



Piatt County ROSC March Newsletter

03/2025

Welcome!

Welcome to the first ever Piatt County ROSC newsletter! Our hope is through this letter, you will be able to be kept up to date on ROSC events, stigma reduction efforts, and all things treatment, recovery, and prevention! – Tia Schum, BS CPRS, ROSC Coordinator

Do you know about ROSC?

ROSC stands for Recovery Oriented System of Care. A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Piatt County ROSC was established in 2021 when we were first awarded our grant through the state of Illinois Department of Human Services, Division of Substance Use Prevention and Recovery. Since then, the ROSC has worked in collaboration with local stakeholders and community members to reduce stigma surrounding Substance Use Disorders and Mental Health, create sober recreational events, and help reduce barriers to treatment. ROSC has also worked with local schools and youth prevention specialists to provide education about the current opioid crisis, harm reduction efforts including Naloxone training, and bust myths about substance and alcohol use. These are just to name a few!

Meet Your ROSC!

Member Spotlight



Meet Tia Schum! Tia Schum has been the ROSC Coordinator for Piatt County since March of 2022. Tia has worked hard on breaking down barriers to treatment, including transportation to inpatient treatment options outside of Piatt County, reducing stigma surrounding Mental Health and Substance Use Disorders, and has put on multiple sober recreational events including murder mystery dinners, paint parties, expert panels, job fairs and much more! Tia is working on getting her Masters in Social Work from the University of Illinois so she can continue to provide the best supports and care to those who are interested in recovery, in recovery, or a family member or friend of someone in recovery or active addiction.

“Working in the world of addiction and recovery has allowed me to meet some of the most amazing people I would have never had the chance to meet. Being able to give back to the community I live in is an amazing feeling. I am the daughter of a person who is in long term recovery from an Alcohol Use Disorder, so this type of work means so much more to me.”

When she isn't at work, you can typically find her at the football field cheering on her favorite football players and her favorite cheerleader or at the basketball court cheering on her favorite basketball player. If she isn't busy with games or work, you can find her at home watching a good show or reading a good book.

March Recovery Spotlight



Meet Tori! Tori has been in recovery for 4 years this September. Tori states that her recovery journey has been a roller coaster. “There’s been days where I wanted to relapse and there’s days where I didn’t have that feeling.” Tori’s advice to someone who is thinking about recovery is “Find something that you like to do, draw, reading, exercising, and use it as a coping skill.” Tori would love everyone to know “I have a heart of gold and sometimes it gets me in trouble.”

When asked what life on the other side of addiction is like for her, Tori states “It’s difficult, like extremely difficult, especially when life is throwing so many challenges at you. When I am having a tough day, I look at my kids and think that these kids need you don’t do it”.

Tori’s message of hope for those who may be having a tough day is “We must accept finite disappointment, but never lose infinite hope.”

To be a recovery spotlight, reach out to tschum@piattmhc.org

Community Resource Spotlight



The Piatt County Mental Health Center is a nonprofit organization that serves over 700 unduplicated consumers from 13 different counties. Piatt County Mental Health Center is nationally accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) for its listed programs.

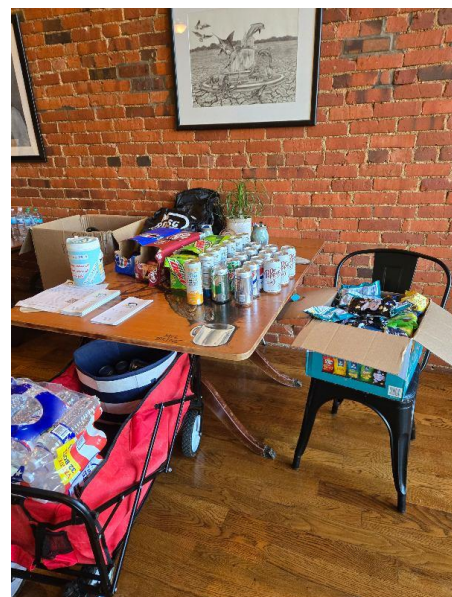
The Center desires to serve all Piatt County residents and is able to accept a wide variety of payment options. These include private insurance, Medicare, Medicaid, and self-pay. We also have a sliding scale fee based upon income, family size, and ability to pay. No Piatt County resident is denied needed services. State of Illinois Departments of Human Services' Divisions of Mental Health, Developmental Disabilities, Substance Use Prevention and Recovery, Rehabilitation Services, as well as the Department of Healthcare and Family Services, and Department of Public Health provide funding. County funds, memorials, clients' fees, insurance, and donations provide additional financial support.

For more information, reach out to Questions@piattmhc.org or call 217-762-5371.

To be a community resource spotlight, please reach out to tschum@piattmhc.org

Paint Part Event – February 26, 2025

Guest enjoyed an exciting journey of painting with Mrs. Melanie Cox, owner and instructor at Canvas and Corks, Bement, IL. The journey started with a blank canvas with an empty jar and by the evenings end, our jar was filled with belief and fire flies!



Upcoming Events

FREE Naloxone training - Goose Creek Library, DeLand IL - March 11 6 pm

National Drug and Alcohol Facts week March 17 to March 23

- March 13 - Monticello High School Lunch Time Trivia
- March 17 - Cerro Gordo High School Lunch Time Trivia
- March 18 - Bement High School Lunch Time Trivia
- March 20 - DeLand Weldon School Lunch Time Trivia

Meet up! Group - Crossroads Church, Bement IL 5 pm

- Wednesday March 5
- Wednesday March 12
- Wednesday March 19
- Wednesday March 26

Monticello Enrichment Group - First Presbyterian Church, Monticello IL 5 pm

- Wednesday March 5
- Wednesday March 19
- Wednesday March 26

Piatt County ROSC Meeting – Piatt County Mental Health Center 3 pm – IN
PERSON AND ON ZOOM

For more information about our monthly ROSC meeting, please reach out to
Tia Schum at tschum@piattmhc.org.

Follow the Piatt County ROSC on Facebook!

<https://www.facebook.com/PiattCountyROSC>

