## **DeWitt ROSC Meeting Minutes**

## **DeWitt Piatt Bi-County Health Department**

## May 19th @ 1 pm

Join Zoom Option:

https://us02web.zoom.us/j/88259912593?pwd=czVvVEVUN3FyU0ltZlp1bGkzTVNxUT09

Meeting ID: 882-5591-2593 Passcode: 685135 Dial by your location: (312) 626 6799

- Attendees Maggie Memmott (DeWitt County ROSC Coordinator); Holly Thomas (Ple);
  Michelle Eliason (PCMHC); Kelly Burton (WHHS); Tia Schum (PCMHC); Tony Kirkman
  (PCMHC); Linda Coleman (Advocate); Cory Baxter (Heritage Behavioral Health); Ashlyn
  Burrus (DOVE); Jamie Porter (PCMHC); Bob Scarbough (PLE); Kami Garrison (Region 4);
  Johanna Gonzalez (State Wide ROSC); Nolan Recker (Chestnut); Deb Beckman, Tegan
  Shull (Heritage Behavioral Health); Jessica Smily (Heritage Behavioral Health); Sandra
  Beecher (Gateway); Hillary Stanifer (Blue Ridge School);
- a. We need CIAs signed we need a CIA from the faith-based? Maggie has reached out to Nolen Recker. Waiting on a response
- b. Where else can you help spread awareness about Naloxone training/distribution?] (\*This is a great step in introducing ROSC into a community!) Maggie will be reaching out to businesses this week. Baums, Douglas, Dove. Maggie will contact Edith about having naloxone out at Weldon Springs.
- c. Community enrichment group—Both enrichment groups are going great! Our groups are growing, and more and more people are able to access the resources they need.
- d. Talk about the Health Fair- John Warren had a health fair where ROSC and businesses came together. It was a good turnout; we always meet different groups of people who don't know what ROSC is. We got to build relationships with those in the community and got rid of 80 leave-behind bags.
- 1. Talk about Speaker Jam donations Way to go! We have everything covered thanks to the 708 board and John Warren, and Calvert's Funeral Home.

- 2. Ideas for recovery Signs- The council had come up with good ideas for recovery signs. We want something that shows recovery is different for everyone, and there are different pathways to recovery.
- 3. Guest speaker Bob Scarbrough is a PLE who shares an amazing story! Bob started drinking at a very young age and said he ended up losing everything, and lost what family he did have. He struggled to pay his bills and ended up in debt because of his drug and alcohol use. He shared how he didn't want to admit he had a problem even tho his relationships and financial problems were getting worse. Living in the darkness for so long, he became more hopeless and emptier. He had gotten into trouble for a DUI, and he found himself in more trouble. He was sick in tired of being sick in tired. He said he finally had his encounter with God, asking for help, and turned his life over to him. That day was the day he almost committed suicide. Now he does so much for AA and other recovery organizations, he is part of a church, and helps those who are struggling.
- 4. Health Bags- We are working with the council on what to put in bags for students. Some ideas are positive affirmations, books, key chains, pens, and magnets. We will be working on this for the next few weeks!
- 5. Future Promo Events/ Past Events- candlelight vigil/ recovery walk/ apple pork
- 6. In-person feedback/Satisfaction- No Comments
- 9. Adjournment The next Meeting is scheduled for June 16th @ 1 pm