Douglas County ROSC Council Meeting Notes

Date: April 23, 2025 Time: 10:00 AM – 11:00 AM Location: Virtual via Zoom and In-Person at the Douglas County Annex, 209 East Van Allen, Tuscola, IL

1. Welcome and Introductions

Douglas County ROSC Council Meeting Attendees:

Janson Pantier- Douglas County Probation, Kaitlin Rund-Douglas County Jail Administrator, Scott DeWeese-Pavilion, Michelle Hibbard -Rosecrance Behavioral Health, Matthew Hales-Newman Regional Library, Stefanie-Community Member, Rob Wentz – Firefighter/Community Member/PLE Guru, Samantha Hicks-Effingham County ROSC Coordinator, Heather Meyers-Outreach Coordinator with Salvation Army, Citlaly Stanton- RACES in Champaign, Abby Behrens-Prevent Child Abuse Illinois, Nick Spidle-Hour House B.A.S.E. Program

2. Review and Approval of November Meeting Minutes

• March meeting minutes were reviewed and approved without objections.

3. Organizational Spotlight / Guest Presentation

Presenter: Scott DeWeese, Outreach Coordinator from The Pavilion Behavioral Health System

Topic: Services/New Choice Program

- Key highlights:
 - Pavilion is a freestanding psychiatric hospital with inpatient care for children, teens and adults. The Pavilion does not offer adolescent inpatient treatment. Stays could be a week sometimes can be longer, but it is usually just enough time to help the individual become stabilized. There are 84 inpatient psychiatric beds.
 - New Choice Center for Addiction Recovery is a 28-day intensive program for treatment and detox with 46 beds. The program is an abstinence-based recovery program that is voluntary. Visitors may be permitted. There are sessions for individuals, families, therapy groups, life-skills training, AA/NA meetings, and more. To get into the program call 1-800-373-1700 and ask for an assessment. There are times when individuals call to refer themselves or walk in and ask for help. Sometimes those individuals are under the influence and may need medical detox. The staff will then gather as much information as possible to provide services.
 - Health Insurance can be tricky but the staff will help check coverage including with Medicaid and Medicare plans. There are not any grants or programs available to help those with out insurance or ability to pay out of pocket. They may be able to get set up with a payment plan. They are also able to help coordinate care for VA patients.

• Over 80% of the referrals come from the adult psychiatric unit. An individual may start in the psychiatric unit then step down to the New Choice program.

4. Deliverables

Engagement of current and future council members-

- Staying engaged in this work for our community is important. We have an awesome council. There are different ways to be involved with ROSC. Some examples are you might come to a free recovery event, or volunteer at the event, your workplace may become space that offers Naloxone, you might attend the housing subcommittee or STYLE group. You can help let people know about the education groups that Kandis our Navigator offers.
- There are so many great people in Douglas County from all different backgrounds that all have so much to offer.

5. Transitional Housing Updates (PJ's Place)

- Be BRAVE has a property under contract!
- The Thrift Sale Fundraiser was a success! Lots of donations, lots of shoppers, and supportive volunteers.
- Next meeting will be on May 9th at 9 am in person tentatively at the new property.

6. Faith-Based Recovery Initiative

- Tools are given to congregations for free so they can better assist those with mental health and substance use challenges.
- ROSC can help congregations who would like to become certified.

7. STYLE Group (Strength Through Your Lived Experience)

 Rob Wentz is still looking for others who would like to get together for support, encouragement, and to help plan community activities. People may be or have been impacted by different lived experiences so please feel free to come to this group and learn more. Next meeting is on May 20th 6 pm in person at 209 E Van Allen in Tuscola. Please help let others know about this group.

8. Navigator Updates

• Updates for April:

- Community in person group is happening once a week in the month of April. We are looking for people who would like to attend. Please let others know about this free group. We have fun activities such as adult recovery coloring books and junk journaling planned. Thursdays at Home Town Grounds in Tuscola from Noon-1:00 pm.
- Ongoing jail groups with Kandis going really well.
- Assisting with community outreach.
- Theresa the GED instructor provided an update on the classes going on in the jail:

The current class being help at the Douglas Co jail meets once per week for two hours. It is open to any inmate that the jail is comfortable placing in class. We are focused on introducing the GED, and each subject test that is taken to receive the GED/High school diploma. Since, this is a new class for Parkland we are currently looking at ways to make this a forward thinking and progressive program that will allow inmates to continue their path to a diploma whether they stay at Douglas co, are released, or transferred to another facility. We are looking into ways to provide both information and education about taking the tests and creating a baseline of material that students can build on, no matter where they go. Math and reading comprehension skills are the primary focus of the classes, along with creating GED.com accounts, i-pathways programing (this is in the process of being approved) and exit materials that help students continue classes if released or transferred.

9. Upcoming Douglas County ROSC Events

• Wild About Recovery at Aikman Wildlife Center tba

10. Next Meeting Details

- Date: May 28th, 2025
- Time: 10:00 AM 11:00 AM
- Location: Virtual and In-Person at the Douglas County Annex.