

Meeting Minutes

Take Action Coalition of Clinton County

May 20, 2025 | 11:00 AM - 12:00 PM

Location: 501 9th Street, Carlyle, IL & via Zoom

1. **Members present in-person:** Sheridan Jordan, Deb Beckmann, Craig Loddeke, Deb Loddeke, Billi Bunch, Nellie Paskavich, Holden Renfrow, Taylor Collier, Courtney Paskavich-Smith, Dan Hutchison, Stephanie Brooks

Members present on Zoom: Rachel Chruszcyk, Phyllis Babrove, Beverly Holland, Tisha Lancaster, Julie Herr, Jessica Palazzolo, Kelly Jefferson, Kara Wardein, Toni Randall, Jeshua Pearson, Andrea Davis, Mandy Ocepek, Mary

2. **Presentation:**

Stephanie Brooks shared her inspiring story of overcoming addiction and her road to recovery. She also shared the behind-the-scenes work she's been doing in the community such as becoming a SMART facilitator, a CASA volunteer, and a member of the TAC sub-committee. Thank you, Stephanie, for choosing to recover out loud and continuing to be an inspiration!

3. **Sub-Committee Reports:**

- a. **Education & Prevention:** Nay Muhammad not present. Holden will be working to connect with other groups to gain insight into trends and issues young adults may be experiencing.
- b. **Treatment & Recovery:** Cara Loddeke not present. Craig reported hearing increased reports of death by suicide among people who have stopped taking needed medications. May is Mental Health Awareness Month, please use your platforms to help provide education about the importance of this issue. Dan shared Chestnut Health Systems is in the process of transitioning from traditional detox to Ambulatory Withdraw services at it's Maryville location. This will allow people to receive services in an outpatient setting (or while participating in another level of care).
Stephanie and Nellie shared plans for upcoming events for the recovery community including movie nights on the third Saturday of each month, sober event nights, craft nights, cookouts, softball, etc. Be on the lookout for more information!
- c. **Family Support:** Craig shared the Family Support Network warmline number is still active and he does get occasional calls. PAL meetings are still available via Zoom every day of the week and you can find a meeting here: [Parents of Addicted Loved Ones | Support Group for Parents, Spouses, Family of Addicted Loved One](#)
Nellie shared that Taylor, Courtney, and Stephanie have all completed SMART Recovery training and are facilitating meetings. The council is also working to

build support groups aimed at those experiencing loss/grief and support for the LGBTQ+ community.

- d. **Spirituality:** Craig shared two local churches have recently shown an interest in getting involved with TAC. **The first Spirituality Subcommittee workgroup/meeting is Thursday, 5/22, at 6pm at the Breese Community Church.** Identified members of this subcommittee should plan to attend, Craig also invited any and all who are interested to attend/join the subcommittee. We'd like to see strong collaborations with the local churches to promote the work TAC is doing as well as the work the churches are doing to connect with the community.
- e. **Finance:** Deb L. shared there has been no recent activity with TAC's account. \$3900 remains available and will be used soon as planning and payments for Celebrate Life begin to happen.
Dan shared ROSC specific funds for FY25 are in the final phase of spend down before the 6/30 deadline. Current spending includes ordering materials to support Celebrate Recovery meetings, printing of resource and informational materials, and advertisement for TAC meetings in the Breese Journal. Chestnut Health Systems has applied for continued funding for FY26 and will know the outcome of this in June.
- f. **Marketing:** Sheridan created flyers and tri-fold designs to spread the word about TAC, she will come up with more content for Facebook. We are also running an advertisement with the Breese Journal.

4. Additional Information & Announcements:

Craig L. shared a fundraising event that took place May 20th, at the Keyesport American Legion for a new roof for the Methodist Church.

Jessica P. shared that Lincoln Prairie has upcoming training in June, see flyer on the right for information on how to register: [PANS/PANDAS in Practice: Recognizing & Managing the Clinical Spectrum](#)

Lincoln Prairie Behavioral Health Center presents



PANS/PANDAS in Practice: Recognizing & Managing the Clinical Spectrum
Sonia McGowin, DC

Pediatric Acute-onset Neuropsychiatric Syndrome (PANS) and Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS) are increasingly recognized as underlying causes of sudden, severe changes in behavior, mood, and function in children.

FREE Virtual Training via Zoom
1.5 CEUs for LPC/LCPC/LSW/LCSW/RN/LPN

Wednesday June 11th
Noon-1:30p

Registration:
<https://lp.constantcontactpages.com/ev/reg/rzz5h8qh>

Constant Contact
LINCOLN PRAIRIE
BEHAVIORAL HEALTH CENTER

Meeting Adjourned.

Next Meeting:

Date: Tuesday, June 17, 2025, at 11:00 AM

Location: 501 9th Street, Carlyle, IL & via Zoom <https://zoom.us/j/96744943725>

Meeting ID: 967 4494 3725