

McLean County Recovery-Oriented Systems of Care (ROSC) April 2025 Council Meeting Minutes

Date: Tuesday, April 15th, 2025

Time: 3:30 – 4:30 pm

Location: Virtually via Zoom

Agenda:

- Introductions of new ROSC members/attendees
- Special Council Meeting Topic: Overview of FY25 McLean ROSC Strategic Plan Goals
- Discussion on Operationalizing Strategic Goal 1: Reducing Stigma Surrounding Substance Use and Co-Occurring Disorders
- McLean ROSC Updates
- Agency Updates & Wrap Up

Attendees:

1. Barb Brumleve- Chestnut Health Systems, McLean & Ford ROSC
2. Cat Hays- Chestnut Health Systems, McLean ROSC
3. Kari Knapp – Chestnut Health Systems/Associate Director Community Health
4. Melissa Simmons – Department of Rehabilitation Services/Rehabilitation Counselor
5. Jeffrey Ehrmantraut – CASA of McLean/Logan Counties
6. Selena Nolan – Chestnut Health Systems/Project Coordinator for Integrated Behavioral Health
7. Natasha Nunoo-Ponder – McLean County Center for Human Services
8. Amber Clark – VA/Community Engagement and Partnership Coordinator
9. Nancy Bollegar – Allies Against Trafficking/Executive Director
10. Caitlyn Clyne – Bloomington Public Library-Outreach Engagement Coordinator/Bookmobile
11. Zach Schimelpfenig – PATH
12. Kami Garrison – Statewide ROSC Region 3 TA
13. Shayla Woodworth – Recovery Support Specialist
14. Dan Lofgren – Chestnut Health Systems/Case Manager
15. Alisa Ndorongo-Fall - DRS Bloomington-Normal/Rehabilitation Counselor
16. Tracy White
17. Jos
18. Cindy Alcazar – Illinois Extension Office
19. Cory Tello – 533 Mental Health Advisory Board
20. Phaedra Morris
21. Amy Hopper – McLean County Health Department
22. Andrea Kindseth – LIFE Center for Independent Living

Barb Brumleve opened the meeting by welcoming attendees and requesting their names and affiliations for attendance purposes.

Cat Hays started the discussion on the updated strategic plan for FY25. She explained we will be focusing on three primary goals: reducing stigma surrounding substance use and co-occurring disorders, enhancing harm reduction efforts, and ensuring effective service delivery. The council plans to dedicate monthly sessions to exploring each goal, starting with an objective to increase community knowledge about substance use disorders and mental health issues by 10% over the next three years. Specific strategies include educational outreach to reduce stigma and connecting individuals to support services.

Breakout Room Discussions

Cat Hays outlined the plan for breakout room discussions, emphasizing the use of guided questions. Kari Knapp-Chestnut facilitated the transition into breakout rooms and noted that participants would be brought back to the main room after 20 minutes. The following Stigma Reduction Breakout Discussion Questions were discussed:

- What community partners could we collaborate with for this strategic goal?
- Are there any existing community initiatives that could be aligned with this specific strategic goal?
- What challenges or barriers might prevent collaboration with community partners? How can we as a council address them?

Groups reported out the following:

Cat Hays emphasized the importance of partnering with individuals who have lived experience to combat stigma and suggested providing training for effective storytelling.

Cindy Alcazar proposed collaboration between the VA clinic and Allies Against Trafficking, highlighting the connection between substance use and trafficking. She also mentioned the need for a landscape analysis to better understand the resources available in the community.

Barb Brumleve led a conversation about collaborating with community partners, including the Center for Human Services and local universities, to achieve strategic goals. Challenges such as meeting attendance and the need for greater awareness of the ROSC initiative were highlighted.

Selena Nolan emphasized the importance of media partnerships to share testimonials and reduce stigma, while also noting capacity issues for smaller agencies.

Upcoming Events ROSC will be participating in...hope to see you!!

The graphic features a light gray background on the left with a green square and a red dot. A dark blue curved shape on the right contains the text "McLean County ROSC in the Community" in white. A list of events is on the left side of the gray area.

▶ Reentry Resource Fair

- ▶ Saturday, 5/3 – 12-3 pm
- ▶ Eastview Community Center – Bloomington Campus

▶ Juneteenth at Bloomington Public Library

- ▶ Thursday, 6/19 – 10 am-1 pm
- ▶ Bloomington Public Library

▶ Transgender Resource Fair

- ▶ Friday, 6/27 – 4-7 pm
- ▶ Unitarian Universalist Church of Bloomington-Normal

▶ Planning Committee starting back up in May 2025

▶ If interested in volunteering for upcoming events or joining the planning committee, please email Cat – cmhays@chestnut.org

McLean
County
ROSC in the
Community

Agency Updates:

- Amy Hopper shared that the McLean County Health Department is collaborating with Randy Derrick of Chestnut to enhance access to Narcan and educate the community on opioid overdose prevention. They are seeking to install Narcan dispensers in rural areas, where timely access to emergency services can be challenging. The health department has funding available and is looking for local organizations willing to host these dispensers.
- Andrea Kindseth from Life Center shared details about an upcoming Easter egg hunt taking place this Saturday at 10 a.m. at the Miracle League Field. The event aims to be sensory-friendly and inclusive for children with disabilities. Andrea mentioned that the initiative is organized by their board, and they are primarily focused on spreading awareness rather than seeking volunteers.
- Please reach out to Zach at PATH to add anything to the Pathogram. The Pathogram reaches approximately 2500 people in our community.
- Caitlin Clyne will work with the ROSC to organize a community spotlight display for Recovery Month in September.

McLean County ROSC Updates:

- **The Planning Committee** will be gearing up to meet again in May to brainstorm and discuss planning for upcoming outreach/engagement Initiatives. The committee is always seeking

new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.

- Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.

- **Available McLean ROSC Print Resources**

- **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
- **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
- **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.

- **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**

- If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.

NARCAN Administration

Question. Persuade. Refer.
Three steps anyone can learn to help prevent suicide.

QPR – Question, Persuade, Refer

Available Community Trainings

For more info on QPR community trainings, please email McLeanCountyROSC@gmail.com.

- **If you Need Narcan:** Please contact **Randi Derrig** (rwderrig@chestnut.org) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained

**McLean County
Narcan**

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
 - ▶ kmknapp@chestnut.org
- ▶ If interested in receiving a free Narcan training, please email SR-NARCAN@chestnut.org



Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, May 20th 2025 @ 3:30-4:30 PM**
 - Meeting virtually via Zoom (<https://zoom.us/j/96709486019>)
 - Meeting Code: 967 0948 6019
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - 309-826-3151
 - Cat Hays, Community Health Specialist for Recovery Supports
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team
 - McLeanCountyROSC@gmail.com