

# Franklin/Williamson County ROSC

# (Hybrid) Meeting Minutes

## 04/16/2025@ 9:00 AM

#### Attendees:

Mandy Hagen- ROSC Coordinator, TAT\_mandyh@takeactiontoday.net

Kelsey Driskell- PRS, ROSC Support Specialist, TAT kelseyd@takeactiontoday.net

Christina Manchen- CCBHC, Centerstone christina.manchen@centerstone.org

Shara Robison– Community Develop Coordinator, TATsharar@takeactiontody.net

Mike Tyson- CPRS, Director of Community Development, TAT <u>mtyson@takeactiontoday.net</u>

Amber Mulkins– Union County Peer Specialist amber.mulkins@myarrowleaf.org

Kara Doan – Founder Timber View Wellness kara.doan@timberviewwellness.org

Tina Martin – Executive Director Timber View Wellness tina@timberviewwellness.org

Mandi Sprague – Director of Community Engagement Timber View Wellness mandi@timberviewwellness.org

Michelle Wilson – Centerstone michelle.wilson@centerstone.org

Jamie Griffin- Case Manager So. IL Coalition jamiegriffin.sich@yahoo.com

Craig Lynch – CADC Connections <a href="mailto:craig.lynch@centerstone.org">craig.lynch@centerstone.org</a>

Sue Herbert – Case Worker, Land of Lincoln <u>sherbert@lincolnlegal.org</u>

Dorie Warren – Williamson County Public Defender Advocate <u>dwarren@williamsoncountypd.com</u>

Danielle Kroeger – LCSW, Office Manager TAT daniellek@takeactiontoday.net

Teea Ferrell – Program Coordinator, TAT teeaf@takeactiontoday.net

Justin Miller – CPRSS, Recovery Services Coordinator TAT justinm@takeactiontoday.net

Aisha Esquivel - Outreach Manager Illinois Helpline aesquivel@hria.org

Torie Patton – Harm Reduction Specialist, CPRSS torip@takeactiontoday.net

Michael Deno – CEO House of Care Ministries mdeno778@shawneecc.edu

Keith Fletcher – Director JCity Hope and Renewal jcitycenter@gmail.com

Jessica Bradshaw – Services Coordinator ILDV Hotline Network

Allison Teas – Outreach Worker TASC ateas@tasc.org

Nancy Henderson – TAT Board superwoman1972@yahoo.com

Leah Naraine – Omni Youth Services Inaraine@omni4all.org

Madison Odum – Community Resource Coordinator II, Meridian Health Plan Madison.Odum@mhplan.com

Jessica Bradshaw – IL DV Hotline, So. IL Supportive Service Coordinator jbradshaw@the-network.org

#### Welcome and Introductions

Everyone shared a personal introduction.

#### Approval of 4/16/25 meeting minutes

1<sup>st</sup> motion to approve Shara Robinson 2<sup>nd</sup> motion to approve Michelle Wilson, Michael Deno

#### Presentation:

Kara Doan, Founder of Timber View Wellness, along with Mandi Sprague, Director of Community Engagement, and Tina Martin, Executive Director, shared how Timber View Wellness Center is deeply committed to supporting the mental, emotional, and behavioral health of children, families, and educators. The center provides comprehensive, evidence-based counseling and wellness services, with a strong emphasis on building trusting relationships and tailoring care to individual needs through neuro-somatic and cognitive behavioral therapies.

Timber View partners with daycares to begin early intervention with children as young as two, supporting their social development and enhancing long-term educational outcomes. They see all age groups! Their mission includes reaching individuals who may not otherwise have access to these vital services whether they are living in shelters, experiencing homelessness, or simply unaware of how to find help.

The organization is actively working to eliminate barriers to care, especially for Medicaideligible individuals who often face long waiting times for behavioral health services. They offer crisis intervention, integrated therapy, bio-mat treatments, red-light therapy for trauma recovery, and are working towards having a dedicated violence prevention and mobile crisis response team. Ultimately, their top priority is to meet people of all ages exactly where they are in their time of need, helping to de-escalate crises and provide immediate, compassionate support.

For more information, please contact Timber View Wellness: Address: 101 E DeYoung Street Phone: (618)693-9139 Email: info@timberviewwellness.org Website: www.timberviewwellness.org

#### **Old Business**

1.) Went over the FWRC Strategic Plan goals.

- **Goal A:** Increase community awareness of the FWRC development and mission.
- **Goal B:** Reduce stigma against people affected by substance use, mental health, homelessness, criminal history, and/or people living in recovery.
- **Goal C:** Continue developing a fully representative ROSC.
- **Goal D:** Increase awareness of recovery support services in our area.

As we implement our strategic plan, we will continue to visit these goals during our upcoming ROSC meetings and discuss ways to achieve them.

2.) The 1st Child Abuse Prevention Month event in Franklin County on April 9th went well! Next year we will start planning sooner in advance to get more advertising out. We would like to spruce it up a bit and possibly change the location. Possibly

add a ribbon tree or select a specific theme since we did the proclamation reading this year to kick it off! Thank you to Prevent Child Abuse Illinois, CASA, Franklin County Sheriff Dept, Ezra Church of God, and FWCAC for all your support!

#### New Business

- 1.) FWRC "Pop Ups" are coming back!
  - We have partnered with Centerstone doing "pop ups" in Carbondale and Murphysboro.
  - If anyone is interested in joining us there is a Smartsheet Schedule with several dates and times. Please reach out to Aaron Siebert.

FWRC would like to set up in some smaller, rural communities in our counties that need our help!

- FWRC would offer them resource information and support.
- Educate the community on SUD and treatment options.
- Spread awareness of FWRC!

We came up with planning outreach for Sesser, Herrin, Zeigler, Royalton, and Christoper.

- 2.) Recovery Fun Nights are in the planning stage!
  - Johnston City, Benton, Marion- We will use TAT Resource Center locations to host these events.
  - Games/Movies/Arts and Crafts

It was suggested to move the events around first to see how the turnouts are in each community and then we can go from there with next planning stages and we will set our first date and have the flyer ready by the next FWRC Meeting.

3.) Town Hall Discussion in Franklin County (Fyer attached)

- Take Action Today is hosting a town hall event focused on addressing the issue of homelessness in Franklin County, IL. Scheduled for June 12 at 6:00 pm in West Frankfort, IL, this event aims to enhance community awareness about chronic homelessness, discuss the urgent need for crisis shelter space, and educate the public on the importance of medical respite for individuals experiencing homelessness.
- The town hall will feature a panel discussion with five local community members from various sectors, personal testimonies from two individuals with living expertise (PLE), and a keynote address. Join us to learn more and contribute to the conversation on how we can better support our community members in need.

#### **Open Discussion**

Nancy Henderson shared about an upcoming community fundraiser "COOKOUT CANCER" to support two community members wo are facing the challenges of cancer. Barbara Garner and John Cantrell, both are from the recovery community and have dedicated their lives to helping and supporting others. Please join us as we come together to help support them! (Flyer attached)

- May 17<sup>th</sup> 11am-3pm
- Arrowhead Lake Campground- Johnston City, IL
- \$15 pulled pork dinner plate: sandwich, two sides, and a drink
- If you can't attend please consider giving! QR CODE is on the flyer!

#### Upcoming Meeting

Next meeting will be at TAT Benton Resource Center. 905 W. Washington St. Benton, IL.

Restoration 61 will be presenting.

## Next Meeting: May 21<sup>st</sup>, 2025 @ 9:00 am

### Location: 905 West Washington Street Benton, IL

### Or by Zoom:

https://zoom.us/j/94772663701?pwd=bjJwMUNxVThZaE1TV29EdmtqNIMvdz09