

Recovery Oriented System of Care



Alexander/Pulaski County ROSC Council Minutes 04/17/2025

Attendance

Emily Middleton, Arrowleaf
Amber Mulkins, Arrowleaf
TJay Purchase, Arrowleaf/Community Resident
Dan Martinez, Arrowleaf/PLE
Jayson Holland, Arrowleaf/PLE/Veteran
Kim Thorwegan, PECaD/Health Services
Victor Eurales, Community Resident/PLE
Patrice Bradford, S7HD/Health Services/Community Resident
Artie McBride, CHESI/Health Services/Community Resident
Audra Nigro, Arrowleaf
Kylie Watson, Arrowleaf
Perri Harrell, Arrowleaf/Community Resident

Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**

- I. Community Needs Assessment

- I. The group reviewed the results of the Community Assessment Survey completed in February 2025. Members were asked to identify what stood out, what they had questions about, and what seemed to align with their beliefs. There was a discussion around the community's understanding that Arrowleaf and the ROSC council as a whole are showing up to support the community. Barriers in accessing care stood out – likely due to transportation issues and finances. Community residents shared the struggles of accessing the care you need when you have to provide for your family. Sometimes there are choices made to sacrifice your own needs to ensure there is food on the table.

- V. **New Business**

- I. Arrowleaf Staffing Changes

- I. Tor Neal has resigned from their position. We wish them the best of luck in their next endeavor!

- II. Emily Middleton is the point of contact for ROSC supervisory needs and can be reached at emily.middleton@myarrowleaf.org
- III. The group discussed a few areas of FY26 planning submitted with the FY26 application including:
 - I. Quarterly Recovery Roundtables
 - I. The idea of this project includes education on Medication Assisted Recovery, Peer Support Services and Support Groups, Transportation Services, etc. The group discussed different resources available in the community particularly with transportation including how CHESI is able to help with transportation to their appointments for those in need.
 - II. Mobile Outreach
 - I. Working with community organizations to provide more on-the-ground outreach initiatives with activities like the PECaD mobile prostate screening bus and the S7HD Wellness on Wheels van.
- IV. Emily reviewed an update on the African American Heritage Trail project that will be set up across the street from Arrowleaf's Cairo office. The project is slated to be ready in June 2025.
- V. Jayson Holland provided the group with information regarding the Arrowleaf Veteran's Council. Jayson shared that his role is to help connect Veterans in the community to resources that may be difficult to obtain. Jayson shared that he can provide community outreach to individuals or at local organizations to help connect community members. Jayson provided information about the Arrowleaf Community Garden. Emily Middleton discussed the plan to utilize the garden and food pantry as volunteer opportunities for individuals with lived experience to connect with a sense of purpose and expand upon personal coping skills and job readiness.

VI. **Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
 - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.

- II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: info@myarrowleaf.org and stay tuned for social media announcements on how to apply.
- II. NEW Teams Link beginning next month:
 - I. [Join the meeting now](#)
 - II. Meeting ID: 276 614 594 833
 - III. Passcode: e3wx2ZE9
- III. Upcoming Events
 - I. May 10th – Fishing Day for Head Start Families and Friends at Shawnee Community College.
 - II. June 14th – Mounds Block Party – 12PM – 5PM at the Mounds African American Museum – 217 N. Front St., Mounds, IL
- IV. March Meeting is Scheduled for Thursday, April 17th at 1PM