

# Recovery Oriented System of Care



## Pope/Hardin County ROSC Council Minutes

03/20/2025

### Attendance

Cammy Duggins, Arrowleaf  
Amber Mulkins, Arrowleaf  
Emily Middleton, Arrowleaf  
Jennifer Worthen, Southern Seven Health Department  
David Griswold, PLE  
Bev Holland, Region 5 TA  
Rochelle Morgan, CHESI  
Dan Martinez, Arrowleaf  
Rachel Chruszczyk, Prevent Child Abuse Illinois  
Bunny Lee, Community Resident

### Notes

#### I. Welcome and Introductions

#### II. Mission and Values

#### III. Old Business

- a. Last month, our speaker was Sherrie Crabb, CEO of Arrowleaf and Hardin County community member, who shared information about a newer resource: 988 crisis Lifeline.

- i. When to call 988?

1. The 988 Lifeline was created to assist those who are experiencing thoughts of hurting themselves or someone else. The main reason for the development of the hotline is for suicidal ideation or intent but it can be called for any reason. It can serve as a resource for those who are experiencing stress or another challenge and are unsure where to turn.
    2. Individuals can also text or chat to be connected. The 988 Lifeline also has resources for certain populations such as veterans and post-partum parents.

- ii. Who answers the phone?

1. Centerstone answers the 988 Lifeline for all Illinois calls and then dispatches the call out to the appropriate provider depending on where the caller is located and what the need is. 988 and 911 have a collaborative agreement to determine who responds to the call as the main goal behind the 988 Lifeline is to reduce the number of calls being sent to 911 that aren't necessarily emergent in nature, but at the same time, may require someone to meet with them face to face and assist them.
  2. If someone from the southern seven counties of Illinois contacts the 988 Lifeline and needs mental health crisis response, Arrowleaf would be linked in to assist that individual in need.
  3. Loved ones may also call the 988 Lifeline on behalf of someone else to help connect them to the necessary resources.
- iii. Additional Background on 988:
1. See the last page of the minutes for additional information and links to learn more about 988 in Illinois.

#### **IV. New Business**

- a. This month, we had two presentations: Child Abuse Prevention Month (Rachel Chruszczyk) and review of the Community Survey (Emily Middleton).
  - i. Rachel is a Southern Region Prevention Specialist with Prevent Child Abuse Illinois. She shared that April is Child Abuse Prevention Month and provided an overview of the Prevention Child Abuse Illinois. The focus of PCA is to provide public awareness and education around child abuse prevention. There are many free trainings and resources available to the community including "parent slicks" that cover topics such as: Trauma Series, Effects of Domestic Violence on Children, Safe Sleep for Babies, and Childhood Neglect Training. Rachel shared the upcoming April CAP events throughout the southern region.
  - ii. Emily reviewed the feedback from the Community Survey completed last month. There was a notable difference in need between the Hardin/Pope Council region compared to the rest of the community. Areas such as housing instability and stigma were higher for the Hardin/Pope community. A discussion was held around the community's high beliefs in accessibility of care but noted barriers preventing people from actually engaging in the full range of prevention and recovery services available. Only Hardin County residents identified Faith Based Leadership as a source of

comfort if they were experiencing a struggle with substance use or mental health.

## **V. Announcements**

- a. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
  - i. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
  - ii. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: [info@myarrowleaf.org](mailto:info@myarrowleaf.org) and stay tuned for social media announcements on how to apply.
- b. Arrowleaf's Community Resource Guide
  - i. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Cammy know!
- c. Pope County - Child Abuse Prevention Month
  - i. Join the ROSC team on Monday, April 7<sup>th</sup> at 11:30AM at the Pope County Courthouse lawn to kick off Child Abuse Prevention Month. Speakers will be present and read a Proclamation Reading along with other activities to take a stand against child abuse.
- d. Next Meeting is Scheduled for 4/10