

Kara Doan – Founder Timber View Wellness
kara.doan@timberviewwellness.org

Amber Mulkins – Union County Peer Specialist, ROSC for Arrowleaf,
amber.mulkins@myarrowleaf.org

Elaina Holland – PLE Recovery050522@gmail.com

Jamie Griffin – Case Manager So. IL Coalition Jamiegriffin.sich@yahoo.com

Jessica Schultz – Youth Engagement Specialist jessicas@takeactiontoday.net

Liesl Wingert – Social Services Developer SIU School of Medicine, TAT Board
lwingert68@siumed.edu

Shauna Hale – Medical Respite Outreach Coordinator TAT
shaunah@takeactiontoday.net

Teea Ferrell – Program Coordinator TAT teeaf@takeactiontoday.net

Jordan Strong – MCDAC jordans@massacdrugawareness.com

Danielle Kroeger – BASE Program daniellek@takeactiontoday.net

Craig Lynch – MS CADC QMHP Centerstone craig.lynch@centerstone.org

Cammy Duggins – Hardin Pope County ROSC Council
cammy.duggins@myarrowleaf.org

Beverly Holland – Region 5 ROSC TA bgholland@chestnut.org

Allison Teas – Outreach Worker, TASC ateas@tasc.org

Meeting Minute Items:

- 1. Welcome and Introductions**
- 2. Approval of 05/21/2025 meeting minutes**
 - a. 1ST Motion Torie Patton
 - b. 2nd Motion Sherry Shedshammer, Amber Mulkins
- 3. Presentation by Timber View Wellness Center**

Kara Doan, Tina Simpson, and Mandi Sprague spoke on Timber View Wellness Center is dedicated to providing professional, evidence-based counseling and wellness services with a strong emphasis on your overall well-being. Their approach is rooted in building trust and connection with each client, offering personalized neuro-somatic and cognitive behavioral therapies. Their compassionate and skilled therapists treat every individual with dignity and empathy, while also empowering them with effective prevention and coping strategies. The shared mission is to improve their quality of life, help reach wellness goals and offer support through the journey toward a fulfilling and empowered life. As part of the ongoing growth and commitment to community

well-being, Timber View Wellness Center is expanding into new initiatives, including providing safe housing for youth and adult survivors of human trafficking. They recognize the critical importance of educating the public about the differences between human trafficking, sex work, and general exploitation, as well as raising awareness about grooming tactics used to manipulate victims. We are proud to partner with Kara Doan, a dedicated advocate in the anti-trafficking field since 2015. The organization, originally launched in Northern Illinois, now has an office in Marion, Illinois, to offer comprehensive support services to those individuals affected. They are committed to creating safe, supportive spaces for survivors and helping them rebuild their lives with dignity and hope. For more information call (618)693-9139 or email info@timberviewwellness.org

4. Mental Health Awareness

- a. PJRC You Are Not Alone Campaign
 - i. Purchased yard signs and received responses about others wanting to order some, could be a good fundraiser idea. Will keep this in mind for future reference!

5. Discussion

- a. Future upcoming ROSC meetings will be virtual, except for 1 per quarter.
- b. Carbondale Police Mental Health Advocate will be presenting at our next meeting!
- c. “Pop-Ups” have now begun in Murphysboro and Pinckneyville so stay tuned!
- d. PJRC will be set up at the Resource Fair on June 14th, hosted by Centerstone. For more information contact Aaron Siebert @ aaron.siebert@centerstone.org
- e. Torie Patton, Harm Reduction Specialist has One Boxes she is putting out. For more information contact toriep@takeactiontoday.net
- f. FindHelp.org is creating online resource guides. Make sure your agency or local resources that you know are listed by going to <https://southernillinois.findhelp.com/> for help contact us and we can inform a FindHelp staff, also there is a YouTube guide <https://www.youtube.com/watch?v=c0KBec2zSwMB>

6. Upcoming Events

- a. May 29th Recovery BINGO night @ Carbondale TAT Site.
- b. CHESI Community Fair @ Attucks Park, Carbondale
- c. June 14th Carbondale Resource Fair @ the Pavillion
- d. June 20th Juneteenth Block Party Carbondale
- e. June 20th “Pop-Up” at Murphysboro Food Pantry with Centerstone

7. Upcoming Meeting:

Next month’s meeting will be held at Take Action Today’s Carbondale Site.

Carbondale Police Mental Health Advocate will be presenting.

Next Meeting: June 18th, 2025 @ 1:00PM

Location: 809 W. Main Street Carbondale, Illinois.

Or by Zoom:

<https://zoom.us/j/92445073407?pwd=RkRCV2NWR05jVVhENzdqRDdJR0w1QT09>