### **Douglas County ROSC Council Meeting Notes**

Date: May 28, 2025

Time: 10:00 AM - 11:00 AM

Location: Virtual via Zoom and In-Person at the Douglas County Annex, 209 East Van Allen, Tuscola, IL

#### 1. Welcome and Introductions

## **Douglas County ROSC Council Meeting Attendees:**

Diane Zell-NAMI, Lyndsey Reedy- Douglas County ROSC Coordinator, Janson Pantier- Douglas County Probation, -Adam Brazzell-Douglas County Deputy, Scott DeWeese-Pavilion, Matthew Hales-Newman Regional Library, Charles Lyons-Community Member, Rob Wentz — Firefighter/Community Member/PLE Guru, Leanna Morgan-BASE Program Coordinator with Hour House, Heather Meyers-Outreach Coordinator with Salvation Army, Citlaly Stanton- RACES in Champaign, Amber Clark-Veterans Affairs, Kandis Mills- Douglas County ROSC Recovery Navigator with Hour House, Kristen Davis-Family Guidance Centers, Gene Seaman-IL Guardianship & Advocacy Commission, Tiffany Murdock- Prevention Specialist with Hour House, Christine-Carle Outreach, Mikyla Hodges-Douglas County Health Department, Tia Schum-Piatt County ROSC Coordinator

### 2. Review and Approval of April Meeting Minutes

April meeting minutes were reviewed and approved without objections.

## 3. Organizational Spotlight / Guest Presentation

Presenter: Diane Zell, NAMI (National Alliance on Mental Illness) Champaign and DART Leadership Team

Topic: History and support provided by NAMI & General Information on DART

- Key highlights NAMI:
  - NAMI has been in Champaign IL since 1983. It is the largest mental health grassroots organization in the United States. Anyone can be a part of NAMI who agrees with the mission to improve the lives of individuals who live with mental illness, as well as all those who love them through public awareness, support, education, and advocacy.
  - At the local level NAMI offers mental health resources, including support groups, events, community education, & socials. The state level is where the training comes from. At the national level is the lobbyist, marketing, and grants. You do not have to be a member to participate in any NAMI groups or activities. All are welcome. The link to more about becoming a member is <a href="https://namichampaign.org/join">https://namichampaign.org/join</a>.
  - Special events held in May for Mental Health Awareness such as Talk & Walk. In June is the annual meeting and picnic in Champaign. September is when the Golf Outing is held.
     October is the Strides Against Stigma walk. There is also an opportunity to be involved in Ebert Fest in Champaign. There is a Peer Connections Support Group and other

- activities/events at the University of Illinois Campus. A retired social worker operates their warmline. You will also see NAMI Champaign at health fairs, giving speeches to community organizations, providing handouts for children and more.
- Family Support Group in Tuscola held on the 4<sup>th</sup> of the month 7pm at Tuscola United Methodist Church
- People may feel they are alone or that they are the only person who has had a particular experience. NAMI wants you to know you are never alone!
- Key Highlights DART (Deflection Avenues Reconnection):
  - The initiative is serving the counties of Douglas, Coles, Vermillion, Piatt, Dewitt. DART operates 24/7 365. Contact them at dartdeflection@tasc.org or 217-544-0843 ext. 2
  - Mission is to keep individuals experiencing substance use and or mental health crisis from being taken to ER or Jail. Meet the person where they are and provide immediate needs such as clothing, food, shelter, transportation along with information on resources.
  - It is an effort by the Department of Human Services and State Police funded with cannabis tax dollars.
  - A TASC (Treatment Alternatives for Safe Communities) deflection specialist can help connect the individual with what they may need if they agree to it. The individual has the right to refuse.
  - There was discussion on the need for improvement of this service particularly response time in Douglas County. The concerns shared will be taken to the DART leadership team.

# 4. Reflecting on this year

Three questions for council members-

- What is one highlight or success from this last year while being involved with ROSC?
- What is one challenge the community has that the ROSC council worked on?
- Who do you feel were the people our ROSC council focused on this last year?

#### 5. Transitional Housing Updates (PJ's Place)

Next meeting will be in June in person tentatively at the new property.

### 7. STYLE Group (Strength Through Your Lived Experience)

 Rob is still looking for others who would like to get together for support, encouragement, and to help plan community activities. People may be or have been impacted by different lived experiences so please feel free to come to this group and learn more. Next meeting is on June 17<sup>th</sup> at 6 pm in person at 209 E Van Allen in Tuscola. Please help let others know about this group.

# 8. Navigator Updates

- Updates for May:
  - Community in person education group is happening once a week in the month of June.
    Please let others know about this free group and encourage them to attend. Thursdays at Home Town Grounds in Tuscola from Noon-1:00 pm.
- Ongoing jail groups with Kandis continue to go well.
- New site to get free Narcan is located at Family Health Center117 W Main St. in Camargo.
- Theresa the GED instructor provided an update on the classes going on in the jail:

The program is going well. We will be continuing classes till mid/late June and then pausing for summer break. One student will be reaching the end of their sentence and has indicated that they will be continuing to work on it after release.

## 9. Upcoming Douglas County ROSC Events

• **Wild About Recovery Event** at Aikman Wildlife Center is full! We are looking forward to this awesome event!

# 10. Next Meeting Details

• **Date**: June 25th, 2025

Time: 10:00 AM - 11:00 AM

Location: Virtual and In-Person at the Douglas County Annex.