# Logan/Mason ROSC Meeting Notes

April 17<sup>th</sup>, 2025

### Attendance:

Sandra Beecher (Gateway Foundation-Senior Professional Relations Manager) Jeanette Davis (Chestnut Health Systems- Logan/Mason ROSC) Kristin Davis (Family Guidance Center-Regional Substance Use Prevention Integration Center) Kami Garrison (Chestnut Health Systems-Region 3 TA) Dani Hernan (SIU Center for Family Medicine-Community Health Worker) Amy Hopper (McLean County Health Department) Grace Irvin (Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, BASE, & Impacted Youth Project) Bahiyyah Khalilallah (Chestnut Health Systems-Statewide ROSC) Carmen Lanham (Family Guidance Center-Regional Substance Use Prevention Integration Center) Molly McCain (Lincoln Memorial Hospital-Community Health Consultant) Brycen McFadden (Oxford House-Outreach Worker) Jeff Nelson (Volunteer) Marie Riley (Sangamon County Department of Public Health-Early Intervention) Tia Schum (Piatt County Mental Health Center) Nichole Tinker (Trillium Place an affiliate of Carle Health-Outpatient and Substance Abuse Counselor) Silas Tockey (Community Action Partnership of Central Illinois-Community Services Block Grant Coordinator) Kim Turner (Hope on 5<sup>th</sup>/Logan County Probation) Dominic Valenti (Chestnut Health Systems-Logan/Mason Prevention) Tyler Wenger (Chestnut Health Systems-Logan/Mason Prevention)

### Old Business:

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is
  person-centered and builds on the strengths and resilience is of individuals, families, and
  communities to experience recovery and improved health, wellness, and quality of life for those
  with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is
  to create an infrastructure, a "systems of care", with the resources to effectively address the full
  range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

### New Business:

- During the ROSC meeting, Kim Turner highlighted the Hope on 5<sup>th</sup> building.
- The first resident at Hope on 5<sup>th</sup> started living at the building back in August 2024. In December 2024, Hope on 5<sup>th</sup> started taking in more people. As of next week, there will probably be around 18 residents at Hope on 5<sup>th</sup>. There is a much deeper waiting list.
- Logan County has never had a shelter prior to Hope on 5<sup>th</sup>. The building was a former nursing home. A housing coalition was formed to decide what can be done with the building. The group decided that this building was set up well for a shelter.
- This building takes in veterans, anyone at risk of homelessness or are homeless, and is a sober environment (no drugs or alcohol allowed on site).
- More supportive services are trying to be made available so people could eventually move out or get stable.
- Hope on 5<sup>th</sup> can assist people with referrals and applications for other housing and employment.
- Trillium is on site, which provides substance use treatment.
- There is also legal aid available at the building.
- A library and Wi-Fi is available at the building. Each floor has a laundry room.
- Food service is currently not available, but it is being worked on. A refrigerator, a microwave, and a crockpot is available for everyone.
- There is currently not a definitive timeframe for how long residents can stay at Hope on 5<sup>th</sup>.
   There is an attempt at doing 30-day reviews with people to see where they are at on assistance with case management, housing, and employment.
- There is a regularly updated donation list for Hope on 5<sup>th</sup> on Facebook. Wednesdays are donation days from 11:00 a.m. 1:00 p.m. This is the preferred way of donating at this time, unless someone reaches out and asks to donate on a different day. It is preferred that people don't dump donations at the door.
- The Hope on 5<sup>th</sup> board meets weekly to review what is needed. The 501(c3) board's legal name is "Regional Housing and Supportive Services." The building and the project itself is named "Hope on 5<sup>th</sup>."
- The kitchen at Hope on 5<sup>th</sup> is available to rent. A schedule/contract has been created. A cottage licensed person would qualify to use the kitchen because they meet the specifications for using a commercial kitchen. The kitchen does not have staff currently at Hope on 5<sup>th</sup>.
- An MOU has been signed with Family Guidance. Their mobile van will be coming to Hope on 5<sup>th</sup> to do MAR assessments and mental health services.
- The best way to fill out an application for the building is to email Kim Turner. They would be able to return the application that way or drop it off. Salvation Army and Trillium Place have applications.
- Baby items (ex. high chair) are needed at the building.
- There is an official fundraiser coming up for Hope on 5<sup>th</sup> on June 12<sup>th</sup>. The exact time is not yet available.
- If there's anyone interested in sitting through the donation time (11:00 a.m. 1:00 p.m.) for Hope on 5<sup>th</sup>, please reach out.
- When a resident moves out or there is a situation where quick turnarounds are happening, it would be nice to have some people to call on to help make rooms ready.

- Monetary donations are needed as there are expenses with electricity and water.
- Checks can be payable to "Hope on 5<sup>th</sup>" or "Regional Housing & Supportive Services, Inc."
- Donations online can be made to Facebook.com/hopeon5th.
- You can contact Hope on 5<sup>th</sup> at <u>rhss2005th@gmail.com</u>

## Reminders/Recovery Resources:

- The Logan/Mason ROSC has updated meeting flyers and cards. If you need any of these to be sent to you or you know of a meeting that needs to be included, please pass that information onto us.
- Logancountyresources.org and Masoncountyresources.org are two comprehensive websites that have been put together. These websites contain updated information of resources in the community. If your agency or organization has information that you'd like to be included or needs to be updated, please let us know. The mayor of Lincoln reached out to include veteran resources information on logancountyresources.org. Resource Directory cards are available as well. If you'd like some of these cards, we can make these available to you. The cards also have a Parent Resource Guide QR code on the other side.
- SMART Recovery meetings are held on Fridays from 12:00 p.m. 1:30 p.m. at Hope on 5<sup>th</sup>. This
  is a new approach to providing recovery support. This is an evidence-based program not just for
  those struggling with substance use; it's here to help anyone to live their best life.
- There is "A Women's Way Through the 12 Steps" that meets at Hope on 5<sup>th</sup> on Sundays from 1:00 p.m. – 3:30 p.m. This is a women's only meeting. They are going through a recovery book called "A Women's Way Through the 12 Steps."
- In Mason County, an Odds & Ends Peer Recovery Support Group meets on Wednesdays at 6:00 p.m. at the Hardees in Havana. This is a peer recovery group that discusses many different topics.
- Recover Out Loud is a newly started AA meeting in Havana at the Havana Church of Christ on Friday nights at 6:00 p.m.
- In Logan County, the Family Custom Cleaners, Logan County Health Department, Mount Pulaski Library, Logan County Courthouse, Logan County Jail, and Hope on 5<sup>th</sup> has harm reduction resources available.
- In Mason County, the Havana Public Library, Mason County Health Department, Forman Valley Public Library, and Mason City Public Library has harm reduction resources available.
- If someone was interested in setting up a satellite office, they would need to reach out to the housing coalition. There are some rooms at Hope on 5<sup>th</sup> that are available. Several trainings and meetings are being hosted at the building.
- There are a couple of vacancies at the Oxford House in Lincoln. Please reach out if you know of anyone who is interested. There is a website for opening at the Oxford House. There are Oxford Houses in Decatur looking for people who may need a place to live who are living in recovery.
- There is a group named "Rebuilding Lincoln" that is working together to have a trash collection day on April 26<sup>th</sup>. This is another opportunity to be able to help the community in Lincoln.

# Upcoming Events:

- A Speaker Meeting at Hope on 5<sup>th</sup> will take place at 6:00 p.m. on Saturday, April 19<sup>th</sup>. Someone will be presenting his experience of strength and hope. This is a great opportunity to fellowship and hear how recovery works in someone's life. Pork will be served and people attending are being asked to bring a dish to share.
- A Recovery Pool tournament will be held at Hope on 5<sup>th</sup> from 7:00 p.m. 9:00 p.m. on Saturday, April 19<sup>th</sup>. There will be raffles and prizes and food from the Speaker Meeting will be available.
- BRIDGE (Build Recovery, Inclusion, and Dignity for Growth & Empowerment) is the deflection program that is coming to Logan, Mason, and Menard counties. This group meets every other Tuesday. The next meeting is Tuesday, April 22<sup>nd</sup> from 1:00 p.m. 2:30 p.m. at the Lincoln Police Department. If you want information on this, please do not hesitate to ask.
- The Recovery in Action subcommittee meets the second Tuesday of every month. The next meeting will be Tuesday, May 13<sup>th</sup> from 4:30 p.m. 6:00 p.m. at Hope on 5<sup>th</sup>. People with event planning skills would be great to have as a part of the meeting group. Recovery events and training opportunities are planned at these meetings.

# Additional Feedback/Updates:

- Molly mentioned that Lincoln Memorial Hospital is hosting a Trauma-Informed Care training on May 15<sup>th</sup> from 4:00 p.m. – 6:00 p.m. There are still openings and a virtual option available as well.
- Molly mentioned that the Lincoln Memorial Hospital market opens on May 17<sup>th</sup> at 8:00 a.m. 12:00 p.m. This takes place the third Saturday of every month. It is open until September 20<sup>th</sup>. SNAP matching (10 for 10) every weekend is going on at the market. On the third Saturday of every month is triple match, so you get 30 for your 10, having 40 to spend. If you want to highlight or share your organization or agency, there is space for you to do that there as well for free.
- Nichole mentioned that the "Blessings of the Bikes" will be coming up starting the first Sunday in May. The national representative for Celebrate Recovery Broken Chains Motorcycle Club will be there to speak and bless the bikes.

# Contact Info:

- Jeanette Davis- Recovery Specialist
  - o jedavis@chestnut.org; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - o gcirvin@chestnut.org; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - o tjmcgrew@chestnut.org ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - o nfklekamp@chestnut.org; 309-824-3765

## Next Meeting:

- Thursday, May 15<sup>th</sup> at 2:00 p.m.
  - This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting: https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09
  - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:00 p.m.