



Piatt County ROSC May Newsletter

05/2025

Do you know that May is National Mental Health Awareness Month?

May is National Mental Health Awareness Month. National Mental Health Awareness Month aims to raise awareness and reduce stigma surrounding mental health. It's a month-long initiative to promote understanding, education, and support for individuals with mental health conditions and their families.

Did you know?

- One in 5 American adults experienced a mental health condition in a given year
- One in 6 young people have experienced a major depressive episode
- One in 20 Americans have lived with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression
- Even very young children may show early warning signs of mental health concerns. These mental health conditions are often clinically diagnosable and can be a product of the interaction of biological, psychological, and social factors.
- Biological factors, such as genes, physical illness, injury, or brain chemistry are, Life experiences, such as trauma or a history of abuse, and Family history of mental health conditions are all factors of mental health illnesses.

There are multiple options for mental health assistance!

Piatt County Mental Health Center – 217-762-5371

Kirby Medical Center – 217-762-2115

Illinois HelpLine 833-234-6343/ text HELP to 833234/ Visit HelplineIL.org

It is a firm belief that people with mental health conditions can get better and do get better!

Meet Your ROSC!

Member Spotlight



Meet Adam Goetz! Adam has been a part of ROSC for roughly 2 years now! Adam previously worked with the IMPACT Coalition until the DFC Grant was competed. Adam states that “ROSC provides a very valuable mission trying to hit the prevention side of the drug epidemic to limit people who use drugs. I’ve seen a lot of evolution with the ROSC in brokering partnerships with various parts of the community, other county groups, providing valuable trainings like Naloxone, and trying to keep up with ways to reach the most vulnerable demographic, today’s youth.”

Adam became a part of ROSC because part of his employment requires him to be a supporting element to the prevention aspect of the drug epidemic. As such, he has been assigned to the group for several years in an effort to support and help achieve its mission. Adam works full-time as a member of the IL National Guard under the Counter Drug Task Force. In addition to what he does for the ROSC, he also serves as Case Analyst to help law enforcement combat the trafficking and distribution of narcotics across the country.

When Adam isn’t at work, he is a full-time single dad of 3, and a full-time employee of the National Guard. “I don’t get much time to myself. I spend most of my days doing the day to day adult stuff like laundry, dishes, making meals, and being my kids favorite play thing to rough house with since I don’t break very easy. Other times I am both an active participant and a children’s class instructor at one of local Jiu-Jitsu academies. Occasionally I may take my kids out somewhere fun to play or to the movies, but otherwise I am working to keep my house in order”

Thank you Adam for your continued support and cooperation with the Piatt County ROSC! Your voice is valued and very much needed now, and every day to come!

May Recovery Spotlight



Meet James! James has been in recovery for 7 years! James states that his recovery journey has been a roller coaster! “I stay positive and play with my minion. It keeps my head from falling to far into the depression and cycle of active addiction.”

When asked what life on the other side of addiction is like for him, James states “Life is still crazy but I have gotten better at dealing with it physically and emotionally and turning low points into learning lessons.”

When asked what advice he would give to someone thinking about recovery, James put it simply “all u have to do is one day at a time. Days become weeks, weeks become months, months into years, but it's only 24 hours at a time.”

Keep up the great work James! We are so proud of your accomplishments!

To be a recovery spotlight, reach out to tschum@piattmhc.org

Community Resource Spotlight



The Piatt County Sheriff's Office consists of a Patrols and Investigations Division, a K-9 unit, a Court Security Division and a Corrections Division that operates a jail with a capacity of seventy-six inmates.

It is the mission of the Piatt County Sheriff's Office to reduce fear and preserve the peace by upholding the laws of Illinois and preserving the rights of the people in accordance with the constitution; to serve our communities by working with them to enhance a safe environment; to be honest, fair and professional in the performance of our duties.

Should you have questions or comments, contact us directly at 217-762-5761.

To be a community resource spotlight, please reach out to tschum@piattmhc.org

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Piatt County Job Fair

On April 10th, the Piatt County ROSC hosted its 3rd annual job fair at the Monticello Community Building. 8 employers set up tables, brought applications and business cards along with information about their place of business and spoke to 20 different job seeking individuals. The employers included, AHW LLC, Allerton Park, Avid Health at Home, Help at Home, Neat Landscapes, Staff Quick, Family Services of Champaign County and Monticello TruValue.



During the month of April, local schools participated in the “Prevention Thru Art” competition. The idea is for students to create a piece of art with an anti-bullying or anti substance use message! This year’s 1st place winner is Sophia Kindred of Bement! 2nd place is Avery Stoerger of Bement. 3rd place is Emma Hostetler of Bement. Our Honorable Mention goes to Aiden Musick of Monticello! Their art work will be presented on the billboard across from St. Philomena’s Catholic Church.



Upcoming Events

May 19th – Expert Panel “The Effects of Addiction on the Person, Friends and Family, and the Community”. Held at the Kirby Community Outreach room from 6:30 pm to 8 pm.

Meet up! Group - Crossroads Church, Bement IL 4 pm

- Sunday May 4th
- Sunday May 11th
- Sunday May 18th
- Sunday May 25th

Monticello Enrichment Group - First Presbyterian Church, Monticello IL 5 pm

- Wednesday May 7th
- Wednesday May 14th
- Wednesday May 21st
- Wednesday May 28th

Piatt County ROSC Meeting – Piatt County Mental Health Center 3 pm – IN PERSON AND ON ZOOM **May 15, 2025**

For more information about our monthly ROSC meeting, please reach out to Tia Schum at tschum@piattmhc.org.

Follow the Piatt County ROSC on Facebook!

<https://www.facebook.com/PiattCountyROSC>

